

sawn laiin sinthawna leiin hmun danga lo insawn an um zing leiin member det hi nuom ang le beisei angina an um tam thei nawh.

Mahipalpur centre: Mahipalpur centre hi a hmaa Mesangarh a inkhom kha memberhai a tam lem hi Airport a sinthaw an ni leiin member tam lem remtina in May ni 5,2024 khan Manipalpur Gali no:4 lai sawn Abundant life hai biekin basement chu thlatin Rs, 3000 peiin ei hluo trana, Hi centre hi Evan Vanlaltlan Amo le Pu Bowmik hai mawphurna bik pek an nih. Pastor in inkhom dan program a siem zuiin regular takin Inrinni (Saturday) zingkar 9:30 a inkhom a ni hlak. Dannaranin inkhom hi 20-30 an ni tlangpuia, hi centre a inthok hin mi 5 in baptistma an chang ta.

Delhi Mission field rawngbawlina tlangpui:

Tuktin zing dar 06:00 in U.P mission field tieng le zoom fethlengin zing trawngtrai nei a ni zie. Tukum kum bula inthok, nupa tuok po po Pastorin counselling neipui vong dinga riruong a na, nupa tuok iemni manizat counselling nei pui an ni taa, a la bak po hi tukum ngeia zo ding a riruong a nih.

Wednesday zan dar 07:00 -08:30 Shivvihar hmuna Kohran member po pohai Pastor thruoia hnuoia Bible study nei anih.

Friday Fasting Prayer: chawhma zing dar 10:00-12:30 sung hin Pastor in-rawina hnuoia Staff meeting regular taka nei a ni a, hi taka hin rawngbawl dan le thaw dinghai sharing nei a ni baka, Bible study le trawngtraina nei a ni bok, Friday zantieng dar 2:00 – 5:00 fasting prayer regular taka nei a ni bok.

Contact: Shivvihar le a sevel, Mahipalpur le Harivihar area haia mi thar chanchin thra ei hril hi mi 50 vel contact ei neia, hienghai hi an hun nei dan I zirin ei visit a, a trul ang angin outreach nei a ni bok. Ei rawngbawlina lawm a um bek bekna san pakhat chu, missionary rawngbawltuhai hin Pathien thu hril ding mi ei va zong ngai loin ringtharhaiin an ruol hai an hung thruoihai bawzui hi ei sin tak a nih.

Baptistma: Delhi Mission field sung ni kum September 2023 a inthoka tukum tu chena Baptisma chang po mi 25,(sawmhni le panga) an nih.

Seminar: Kohran inthrangna lienna beiseiin, Public holy day a hai Seminar nei a nia, thupuiin Christian Family, Sandamna (Salvation), Praise and Worship ti thupuia hmanga nei ana, August ni 15, 2024 khan kohran pumpui huopin Seminar nei a ni nawka hi taka thupui chu, Ringtu zalenna le Thilpek ti thupui hmang a nih. Hieng seminar a hin resource person in puotieng mi hmang loin Pastor le evangelist hai hmang a nih.

**HMING:
VENGBUK:**



An Organ of the Hmar Christian Fellowship Delhi

HREPUITU

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Hrepuitu a article insuo hai,
ngaidân suklanga um (hai)
hi HCF Delhi ngaidan a(n) ni
chuong kher nawh. Ziektu tin
mawphurna a ni lem. Pathien
thu le article insuo nuomhai
chun iengtiklai khawma edito-
rhai email ah thu ziek hai chu
pek thei zing a nih.

- Editor

A SUNGA THU UMHAI

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**18 DELHI SUNGA
HCFD MISSION FIELD
RAWNGBAWLNA
REPORT**

hi a regularhai chau ziek an ni, chulai zing chun naupang threnkhat hin an ruol-
hai hung thruoi an um ve hlak. Class hi pathuma thre an na; Nursery, Junior le
Senior Department a thre an nih.

Kum iemna zat kha Naupang inchuk ding Syllabus thra ei neinawa, Pas-
tor Lalsiesang le Tv Jacob Arya haiin pawltina inchuk ding inchuklai bu an siem
chu chu hmangin systematic taka class hi nei le inchuktir an nih.

Thlatawp (Last Sunday) zatin Naupang Sunday school hin Fellowship nei a ni
hlaka, hi huna hin Pastor le rawngbawltuhai le hotuhai in Pathien thu sharing
an nei baka, Naupanghai an thiem zawng, solo, drama, skit hai tawi fel takin an
present hlak. Chun hi ni hin special takin naupanghai ta ding bikin Refreshment
siem pek an ni hlaka, Thla khat sunga pawl tina Bible memory verse hau tak le
a kai kim hai lawmman pek an ni bok.

Naupang Sunday School a hin piengtharna chang mi iem manizat an um
taa, an testimony hai ngai nuom um tak tak a um ve.

Naupang Sunday school hotuhai: Superintendent: Ruth Remthangmawi.

Nursery Department Hotuhai: 1.Pi. Esther Lalsansuok Amo. 2.Pi, Parminder
Kaur 3.Nk. Amisha

Junior Department hotuhai: 1.Nk. Rebecca Arya 2.Tv. Sumit

Senior Department hotuhai: 1.Nk. Neetu 2. Tv. Thangliensang Zote.

Sunday school class lak hmain hotuhaiin mani department a naupanghai
po an lu chung a kut innghatin an trongtrai pek phoa chu zoa class an lak hlak.
Sunday school class neizo zatin hotuhai po hi Superintendent class review a nei
pui hlak.

Thralai pawl: Evan Vanlaltlan Amo inrawina hnuoia siem a na, Biekin
inkhom a Praise and worship mawphurtu an ni baka, Inrinni zan zatin trawngtrai
inkhom le Sunday inkhoma hla sak dinghai an practice baka an ni sunga sharing
neiin fellowship an nei hlak. Kohran thuomhnaw music system le a dang dang-
hai enkawl sin an thaw sa boka, Thla tin pathienni voikhat hi an ni puolin bieki-
ina program siem a ni hlaka, hi taka hin an ni sunga conductor, trantu le thuhril
inruot a na taksa le thlaraua an hmasawanna hi hmu thei a nih.

Harivihar centre: Harivihar hi Dwarka Metro station bula um a na, hi hmuna
hin centre hluoin rawngbawlina ei neia, Hi centre hi Evan Jacob Arya hai nupa
incharge pek an nih. Pastor in program a siem zuiin Nilaini (Wednesday) zan-
tieng regular taka inkhom a na, hi taka hin dan naranin inkhom hi 20-30 inkar an
ni tlangpui. Hi baka hin Monday to Thursday zantieng naupang tuition fethlenga
rawngbawlina hi nei a ni bok. Sunday zantieng zatin Naupang Sunday school hi
regular taka nei a nia, naupanghai Pathien thua an hmasawanna hmu theiin a um.
Hi lai hmun a khom hi ringtu thra tak tak an um vea, Hi lai hmua inthoka Bap-
tistma chang ta hi mi 40 chuong ni tahai sienkhom, memberhai hi an um zing ei

HREPUITU



Centre hai:

1. Shiv Vihar 2. Hari vihar 3. Mahipalpur.

Shiv Vihar a hi mission head quarter tak, Kohran buripna tak a nih. Hi tak hin member baptisma chang family 75. Kohran member hi mi 350 vel an nih, member hi fel taka tiem thei an ni nawh, a san chu sin thawna leia insawn hi an um deu zing leiin, tu taka intiem dan chun member hi 340 vel a nih. Pathienni (Sunday) zing 09:00 in inkhom tran a na, dannaranin inkhom hi mi 180-200 hi regular tak inkhom a nih. Pathien ni zatin mithar hmu an umzie bok. Inkhom trin hin member po po a groupa insiemin introngtrai pek tuona nei a ni zie bok.

Shivvihar bika inkhomna a hin, Local committee Pastor thruoina hnuaia indin a na, an ni hin kohran sunga trul le pawimawhai mawphurna an laka. Shivvihar kohran hi Nepala unaupa famta Dinesh kha thla tin Cheng 6000 in an sup-porta, nikum khan unaupa Dinesh hi chatuon ram a mi lo inlawi san ta sienkhom a naupa Ashok Ramjali in a rawngbawlina a sunzawm leiin Ashok Ramjali chu support sunzawm a nih.

Tulai hnai el khan Kohran member pakhat chu a sinthawnaa, a tlu thut a a changtieng kut le ke a zeng leiin a sin a sunzawm el thei naw leiin, Local committee member laia pakhat chun thla ruk sung an damnawhai inhlu man pe dingin an tiema, a pek tran nghal bok. chu baka committee hai hin an rel danin thla ruk (six months) sung thla tin Rs, 3000 (sangthuma) thrangpui ding an suk tluk, lawm an um hle. Local committee hi over all a enkawla, Hi hnuaia hin Nuhmei pawl siem a ni bok.

Nuhmei pawl: Nuhmei pawl hi ei Headmistress Pi Grace Khawbung inrawina hnuaia siem ana, Thawleni (Tuesday zan) regular takin inkhawm an na, mi 15-20 fe khom a ni zie. Hi zan hin sharing, Bible chang byheart, le trawngtraina baka insung le Kohrana nupuihai mawphurnahai inchuktir an ni bok. Thawlawm an chawi khom baka, bufai thram chawikhawm vea, chuonghai chun kohran sunga damnaw a hmun ngeia fein trawngtraina le thranguina an pek hlak.

Tulai hnai el khomin, U.P ei kohran member nikuma Baptistma chang Mrs. Reshma, Neelma hmuna ama thrahnemngaina rawngbawlina nei chu a dam naw leiin, cheng 5000 in an thrangpui baka, a rawngbawlina a a hmaning ding tiin Thlatin Rs, 2000 (sanghni) a thrangpui dingin thu an suk tluk bok.

Naupang Sunday school: Shivvihar a hin Naupang Sunday school thrataka nei a na, naupang Sunday school a hming ziek po hi naupang 74 an nih, hming ziek

“Nangni rimtong le rikphur po po hai, ka kuomah hung unla, keiin sawldam-na peng ka ti chêu. Ka ringkol bât unla, ka kuomah inchûk ro; mi zaidam le lungmila inngaitlawm tak ka ni si a, chuongchun in thlarau ta dingin sawldamna hmung in tih. Ka ringkol a hâdam a, ka phur khom a zâng a nih” a ta (Mathai 11: 28-30).

Hi thu hih Lal Isu Krista trongbau a nih. Farisaihai le dan inchuktirtuhai chun nasatakin an mipuihai chu dan zawm dingin an inchuktir hlaka. Anni chu Mosie dan zirtirtua ruot an ni hrim a nih. Nisienlakhawm, an dan inchuktir le an hrilhai chu a takin an thaw ve ngai naw a, phur rik tak tak an intela, mipuihai liengkoah an hnawka (Mt.23:4). Hieng danhai hih mihriem hratna chun an phur zo naw nih ti khom chieng takin Thilthawhai 15:10 a chun hieng hin a lo zie-ka; “Chuleiin, ei thlatuhai le eini ngei khoma ei phur zo ta lo ringkol kha tu hin ringtuhai liengkoah inbât luitir tumin ieng dinga Pathien fie in tum am a na? tiin. Chuleiin, rimtong le rikphur hai hih danin a phut ang thaw zo loa, thlarau rama phurrik tak tak phurhai an nih.

An ngirhmun hih Lal Isu’n chieng takin a hriet leiin an kuomah ‘ka kuomah hung ro, insawl taluo an ta kha keiin sawldamna lo pe’ng ka ti cheu’ a tina anghluk a nih. Dan zawma Pathien suk lungawi tum an ni a, danin a phut angin iengkim an zawm thei si naw chun trongsephur an ni tho ding a nih (Gal.3:10). Chuleiin Lal Isu Krista’n ‘ka lunginsietna huong sunga hung lut ro, dan zawm lei niloin, lunginsietna leiin in sawl a dam ding a nih’ a tina chu ni ta-kin an lang. Ka kuomah in hung a ni phot chun harsatna tuok ta ngai naw ti niu a tina chu a ni naw a, chu nek hmanin “ka ringkol bat unla, ka kuomah inchuk ro” a ti lem a nih. An phurrik hai chuh Lal Isu ringkola inbata, phur an inchuk chun an phur zo ding a nih tina lem niin an lang.

Khawvela ei um sung hin harsatna chi dang dang tuok hlak ei tih. Thlaraua phurrik le taksaa phurrik hai khom ei phur chang um rop hlak a tih. Lal Isu ke bul ei bel a ni phot chun Ama’n a mi lo thrangpui hlak ding a nih. Ei harsatnahai chu wawi le khatin a bo naw el thei, amiruokchu a mi phurpui ding a nih. I taksa bawrsawmna dam, I insung dam, I u-le-nauhai dam, I nuhmei ei pasalhai dam, ruihlo sala intangna dam, suola inthoka mani nuom thua intal suok el thei lo dam, thlarau rama a ruktea dangchannahai dam hih mi hriet lo a I phurrik an lo ni thei baw. Rawn ding le bel ding ei hriet naw a ni chun Lal Isu bel ei tiu, ienglai khoma mi nghawk loa mi thrangpui ngat ngat nuomtu umsun chu Ama a nih. Lalpa’n a thu mal misawm pek rawsen.

TULAI LE NAKIE FUTURE A KHAWM EI INNGHATNA DING TAK

~Lalhmunlien Robert Varte



Key verse: Matthai 6:33

Tulai khawvel hi an thlak danglam zung zunga. Tienlai khan landline phone ei hmang hlak a, cheng hni damin PCO (Public Call Office) ah hai fe in, ei ruolhai inbiek na ding dam khan eiin line hlak a. Chun landline phone zo a khan, mobile phone a hung suok nawka, QWERTY keyboard hmang blackberry phone dam khan chang kang emem in ei lo ngai hlak a. Tulai QWERTY phone hmang hlak mi hmu ding a um ta nawh ang a nih. Chu zovah smartphones a hung suok nawk a, chun tu lem hin chu ei phone a hai Artificial Intelligence (AI) hieng ChatGPT, Meta, Suno. AI photo generator, le apps dang dang hmangin, ei phone hai hi mi bieknä ding tak nek hman khomin thil tamtak thaw theina khawl a hung ni tah a nih. AI hmang lem lem hin chun hla thu phuok thei thrak lo hai khoma, nuom nuom in hla an phuok in an sak thei tah a, lekha ziek le milem ziek thiem lo hai khoma AI art applications hai hmangin lungril a inlang nuom nuom khom ziek suok thei ani tah. Tulai lem chu mi threnkhat hai in smartphone an nghok taluo a, dumbphones (call receive le mi call thei) hai ang cho chi kha an uor nawk tah an ti chu. Ei zuk hril tum tak chu hihi a nih. Artificial Intelligence le Technology hai reng reng hi a sawt pha a thratna nekin a thranawna a tam lem dim aw ti hi debate topic poimaw emem a nih. Artificial a ni ang bokin, a tehlem, tak tak lo a nih a, hla phuok thei lo, poem ziek theim lo, lekha ziek thiem lo le drawing thiem lo khoma awmtak tak AI hmangin an thaw thei tah a nih.

Ei zuk hril tum tak chu technology le AI hai hi tangkaina a tam lai zingin, mihriem ah a tak nilo, artificial intelligence ani ang hrim in, khawl le computer hmanga ei khawvel iengkim deu thaw technology hmanga ei fe mek hi mihriem lungril ah nakie future a chu khawl/computer/AI hmang hi hi nek khoma a hung nasa pei ding a hawi a, scientists tamtak hai chun future a chun transhuman hai chen khom ei la um ding an tih a nih. Transhuman chu mihriem lerobot/khawl/machine inkawp hi anih a awlsam dan taka hril chun. Terminator movie a a chang tupa Arnold Schwarzenegger hai dam kha ei en hlak hai kha zuk ngaituo kir inla.

Transhumanism hi movement pakhat

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“The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.” (1 Corinthians 10:13)

“These trials will show that your faith is genuine. It is being tested as fire tests and purifies gold—though your faith is far more precious than mere gold. So when your faith remains strong through many trials, it will bring you much praise and glory and honor on the day when Jesus Christ is revealed to the whole world.” (1 Peter 1:7)

“Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” (Philippians 4:7)

Damnaw threnkhat trongtraipui ding

Cancer in enkawl mek ei hriet theihai: • Pi Esther Sanate • Pi Deliver • Pi Lallawmsang, • Pi Jenny, • Pu Ringlien Pakhuongte • Pi Zoani • Tv. David Joute • Pu Sieka Singson • Pi Hnemi • Pu Sanglor Pakhuongte.

Natna dang:

• Pu Ralkapkung (stroke) • Pi Lalthangmawi Khawbung (Liver transplant)
• Pi John Rody (zun tlum in enkawl mek) (• Pu Zosangpui (Cornea transplant ding) • Pi Esther Amaw (Kala lung um) • Pu Lalsiemlien Khawbung
• Pi Lawithangpui • Pu Dova • Pi Lalhlunzo (stroke)

Mission Filed tieng:

• Ramai • Asha • Ayush s/o Aklesh • Reshma

NB: An reng hin an nat danhai chieng takin hril thei vong naw inlakhom an hminghai lamin an renga Lalpa sukdamna an chang seng theina dingin lo trongtraipui zing hlak ei tiu.

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BE STRONG IN THE LORD AND IN HIS MIGHTY POWER

~Florence Pangamte



We all experience spiritual warfare. And with the wisdom, discernment, and understanding God provides we can notice when these attacks are taking place. Some days and seasons we may experience more attacks than others. Satan doesn't take days or holidays off. Every day is a day he will fight to take down God's people. He doesn't play fair. He will try and get you where it hurts whether that's internally or eternally. There is no limit on what the devil will throw at you. But God doesn't allow anything beyond what we can handle. God allows tests and trials to build, grow, and mature our faith and to see if we will remain faithful and obedient. Sometimes we allow our circumstances and feelings to morph into this idea of who we believe God to be. God graciously reminds us He will never change nor will His love for us. We will face disappointment and discouragement but we can slow down, rest, and find surpassing peace and comfort in Jesus. You won't feel like a warrior every day but you can count each day as a victory when you are walking with Jesus.

“A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the belt of truth and the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God. Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.” (Ephesians 6L10-18)

“Jesus Christ is the same yesterday, today, and forever.” (Hebrews 13:8)

a nih a. Mihriem hi science hmanga sukhlat ani tak hi thil tum chu. An ring dan chun science hmangin mihriem chu tuta mihriem neka chnagkang lem, thiemna, thilthawtheina, ah siem anih. An symbol khom humans+ a nih a. Entirnan, ei thluok hai khom chip inbuk in, internet a information popo ei zuk access nghal thei ding tieng dam an ngaituo a, annawleh, mihriem thar, piengsuol um lo, vartak, hmeltha, hrat le kong tinrenga tuta mihriem hai neka hmasawn lem siem tum an nih. Thi thei ta lo mihriem, immortality ani an beisei.

Mihriem taksa Pathien in a siem hi in-sit tawl tawl na a pung pei a, sapram state thren thren a lem chu mihriem an thi pha inphum le inraw khom ngai-lovin, hnuoi thratna dinga an taksa hmang an phal khom chanchin hriet ding a um tah a nih.

Ei future ei pal mek le la hung tlung pei ding ei nauhai le tu-le-te hai future ngaituo chang hin chu zan sawt tak tak lungriah thil tamtak ngaituoin ka in thei ngai nawh a. Hi future a hin Isu Krista ring zing a, khawvel an hmang a harsat pei dan ding dam ka ngaituo a. Chun tulai Daniel bung 7 anthok ei Bible Study na a hai khan hrilfienna ei tiem chun kum sang rorelna (Millennium kingdom) la um a ta a tih a, chu chen chen chun tuta athren hi chu dam ta nawng ei tih a. Rapture tlung hnun-

gah Suknawmnatna (Tribulation) zo-vah Millennium hi an tran ding cho a nih a. Chu hunah technology chu iengang lawm in am an sang ta ding ei hriet ta nawh. Landline phone and thok AI hmang phone ei chuongkai na hi kum 40 suong vel cho a nih. AI tak lem hi chu mithiem hai n kum 70 vel an lo buoipui tah a nih.

Hieng popo ka ngaituo chang hin, khawvel changkang pei na a hin ei dithai le ei mamaw hai khom a hung insang pei a, sum le pai thilthaw-theina an sang pei a, mihriem hai kho-ma a neining deu hai ei ngaisang in ei biek thra pei tah na khawvel a hin, kei khom buoi rak rakin sum le pai ah inngat hi a lo awlsam ngei tiin nun ei hmang ve hlak a nih. Ei ngaituo rawn po leh, Pathien thu ngaituo leh sum ngaituo chu an in aihal nawk si hlak leiin, hun tamlem chu sum le pai ngaituona in ei lo hmang hlak a nih.

Hieng anga hun sawt tak ka hmang zing lai, Mesangarh Vengbuk inkhawmna ah sharing nei dingin an secretary Pu Joshua Sungte in a mi hung biek chun, huphur tak siin ka lo aw ve chot a. A hril dan lem chun, Executive Committee member hai hi a remchang ang peiin kan ruot hlak a nih a hung ti bok lei khan, ka zuk hniel nuom nawh a.

Awleh, kum 2008 khan Delhi a

DRDO a sin ka zawm ding khan ka PhD thawpui khang lai khan Tv a la nih a, James V Haokip hin hi Bible chang hin a min thla a. Matthai 6:33, A ram le a felna chu zawng hmasa lem ro; chuongchun, chuong po po chu a pêk sa ding cheu a nih. Hi chang hi ka dit thei emem a, kei le kei khom kan remind ngun khop el a. Ei ti ta ang khan, Delhi vairam a sin thaw a um ei ni leiin, A ram le felna neka ngai-poimaw ding thil hi tamtak ei tong hla a nih. Chuong hai chu a ei lung-gril hmun lientak chang tu chu hawsakna le sum le pai le in le lo hai hi a nih a. Chu chu vai ringnawtu hai cho khom nilovin, eini tlangmi le ringtu hai lai khom hi inkhina'n ei hmang hla in ka hmua, chu inkhina a chun ka tling thra si nawh tiin, inzakna le lungkhamna nasatakin a mi thlakbuoi ve thei hla a nih.

Matthai 6 a chun hieng hin an ziek a.

Taksa lungkhamna
24“Tukhawmin hotu pahni rawng bawl kawp thei naw ni hai; pakhat theidain pakhat dit an tih, annawleh, pakhat tanin pakhat hmusit an tih. Pathien le sum rawng bawl kawp thei naw ti niu.

In lungkhamna
25“Chuleichun, ka hril cheu hi, ‘Ieng am dawnin ieng am fa tang ka ta?’ tiin, in hringna thu le, ‘Ieng am silin bil ka

ta aw?’ tiin, in taksa thu lungkham naw ro. Fâkding nêkin hringna a hlu lem a ni naw am a nih? Silfên nêkin taksa khawm a hlu lem a ni naw am a nih?

Pathiena innghat ding a nih

26“Chunglêng vatehai hi en ta u; bu an tu nawh a, an sîk bawk nawh a; bu ina khawm an sêklût bawk nawh, nisienlakhawm, in Pa vâna mi chun a chawm sih a. Nangni chu anni nêkin nasatakin in hlu lem a ni naw am a nih?

27Chun, nangni lai tuin am lungkham leiin mâni dung tieng tawng khata suksâng chuong thei cheu?

28Chun, silfên thua iengdinga in lungkham am a na? Ram tûktinpâr int hangzie hi tha takin ngaituo ro; sin an thaw nawh, pat khawm an kher bawk nawh;

29nisienlakhawm, ka hril cheu hi, Solomon meu khawm a ropuina po poa ân thuom khan hieng tûktinpâr pakhat tluk khawm hin cheiin a um nawh.

30Chuongchun, ram hlohna, vawisûn anga hringa, a zînga thuka ti nâwk el ding hman Pathienin chuong ang lăwma a chei chun, aw! nangni ringna tlăwmhai, silfên a pêk lem hman hman ding cheu a ni naw am a nih?

chun taksa khawmin a lo thawhla hla a nih. Chuleiin taksa bawrsawmna ei hliptlak thei dan thra takel chu lung-gril hrisel nei hih a nih.

Tulai chu stress, anxiety, depression tihai hih an lar emem, mimal tin ani naw khawmin in tina hin ei kaw ldeu fur amani ti thei ding in a um. A hneda thra tak chu iem ning a ta? Pathiena innghat ngamna dam, ringna dam, trongtraina dam hih a damdawi thra tak chu a nih. Ka hne ta sa ti thei a lo ni ngai naw a, nitina hne pei trul an nih.

Duet.30: 19 a chun “In hmaa hringna le thina, malsawmna le trongsie ka sie hi tuhin in chungchang thua hrepuitu ding in hnuoi le van ka ko a nih. Tuhin, hringna chu thlang ro,

nangni le in thlahai khom an hring theina ding le LALPA in Pathien chu hmangai a, a rawl ngaithla a, in chel nghet tlat theina ding in” a lo ti a. Nitinin ditthlang theina ngirhmuna ei uma, chu chu Pathien mi pek a nih. Ei nia hin suol le thra nitinin an in suol zinga, ei thlang lem lem in hnena chang hla an ta, ei nuna rorel hla an tih. Nun hlimna le lawmna hi hnuoia le chatuona dinga ei dit a ni chun Lalpa ditzawng thaw chu thlang ei tiu. A sandamna huong sunga ei zalenna ditum tak hih mawi taka hmang ding le ei vanglai nihai hih lung-gril hlim taka chena, a ma ei hriet tlat theina ding in Lalpa'n ei reengin mi thrangpui rawsen.

Sawmapakhat le Good Samaritan Fund

Online a Sawmapakhat le thilpek dang dang: Sawmapakhat le thilpek dang dang pe nuom hai chun hi a hnuoi a Hmar Christian Fellowship, Delhi account detail a hin pek thei zing a nih:

Account Number : 91462010038313

IFSC Code : CNRB0019146

Bank Address : Syndicate Bank/Canara Bank, Akbar Bhawan, Ministry of External Affairs Branch, Delhi-110021.

Online baka hin ei chawibiek naa thilpek ei lakkawm huna khawm thilpek dang danghai hih ei pek thei zing a nih. Sawmapakhat le Missionary Fund hi Finance Secretary (Mission), Pu Immanuel Khawbung kuoma lut/pek ding a nih.

Good Samaritan Fund: Chawibiek naah thilpek lak khawm huna pek thei a ni a, chu khela chun Finance Secretary (General), Pu Thanglalmuon Hrangchal kuoma khawm pek thei ani baw.

fuk se se loa ditthlangna ei siem hih tamtak a um tina a nih. A chin taka inthawka a lien tak chenin kakhawka a nei vawng a nih.

Ditthlangna hmang suol poi-zie le a hmang thrat lawmum zie chu chieng takin bible a hmun tam taka hmu theiin a um. Noa in ditthlangna a hmang fuk leiin a sunghai leh an him a nih. A tam lem ngaidan angin a thuthlukna a siem naw a, Pathien thu pek angin thuthlukna (decision) a siem lema, ama le a sunghai an dam pha a nih. Ei thlatu bul Adam le Evi'n ditthlangna an hmang suol leiin mihriemhai chung a thina le trong-sie a hung tlung anih. Chu thina tur suol chu la hmang ding le thinaa inthawka hringna mi thruoilut nawk dingin Adam nuhnung Lal Isu Krista a hung trul pha hiel a lo nih. Lal David khomin a ditthlangna in Uria nuhmei Bethseba a uiret puia, a kakhawka chu na takin a tuor a nih.

Piengthar ta ni siin ei nuom zawng, inhoi ei ti zawng Lalpa ditdan a lo ni ta naw chun in ngaituo hun a nih. A rawl ri ei ngaithlak ta ngai naw mani, annawleh thluksanna ei lo nei ta khom a ni thei. Amiruokchu, ama lo tusan tahai khawm dithlangna a la pek zing tho a nih. Naupa tlan hmang kha a pa ina inthoka tlan hmangin, ram hla taka va chavaiin, thi el theina ding ngirhmuna a va um hnung khomin Lalpa'n dit thlang thei ding ngirhmuna a la'n umtira, a ditthlangna kha a

dam khawsuok pui a nih.

Thralai tam tak chun an ditthlangna hmang suolin an nun rinum takin an siema, vanglai chen dinga Lalpa'n a ko ni siin an chen suol a, beidawngna khura tla lutin suok thei taloa intang tamtak an um zing a nih. Sienkhawm ei suksuol ta hnung khawmin Lalpa chun ditthlang theina hih a mi lak pek chuong naw a, hun thra, ditthlangtheina hun a mi la siem pek zing lem a nih.

C. Vanglainia hlipthlak Dinghai:

“In lungrila lungkhamna, In taksaa borsawmna, A rêngin hlip thla vong ro, In thrat lai ni a tawi si a”: Ei lungrila lungkhamna hai le bawrsawmna hai chenin hlip thla vawng dingin a mi dit a nih. Chu umzie chu hringnun hih sawtnawte sung cho a ding ni a, thratlai ni lem chu a tawi em leiin iengkhawmin chokbuoi loin chên inla a mi nuompui emem a nih. Chu ding chun a mi chokbuoi rawptu chu suol hih a nih.

Lungkhamna: Lungkhamna chu ieng tina am ani a? English chun anxiety (a feeling of worry or fear especially about the future) tiin a hril a. Chu umzie chu hmatienga thil tlung ding tritna, inlauna, hawphurna, annawleh, hnungtienga ei thil lo thaw suol ta hai leia a kakhawka hung tlung ding hawphurna, tritna hai chen khawm a ni thei vawng a nih. Lungrila lungkhamna chun taksaa bawrsawmna nasatak a mi siem pek thei a, lungril a hrisel naw

31Chuongchun, ‘Ieng am fâng ei ta?’ ‘Ieng am dâwn ei ta?’ amanih, ‘Ieng si-lin am um ei ta?’ ti amanih, lungkham naw ro. Jentailhaiin chuong po po chu an zawng hlak a nih.

32Chuong po po chu in pawimaw ti in Pa vâna miin a hriet zing a nih.

33A ram le a felna chu zawng hmasa lem ro; chuongchun, chuong po po chu a pêk sa ding cheu a nih.

34Chuongchun, a zînga dingin lungkham naw ro, a zîng chun ama ding chu a lungkham fâwm ding a ni sih a. Ni khat dingin ni khat rimsik a hun a nih.

Hi chang hi Mesangarh Vengbuk ah inkhawm dingin ieng thupui am aw hril ka ta tia Bible ka hei tiem lai chun, hi ka ruolpa in vairam ka fe dinga amin thla na chang bok hi an lang a, hihi thupui dang khom a ngai hran lem, hi chang thupui ani ang ang hin alo um vong ani hi tie tiin, ka lungril ka siem tah a. Ani ngei, mihriem, mi lien le politician ropui tak le le thilthawthei tak tak dinga ei ngaihai hi ei biek thra nuom hlak a, anachu Isai a chun bung 2:22 a chun hieng hin Lusei tawng chun an ziek a. “An hnâr chauhva thaw awm mihring rin hi bânsan tawh rawh u; eng kawngah nge rin tlâk an nih tehlul ni?”

Kiei khom chang 30 a hin Pathien in ka ringna tlawm hlak zie a mi hriet dok tir a, Ama ring nekin mihriem le hi khawvel sum le pai hai ka lo ring hlak lem zie dam ka hriet suok a. Ka nun khal dang hai a lo indik naw zie a mi'n hmu tir a. Chu leia ka nun a beidong in, taksa lungkhamna hai in a mi lo thlakbuoi nasa emem hlak a nih. Chu lei chun Sunday biekin inkhom hai ka thlakhla hlak a, hlasak laia kutben a mit insim a, hi khawvel lungkhamna hai ngaituo lova, Pathien chawimawi le inpakna le a thu hai ngaithlak inhawi ka ti hlak emem a nih. Hi khom hi Pastor Ditsak in Manipur an inzin trum a a thu hung hawn, ringtu hai eiin thanglien peina ding chun, sandamna ei chang lei a ei lawmna hai khelah, tuorna tieng a khom Krista hminga tuona leia lawmna chu, chu mol chu a ropui ding lemziea hril kha ka lungril ah a cham zing a. Keikhom, ani ngie, thla hmasa Thalai sunday a ka thuhirilna a khom Thienghlimna beisei pei nun hmang ding thu ka hrilna a khan, Thlarau a inthangliena pakhat chu tuorna khelah malsawmna hai hi a lo ni angin, A ram le felna zawng hmasa lem hlak dingin ka lungril kan siem thar nawk a.

Tri nawh, Lalpa in thangpui a ti che. Pathien chun hieng hin a ti anih.

Naupang ka lo ni tah a, tuhin tar ka ni tah a,

Nisienlakhawm, mi fel chu mâksana a um ka hmu ngai nawh a, A thlahai bu dâwl khawm ka hmu ngai nawh. Sam 37:25

Chun, ka Pathien chun Krista Isua a ropuina hauzie ang peiin, in tlâksam-na tinrêng khawm phuhrûk- pêk a ti cheu. Filipi 4:19

Lalpa in mi thangpui sien, tiemu, nang khom ei hringnun sawtnawte hi chatuon tieng thlir zinga hman thiem thei a, Pathien ram le felna hai chu hi khawvel ram le khawvel felna hai neka zawng le beisei rop hlak dingin Lalpa in malsawm raw se che.

QUOTES

- * “Without Christ there is no hope.” -Charles Spurgeon
- * “Faith has to do with things that are not seen and hope with things that are not at hand.” -Thomas Aquinas
- * “True faith means holding nothing back. It means putting every hope in God’s fidelity to His Promises.” -Francis Chan
- * Rejoice in hope, be patient in tribulation, be constant in prayer. - Romans 12:12
- * “All our infirmities, whatever they are, are just opportunities for God to display his gracious work in us.” -C.H. Spurgeon
- * “When you go through deep waters I will be with you.”-Isaiah 43:2
- * “Hope is praying for rain, but faith is bringing an umbrella.” -Unknown
- * “Hope is being able to see that there is light despite all of the darkness.” - Desmond Tutu
- * “Never deprive someone of hope; it might be all they have.” - H. Jackson Brown, Jr.
- * “Everything that is done in the world is done by hope.” - Martin Luther

el ta ding a nih. A buoi hlak chu eini tieng lem hih a lo ni hlak a nih. Lalpa ditdan hih ei ditdan, ei nuom zawng, ei lungrila ei thaw nuom zawng tak ni hlak nisienla chu Lalpa khawm lawm a ta, eini khawm inhoi ti’ng ei tih. Chu ding chun ei lungril puthmang hih Lalpan a mi thlak pek a trula, a Thlarau Thienghlimin lungril thar ami pek naw chun a ditdan le a thra ti zawng chu ei ditdan le ei thra ti zawng a ni thei naw a, mihriem lungril suol tieng awn tlat hin a lawm zawng thaw nuomna a nei thei tak tak nawh. Nisienlakhawm, Pathien nau ni ta hai le Ama Thlarau Thienghlim nei ta hai chun a lawm zawng thaw dingin an lungrila nuomna dam, inhawkna dam, thafanna dam, phurna dam a pek hlak anih. Tirko Paula khawmin hi lai thu le in mil emem a lo ziek lang chu “Iengkim thaw a thieng” an ti hlak a, sienkhom iengkim thaw hi a thra kher nawh. “Iengkim thaw a thieng” an ta, sienkhom iengkim thawin mi a siem thra kher nawh” (I Kor. 10:23) ti hi anih.

Thil hrim hrim ei thaw hma hin ei ngaituo a poimaw takzet. Ei thilthaw hin iem a kakhawk ding ti ngaituona ei nei thei ta naw chun ki khat tak chu bakna ei nei a ni el thei baw. Thilthra thaw inhawkna nei lo, Pathien lawm zawng thaw nuomna khawm nei lo, a thieng a thieng naw khawm uksak pei lo, Pathiena hlimna lawmna nei ngai lo, mi an inkhawm

leh inkhawm vea, mi’n thawlawm an pek leh pe ve a, an trongtrai leh trongtrai ve a, hla an sak leh sak ve a, chuong anga khawsa ve mei mei ei ni chun inngaituo a hun tah. Kristienna hih sakhuo pakhat ve ang mei mei a lo zui khawm I lo ni el thei anih. Chu chu thil sawlum tak a nih.

Vaisun hih ditthlang hun a nih. A hming mei meia ringtu, sandamna lan hre chienglo ta ding lem chun muong chang hun an ta nawh. Sandamna I zawng ding am I zawng naw ding. I ditthlangna a inngat anih.

Ei nuomzawng chu footballer a lo ni thei, doctor a lo ni thei, scientist a lo ni thei, business tieng khawm a lo ni thei, full time a rongbawl khawm a lo ni thei, inhoi ei ti zawng tak le ei nuom zawng tak thaw dingin biblein a mi hril a nih. Chuonglai zingin ei thilthaw taphot, a chin a lienin kakhaw (consequences) a lo nei hlak a ni ti ruok hi chu ei hriet tlat a poimaw. Nitin hin ditthlangna siem ding ei nei zinga, zing ei tho a inthawka ei zal sung chen cho khawm hin vawi 5000 bek chu ei lungrila ditthlangna ei siem hlak tiin a lo suitu threnkhat chun an hril. Chu umzie chu ei tho chara inthawka ei thawhai popo le ei thaw naw tamtak hai hih ei ditthlangna a inthawka intran vong a lo ni tina a nih. Entirna dingin, Iengtikam tho ding, tho charin iem thaw ding, ha nawt ding am, tui dawn ding am, damdawi fak ding am, walking fe ding am ei hriet

emem. Chuong ang bawkin lo upa deu tahai khawmin an vanglai hun kha an inpamin an suikir vawng vawng hlak a nih. ‘Ka nunghak ka tlangval lai khan chu...’ tiin an chanchin hril khawm inhawi an la ti hlak a nih. Hla siemtu meu khawmin “vanglai ni aw vanglai ni keisei thei nisien, ka damsung po chu vanglai ni’n hmang vawng ka tih” a lo ti hiel a nih. Chuong ang khop chun thratlai hun, vanglai hun hih a lo hlu em em a. a liem el ding khawm inpam a um luotin thu le hlaa inzawt seng a ni nawh.

Hi hun hlu takel hih hlim taka hmang dingin mi siemtu Lalpa chun a mi ditpui emem a nih. Hi hun hih hun mawi, hmel thrat hun, pangti inno hun, hlimna le lawmna hai khawm an sang hun, thil thar inchuk nuom hun, mi adventurous deuhai ta ding lem chun thil thar hmusuok ding tamtak an nei hun, fak zongna kawnga mani inhnik zong bawzui hun, lungril inhoi ti zawng le thaw nuom zawnghai thaw a hringnun bulthrut infuk tak rem thei hun a nih.

Hi hun poimaw taka hin Lalpa’n a mi khuokhir naw a, chu nek hmanin zalenna a mi pek a, “In lungril nuom zawng zuiin, In thaw nuom nuom chu thaw ro” a mi ti nih. Ei thaw nuom naw zawng zawng min thawti-ra, chu chu zui dingin ditthlangna a mi pek a nih.

An leh ei lungril nuom zawng le ei thaw nuomhai chu Lalpan

a pawm chie dim ani? lungrilin ei ti khawm a ni el thei. Ei nuom nuom thaw chie ta inla a lawm chie di’m a nih? Zu dawna inruia ruolhai le inpawla, gawp vel mei mei hih ka nuom zawng lo nisienla teh a phal chie dim a ni? Nuhmei pasalna thila porche taka khawsa hih ka nuom zawng lo nisienla a pawmzam thei dim ani? Ka nuom zawng chuh suna zala, zana lenga, du le faka du naw leh ngheia, nuomleh bazara fe a, poisa neinaw leh mi hlem ding zawnga khawsa vel mei mei lo ni sienla te? A thieng le thieng naw khawm poisa lo a poisa lam suok thei dan dana lam el hih kan hawi ti zawng lo nisienla teh? Nuhmei pasal innei nuom si loa a awlsam zawng zonga umkawp pui el (living together) dam hih inhoi ka ti zawng tak lo nisienla te? Anleh hienghai popo hih lo thaw ta lang Pathienin poi a ti naw ding a ni? “In lungril nuom zawng chu zuiin, in thaw nuom nuom chu thaw ro” a ti bawk si a, tiin lungrilah zawna ei indawn a ni chun, a dawt chara khan a answer ding chu an ziek. Chu chu iem ani a ei ti chun-

B. Vanglaini a Hriet zing ding: “Sienkhom in thaw ang peiin, Pathien khomin in chungthu, Rêl a tih ti hre zing ro”: Lalpa chun ditthlangna a pek ta che a, I ditthlang ang pei chu I dam sung le I thi hnunga I um dan ding chu a ni ding a nih. Ama tieng chu iengkhawm a buoi nawh, I thaw ang pei khan I chungthu a rêl

VANGLAI CHÊN

“Thralaihai, vang lai chênin, In lungril khom hlim raw se. In lungril nuom zawng zuiin, In thaw nuom nuom chu thaw ro. Sienkhom in thaw ang peiin, Pathien khomin in chungthu, Rêl a tih ti hre zing ro. In lungrila lungkhamna, In taksaa borsawmna, A rêngin hlip thla vong ro, In thrat lai ni a tawi si a.”
(*Thuhriltuhai 11:9-10*)



Mi tamtak chun Pathien hnungzui hih thil rinum deu, mani du zawng khawm fain dawn theilo, insum zing trul, nuom ang ang um thei loa, thaw nuom naw zawng zawng thaw a, anhoina ding iengkhawm um lo anga ngaina an nei hlak niin ka hmua a poi ka ti thei takzet. Setanin mi dawivet a tumna a nih. Sungril thlaraua inthawka siemtharna chang si lo a Pathien ram invawituhai hringnun chu hieng ang deu hih ni dingin ka ring.

Hieng ang hih Pathien nauhai hringnun a ni naw a, Pathien nauhai chuh Lalpa’n a Thlarau Thienghlim zara ei sung tieng thlarau a mi siem thar pek ta leiin a ditzawng thaw kha inhoi ei ti a, a dit naw zawng thaw kha inhoi ei ti ta ngai nawh. Maniah tisa nuomzawng a um ta naw lei niloin thlarau nuom zawng thaw inhoi tina ei nei ta lei le suola inthawka intlan suok ei ni ta lei khawm ni ngei a tih suol thaw inhawkna nekin inhoi ti nawna a lien lem tah. Hi hi sungtienga inthoka siemthar nun, Pathien thlarau neituhai mizie a ni lem tah. Pathien thlarau nei si loa ringtu inti tamtak ruok chun Pathien ditzawng hih thaw ding a ni leiin an thawa, inhoi tina tak tak ruok chuh an nei phak naw niin an lang. Chu chu sakhuona ei ti chu ni thei a tih.

Thralai threnkhat chuh an

vanglai ni an thlakhla luot leiin Pathien thu hih an ngaisak nuom naw lui a, piengthar ta chun an hringnun an chen thei ta naw ding anga ngaiin lungril takin Pathien thu hih an uk-sak nuom der nawh. Hremhmuna an fe nuom lei chu ni chuong kher naw nih. An thratlai hringnun an thlakhla a, la chen an nuoma, Pathien thu chu an nupui an papui phaa ngaituo dingin an sie deu niin an lang hlak. Hieng ang mihai ngaidan ding awm ka zuk suongtuo chun Pathien nei chu inhoina le thlakhla um dingin an ring naw hrim hrim nisien a ang ka tih. An ring suol kher el.

Vur rama Satene (wolf) an that dan chi khat chu chemte ngei takel a hin thisen an tat a, nghet takin thing bula an khuoa a. Chu thisen chu Satene in a liek pha leh a lei a lo at thi

hlaka, a lei a pop ani ti hre loin a ma thisen vek chu a liek a lieka, a tawpa chu a chau pha dera, a thi hlak a nih an ti a. Pathien thrangloa khawvel inhoina chentu hai ngirhmun chu hieng ang hih a nih. Inhoi an chenna kha an ta dinga thina'n an chang hlaka, hmangaitu der Neithangzai a ni hmel reng an hriet ngai nawh.

Ei thratlai ei vanglaini hlim taka ei chên hi Pathienin a phal a nih. Chu chu Biblein chieng takin a mi hril pek a nih. Chuonglai zinga ei ngaituo ding chu ei lungril nuom zawng, thaw ei inhawk bek bek hlak thil hai hih khawlaia inthawka hung suok am ana? Pathiena inthawk ani? Setana inthawk? Chu chu ei hriet chieng hmasa phot a poimaw a nih. Ei thaw nuom nuom le ei inhoi ti zawnghai chu a hmatiem in hang thaw phot ei ta, chu hnunga ei la ngaituo ding annawm ei ti chun chu chu thil invetthlak takel, thina lampui ni ngei a tih. Sakhuona hih chi hni a lien deua thre theiin a uma:

1. Thil thra thaw a insandam tum/Pathien kuom tlung tum, chu dinga inchuktirna: a lawm zawng thaw ding, Pathien suklawm tum ding, insum ding, etc. ti pawl an uma.

2. Pathienin a thawsa a innghatna/ringna nei dinga inchuktirna: Pathien nau ei ni ta lei le, Pathien kuom tlung dinga tiemsa hieu ei ni ta leiin hieng anga mi buotseitu Pathien ditzawng chu thaw inchuk ei tiu, chawibiek ei

tiu etc.. ti pawl an um bawk.

A pakhatna khi ei hang en chun indik hmel vieu ni siin indik lo deu el, sawlum emem, khawvela sakhuo popo deuthawin Pathien hmu an tum dan, an zawng dan le a kuom tlung an tum dan a nih. Sawl a um em em anih. A san lien tak chu: A khuokhira, an zalen naw a, an thil thra thawa Pathien kuom tlung tum, an thil thra thawa sandamna chang tum an ni leiin a nih. An thaw thei lo ding tamtak thawa, thilthawa insandam an tum leiin an sawl a nih. Jerycan (jerigan) mawng inveng sabawn sena char ang tho anih. Tawite chu a zuk chatin a put nawk pei a nih. Hun iemani chen chen chu thilthra thawin, insum a trul le khawm an insum thei hlaka, chu chu an hlimpui hlaka, an thlamuong pui hlak. Amiruokchu, mihriem hratna le theina in a dei ta naw phaleh jerigan mawngput ang deu in a tui um sung chu a hung put nawk pei hlak ang khan, an la thi naw chun suola an hung tlu nawk hla-ka, chu pha chun an lungngai nawka, an thlamuongna a re nawk el hlak. An thilthawa an chatuon hmun ding suol-suok tum an ni leiin a sawlum em em a nih. Sakhuona thil an thawhai khawm lawmna tak tak um loa, thaw ding a ni leia thaw el ringawt chuh pei a um naw em em. Hieng ang hih piengthar hringnun nisien chu piengthar pei a um naw ding hrim a nih.

A pahnina khih Kristien indik tak haiin sakhuona ei fe pui dan a nih.

HREPUITU

A pakhatna ang khin a sawl um nawna san chu ei sandamna hih ei thilthawa innghat a ni naw lei a nih. Isu Krista'n a mi thaw pek sa vawng ei ring tawpel a ni lei hin a hadam em em ve thung a nih. Isu Krista'n a mi thawpek ei ti tak chu iem ani a? Ei biblein suol chu hrem ding a ni a ti a, a hremna ding chu thina a nih (Rom 6:23), suol hih kelchal le bawngchal thisena sawpfai ruol ani nawh a ti bawka (Hebrai 10:4) Thisen suok loin suol ngaidamna a um nawh (Heb.9) a ti bawk a nih. Chu umzie chu mihriem ei ni leiin thi ding reng ei lo ni a, ei thipui ding chu ei thilthawsuol el ni ta loin ei mihriem nina hih ei thipui ding chu a nih. Chukhela, ei aia thi ding ran a thei ta naw a, nang le kei thisen a suok a trul a nih tina a nih. Nisienlakhawm, Pathien naukhat neisun Lal Isu Krista chu ei suolhai aia thil inhlan ni ding mihriemin a hung pienga, nang le kei mihriem nina ei thipui thei der naw chu kalvari kross tieng chu panin a lo thipui tah anih. Krista thina chu a ringtu taphot hai ta ding an thinain Lalpa'n a pawm peka, Pathien lung a awi ta a nih. Ei thi ve trul ta loin ei aia thipa thina chu ei ring el an tah. Chu chu Krista'n a mi thawpek ei ti tak chu anih. Mani thilthaw le felnaa innghat loa Krista thilthawa innghat tuhai chu Pathien nauhai an ni a, chulei tak chun annawm ei ha a dama, ei thla a muong hlak hih.

Kristien inti ve si a pakhatna-

HREPUITU

hai ngaidan le pawmdan anga ringtu hringnun hih hmu tlat tu chun Pathien hnungzui chu sawlna le rinumna chauin a hmu ding hrim a nih. Nisienlakhawm, Pathien nauhai chu lungril thar Pathien thlarau thienghlim zara neihai ei ni ta leiin, chu Thlarau chun Pathien ditzawng thaw inhoina tina dam, thaw chakna dam, insum theina dam, tuorselna dam, a min neitira, hi thlarau zar hin annawm ei vanglai ni hai khawm inhoi takin chen ro a tina chuh. Hi Thlarau Thienghlim zara hin zalenna ei neia, thilthawtheina ei nei bawk anih. Hi zar peia hin a ei lungril nuom zawnghai khawm chu a thra le athra naw, Pathien ditzawng le a ditanaw zawng, thre hrang theina neiin a mi siem hlak anih.

A. Vanglaini hi chên a hlim ding a ni: Thralaihai, vang lai chênin, In lungril khom hlim raw se: Thralaihai a ti hih bible version dang danga ei en chun taksa kum tienga la upa lo, la naupanghai, a hrilna niin an lang taka. “Rejoice, O young man” (NRSV, ASV, NKJV,) “You Who are young” (NIV) tiin an hril tawl. Vanglai a ti chu mihriem ta ding chun thratlai hun, hratlai hun, kum tam (old age) leia taksa le lungrilin a suk buoi hma, hrisel hun, lungril hrat hun a tina a nih.

Vanglai hun mitinin ei lawm. Naupang eini lai chun ei nunghak ei tlangval hun ding ei nghakhla a, ei nu le pahai khawmin an mi nghakhla pui