

Ex-Officio:

- | | |
|----------------------------------|--------------------------------|
| 1. Pi Rakily Lalrotluong Pulamte | 2. Pi Rebecca Vaninmawi Buhril |
| 3. Pi Sarah Chonghoikim Inbuon | 4. Pi Grace Khawbung |
| 5. Pi Ruth Remthangmawi | 6. Pi Daisy Lalneiring |

Sin/Mawphurna insem dan:

- | | |
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| 1. Pi Chonghoikim Inbuon | : Chairperson |
| 2. Dr. Janet Stephens | : Vice Chairperson |
| 3. Pi Grace Khawbung | : Secretary |
| 4. Pi Vida Lalzarzo | : Asst. Secretary |
| 5. Pi Ruth Remthangmawi | : Finance (Mission) |
| 6. Pi Hmingthangmawi Khawbung | : Finance (General) |
| 7. Pi Lalhmingmawi Chhangte | : Member |
| 8. Pi Ngaihlopui Hrangchal | : Member |
| 8. Pi Rakily Lalrotluong Pulamte | : Member |
| 9. Pi Rebecca Vaninmawi Buhril | : Member |
| 10. Pi Daisy Lalneiring | : Member |

C. Thalai Pawl committee thlang tlinghai:

- | | |
|-------------------------------|-----------------------------|
| 1. Pu Robert Penatu | 2. Tv. Fimruolsung Infimate |
| 3. Tv. Luke Hranngul | 4. Nk. Florence Songate |
| 5. Tv. Ezekiel Keivawm | 6. Nk. Joyce Zote |
| 7. Nk. Ruth Lalneizawn Buhril | 8. Nk. Cindy Hrangchal |

Sin/Mawphurna insem dan:

- | | |
|-----------------------------|-------------------------|
| 1. Pu. Robert Penatu | : Chairman |
| 2. Nk. Florence Songate | : Vice Chairperson |
| 3. Tv. Fimruolsung Infimate | : Secretary |
| 4. Tv. Ezekiel Keivawm | : Asst, Secretary |
| 5. Tv. Luke Hranngul | : Secretary Music |
| 6. Nk. Ruth Lalneizawn | : Asst, Secretary Music |
| 7. Nk. Joyce Zote | : Finance (Mission) |
| 8. Nk. Cindy Hrangchal | : Finance (General) |

Pastor Lalditsak Inbuon
Presiding Officer

Pastor Lalsiesang Zote
Secretary

HCFD Election 2023



An Organ of the Hmar Christian Fellowship Delhi

HREPUITU

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*Pathienin khawvel a hmangai em leiin a
Naupa khat nei sun chu a pêk a, ama ring
taphot chu bohman loa chatuon hringna
an nei lemna dingin.....*

Please visit HCFD official website:
<https://hcfcd.in/>

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Hrepuitu a article insuo hai,
ngaidân suklanga um (hai) hi
HCF Delhi ngaidan a(n) ni
chuong kher nawh. Ziektu tin
mawphurna a ni lem. Pathien thu
le article insuo nuomhai chun
iengtiklai khawma editorhai email
ah thu ziek hai chu pek thei zing
a nih.

- Managing Editor

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HMAR CHRISTIAN FELLOWSHIP DELHI KUM 2023-2024 SUNGA THUOITU DING THLANGHAI LE SIN INSEM DAN

Tarik ni 26, March 2023 Pathien ni chawibiek inkhomnaa, Kum 2023 13 2024 sunga Hmar Christian Fellowship Delhi thruoitu ding; Executive committee, Nuhmei pawl committee le Thalai Pawl Committee ding thlang a na, chawibiek inkhawm zoin HCFD Centre Munirka a mawphurna (sin) insem a ni nghal.

Hi taka thlang a umhai le an sin (mawphurna) hai chu a hnuoia hi a nih.
A. Executive committee dinga thlanga umhai:

- | | |
|------------------------------|---------------------------|
| 1. Pu Darsuothang Khawbung | 2. Pu Herbert Lalsanglur |
| 3. Pu Vanlalhang Inbuon | 4. Dr Robert Varte |
| 5. Pu Immanuel Khawbung | 6. Pu Rohminglien Songate |
| 7. Pu Thanglalmuon Hrangchal | |

Ex-Officio:

- | | |
|----------------------------|--|
| 1. Pastor Lalditsak Inbuon | 2. Pastor Steven Lalzarzolien Infimate |
| 3. Pastor Lalsiesang Zote | |

Sin/Mawphurna insem dan:

- | | |
|--------------------------------|-------------------|
| 1. Upa Dr. Lalsiemlien Pulamte | : Chairman |
| 2. Pu Darsuothang Khawbung | : Vice Chairman |
| 3. Dr. L Robert Varte | : Secretary |
| 4. Pu Rohminglien Songate | : Asst. Secretary |
| 5. Pu Immanuel Khawbung | : Finance Mission |
| 6. Pu Thanglalmuon Hrangchal | : Finance General |
| 7. Pu Herbert Lalsanglur | : Member |
| 8. Pu Vanlalhang Inbuon | : Member |

B. Nuhmei Pawl committee thlang thlinghai:

- | | |
|---------------------------------|-----------------------------|
| 1. Dr. Janet Stephens | 2. Pi Rohlun Hrangchal |
| 3. Pi Vida Lalzarzo | 4. Pi Ngaihlapui Hrangchal |
| 5. Pi Hmingthangmawi Khawbung & | 6. Pi Lalhmingmawi Chhangte |

Naupang Sunday school

Sunday zat hin naupanghai khawmin Sunday school regular takin an kai hlak a, an ni hriet thiem thei zawngin Bible-a story hai hril an ni hlak. Bilbe chang an by-hearthai sunday zatin an hril hlak. Tu kum 2023 hin mi pali puitlinga sawn lut an nih. A hnuoia hai khu Naupang Sunday School hotuhai an nih:

1. Pi Remthangmawi - Superintendent
2. Pi Esther Laltlansuok
3. Pi Parminder
4. Tv Thangliensang
5. Nk Neetu
6. Nk Rebeka
7. Nk Amisha

Nuhmei pawl

Nuhmei pawlhai Thawlenni zan tieng zatin inkhawmna an nei hlak a, Baibul study le tawngtairuolna hai neiin, testimony sharing dam an nei hlak. Kohran sunga damnawhai ta ding bik t awngtaina hun dam an nei hlak. Nuhmei pawl inkhawm hi Pi Grace Khawbungin a keihruoi deu tak hlak.

Thalai Pawl

Thalai pawlhai khawm inrinni zatin thrailai inkhawm an nei hlak a, Sunday chawibiek inkhawma worship an thuoi ding thu le hlaa inbuotsai lawkna hun damin an hmang hlak. Thalaihai hin, Sunday worship service zatin worship thu le hla'n an thuoi hlak.

Editorial

KROSS A ISU TAWNGBAU PASARI HAI (Seven Words of Jesus on the Cross)



Kross a Isu tawngbau pasari hai zuk suk lang vak ei tih.

1. Pa anni hi ngaidam rawh, an thilthaw hi an hriet naw a nih.

Khawvela a hung nasan a va suk chieng ngei de. Khawvel suolna po po ngaidam dinga hung ani a. A thi tawm chenin a hmelma hai ta ding khawmin ngaidamna a la zuk ngên pek mawl mawl el a nih.

2. Titakzetin ka hril che, vawisun hin ka kuomah Paradisah um vêng i tih.

A hung nasan a va suk chieng zuol ngei de maw! Suol sim a, insir ngawi ngawi haiin ngaidamna le sandamna an chang theina dinga hung ani a. A thi tawm chenin khawmin suol sim a, insir hai chu ngaidam in, a sandam ta pei a nih.

3. Nuhmei en ta, i naupa kha....En ta, i nu kha.

Ama hmangaituhai tadingin a ringum zie a suk lang chieng hle. Ama hmangaitu hai chu ieng hunah khom a ngaisak lop lop hlak a nih. A thi tawm chenin ama lainatu le hmangaitu tak tak hai chu a la zuk hriet fuk lop lop el a nih.

4. Eloi, Eloi, lama sabakthani? (Ka Pathien, ka Pathien, ieng dinga i mi mâksan am?)

Za-ah za Pathien a nina a va suk lang chieng em em ngei de! Khawvel a hung san suk puitlingna ding chun za-ah za Pathien a nina'n a maksan a tul tlatel si a. A Pathien nina'n a maksan phawt naw chun mihriem hai sukhlum ruol/ thei ani awm si naw a, a hung san a famkim thei naw el ding ani si a.

5. Ka dang a châr.

Za-ah za mihirem a nina a va suk chieng zuol ngei de. Eini ang bawka

phingtâm le dangchar thei a nih a suk chieng hle. Taksa hliemna nasa taka tuor ani leia dangchâr ni ngei a tih.

6. *A kin tah.*

Khawvel suol popo phur dinga hung ani a. Nang le kei san-dama ei um theina dinga tlanna sin a thaw ding po po chu a thaw zo der an ta leiin ‘a kin tah’ (it is finished) a ti a nih.

7. *Pa, I kutah ka thlarau kân kawl tir.*

Ama nuom thu ngeiin a thlarau Pathien kuomah an kawl tir a nih. A va ropui em em de! A thlarau Pathien kuomah inkawltir naw sien chu, a thina ringawt khan nang le kei a tadingin umzie a nei naw ding ani si a.

Tiemtuhai Pathien malsawmnna tam tak in vur raw se cheu.

- Managing Editor

THLANAH A UM TA NAWH, A THONAWK TAH! (*sunzawmnna*)

hril baw. Hringna thara a thonawkna zarin chatuona hringna ei chang el chau nilovin, Pathien nauhaiah inbuk in ei um tah a, a chatuon ro hluopuitu ding hai ei lo ni tah a nih. A thonawkna hin ringtuhai tadingin beiseina thar mi petu a lo n itak meu el. A va ropui em em ngei de!

Tiemtuhai popo, HAVE A BLESSED EASTER SUNDAY!

zauin a um pei a, Delhi le a se vel hmun hrang hranga Chanchin Tha hril a ni zing a, tu khawm hin mi 40 vel contact mek zing an nih. Delhia hieng Shiv Vihar, Hari Vihar le Kishangarha hai hin Pathienin ringthar a mi pekhai chu regular taka inkhawmnna neipui zing an nih. Chun, Rangpuri Pahari le Vasant Kunj haia khawm Lalpa’n ringthar iem a ni zat a mi pek a, regular taka inkhawmnna neipui dan lampui dapin hma lak mek a nih. Chun, a hnuoia tar langa um hmun le a se velhai laia Lalpa’n ringthar a mi pek hai chun thahnem ngai takin an kawl le kienga ringnawtuhai invawina neiin an ko khawm hlak a, a hun le hmun remchang ang peiin inkhawmnna an neipui hlak baw:

1. Maia Garden
2. Najafgarh
3. Chandar Vihar
4. Nangloi
5. Nilothri
6. JJ Colony
7. Vikas Nagar
8. Mohan Garden
9. Chanchal Park,
10. Badalli
11. Ranhola
12. Deep Enclave

Chun, zoom hmangin online-in tuk tin zing dar 6:15 A.M-in zing tawngtâina nei a ni hlak a. Nilaini zan dar 7:00 P.M-hin ei Pastor Lalsiesang Zote thuoia hnuoia Lalpa’n ringthar a mi pek hai ta ding puol bikin Baibul study nei a ni hlak. Zirtawpni zat hin bunghei tawngtâi nei hlak a ni a, zing dar 9:30 A.M hin staff hai po kan tawngtâi khawm a, bible study khawm kan nei hlak. Chun, chawhnung dar 2:00 P.M hin kohran mipui kan rengin tawngtâina kan nei hlak baw.

MISSION RIPAWT

By Evan Vanlaltlan Amaw



A hmasa takin thima inthawka vara mi ðhuoilûttu, ei Lalpa Isu Krista'n ropuina po po chang sien la; Hmar Christian fellowship Delhi (HCFD) fe thlenga a rawng bawl thei dinga a lunginsietna mi'n dawngtirtu le hriselna mi petu ei Pa Pathien kuoma ka lawmthu ka hril. HCFD-in Gospel Chanchin Tha la hre ngai lo ringnawtuhai laia rawng ei bawlna Mission tieng pang khawm Lalpa'n hmu theiin mal a mi sawm zui zing a, vawisun chena rawngbawlna sunzawm pei thei dinga a mi la ðhuoi pei el lei hin ei Pa Pathien kuoma lawmthu um baw raw se!

Ringnawtuhai kuoma tlawm taka chanchin tha ei tlangins-ampui chu Lalpa'n nasa takin mal a sawm a, ringthar pek belsain ei um zing a. Shiv Vihara ei inkhawmna biekin khawm a mi keng ta naw leiin Pathienni zatin tum hnia inkhawm a ni zie hlak a. Amiruokchu, Pathien thatna zar chauh-in ni kum 2022 khan Shiv Vihara ei inkhawmna chung khan hall a chung rangva'n ei bawl a, tu hin chu tum khatin inkhawm nawk thei a ni tah. Inkhawm zat hin ringtharhaia inthawkin testimony tha tak tak, an sungkuoa inthawk le ringnawtuhai laka harsatna an tuoka inthawka annia Pathien hung inpuongna hai dam ngaithlak a ni hlak a, a ngai a'n hawiin thlarau nun a mi chawm thei em em hlak.

Tarik 12th March, 2023 khan ei Pastorhai Pu Lalditsak le Pu Lalsiesang Zote hai fe thlengin Shiv Vihar Church-a hin Baptismal service nei a ni a. Hi tum hin Pathienin ringthar a mi pek pasal Pathum le nuhmei pariet, an reengin mi sawmpakhatin Baptistma a'n chang a nih. Lalpa ropui raw se!

HCFD-in tlawm taka Pathien rawng ei bawlna ei puonin chu

HNUOI A LE VAN THAR LE HNUOI THAR LENG

- L Robert Varte



Vairamah ei um a, Thawtanni a'nthawkin sin thaw in chawlkâr tawp hi ei nghak hlak hlak a. Taksa hadamna le insawizawina dingin tiin. Zirtawpni le Inrinni zan hi khawvel le ringnawtu hai chun weekend inhawi taka hman an uor hlak a. Eini ringtu hai khawm ei lungril a lak nuom a nih. Anachu, khawvel mi ei ni nawh a, khawvel mi thaw dan dan hai thaw ve thei ei ni nawh.

Nun thawveng tak le nuom nuom fa a, nuom nuom hawp a, nuom nuom dawn a khawsakna a paw naw ei tih khawm ani thei, a pawinaw khawm lo ni sien, Krista ringtu hai chu ringnawtu hai ang el a weekend hman rak a inhawitaka mi dang pawisa thak lo ah hung hman ding ei ni nawh.

Ei hun hai hi a tam lem Pathien tieng ngaituona pe a lungril a tawngtai a a thu hai tiem zing hlak ding ei nih. Chu chu ei inthlada vai a nih chun ei inring nawkâr ngaituona suol khawvel a ei lo leng in ei pil vang vang thei a nih.

Tulai chu nitin vawikhat bek Bible ka tiem nuom a. Bible ka tiem tlawm chun hi khawvel thil le lungkhamna le ngaituona in ei inring hma in beidawngna khur a ei lo lut thei hlak leiin, sum le

pai nei ther thur naw inla khawm, nitin Lalpa leh ami vengna hai ngaituo in Ama tieng bel tlat hi lungril damna le thlarau hadamna indik tak chu a nih. Chu tak a chau chun hlimna tak tak a um si a.

Khawvel a ei taksa a um ei ni leiin khawvel mi chu ei nih anachu khawvel mi ei ni lai zingin Isu Krista a hringa intawmpui ei ni tah leiin le Thlarau Thienghlim zara Pa Abba ei ti theina zar chauin. Ama lehei lenghmun khat thei hlak a nih.

Khawvel hi chatuon dai naw'ng a ta (Bible besan in), ei taksa khwam la hmawm a tih. Nisienlakhawm ei nina, chatuon khuo le tui ei nina tak, Thlarau a ei hringna, Krista leh inzawmna ruok chu chatuon chatuon a vanram ah Pathien leh lenghmun khat dinga siem ei nih.

Hi vanmi nina hi, Bible thenkhat a lem chun ‘alien’ or ‘foreign’ ti khawmin a hmang ngei!

Zuk ngaituo tak a chun ‘alien’ ei nih el naw? Ringu hai hih, Vanmi, van citizenship nina neitu ei nih.

Khawvel a hin mihriem hratna po po hmang inla khawm tukhawm thina pumpêl thei ei la um nawh. Um khom ei um naw reng. Chu tieng a ngaituo chun, Krista a hringa inṭawmpuitu hai chu hi khawvel a mikhuol (alien, foreigner) chu ei nih.

Ei inzinna hmun inhawi sien khawm a chām sawng ding tu khawm ei um nawh.

Anleh khuol ei inzin lai hin iem thawng ei ta ei tih chun, ei taksa a hin hi khawvel a ei um sung hin mani veng hai hman-gai ding ti hi Isu Krista thu-pek ropui tak ani reng a nih.

Ei umna sengah ei unau le ei mihriem pui hai hi Krista hman-gaina a hmangai thei inla chu Krista thil tum tak khawm a nih.

Chu chu ei rawngbawl na awm hrim a nih.

John. 13. A new commandment I give unto you, That ye love one another; as I have loved

you, that ye also love one another.

Mihriem hi chin nei ei ni lei-in, Pathien anga ngaituo hang tum dam hi thil invetthlak a nih. Ka ti hla ka naupa khawm ka hrlina a ni rawp. Chu leiin Pathien hi mihriem ang mei mei a nih nawh a, thil a thawsuol ve ngai nawh (commit a mistake). Iengkim a plan ah a fûk vawng a nih. Chu ringhla tu chu Pathien a ringhla a ni thei.

Naupang anga simple deuva ring tawp hi a lo ni hla Lalpa ring-na hi.

Ei mihriemna a ei ngaituo pha, an tak hla a nih. Kei ngei khawm ka tlin zo nawh. Lalpa in ei umna sengah Krista hmangaina suklagna rawngbawltu ei nina thaw zawmpei dingin mal mi sawm seng raw seh.

Tirko Paula in a ti angin, hmu ta zing inti kan naw a, famkim ta zing inti khawm ka ni bawk nawh, “Krista mi man-na san chu ka man thei duoiiin” tin a hnawtin ka hnawt lem a nih Filipi 3:12.

Filipi 3:21 na hi mawl taka ka lo hmu dan chun nak-ie ei taksa hi thina khelah tak-sa ropui thar ei nei ding a nih, chu chu Vanram um thei taksa.

na tânga khawm ngîr thei ta lovin ei siem a, hlimna nêkin lungngâina ei inthlangtir ta lem a, hâusakna nêkin retheina, hrâtna nêkin châu-na, damna nêkin thîna a thlang a lo tûl ta a nih. Hmangaina hi chu a ma-kin a ropui a, a lo râpthlâk ngei el.

Phuba chu hrl lo; Isu khan a thiemna thu lungsietthlâk ta-kin hei inzâwt sien la chu, Ama lungsietin, khawvêl mitth-li po po chu ko suok a t'a, tuipui lien tak angin luong thei hiel a tih. Khawvêl hlimhlawp bâwnahai chu sukboin um a t'a, khawvêlin insukhlimna nia a lo hmang hla ni pawimawhai po po khawm chu lu sîn nia thlâk vawng hung ngai ta hiel a t'a, Ama thattuhai mea inthawkhawmin lungsietna mit-thli chu ruopui angin sîr ve ngei a tih. A nîna dik tak khawvêl hri-etin pho lang sien la chu, khawvêl sîn khawp, zân tam îmu intuo lona khawp le ni tam bu nghei ṭhak-na tham tling ngei bawk a tih.

Isu thî nî meu hin chu, a sînpuitu dingin ruotui khawm in-sûmkârna nei lovin mitthli anga sîrin luong nguoi nguoi sien la, vân khawm Isu thîna hi sînin ṭap ri angin inrûm dur dur sien la; thla le ârasi hai khawmin var

insuo ngam lovin sîm pik tak kârah inrel hmangin khawvêl in-thim sien, ṭingṭanghaiin lu sîn hla rem sien la, theihlêhaiin lung-ngâina thû inzâwt sien la, ri mâwi po po chu lungsiet hlâin inchang vawng sien la, khawvêlin a thî nî hi nasa takin sînpuiin ṭa mawl raw seh. ṭappui tham le sînpui tham a tlingin a phû tak meu si a.

Ei Lalpa Isu thî dân kha a râpthlâkin a lungsietthlâk êm a, a thlâwna intuortir el ding chun phal a um lul naw a; a dit zâwna hring hi a natnahai thâwi dâmna a ni a; mâni dit zâwnng chawa um ruok chu a natnahai inhliem belsana le a nawna Kraws-a hem dêna hiel a ni ve thung. Mâni ta dinga hring ta loa Ama ta ding chawa hring hi Isu hliemna pân ser thâwi dam dân le, thlâwn loa hlâwk taka a thîna kha ei inchangtir dân lampui um sun a nih.

Lalpa'n a thu ei suklanghai chu thar takin mal mi sâwmpêk raw seh.

na le sukrimsikna tinrêng tuorin thi chenin Kraws-ah a lo tuor a ni kha.

Juda-haiin khêla suol tinrêngah an hêk lâi khawmin, a thiemna thû bâu khat khawm a sâk suok ve nawh. Lal thisena inthuum, sipai râlhrât le huaisen, râl hmaa zâm se ngai lo Pa kha, nang le kei a leiin tuoldâwi inchoin, che lo châng lovin a hmêlmahai kutah mi dâwizep tak angin a tlâwm ta ruoi ruoi el a ni kha. Vân Lal Nâu meu a hei tlâwm ruoi ruoi el chu lung a va zuk se êm êm ngei de aw! Gethsemani huonah thahnem ngai takin beidawng êm êm in a tawngtâi a; a tawngtâina kha dawn a hei phu êm êm vei tliet leh, nang le kei a leiin a ngênna kha hnâwlin a um a, iengkim hretu Pa Pathien chun A naupa nei sun tawngtâina râwl kha hriet naw der thawin, a na a suksêtpêk a, mi suolhai kutah inro ngâwi ngâwiin mitthli pumin a pêk daw k ta a nih. tawngtâina po poa dawn phu tak chu hnâwl fithlain a lo um ta dêr el a nih. A makin a na êm êm a, sienkhawm nang le kei a damna ding a lo ni mieu si a.

Vân ko thla thei khawpa tawngbâu thiem chu Mosie nêka dang in-âwk lemah ei inchan a, a thiemna thû hril thei lovin tawng thei loah ei

siem a, a lei chu a dangah ei inkawp-tir tlat a; sipai râlhrât le huaisen, râl hmaa zâm ngai lo, sipai hotu kha che châng ngam lo ang hrima mi dawizepah ei insuo a, hnâwm-tin phurtuah ei inchantir ta a nih.

A thi ding tâwmin Kraws lêra inthawkin thla sie êm êm in a Pa Pathien a ko khêk ruoi ruoi a, sienkhawm dawnna hrim a hmu nawh. A Pa Pathien chun en ngam lovin naw tieng a nghatsan ta a nih. Vân Lal Nâu meu chu santu ngâiin thlaphângin a'n rûm vawng vawng a, a lâinatthlâkin a va'n rieng chungchuong ngei!

Mitthli siemtu Pathien meu khawm hî nî zet hin chu a mitthli a dang zo bîk naw a, hringna siemtu ngei el chun nasa takin a Nâupa lu a sôn ta tlawk tlawk el a nih. Khawvêl hnea thi ni sien khawm, a thi nî meu hin chu Vân mipuihai khawmin hnêna hla mâwi rem zâi rêl thei bîk dingin ka ring thei lul nawh. Vân Lal Nâu, Berâmte anga suolna nei lovin mi suol kut râpthlâk tak tuora fam a chang dân rêng kha a lung runthlâk êm el.

Nang le keiin khawvêl kalphung ei her danglam dâwr a; iengkim thaw thei Pathien Nâupa ngei el khawm chu mâni dit thlang-

Chu chu symbolic le philosophical khawm ani ka ring nawh. Krista ang a thina khelah thonaw-kna taksa tak tak, *tangible*, them thei, phingtam thei (Krista a tho nawk khan a thuoihruoi hai khan an them theia ngatawl khawm a fak ani kha).

Ka zuk tina san tak chu ei thlarau Krista a thup ani tah si chun, ei physical taksa hi khawvel a la leng sien khawm, ei thlarau hi tawpchin neilo ani leiin, ringna leiin, vanram ah khawm ei thlarau hi

a 'um' thei hlak a nih.

Krista ringtu indik tak chu mi pahnih ei nih. Taksa mi le thlarau mi nina. Hi Khawvel mi ei ni taluo. Vanram mi khawm ei ni nawk zuol tieng pang lem in zuk ngaituo inla.

Ei chatuon hmun ding tieng chun lungril pe thei dingin Lalpa in ei umna sengah mi umpui raw sien chungtieng lungril inngat tlat hlak ei tiu.

Khawvel hi a chakna pumin a la bohman ding ani sih a.

CHANCHIN TAWI

#April 6, 2023 (Ningani) zan dar 11 a inthawka tanin Dept. of Music & Youth Affairs, Hmar Christian Fellowship Delhi in tawngtâi khawvar hun hmang a nih. Fellowship Centre, Munirka-ah thalai thahnem tak fekhawmin zan khawvara tawngtâia hun hmang a nih. Session paruk a the ni'n kohranhai, khawtlang, hnam, rambung le thuoitu hai bâkah hmun tina rawngbawltu hai ta dinga tawngtâi a nih. Pathien inpakna hla khawm tawngtâi kârlakah hlim taka sak peiin tawngtâi khawvar programme hi April 7, 2023 zing dar 6 a suktawp a nih.

#Tulai hin kum 2023-25 sunga vengbuk hrang hranga thuoitu ding hai thlangna nei mêk a nih. Vengbuk thuoitu inthlang hi Pastor hai le Executive Committee, HCFD member haiin chan insemn vengbuk tinah an huoihawt a nih. Vengbuk thuoitu inthlang hi April 15, 2023 chenah zo fel hman dinga riruong a nih.

#HCFD pastor hai: Pastor Lalsiesang Zote le Pastor Lalditsak hai chuh Kolkata Hmar Fellowship le Mumbai Hmar Fellowship hai laia rawngbawlin an châm mêk a. Good Friday le Easter Sunday hun haiah rawngbawlna nei dinga inthawk suok an nih.

**THLANAH A UM TA NAWH,
A THONAWK TAH!**
~Herbert Lalsanglur



....Mari Magdalin le Mari dang chu thlan en dingin an fe aLalpa vantirko vana inthawkin a hung tum avantirko chun, nuhmeihai chu a biek aIsu an hemde kha in zawng ti ka hriet. Hi taka hin a um ta nawh; a hril ang ngeiin a thonawk ta a nih.

(Matthai 28:1-6)

A chung a ei Bible changthlang anthawkin ei zuksuklang nuomhai chu – Thlan en dingin an fe a; Hi taka hin a um ta nawh; le A thonawk tah tihai hi a nih.

THLAN EN DINGIN AN FE A

Mari Magdalin le Mari hai khan Isu Krista kha an la ngai em em leiin, a thlan en dingin an fe an nih. Mihriem inngnaina hi a nasa em leiin thina'n a mi the hnung khawmin an thlan bek ei la ngaina em em hlak. Thlan hi ei hlawkpui le tangkaipui ding a um chu ring a kher nawh. Thlan chu mithiruong zalna mei mei chau ani si a. Hlimna, lawmna, hadamna le muongna mi petheitu chu ani ring a um bawk nawh. Isu Krista'n ei mihriemhlui (suolna) popo thlanah a mi phum hmangpek vawng ta a. Amiruokchu, ei mihriemhlui thuomhnaw, ienga tangkaina nei ta lo kha ei la ngaina bek bek el hlak si. A phum-

na thlan ku kha ei la zuk bel tawk tawk nawk el hlak. Ei mihriemhlui thuomhnaw thlakhla a eiin lap rak rak hlak lei ku hin harsatna le beidawngna chi tum tum ei tuok rawp hlak a nih. Ei bel ding le thlakhla ding tak Isu Krista, hringna thara tho nawk ngei kha, uksak mang si lovin ei mihriemhlui thuomhnaw phum hmangna thlan ngawt buoipuiin hringnun ei hmang zing zing hlak a. Chuleiin, harsatna, beidawngna, mangangna le sietna ei tuok rawp hlak a nih. Ei bel ding le ei inghatna ding tak Isu Krista tieng en zinga kal ei pen chun, ei zawng le beisei hlak hlimna, lawmna, hadamna le thlamuongna hai ei hmu lem ding ani si a. Ei bel ding le innghatna ding tak hriet indik hi a lo va pawimaw ngei

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tiel sien khawm kan sung tieng nun ruok chu a ni telin siem tharin a um pei lem a nih. 17 Sawt naw te sunga kan rinum tuor nep tak hin buk khi ruol lo chatuon ropuina chang dingin a mi buotsai a. 18 Chuleiin, hmu thei thil thlir loin, hmu thei lo thil chu kan thlir lem a nih. Hmu thei thil chu bo el ding a na, hmu thei lo thil ruok chu chatuona ding a nih."

Hi khawvela ei beiseina innghatnahai le ei inhnempui thil hai hin tawp ni le tui hun an nei thei. Kristaa ei beiseina ruok chu inkhel lo ding, chatuon chatuon a hung parvul deu deu lem ding a nih. Krista chu nang le keia tadingin a thia, thina hnea thonawkin, a hring si a. Ei beisei infuonkhawmna Isu Krista chu um tah, um zing le chatuon chen a um ding a nih.

THI KHAWP HIELA PÂ THU ZÂWM

~ John L. Pulamte

"Aw Pa, a thei hrâm chun, hî no hîn mi khêl hrâm raw seh; nisienlakhawm keima thu ni lovin, nangma thu ni lem raw seh;" tûin a tawngtâia
Mathai 26:39



"Hosana" tia khêka Jerusalem-a ropui taka Isu châwimâwituhai khan, sâwt naw te hnungah "Hem de rawh" ti'n an khêk rî an thlâk danglam zo ta a, a bei fatuhai le a uoiin dâwntuhai chu dorâl an inchang zo ta a nih. Hmêl hlim taka Isu be hlaktuhai khawmin an mel rum nâwk zo tah.

Vawizân huna hin Isu Krista chu nang le kei a leiin nasa takin a lungngai a; Gethsemani huonah nang le kei a ta dinga tawngtâiin a thlan tui chu thisen far lien tak angin a hung suok a. A thî ding chu a hawphur luotin A Pâ kuomah a thei hrâm chun inpumpeltir lul el dingin lungsi takin a ngên ngâ-

wi ngâwi a. Sienkhawm Ama thû ni lovin a Pa thû thû ni lem dingin thu âwi takin a hringna chu a'n hlân fâi ta vawng nghâl a nih.

A thîna ding meua khawm a Pa thû chu sêl lovin, Berâm a hmul vâwtu bula thu âwi taka a'n dâw ruou ruou angin thi khawp raua thu zâwmin, nang le kei a ta dingin hmusit-

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damnawhai tadingin taksa damna hniin Pathien kuomah ei ɬawngt aipui hlak a. Natna a khir khân po leh Pathien ei ko nasa ting a, Cancer a nahai lek lem chu an damna dingin ei ɬawngtâi nasa zuol sauh amani aw! ti thei dingin a um. Ei sung le kuohai laia mi ngei khumbeta nain, thihmun suol a an hang zal meu lem chun bel ding le chelbat ding ei invai ruoi a, Pathiena ei beiseina chu a lien/an sang tuol tuol ti dingin a um hlak.

Damnaw, ei ɬawngtaipuihai po po chungah taksa damna chu a tlung vong chuong nawh. Amiruokchu, taksa lo damsuk zo naw sienkhawm beiseina hrim nei ta lohain beidawng taka tlan khurthim an pan ang hin Krista zara beiseina hring kawltuhai chu ei um ve ngai nawh. Taksa thina khel ah chatuon hringna neituhai ei ni leiin, beiseina insangtak nei zing pumin ei thi hlak a nih. Thi seng seng ah beiseina nei zing pum a thi chu a hluin, a hlutna chu hi khawvel sum le pai po poin a bûk phak nawh. Beiseina hrim nei ta lo a thi le beiseina nei zing pum a thi chu kar inhla tak a nih.

Beiseina Hring neituhai eini el hi ei va hamtha chung

chuong bik ngei el! Hi hi lei hi ni rawi naw nim Cancer-a na haiin hi khawvel a an khuolzin hun tawp tieng innui sieuva an lo hmang thei hlak. Kan siengna pa (L) Upa Lalremmawi kha a thi tawm, chau tak le khum beta umin, biek mumal thei a ni naw hnung khawmin a fena ding van ram chungchang chu fie hlaka hrilpui thei ani ve tlat el. Cancer natnain a taksa a sawr da tiel tiel a, a chatuon hringna ruok chu ama a khan a hung parvul diek diek niin hriet theiin a um. A hnuoi taksa, pil a siem le pil a kir nawk ding chu cancer-in a faksiet theia, Krista zara a chatuon beiseina ruok kha chu cancer i hneban ruol lo a nih. A taksa thlan a phum a lo um tah ngei khawm chu cancer faksiet nawk thei lo dingin, hmawn thei loin, ropui tak le thilthawtheia keithoin a la um ding a ni leiin Lalpa chu inpakin um raw se! (1 Korinth 15:42-44).

THUKHARNA

Tirko Paula chun Korinth Kohranhai kuoma a lekthawm pahnniaa chun hieng hin a lo ziek: “2 Korinth 4:16 Chuleiin, kan zam nawh. Puo tieng taksa hi zur tiel

de!

HITAKA HIN A UM TA NAWH

Isu Krista ruong thlanah a lo um ta naw el kha chu thil um ta naw lai po poa ɬatak le lawmum tak chu a va ni ngei de! Taksa rama chu 'a um ta nawh' hi thil lawmum le ditum a ni der si naw a. Sum le pai, fak le dawn, sil le fen hai a um ta naw pha zet chu ei bei a dawng thei em em hlak. Ei ɬul le mamawhai a um ta naw pha chu beidawngna le mangangna in a mi sawk vel el hlak. Tukhawm mani trul le mamawhai tlasam a hringnun hmang nuom ei um ring a um nawh. Chuleiin, 'a um ta nawh' hi thil lawmum le ditum chu a ni thei naw reng reng el a nih. Taksa rama hin chu hnienghnâr taka khawsa hi ei nuom le dit tak chu ni seng a tih. Thlarau rama ruok chu 'a um ta nawh' hun hi ei ɬatna ding le mal-sawmna ei dawng theina ding dam an lo ni lem hlak si. Thlanah Isu Krista ruong a lo um ta naw zet hi chu a va ropui ngei de! Ahmu le hrie hmasa tuhai tading chau khawm nilovin, mitin ta dinga thil ɬa le lawmum bek bek chu a tling tak zet el. Isu Krista ruong kha nihum hnung khan lo la um zing el sien la

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chu ei Pathien thu hi ringtlaklo le zuitlaklo ani ding si a. Taksa rama thil um ta lo hin chu beidawngna le mangangna chau a min tluon pek hlak a. Isu Krista ruong thlanah a um ta naw ruok khan chu hlimna, lawmna le beiseina thar a mi pek lem hlau a nih.

A THONAWK TAH

A lo hrillawk ta ang ngeiin Isu Krista chu nithum hnungah hringna tharin a tho nawk tah a nih. Ei suolna le bawsietna po po krossah hung thi puiin, thlanah mi phum hmang pek vawngin, thienghlim famkim le hringna tharin a thonawk tah si a. A thina ei inzawmpui ve si chun, thienghlim famkim le hringna thara a thonawkna ah khawm eiin zawm tlat a nih. Rom 6:5 a chun a thina angpuia ama leh eiin zawm ta si chun, a thonawkna angpui khawmin inzawm bawk ei tih tiin a mi hril. Hringna thara tho in, a Pa kuomah inthungin, a kuomah chatuona ei hringna chu thup in a lo um ta a nih. Kolossa 3:3 chun in thi ta a, in hringna chu Pathiena chun Krista kuomah thup in a um si a tiin a mi

Phek 4-ah sunzawm a nih

BEISEINA

~ Rohminglien Songate



*Ei Lalpa Isu Krista Pathien le Pa chu inpakin um raw se.
Ama chun a zangaina ropui tak leia mithi laia inthoka
Isu Krista a keithona zara chun beiseina hring nei dingin nun thar a
mi pek a. Ro se thei lo, hmel hem thei lo le chuoi thei lo hluotu ding ei lo
ni tah a, chu chu in ta dingin vanah sie diem a ni tah.*

1 Peter 1: 3-4

“Beiseina khamhrui ang sei” an lo ti hlak. Rawl/kham (cliff, gorges) a thing-hrui (a kind of wild vines) hai hi zuk inzam el na ding thingkung a um naw leiin a sukszawngin sei tak tak an khai thla hlak. Chuleiin beiseina khamhrui ang sei ei ti hlak a nih.

PI-PU HUN A THI HNUNG
KHAWVEL (MITHI KHUO/
PIELRAL)

Mihriem hi beiseina nei thei dingin nu sunga inthawkin a hung pieng dawk a. Mihriemin a hun tawng le a khawvel hmang izirin a beiseina ruok chu an dang thei a, an dang hle hlak bawk a nih. Isu Krista Chanchintha engin a mi sun var hma khan ei pi le puhai chun taksa thina hi tawpna ni loin, thi hnung khawvel, mithi khuo/pielral, um dingin an lo ring. Mihrang pasaltha, thangsuohai chu an thi pha an thlarau Pielral ah faisa ringa khawsa dingin an

lo ring hlak. Mi naran, thangsuo ve lohain chu an thi pha an thlarau mithi khuo a fe dingin an ring ve thung. Thangsuo dan chi hni an lo nei. Rama thangsuo ding chun pasaltha, sahrang (sakei, savawm, sazuk, rulngan le a dang dang) kap rawn le inei a tul. Mi neining deuin sesun a inchawngin, a khuo le venghai ruoipuia a hrai chun khaw a thangsuo a nih. Pielral a khawsa hai chun sinthaw inrim um ta lova fa a dawnin, tlei an ta, Mithi khuo a ruok chu taksa khawvel a an khawsak lai ang a sin rum thawin, fak an zawng nawk ding ni’n an lo ngai. Mi tamtak chun faisa ringa khawsain, ei pi le puhaiin

Pielral a thangsuohai khawsak dan dinga anlo beisei chu ei khum der tah. Lo vat le raw, thlaichi tlak le hlo thlo, bu sik le bu thak, bu suk le sep hrim um ta lona khavel ah khawsain, kawrvapui darang kan sai New Delhi ei ti hem hem tawl el chu an ta hih! Mithi haiin tlang pakhat, ‘Hringlang tlang’ an ti chu kaiin, chu tlang a’nthawk chun an maksan hnung khawvel an zuk thlir chun an khuo a sawt ngawi ngawi hlak a. Amiruokchu, par mawitak el ‘Hawilo par’ an ti chu an hei thliek a, ‘Lunglo tui’ an hang dawn meu chun hi khawvel ngaia an khawsawtna chu boin, an sawl ha a dam rawng rawng hlak ni dingin an lo ring hlak. Eini hai ringtu ei hung ni hnungin hieng hin hla’n ei sak:

*Khawvel khel ram mithmu lo ramah,
A mi thuoi kai hmangai Lalpa’n;
Ka hriet lo lai thi ka lo nih,
Ka hriet lo lai bawk sukhring ka nih.*

*Hringlang tlang aw Sodom phaizawl mawi,
Ka suoksan ram tiem chu panin;
Hawilo par chu thliekin,
Lunglo tui chu kan dawn;
Kir zai reng reng kan rel ta nawh.
(Phuoktu: Pastor C. Lal lunglien)*

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ISU KRISTA ZAR A BEISEINA HRING

Tiena pi le pu hai chun Hringlang tlang kai dingin an lo inring; eini ruok chu Isu Krista zarin ringnain Zion Tlang chungah ei leng. Hawilo Par Lal Krista chu ei damna dingin Kalvari Kross lerah her thliekin a lo um a, lunglo chatuon hringna tui chu ei dawn. Pi le pu haiin an lo lungkham ram Pielral ienga ei lungkham ram chu Van Jerusalem Thar a nih. Chu hmun a leng hai chun phiengtam dangchar hrim an hriet ta nawa, lum sahal khawm an tuor ta bawk nawh. Isu Krista thonawkna le hringna zarah beiseina hring nei dingin nun thar ei chang. Ro se thei lo, hmel hem lo le chuoi theilo hluotu dinghai ei nih. Chu leiin, hi khawvel Sodom Phaizawl mawi hi thlir a, hnung kir thei ding ei ni ta nawh. Kristaa ei beiseina chu ‘Khamhrui’ ang chen chau a sei nilo, mihriem inkhina hmaw! hmanga inkhi suok ruol lo a nih.

THINA KHOTLANG AH, BEISEINA HRING CHU!

Natna chi dang danga na,

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