



GETHSEMANI RÂWL

(Monthly Prayer Bulletin of Hmar Christian Fellowship Delhi)

Volume No. II | Issue No. 4 | Thlatun (April), 2024

'Ienga khawm lunginzing naw ro, iengkimah tawngtai le hniin, lawmthu hril sa peiin, in dithai chu Pathien kuomah inhriettirin um lem raw se' (Filippi 4:6)

Tawngtai pei naw ngâwi ngâwi le thabo châng ei nei thei. Ei tawngtaiin hril ding ei mawkawk châng a um hlak baw. Lungrilin tawngtai nuomna nei zing siin taksaa ei phursuok zo naw châng a um thei baw. Isu'n Gethsemani-a khan a thuoihruoihai kuomah hieng hin a lo tih, "Thlêmnaa in lût nawna dingin invêngin tawngtai ro. Thlarau chun a pei a, taksa ruok chu a hrât naw hlak a nih". Ei Bible-a baw hieng hin an ziek, "...tawngtai dân ding ei hriet naw lai khawmin Thlarau chun hril ruol loa inrûmin a mi tawngtai pêk lem hlak a nih" (Rom 8:26). Sâp thuhrlitu hmingthang Charles H. Spurgeon chun, "Tawngtai pei nawna rûk rieu neia ka'n hriet lai hun chu tawngtai rawn ka ngai hun lai tak a lo ni hlak" a tih. Pei-le-pe naw thu niloin, hun-le-hun lo hril loa tawngtai rawp ding ei nih.

Lawmthu

•Tawngtai, thilpêk le thaaw rawngbâwlna hun tha pêkin ei um; Lalpa'n ei rawngbâwlna malsâwmin, ringthar a mi pêk sap pei; Palm Sunday, Good Friday le Easter Sunday thataka hmang zo theiin ei um; Ei naupanghai tamtakin sikul admission thaw fel thei le sikul kai tan theiin an um

Damnawhai ta din

•Pi Rody Khawlum le Tv. Kamal (Parvah Tuition Centre-a in chûklai) haiin liver transplant hlawling taka an nei theina din.

Damnaw hai ta din

•Pi Siemtling Penatu, Nk. Elish Vanrammawi, Pi Lallawmsâng, Pi Rebecca Buhril le Pi Jenny hai cancer anthawk an damfel ngêina din
•Pu Thangsâng Varte, pângngaia a lawn theina ding le Pu Lalsiemlien Khawbung khawm a dam peina din
•Pu Lalremsûng Infimate, chuop tieng harsatna nei; Rev. Saithanglur Joute, thuok tieng harsatna nei; Pi Dardingpui Pakhuongte, a pum changtieng pang thunun thei lo (paralysed); Pu Doa, Delhi-a doctor pana inenkawl; Pi Ngainuom, phîng tieng harsatna nei le Nk. Lalmalsâwm, tha tienga harsatna nei.

01.04.2024 (Thawtanni)

•Shikohabad, UP-a rawngbawlna: I. UP-a outreach ei thawna hmun thenkhata (Bhadan, Manchana, Harganpur, Ekara, Nawada, Majila, Firozabad district city, Lilma) ringtuhai ta din II. Naupang lai rawngbawlna (Tuition, Sunday School) le inzawmin naupanghai in chûktir dân kawnga thiem tak le an lungril lâk zâwnga hotuhaiin an thaw theina din III. Music class (guitar, congo le a dang danghai)-a thalaihai Lalpa'n inhnika le thiem theina a pêkna dingin.

02.04.2024 (Thawleni)

•Bethany Convent School Admission tan mêt a nih a, naupang in chûklai tha tak tak Pathienin a pêk tējaun din
•Hari Vihar ah sùngkuo a ringtu iemani zât bêt an hung um theina din
•Ei Bible students Pu Lalngilnei Khawbung le Tv. Vijay ha'n April ni-8 khin 2nd Year Final Semester Exam. an tan ding-tluong taka exam. an nei theina din.

03.04.2024 (Nilaini)

•Ramsûng: India ram Inthlangpui (Lok Sabha Election) um ding le inzawmin-I. Zalên le thieng intho taka nei a ni theina din. II. Sum thilthawtheina le tharum hmangna a hlur nawna din III. Sawrkâr tha tak Lalpa'n a mi'n dinsuok pêt ngêina din. IV. India ram kristienhai po poin ngaituona fim tak puta, ei charvo (voting rights) thiem le tangkai taka ei hmang seng theina din.

04.04.2024 (Ningani)

•HCFD Ningani Zan Tawngtai Inkhawm (Online): I. Thuoitu-Pu Robert Penatu, Sharing: Pu Lalmingthang Songate
•Nk. Ruth Zothahnieng Sinate rawngbâwlna: I. Parvah Tuition Centre-a in chûklai naupanghai ta din II. Tv. Kamal, liver transplant thaw

hmbâk zinga um. Transplant tha taka thaw a ni theina ding le Pathien a'nthawk taksa le thlarau damna a chang ngêina din.

•Pi Rody Khawlum, liver transplant thaw dingin 19th April khin hospital ah admit ninga tih. A donor ding (Pu Lalngilnei Khawbung) khawm 22nd April khin admit ve ninga tih-transplant hlawling taka thaw a ni theina din

05.04.2024 (Zirtâwpni)

•India rama sakhuo zalênna le kristien sududana tuorhai ta din: United Christian Forum (UCF)-in March ni-21, 2024-a an târlang dânin tu kum March ni-15 chen khan India rama kristienhai chungatharum insuona wavi 70 lai zet a tlung taa, kristien 122 hai chu thawluina hmanga sakhuo inletha a inhnammawia tia indiklo taka thubuoi siemkhum le hrên/man-in an um. India ram state thenkhat a kristienhai chu kristien ser-le-sâng dungzuia mithi an vui/phûm ding khap pêt an nih a, vântlâng enhran/tuitlâr tuokin, vântlâng tuikhura tui an chawi phal pêt an nih naw bâk ah an in-hai suosam pêtin an um.

06.04.2024 (Inrinni)

•Shikohabad, UP Mission Field: I. Zirtâwpni bunghei tawngtai prawkram nei hlak chu Lalpa'n mal a sâwm peina din II. Rawngbâwltuhai- Evan. Pramod Kumar & family le Evan. Paozamuan hai Pathien keihruoina, vênghimna le sukhrâtna dawnga, thatho taka hma an lâk peina dingin III. Shikohabad-a ei biekin Lalpan a mi vênghim pêt zingna ding le a hming "Shanti Bhawan" pêt ani ang bawkin a sûnga lût taphawtin thlamuongna an dawng peina din.

07.04.2024 (Pathienni)

•Chawibiek Inkhawm (Year Theme Message)-Thuoitu: Pu Andrew Varte, Tantu: Pi Lalramnghâk, Thuhrlitu: Pastor El Darngawn, Pastoral Prayer: Pastor El Darngawn

•Thlarau le thutaka Pathien ei chawibiek seng theina ding (John 4:23-24) le ei taksahai khawm Pathien chawimawina dinga ei inhlân thar seng theina din (1 Korinth 6:19-20)

08.04.2024 (Thawtanni)

•Tuolsûng: I. Ei khawtlânga in chûklai abiktakin sikul admission thaw thar haiin thataka in chûkna an thaw/nei tan theina din II. Sin zawng mêt/Competitive Exam. pe ding haiin hlawlingna an hung chang pei theina din III. Sawrkâr le Pvt.-a sinthawhai ta din an sinthawna le inzawmin Pathien thuoina le vênghimna thar

09.04.2024 (Thawleni)

•Shikohabad, UP Mission Field: I. Kohranhai lai Bible tiem thei an hung pung peina ding le Bible tiem thei member thar mi 20 bêt tu kum sung Pathienin a pêt ngêina din II. Lilma-a Ms. Reshma rawngbâwlna Lalpa'n mal a sâwm peia, mi tam takin Chanchintha an hung dawng sap peina din.

10.04.2024 (Nilaini)

•Hmar hnam ta din: I. Hmarbiel & Vangaitlâng (Manipur)-Mizoram infepawna lampui tha a hung um vatna din II. In chûkna le fâk-le-dâwn thil ah hratilema hmasawna III. Inruithei ngawlvawina (drug addiction/abuse)-a intâng abiktakin thalai tamtak el hai chu inruithei anthawka an hung zalên theina din IV. Pâwl/Organisations dang dang hai in kârah inlaichinna le inthuruolna tha.

11.04.2024 (Ningani)

•HCFD Ningani Zan Tawngtai Inkhawm (Online): I. Thuoitu: Pastor Steven L. Infimate, Sharing: Tv. Lalmalsâwm Parate
•Vawisûna HCFD Nuhmei Pâwlin Family Outing Prawkram an huoihawt chu hlawling taka hmang a ni theina din.

12.04.2024 (Zirtáwpni)

•Rampuo: I. Ukraine-Russia indo le Israel-Hamas/Middle East buoina hai hih thataka chingfel vat an hung ni theina din II. Myanmar ramah mipui insawrkârna a ngîr nâwk theina din III. India thenum ramhai ta din remna le muongna le fak-le-dawn le khawsakna thilah hrattlema hmasawwna.

13.04.2024 (Inrinni)

•HCFD Nuhmei Dep't. ta din: I. 2nd Saturday Inkhawm Prawkram: Thuoitu-Pi Ngaihluipui Hrangchal, Tantu: Pi Josephine Lalremvêl, Sharing: Pastor Steven L. Infimate II. Thuoitu-hai ta din Pathien anthawka varna, remhrieta le rorêlthiemna tha (2 Kronik 1:7-12) III. Nuhai po po ta din (Thubarhai 31:10-31)

14.04.2024 (Pathienni)

•Chawibiek Inkhawm-Thuoitu: Pu Abraham Pangamte, Tantu: Pi Lalhmunsiem, Thuhritu: Pastor Lalditsak Inbuon, Pastoral Prayer: Pastor Lalditsak Inbuon

•Thlarau le thutaka Pathien ei chawibiek seng theina ding (John 4:23-24) le ei taksahai khawm Pathien chawimawina dinga ei inhlan thar seng theina din (1 Korinth 6:19-20)

15.04.2024 (Thawtanni)

•Ramsûng: I. India ram dânpu (Constitution)-a um mimal zalenna le chanvo hai hih palzûta an um pei nawna ding le indiktaka kengkaw/hmang an ni pei theina din II. Kam zalenna dân ang taka hmang/kengkaw a ni pei theina din III. Fâkrûkna/hlêrûkna hih a hluor zuol pei nawna din IV. Thuthar/Chanchn thedaru (print & electronic media) haiin India ram thuthar/chanchn ani ang anga (objective and unbiased reporting) an puong suok ngam pei theina din V. India rama Courts hai hih mimal zalenna/chanvo le mipui roinrêlna humhalna kawngah tângkai lema an hung um pei theina din

16.04.2024 (Thawleni)

•Ramsûng: I. India rama hin Chanchntha hrattlema an dar zau peina ding le misawnar-ihai ta din II. India rama kristien based-NGOs (IEM, EFI le dang dang) hai rawngbâwlna/hmalâkna bika din III. Kristien organizations thuoitu le church leaders hai po po ta din IV. Bible semdar sin hrattlema a fe theina ding le hi kawnga hmalatu bîk hai-Gideons International, Bibles for the World, Bibles Society of India le dang hai ta din.

17.04.2024 (Nilaini)

•HSA Jt. Hqtrs. Delhi: I. "Exploring the Dynamics of Hmar Socio-Cultural Aspects & Political Economy" ti thupuia hmanga vawisûna One Day Symposium nei ding hi buoina um loa, thatak le hlawtling taka hmang a ni theina din II. Inchûklai le sinzawng hai ta din Pathien anthawka varna le hriethiem theina tha (Thubarhai 9:10 & 16:3, Daniel 1:20-21) III. Inchûklai/sinzawng haiin tumruna nasa nâwk zuola an hung nei pei theina din

18.04.2024 (Ningani)

•HCFD Ningani Zan Tawngtai Inkhawm (Online): Thuoitu-Pi Chonghoikim Inbuon, Sharing-Pi Alice Tingthiem •North East-a helna

(Insurgency Movements) thataka chingfel a hung ni theina din: 1950s laia inthanin tuchen a râlthum cheleka, sawrkâr laka helna North East States thenkhat hai ah a la um zing el hih a san tamtak laia pakhat chu sawrkârpa'n a ôksak tâwkna/sawrkâr pawlisi infûk tâwk naw lei a nih ti inla inkhêl bêk bêk ring a um nawh. Hmasawwna kawng tam tak ah North East hih a hnufuol pha hle. Sawrkâr thlung-puiin North East states hai hmakhuo ngaina lientak neia, helna hai chingfel dân ding lampui tha nguntlûk taka a dap theina din.

19.04.2024 (Zirtáwpni)

•HCFD Executive Committee ta din.
•India rama mi neinung le pasie inkâr inhlat hrât (income/wealth inequality)-World Inequality Report 2022-in a târlang dânin rethei le hause kâr a hlat zuol bîkna rambung hai lai India khawm a tâng ve. India ram hausakna 57% chu a ram mi hause 10% ha'n an pumbil. Ram hausakna 22% chu mi hause filawr 1% hai kutah a um. India ramin fâk le dân zawngna le khawsakna thil ah hma a sawn lai zingin ram hmasawwna mi hause le mi retheiha'n an hamthatpui dan ah baksam le duthusâm a tling tâwk nawna tamtak a uma, India ram hih "Billionaire Raj" (Mi hause tawntaw, hausakna tlûkledingân têt neihai rorêlna/sawrkârna) tia ko khawm a hlaw hiel. World Inequality Lab ha'n an suina (study) le inzawma an thil hmu, Time Magazine in 27.03.2024-a a târlang dân lem chun Sâp (British) ha'n India ram an awp hun lai khan mi neinung-pasie inkâr a zie lo um lem hman hman. Mi hnuihnung le pasie bîk hai hamthatna/dawmkângna dinga sawrkârpa hmalâkna hai hrattlema a fe theina din.

20.04.2024 (Inrinni)

•Vawisûna HCFD Munirka Vêngbukin "Inpumkhatna"ti thupuia One Day Sports an nei ding chu hlawtling taka hmang a ni theina din.
•Khawvêl a dân le fâk tlâksamna suzângkhai a hung ni theina din: Rambung 43-hai ah dân le fâk tlâksamna a nasa zuol bîk (www.globalhungerindex.org). World Food Programme-in an târlang dânin mihriem maktaduoi 783 zet chun dân le fâk thilah harsatna nasatak an tuok. Indona, sik le sa inlumlet le inzawma khuorêl sietna dang dang le hnuithatna (fertilizers) man to hrât leiin dân le fâk thila harsatna suzângkhaina dinga hmalâkna hai a hrâtnaw pha sawt.

21.04.2024 (Pathienni)

•Chawibiek Inkhawm-Thuoitu: Dr. Stephen, Tantu: Pi Lalnunzo Huolngo, Thuhritu: Upa Samuel Songate, Pastoral Prayer: Pastor Lalsiesang Zote
•Thlarau le thutaka Pathien ei chawibiek seng theina ding (John 4:23-24) le ei taksahai khawm Pathien chawimawina dinga ei inhlan thar seng theina din (1 Korinth 6:19-20)

22.04.2024 (Thawtanni)

•Suolthuphachawina (1 John 1:9-10) le Pathien kuoma inhlantharna (Rom 12:1-2)
•Chanchntha hril rawngbâwlna sin ah hrât lema kal ei pên theina ding le ringthar tam tak

pêk belsaa ei um pei theina din

23.04.2024 (Thawleni)

•Rampuo: I. Israel-Iran inngirngihona zuol kai pei chu a re vat theina din II. April ni-3 khan Taiwan ram lirinnging hrât takin a nawt-siet tuok hai ta din III. Nicaragua rama catholic kristienhaiin an sawrkâr thuneituhai lakah sukdudana an tuok nasa IV. March ni-22 a ISIS-K terrorist haiin Moscow khawpuia Crocus City Hall an hluokhum tuma mi za chuong thi hai an sùng le kuohai ta din.

24.04.2024 (Nilaini)

•Manipur buoina: I. Chingfel a hung ni vat theina din II. Remna le muongna a hung um theina din III. India ram thuneituhai lungrilah Lalpa'n sin a thawa, roinrêlna hran thatak siempêka ei um theina din IV. Hi buoina lei hin Manipura kristienhai lai hartharna a tlung ngêina din

25.04.2024 (Ningani)

•HCFD Ningani Zan Tawngtai Inkhawm (Online): Thuoitu: Pastor Lalditsak Inbuon, Sharing: Pi Mercy Riangsete

•All India HCFs-hai: I. An pastor le misawnar-ihai ta din II. Rawngbâwlna tieng an inthanglien peina din

26.04.2024 (Zirtáwpni)

•HCFD Naupang Dep't. ta din.
•HCFD membershai lai thlarauah siemtharna/hartharna rûnpui a tlungna ding (Sam 85:6) le ei thalai hai lai Pathien thutaka dangchârna a pung nâwk zuol theina din (Sam 42:1-2, 63:1 & Isai 55:1-2)

27.04.2024 (Inrinni)

•International Christian Concern-in an târlang dânin Pakistan sawrkâr hnuoia hmunnhaw sukfai sin thawtu (sanitary workers) kristien iemani zat hai chu san mumal tak um loin an sin a'nthawk bân thut an nih. Hlaw khawm pêk mumal an ni naw leiin bank-a a pung insâng tak um a pawisa lâk ngaiin an um pha. Pakistan-a hin kristienhai ta din inhlawna thatak zuk hmu el a awlâi pêk naw leiin sùngkuo tamtak chu khawsakna harsa takin an um.

28.04.2024 (Pathienni)

•SS Lesson 4 (Daniel 4:1-37)-Thuoitu: Pastor Steven L. Infimate, Tantu: Pi Emelin Lalringzuol, Pastoral Prayer: Pastor Steven L. Infimate

•Worship le Media Team member hai ta din.

29.04.2024 (Thawtanni)

•HCFD MVHI Centre-a Hindi Service: I. Pastor Lalsiesang Zote le Evan. Vanlaltlan Amaw hai ta din II. Rawngbâwlna hih hlâwk taka a fe zawm pei theina din

•HCFD Vêngbuk Inkhawm thuoituhai ta din.

30.04.2024 (Thawleni)

•HCFD-in IEM a ei misawnari chawm Rev. Suraj Majhi le Mrs. Bunti hai sùngkuo (Bathing-da Mission Field of IEM, Punjab a rawngbâwl) ta din taksa le thlaraua Pathien thuoina le vênghimna. An nauhai Mr. Samarth le Mr. Samarpin haiin an lekha inchûkna thataka an thaw theina din.

Please visit HCFD official website:

<https://hcfid.in/>