



GETHSEMANI RÂWL

(Monthly Prayer Bulletin of Hmar Christian Fellowship Delhi)

Volume No. III | Issue No. 6 | Thlado (June), 2025

'lenga khawm lunginzîng naw ro, iengkimah ãawngtai le hniin, lawmthu hril sa peiin, in dithai chu Pathien kuomah inhriettirin um lem raw se' (Filippi 4:6)

Tawngtai pei naw ngâwi ngâwi le thabo châng ei nei thei. Ei ãawngtaiin hril ding ei mawkawk châng a um hlak baw. Lungrilin ãawngtai nuomna nei zing siin taksaa ei phursuok zo naw châng a um thei baw. Isu'n Gethsemani-a khan a ãthuoihruoihai kuomah hieng hin a lo tih, "Thlêmnâa in lût nawna dingin invêngin ãawngtai ro. Thlarau chun a pei a, taksa ruok chu a hrât naw hlak a nih". Bible-a baw hieng hin an ziek, "...ãawngtai dân ding ei hriet naw lai khawmin Thlarau chun hril ruol loa inrûmin a mi ãawngtaipêk lem hlak a nih" (Rom 8:26).

Sâp thuhrlitu hmingthang Charles H. Spurgeon chun, "Tawngtai pei nawna rûk rieu neia ka'n hriet lai hun chu ãawngtai râwn ka ngai hun lai tak a lo ni hlak" a lo tih. Filippi 4:6 a chun hienghin a lo inziek a, 'lenga khawm lunginzîng naw ro, iengkimah ãawngtai le hniin, lawmthu hril sa peiin, in dithai chu Pathien kuomah inhriettirin um lem raw se'. Ringtuhai hih pei-le-peï naw thuah innghat el loin, pei rak naw sa sa khawma ãawngtai hrâm hrâm hlak ding ei nih. Chu chuh ringna kalchawinaah hnena nuna mi ãthuoitu pakhat a nih.

DAMNAW THENKHATHAJ TA DJN

•Pu Lalhmunlien Infimate, Pu Lalngkhâklien Khawbung, Pu Sieka Singson, Pi Joani Darlienhnem, Pi Linda Riengsete le Nk. Ruth Zothrahnieng Sinate, cancer a nthawk an damna dingin •Pu Thangsang Varte, pângngaia a lâwn theina ding le Pu Lalsiemlien Khawbung a hung hrât le dam peina dingin •Pu Lalsanthang Inbuon le Nk. Joyce (Munirka), dialysis thawa inenkawl ngai, an hung dam peina dingin •Pi Kim Keivom, hirata disease (blood sugar inhnui le taksaa antibody tam taluo), a hung dam peina dingin •Pu Zosangpui, cornea transplant zo, a hung dam peina ding le pângngaia khuo a hmu theina dingin •Pi Rohlun Hrangchal, thisena potassium tam taluo le thuok tienga harsatna nei •Shikohabad, UP Mission Field-a ei unau damnawhai-Pi Pooja, tha tieng natna le khawmuol hire loin a thu thut hlak; Pi Kiran, TB le âwm-a bâwk um; Pi Rinki, nau nei thei lo, nuhmei tieng a hriselna a hung thra a, nau a hung nei theina ding; le naupang Sharanj (kum-4), taksa zeng.

01.06.2025 (Pathienni)

•HCFD Chawibiek Inkhâwm (Thalai Sunday)-Thuoit: Tv. Samuel Khawbung, Tantu: Nk. Thelma Ramthienghlim, Thuhrlitu: Pu Stephan L. Hmar, Pastoral Prayer: Pastor Lalsiesang Zote. •Tuta thla sênga HCFD Chawibiek Inkhâwm huna RK Puram-Moti Bagh Vêngbuk a inthawka usher-haiin hriselna tha nei a, an rawngbawlina tha taka an phursuok seng theina dingin.

02.06.2025 (Thawtanni)

•Tuta thla sêng hin HCFD membarhai ei sinthawna le umna hmun sengah 'Krista rawngbawltu le Pathien thuruk enkawltu' ringum ei ni seng theina dingin (1 Korinth 4:1-2). •Inchûklaihai ta dingin. •Sinthawtuhaiin tuta thla sêng hin sin tha taka an thaw seng theina dingin. •Mimal sumdâwngtuhai khawmin hlâwk le tungong taka hma an lâk theina dingin. •Eini lai vântlâng hriselna tha a umna dingin.

03.06.2025 (Thawleni)

•Lawmthu hrilna ding: Mission Field-hai a thawktuhai po Pathien thua insukhratna ding tia retreat nei dinga kumbula an lo riruong chu a tak ngêiin 26-29 May, 2025 sêng khan Bhimtal-ah an nei thei. Chu khêlah mi thar (new contact) sawm lai Lalpa'n a mi pek belsa leiin. •Rangpuri Mahipalpur-a rawngbawlina a fepei theina ding le ringtharhaiin Isu chu Sandamtua an pawm a, baptisma an lâk ngamna dingin. Chun, ring thar an pung pei theina dingin. •Haidarur Badali-a khawm rawngbawlina sun zawm zing a ni a, ringtharhaiin ringna det tak an nei theina dinga ãawngtaipui ding.

04.06.2025 (Nilaini)

•HCFD Nilaini Zân Tawngtai Inkhâwm-Inkhâwm Keihruoit: Tv. Moses Inbuon, Thuhrlitu: Pu Lalthlamuon Inbuon. •Shiv Vihar Nuhmei Pawl inkhâwm thawleni zât nei hlak a ni a, Bible study le ãawngtairuolnain hun hmang hlak a nih. Tuhin Exodus an inchûk mek a, nupuihaiin Pathien malsâwmna an dawng peina dingin.

05.06.2025 (Ningani)

•Ei hmun thubuoi (land case) le inzawmin May 26, 2023-a Court Order dungzui chun hratna ei chang. Hieng lai zing hin ei khingpui (respondents) tienghaiin LPA (Land case hih judge pakhat nêka tam, Division Bench-in la hang ngaituo nawn dingin) Court-ah an thelût. LPA hih Court-in a ngaituo vatna dingin.

06.06.2025 (Zirtâwpni)

•Shiv Vihar-a thalaihaiin sin tha an hmu theina ding, nuhmei pasal inzawngna kawngah kristien pasal le nuhmei kawppui an hmu theina ding le kristien sêngkuo tha tak an indin theina dingin. Thawktuhaiin kohran membar tharhai taksa le thlarauh an pawimaw an pêk pei theina dingin.

07.06.2025 (Inrinni)

•Chanchin Tha puongdarna kawngah (Marka 16:15) HCFD membarhai lai thlarau bohminghai invawina a pung nâwk zuolna dingin (1 Korinth 9:16-18). Ei Mision Field/Centre-a hmanawrtuhai (Evan. Paozamuon, Evan. Vanlalitlan Amaw, Evan. Lalngilnei Khawbung, Evan. Pramod Kumar, Pastor Lalsiesang Zote hai sêngkuo le Bethany Convent School a thawktuhai le mi dang dang) Lalpa'n a vêngmih peina ding le an rawngbawlina fethlenga, a la dawng lo

mi tam takhai kuomah, Chanchin Tha hrat lema puongdara a hung um peina dingin.

08.06.2025 (Pathienni)

•HCFD Chawibiek Inkhâwm (Pentecost Sunday)-Thuoit: Dr. Stephan L. Huoingo, Tantu: Pi Esther Lalramhuol, Thuhrlitu: Pastor Lalditsak Inbuon, Pastoral Prayer: Pastor Lalditsak Inbuon. •HCFD DoM&YA Inkhâwm-Thuoit: Tv. Fimrawnsang Infimate, Tantu: Nk. Remnapalai, Thuhrlitu: Tv. David L. Singson. •Revival/hartharna eini lai a tungna dingin (Sam 85:6, Isai 57:15 & Hosea 6:1-2))

09.06.2025 (Thawtanni)

•Shikohabad, UP Mission Field-A. Lawmthu hrilna ding: Biek-inah tui (water connection) a um vatna dinga ei ãawngtai kha tui a pût tan tah a, Pathien kuomah lawmthu hril ding. Chun tui in-chunga lâk tungna ding buoipui a ngai a, chu le inzawma mamaw hai Pathien zâra sukfela a um vatna dingin. B. Thil hnina-I. Kohran mipuihai Pathien thutak hrietna kawnga le thlaraua an in thanglien peina dingin le kohran membar-haiin an sêng-le-kuohai, an thenumhai, an sinthawpuihai le mi dang danghai kuomah Chanchin Tha hril dar nuomna lungril an nei peina dingin.

10.06.2025 (Thawleni)

•Shikohabad, UP Mission Field: I. Sande Sikul naupanghai Pathien thutaka inthanglien a, thuawina dâm, Pathien tina dâm, nêka upahai inzâna dâm le nunchang tha tak tak an hung nei peina dingin. II. Tuition le music class a thang ding Lalpa'n naupang a pêk sap peina dingin.

11.06.2025 (Nilaini)

•HCFD Nilaini Zân Tawngtai Inkhâwm-Inkhâwm

Keihruoit: Tv. David L. Singson, Thuhrlitu: Pu Stephan Khawbung•Hmar hnam sūnga: I. Inruithei ngawlvawinaa (drug addiction/abuse) intāng mi tam tak, abiktakin thalaihai, inruitheia inthawka an hung zalēn theina ding le II. Indikna, ringumna, suol inhrietna le simna le Pathien tīnahai a hung pung pei theina ding (Thuvarhai 11:3 & 14:2, 2 Kronikul 7:14-15).

12.06.2025 (Ningani)

•HCFD Vengbuk Bible Study (Lesson 6, Nehemia 6:1-19) enlāwkna vawizān hin nei ding. Thuoitu: Pastor Lalsiesang Zote. •HCFD-in IEM-a misawnari ei chāwm Rev. Suraj Majhi le a sūnghai (Bathinda Mission Field, Punjab a rawngbāwl) Lalpa'n vêngghim a, rawngbawlna hlāwk taka an nei zawm pei theina ding. An nauhaiin (Mr. Samarth le Mr. Samarpan) an lekha inçhūkna tha taka an thaw pei theina di'n.

13.06.2025 (Zirtāwpni)

•Shikohabad, UP Mission Field: I. Mi tharhai (new contact) lungrilah Sandamna thu an hrietchiengna dinga Thlarau Thienghlim thangpuina. II. Bible tiem thei mi thar Pathien-in a mi pēk sap peina ding. III. Sūngkuoah kristien nundān le kalchawidān an hung hriet peina ding. IV. Setan le a palaihai, thlarau tha lo, le boruoka natna inlēng vēl a inthawkin kohranhai an him tlāngna ding.

14.06.2025 (Inrinni)

•Vawisūna HCFD Nuhmei Pāwl Inkhāwm Prawkram-Thuoitu:Pi Mawii Songate, Tantu: Pi Canaan Infimate, Thuhrlitu: Pastor Lalditsak Inbuon. •Nuhmei Pawlin Manipur-a naupang a chāwmhai ta dingin-I. Pu (L) Ramneilien nauhai-Mr. Thangnunsang (Class 2) le Ms. Zodin-pui (Class 1); II. Pu (L) Francis naupa Mr. John Rohminghlu (Kum 3) le III. Pu Lalrozam naunu Ms. Lalbiakmawii (Class U-KG). Naupanghai hin hriselna, lungril ngaituona le taksa inthanglienna tha an neina peina ding le lekha inçhūkna kawngah hriet theina tha tak Lalpa'n a pēkna dingin.

15.06.2025 (Pathienni)

•HCFD Sunday School Lesson 6 (Nehemia 6:1-19)-Thuoitu:Pastor Lalsiesang Zote, Tantu: Pi Lalfamkim Hekte, Pastoral Prayer: Pastor Lalsiesang Zote.

16.06.2025 (Thawtanni)

•SAIACS Bangalore-a ei Bible inçhūklai Tv. Thangliensang Zote, Lalpa'n vêngghim a, hriselna tha pe a, a'nchūkna (M.Div.) tluong taka a thaw pei theina ding. •Parvah Tuition Centre: I. Aenkaitu Nk. Ruth Zoṭahnieng Sinatein a damnawna (cancer) a inthawk Pathien sukdamna chang a, sin tha taka a sunzawm nāwk theina ding. II. Centre enkaitu tak damnawna leia harsatna an tuokhai hih enkaitu, naupanghai le an nu-le-pahaiin an rēnga Pathienin a hmangai ziet an hriet zuolna ding le Pathienin a hming ropuinaa a'n changtir ngēina ding.

17.06.2025 (Thawleni)

•Special child nei nu-le-pahai le enkawltuhaiin (caregiver) Pathien sukhratna, beiseina, lawmna, hlimna le thafanna an nei peina ding. Chun, hieng naupanghai hin taksa le lungril

ngaituona tieng hrat lema inthanglienna tha an hung nei peina ding. •Tulai hin ei naupang inçhūklaihaiin nipui chāwl an hman. An hun āwl hai hlāwk taka an hmanngna ding le an umna hmun sengah Lalpa'n a vêngghimna ding.

18.06.2025 (Nilaini)

•HCFD Nilaini Zān Tawngṭai Inkhāwm-Inkhāwm Keihruoit: Tv. Christopher Lalbuonsang Inbuon, Thuhrlitu: Dr. Jehova Jire L. Hmar.

•Shikohabad, UP Mission Field: Kohrana thalai nungghāk pahniin (Neha le Sanjana) an inkāwl (gali) a naupanghai thuoit khawmin tuition an thawpui hlak a, chun sande sikul naupanghai inçhūktir ding khawmin mawphurna an lāk ṭan mēk baw. Pathienin an pahnia a'n tuom thar peina ding.

19.06.2025 (Ningani)

•All India HCF-hai hih Chanchin Tha hriidarna hmangruoh nasa lema Lalpa'n a mi hmanngna ding (Mathai 28:19 & Marka 16:15).

•HCFD Department tin thuoituhai, mission field-a rawngbawltuhai, vêngbuk thuoituhai, HSA Jt. Hqtrs. Delhi thuoituhai le DHWA thuoituhai ta ding: Pathien a'nthawka varna le remhrietna tha dawng a (2 Kronikul 1:10), an mawphurna hai tha taka an phursuok pei theina ding.

20.06.2025 (Zirtāwpni)

•Manipur buoina tha taka chingfela a hung um vatna ding. Myanmar-ah mipui insawrkāna a hung ngir nāwk theina ding le Israel-Iran/Hamas buoina, Russia-Ukraine indonahai hih inbiekthiemna le palaithiemna hmanga suktāwp an ni vat theina ding.

21.06.2025 (Inrinni)

•Tukum April thlaa India ram hmun tum tuma nēkchēpn tuor kristien thenkathai ta ding:Pastor Satya (Bihar) rawia an inkhāwm lai sakhuona invēthchil ringnawtu thenkhatin an chawkbui. Pastor Ganesh (Gujarat) le a rawngbawlpui pastor pakhat chu an rawngbawlna le inzawmin sawisak le vuokin an um. Hyderabad (Telangana) a Vacation Bible School pakhat chu sakhuo inleth thil le inzawma thukhēla intum le chawkbuiin a um.

22.06.2025 (Pathienni)

•HCFD Chawbiek Inkhāwm-Thuoitu:Pu Rothangkung Khawbung, Tantu: Nk. Dardingpui Infimate, Thuhrlitu: Pastor Lalthlanglien Sungte, Pastoral Prayer: Pastor Lalthlanglien Sungte.

•HCFD Worship Team membarhai po poin Lalpaa inthaw hratna thar dawng a, Chawbiek hring taka an mi thuoit pei theina ding.

23.06.2025 (Thawtanni)

•HCFD Media Team mawphurna hih rawngbawlna pawimawhai laia pakhat ve a nih a. Team membarhaiin taksa le thlarauah Pathien sukhratna le thawpuina dawng a, an rawngbawlna hrat taka a fe zawm pei theina ding.

•India ram ta ding: I. India dānpui (Constitution)-a um mimal zalenna le dikna chanvohai palzūta um loin, indik taka kengkaw an ni tlat theina ding. II. Kam zalenna kengkawa a um tlat theina ding. III. Print & electronic mediahaiin ti le āwnbīk nei lova India ram chanchin le thu thar hrim hrim ani ang anga an thedar/

puondar theina ding.

24.06.2025 (Thawleni)

•Ei mission field Shiv Vihar-a inthawkin kawmiti membar mi pathum (Subash, Simon & Sanjay) le Evan. Vanlaltlan Amaw haiin Nepal Mission Field kan ding June 26, 2025 (Ningani) zantieng hin an suok dawk ding. Beisei dân chun Pathienni (29.06.2025) khin an hung kīr nāwk ding. Pathien malsawmna le dam taka an hung kīr nāwkna ding. •India rama hin mihriem 100-pe ah mihriem 95 chun Chanchin Tha an la hriet/dawng nawh (<https://joshuaproject.net>). India rama hin Chanchin Tha hrāt lema hriidara a um pei theina ding (Mathai 9:37-38).

25.06.2025 (Nilaini)

•HCFD Nilaini Zān Tawngṭai Inkhāwm-Inkhāwm Keihruoit: Tv. Laldintha Thlawngate, Thuhrlitu: Pu Pumzalal Pulamte•Lilma, Budaun District, UP-a Pi Reshma rawngbawlna Pathien zārin a fe tluong peia, varna le remhrietna tha tak a nei peina ding.

26.06.2025 (Ningani)

•Shikohabad, UP Mission Field-a thalaihai kawppui tha tak, ringtu ngēi Pathienin a pēkna ding le thalai sin zawnghaiin sin an hmuna ding. Chun, kohran mipuihaiin inkhāwm phūna dām, thawlawm pēkna kawnga inphalna dām an nei peina ding.

27.06.2025 (Zirtāwpni)

•Shikohabad, UP Mission Field: I. Bible tiem thei mi thar Pathien-in a mi pēk sap peina ding le mi tharhai (new contact) lungrilah Lalpa'n sin thaw a, sandamna chieng taka an hung hriet peina ding.

28.06.2025 (Inrinni)

•Shikohabad, UP Mission Field-a Sande Sikul naupanghaiin thuawina, Pathien tīna, nēka upahai inzāna dām le nunchang tha tak tak an hung nei peina ding le lēkha inçhūkhaiin lungril hrātna le lēkha tiem inhnika an nei peina ding.

•“Re-visiting Hmar Nationalism and its Political Roadmap within the Constitutional framework” ti thupua hmangin One –Day Symposium vawisūna HSA Jt. Hqtrs. Delhi-in a huohawt hi hlawtling taka hmanng a ni theina ding.

29.06.2025 (Pathienni)

•HCFD Sunday School Lesson 7 (Nehemia 7:1-73)-Thuoitu: Upa (Dr.) Lalsiemlien Pulamte, Tantu: Pi Niengzakhaw Darngawn, Pastoral Prayer: Upa (Dr.) Lalsiemlien Pulamte. •HCFD membarhai lai Pathien thutak nginatna, Bible tiem inhnika/taimākna le Bible Study (Sande Sikul) tlākhlana hai a hung pung pei theina ding (2 Timothe 3:16-17).

30.06.2025 (Thawtanni)

•Lawmthu hriina: I. Tawngṭai, thilpēk le kawng hrang hranga rawngbawlna hun tha Lalpa'n a mi la pēk zing. II. Mission Field-a rawngbawltuhai Lalpa'n vêngghimin, an rawngbawlna hmu thein mal a sāwm pei lei khawmin. •Suol thuphachawina (1 John 1:9-10) le Pathien kuoma inhlanharna (Rom 12:1-2).

•Revival/hartharna eini lai a tluongna ding (Sam 85:6, Isai 57:15 & Hosea 6:1-2))