



GETHSEMANI RÂWL

(Monthly Prayer Bulletin of Hmar Christian Fellowship Delhi)

Volume No. III | Issue No. 7 | Thlaphal (November), 2025

‘Ienga khawm lunginzîng naw ro, iengkimah țawngțai le hniin, lawmthu hril sa peiin, in dithai chu Pathien kuomah inhriettirin um lem raw se’ (Filippi 4:6)

Leonard Revenhill (Sâp thuhrlitu le ziektu) chun, “No man is greater than his prayer life”, a lo tih. Ringna kalchawinaa ei ngirhmun inkhina pakhat chu țawngțaina hih ni ve ngêi a tih. Jerusalem kul indintha dinga Nehemia’n a thaw hmasa chu thla li lai veng vawng a țawngțai niin ei hriet. Nehemia khah ‘good administrator’, ‘social /religious reformer’, ‘revivalist’ a ninahai baka a pawimaw êm êm chu ‘prayer warrior’ a nina kha nih. Nehemia le Judahai khan Pathien kuomah lungril koidar khawpin ...an suolnahai le an pi le puhai ritlona lakah thupha an chawi (Neh 9:2) a, Lalpa an ko.

Hosea 7:14 a chun, “An lungril takin an mi ko naw a, An khum laizawlah an chierinthluok mei mei a nih. Bu le uoin thar ditin an inkhawm a, Ka chungah an hel si a” tiin a’n ziek a. Pathien Thalrau themchâng phâk talo țawngțaina, duthusâm le a tha ti po inzâwt inzâwt el ringawta țawngțai chu, Pathien ngaiah chierinthluok mei mei a lo nih. Taksa le Thlaraua țatpui bék bék ngaina a um nawh. Pathien kuoma țawngțaina chu ‘Duthusâm’ hril le inzâwt el hi an nawh. Mihriem hin lungril kawidara Pathien bieka, țawngțai harsa ei ti tlat hi thil mak tak chu a nih. Lungril kawidara țawngțai ding chun Nehemia anga lungril taka invawina nei a ngai. Țawngțaina kawngah insukhrat thar seng thei dingin Lalpa’n mal mi sâwm seng raw seh!

DAMNAW THENKHATHAJ TA DJN

•Nk. Ruth Zoțahnieng Sinate, Pi Ziri Hrangatê le Pi Laltuokzo Pudaite, cancer inenkawl zing•Pu Lalsiemlien Khawbung, taksa hrat naw le khumbeta inenkawl•Pu Lalsanthang Inbuon le Nk. Joyce, dialysis thawa inenkawl zing•Pi Kim Keivom, hirata disease (blood sugar inhnuoi le taksaa antibody tam taluo), hun sâwt tak a inthawka inenkawl, a taksa la hrat lo•Pu Ramlienthang Inbuon, prostrate tienga harsatna nei•Pi John Rody, mit tienga harsatna nei, pângngai taka ziek a tiem thei nâwkna dingin•Pi Mary Jones Ruolngul, a kal a lung um le infection um•Dr. Janet L. Thiek, insukpal/chângsuol leia nâkru inêu (fracture) um•Shikohabad, UP Mission Field-a ei unau damnawhai-Mr. Jitesh (tha tieng natna); Mr. Suresh (a kut le kehâi khawng hlak) le Mr. Saransh, kum thum mi, (taksa châng thei lo/zeng anga um).

04.11.2025 (Thawleni)

•Shikohabad, UP Mission Field: I. August, 2025-a U. P. Mission field baptisma chang mi 18 haiin Pathien hrietna le ringna kalchawinaah inthangliena, ringtu nghet tak an hung ni sengna dingin (2 Peter 3:18, Kolosa 2:6-7). II. Mi tharhai (Sachin hai sângkuo, membrar pangga) lungrilah Lalpa’n sin thaw a, sandamna an hung chang ngêina dingin.

05.11.2025 (Nilaini)

•Bethany Convent Sikul: I. Sikul hin registration nei lo a ni a, naupangin Pâwl Nga an zo a, sikul dangah an fe pha harsatna a um hlak. Chuleiin, sikul puitling, inzawmpui ding dap mek a nih. Pathienin lampui tha tak a siem pêkna dingin.

06.11.2025 (Ningani)

•HCFD Bible Study (Lesson 13, Nehemia 13:1-31) enlâwkna hun vawizân hin nei ding-Țhuoit:Upa (Dr.) Lalsiemlien Pulamte
•Rangpuri-Mahipalpur rawngbawlna: Ringthar haiin an sinthawnaah harsatna an tuok hlak a, țawngțai pui ei tiu.
•August thla, 2025 khan Badali ah mi pathum le Mayapuri ah mi pakhatin, Isu Lal le Sandamtua pawmin, baptisma an chang. Tagore Garden le Haidarpur le Rangpuri hmunah hai khawm mi thar (new contact) sâwm lai Lalpa’n ami pêk belsa bawk. Pathien kuomah lawmthu hrilin, baptisma la thar haiin ringna det tak an nei pei theina dingin țawngțaipei ei tiu.

07.11.2025 (Zirtâwpni)

•HCFD DoM&YA rawngbawlna: I. HCFD DoM&YA-in a huoihawt, Thlakhat sâng Zirtâwpni zan zât a nei ding Music Training chu vawizân hin HCFD Prayer and Counselling Centre,

Munirkaah țan ning a tih. II. Tuta thla sâng HCFD Chawibiek Inkhâwm huna West Delhi Vênbuk a inthawka usher haiin hrilsêlna tha nei a, an rawngbawlna tha taka an phursuok seng theina dingin.

08.11.2025 (Inrinni)

•HCFD Nuhmei Pâwl: I. Vawisûna HCFD Nuhmei Pâwl Inkhâwm Prawkram-Țhuoit: Pi Grace Khawbung, Țantu: Pi Lalnunsien Khawbung, Thuhrlitu: Pi Mary Thahgen II. Nuhmei Pâwl Manipur-a naupang a sapâwt hai ta dingin-I. Pu (L) Ramneilien nauhai-Mr. Thangnunsang (Class 2) le Ms. Zodinpu (Class 1); II. Pu (L) Francis naupa Mr. John Rohminghlu (Kum 3) le III. Pu Lalrozam naunu Ms. Lalbiakmawii (Class U-KG). Naupanghai hin inçhûkna le Pathien thutak hrietna tieng hma an sawn peina dingin.

09.11.2025 (Pathienni)

•HCFD Chawibiek Inkhâwm (Sande Sikul, Lesson 13, Nehemia 13:1-31)-Țhuoit: Upa (Dr.) Lalsiemlien Pulamte, Țantu: Nk. Lois Lalrempui Pakhuongte, Special Number: Munirka Vengbuk, Pastoral Prayer: Upa (Dr.) Lalsiemlien Pulamte.

10.11.2025 (Thawtanni)

•SAIACS Bangalore-a ei Baibul inçhûklai Tv. Thangliensang Zote, Lalpa’n vêngnim a, hrîsêlna tha pe a, a’n chûkna (M.Div.) tha taka a thaw pei theina dingin. Chun, a’n chûkna le inzawma rawngbawlna (ministry) hai khawm hlâwk taka a nei pei theina dingin.

11.11.2025 (Thawleni)

•HCFD Naupang Sande Sikul Deptt.: I. Naupang Sande Sikul Day (16 Nov. 2025 a hmang ding) hlawtling taka hmang a ni theina dingin. II. Spe-

cial child nei nu-le-pahai le enkawltuhaiin (care-giver) Pathien a’nthawk hratna le thafanna thar an nei peina dingin (Sam 127:3 & 139:13-16). Chun, hieng naupanghai hin taksa le lungril ngaituona tieng hrat lema an hung inthanglien peina dingin. •Ei hmun thubuoi (land case) a fel vatna ding le biekin bawl theia ei um vatna dingin.

12.11.2025 (Nilaini)

•HCFD Nilaini Zân Țawngțai Inkhâwm-Inkhâwm Keihruoit: Tv. Rozarlien Khawbung, Thuhrlitu: Tv. Roland Zosanglur
•India ram hmun tum tumah sakhuona le inzawma tharum insuona le nêkchêpna a tlung inzawm zing. Abîktakin Uttar Pradesh (UP) ah a hlur zuol êm êm. EFI Religious Liberty Commission-in a târlang danin January-July 2025 sâng khan sakhuona thil le inzawma kristienhai chunga tharum chelekna le nêkchêpna vaw 334 a tlung hman. Sakhuona thil le inzawma thubuoi siemkhuma um kristienhai ta ding; sakhuo zalenna indik taka kengkawa a um pei theina ding le Pastor le misawnarihai po po ta dingin țawngțai ei tiu.

13.11.2025 (Ningani)

•Shikohabad, UP Mission Field: I. Sande Sikul naupanghai Pathien thu hrietna tieng an inthanglien peina dingin. II. Pi Reshma rawngbawlna Lalpa’n mal a sâwm zawm peina ding le membrar hai inthuruol taka an inkhâwm tlang pei theina dingin.

14.11.2025 (Zirtâwpni)

•Parvah Tuition Centre, Delhi: Centre enkaitu Nk. Ruth Zoțahnieng Sinate chu hun iemanichen cancer inenkawl a um a ni tah. Lalpa’n

damna tluon tling pe a, rawngbawlna a sunza-wm nâwk ngêi theina dingin. Chun, naupanghai khawm Pathien an ringna châu lo a, Pathien an hriet chieng zuol pei lemna ding le Pathien vêngnimna kawng tinrenga an dawng tharna dingin.

15.11.2025 (Inrinni)

•Khawvel hmun tum tuma Chanchin Tha hril rawngbawlna le kristienhai ta dingin: I. Ei thu lâknain (Voice of the Martyrs-USA) a hril dân chun Middle East ram haia Islam sakhuo a'nt-hawka kristien sakhuo inlet nuhmei tam tak chu suok invâk thei lo dingin an sùnghaiin room-ah dâm an kal khum hlak. Islam sakhuo kîr nâwk dingin nasa taka vau le nawr lui dâmin an um hlak. Hieng ringtu hai hin Lal Isu an ringna nghet taka an chel tlat theina dingin. II. North Korea ramah Kristien Radio broadcast (Radio hmanga Pathien thu le Chanchin Tha hril rawngbawlna) fethlengin hrat lema Chanchin Tha hrlidar a hung ni pei theina dingin. III. Chanchin lâkna dang dangin an hril dân chun Nigeria rama kristienhai chungah Muslim firiekhai (terrorists) an che rawnghle. Krietienhai tam tak chu that, thuoi hmang le an in le lohài suksiet pèkin an um zing.

16.11.2025 (Pathienni)

•HCFD Naupang Sande Sikul Deptt.: I. Vawisûn hin HCFD Naupang Sande Sikul Day taksa le thlarauah Pathien malsawmna thar tak dawnga hmang a ni theina dingin. II. Zirtirtuhaiin naupang inçhûktir, enkawl le keihruoi thiemna Pathien a'nthawk an dawng thar zingna dingin (Thuvarhai 22:6, Sam 32:8). III. Thil suol/tha lo lakah (social media addiction le mit-a an hmu le naa an hriet an nun sukkhawhlo/thuoi kawitheitu ding thil dang dang) naupanghai po po vêngnima an um sengna dingin.

17.11.2025 (Thawtanni)

•HCFD Media Team membarhaiin taksa le thlarauah Pathien sukhratna le thawpuina dawng a, an rawngbawlna hrat taka a fe zawm pei theina dingin.
•India ram ta dingin: I. India dânpu (Constitution)-a um mimal zalenna le dikna chanvohai vawng him an ni tlat theina dingin. II. Kam zalenna kengkawa a um pei theina dingin. III. Chanchin puontu/tlângzârthuhaiin (print & electronic media) tî le âwnbîk nei lova India ram chanchin le thu tharhai ani ang anga an puong suok ngam peina dingin. IV. Ram thuoi tharhai ta dingin (1 Timothy 2:1-2).

18.11.2025 (Thawleni)

•Shikohabad, UP Mission Field: I. Mi suol, rûkru le thil tha lo dang danghai lakah biekin a himna dingin. II. Thalaihai Lalpa'n a thuoi peina ding dâm, Pathien thu inhnika an neina ding dâm, an ringna sukhrata a um peina ding le kawppui tha tak an hmuna dingin. III. Biekin le a sevêla chêngnha hringnunah Pathienin sin a thaw peina dingin.

19.11.2025 (Nilaini)

•HCFD Nilaini Zân Tawngtai Inkhâwmah taksa le thlarau malsawmna tam tak ei dawng

thar peina dingin. Hun neituhai ta ding bîkin (Inkhâwm Keihruoit: Tv. John Moody, Thuhriltu: Pi Lawmnakim Hrangchal).

20.11.2025 (Ningani)

•Shikohabad, UP Mission Field: I. Sande Sikul naupanghai thuawina dâm, Pathien tîna dâm, nêka upahai inzâna dâm le nunchang tha tak tak neia an inthanglien peina dingin. II. Naupang lèkha inçhûkhaiin lungril hrâtna le lèkha tiem inhnika an nei peina dingin. III. Tuition le music class a thang ding naupang, Lalpa'n a pèk sap peina dingin.

21.11.2025 (Zirtawpni)

•HCFD-in IEM-a misawnari ei chawm Rev. Suraj Majhi le a sùnghai (Bathinda Mission Field, Punjab a rawngbawli) Lalpa'n vêngnim a, rawngbawlna hlâwk taka an nei zawm pei theina dingin. An nauhaiin (Mr. Samarth le Mr. Samarpan) an lekha inçhûkna tha taka an thaw pei theina dingin.

22.11.2025 (Inrinni)

•HCFD Executive Committee, Nuhmei Pâwl, Naupang Pâwl, DoM&YA le Vêngbuk tina thuoi thuhaiin Pathien a inthawka varna, rorêl thiemna le Thlarau Thienghlîm pâwlina a thar taka an dawng peina dingin (2 Kronik 1:10, Isai 11:2, Thilthawhai 6:3 & Jakob 1:5). HCFD pastorhai, misawnarihai le thawktuhai khawm Lalpa'n taksa le thlarauah sukhrat a, a ropuina dinga nasa lema a hmang zawm sengna dingin. DHSA le DHWA thuoi thuhaiin taksa le thlarauah Pathien malsawmna thar dawng a, an rawngbawlna tha taka an phursuok zawm pei theina dingin. •Vawisûn hin 2025-27 sùnga Delhi Hmar Students' Association (DHSA) thuoiu ding inthlangna tha taka nei zo a ni theina dingin.

23.11.2025 (Pathienni)

•HCFD Chawbiek Inkhawm (Evan. Pramod Kumar Ordination Service) thlarau malsawmna tam tak dawng a ei hmang theina dingin. Hun changtuhai ta ding bîkin (Thuoiu: Upa (Dr.) Lalsiemlien Pulamte, Tantu: Pi Daisy Lalneirring, Ordination Service/Thuhriltu: Rev. Richard Howell, Pastoral Prayer/Benediction: Pastor Steven L. Infimate).

•Lalpa'n ei rawngbawlna malsawmin, Evan. Pramod Kumar Ordination nei thei dinga vawisûn hun chen a mi thuoi lung lein A kuomah nasa takin lawmthu hril ei tiu (Deuteronomi 10:21, Joba 5:9, Sam 126:3). Tuta nêka nasa lema Lalpa'n Evan. Pramod Kumar a hmang zawm pei theina dingin.

24.11.2025 (Thawtanni)

•India rama ei ringtu chanpui suknawmna/nêkchêpna tuorhai ta dingin: Sept. 23, 2025 khan ringnawtu mipui 300-400 lai pungkhawmin (Korba District, Chhattisgarh-ah), ringtuhai chêngna inhai an suosam a, lungin an dêng baw. Ringtu nuhmei hai chung kut an thlâk baw. Hienghai bâka khawm hin ringtu tam tak Lal Isu hnung an zui lei le a rawng an bawl leia an in-le-lohai tlangam taka bêl ngam lo, khuole-vêngnha ensan, pulis-in thubui an siemkhum an um. Hieng ringtuhai hih taksa le thlarauah

Lalpa'n sukhrat a, a ropuina suklangtu dinga a hmang zuol peina dingin.

25.11.2025 (Thawleni)

•Shikohabad, UP Mission Field: I. Lilma, Budaun district-a Pi Reshma rawngbawlna Pathienin mal sawma mipuihai a thuoina le inza-wma varna le remhrietna tha tak a nei peina dingin. II. Kohrana thalai nunghâk pahnihaiin (Neha le Sanjana) an inkawl/gali-a naupanghai thuoi khawmin tuition an thawpui hlak a, chun Sande Sikul naupanghai inçhûktir ding khawmin mawphurna an lâk tan a. Pathienin an pahnia a'n thuom thar peina dingin.

26.11.2025 (Nilaini)

•HCFD Nilaini Zân Tawngtai Inkhâwmah taksa le thlarau malsawmna tam tak ei dawng thar pei theina dingin. Hun neituhai ta ding bîkin (Inkhâwm Keihruoit: Tv. Henry Lalramsiem Hrangchal, Thuhriltu: Dr. Vanthangpui Khawbung).

27.11.2025 (Ningani)

•Havi Vihar-ah sùngkuo iemani zât bék ringtu an hung um theina dingin.
•Manipur buoina: Buoina hih tha taka chingfela a um vat theina dingin. Ei thil dit le mamawhai sawrkâin a ngaimaw zuol theina dingin. Chun, ram ama le ama indo le mani le mani indo sùngkuo khawm an ngîr suok thei naw ti hre zingin tlângmihai lai inthuruolna thalem a hung um pei theina dingin (Marka 3:24-25).

28.11.2025 (Zirtawpni)

•Tuta thla sùng Zirtawpni zan zâta nei dinga HCFD DoM&YA-in a huoihawt Music Training chu a tâwpna tak dingin vawizan hin HCFD Prayer & Counselling Centre, Munirka ah nei a ni nâwk ding. Hi chen tluong taka nei theia a um lein Pathien kuomah lawmthu hrilin, vawizân khawm hun hlâwk taka hmang zo a ni theina dingin.

29.11.2025 (Inrinni)

•Shikohabad, UP Mission Field: I. UP-a sakhuona thil le inzawma nêkchêpna/tharum insuona a huor zuol pei a, rawngbawltu tam takin buoina an tuok pha. Chuong laiin zingin Shikohabad-a biekin vawisûn chen Lalpa'n mi vêngnim pèkin, rawngbawlna nei zawm theia ei um zing lein lawmthu hril ei tiu. II. II. Membar tam lem chu Baibul tiem thei lo an ni a, Baibul tiem thei mi thar khawm Pathienin a pèk sap peina dingin.
•Vawisûna 2025-27 sùnga DHWA thuoiu ding inthlangna tha taka nei zo a ni theina dingin.
•Vawisûna National Christian Convention, Jantar Mantar, New Delhi a nei ding hih buoina um lo a, hlawtling taka hmang a ni theina dingin.

30.11.2025 (Pathienni)

•HCFD Puuitling Sande Sikul Kumtâwp Êkzam-Thuoiu: Pastor Lalditsak Inbuon, Tantu: Pi Lily Ruolngul.
•HCFD membarhai lai Pathien Thutaka dangchârna, Baibul tiem inhnika/taimâkna le Baibul Study (Sande Sikul) tlâkhanahai a hung pung pei theina dingin (2 Timothe 3:16-17).