

## **OCTOBER 2016 CAMP**

Hun hung tlung ding October thla hin  
camp nei ding le inzawmin Camp  
Committee mawphurtu dinga ruot hai:

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**Pu Herbert Lalsanglur**

### **Committee Members:**

**(i) Pastor Lalditsak**

**(ii) Pastor Lalsiesang**

**(iii) Pro-pastor Zarzolien Infimate**

**(iv) Upa Ruolkhumlien Buhril**



# **Hrepuitu**

**HMAR CHRISTIAN FELLOWSHIP DELHI**  
(Regd No:S/ND/599/2015)

### **EDITORIAL- “A TLAWN IN”**

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\* \*Selwyn Hughes a ziek “Everyday with Jesus” (“Nitin Isu leh”) anthawka sermon inlet.

## **Hrepuitu**

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**Editor:**  
L. Robert Varte

**Jt. Editor:**  
Upa Dr. Lalsiemlien Pulamte

**Editorial Member:**  
Immanuel Khobung

**Contributing editors:**  
Pastor Lalditsak Inbuon  
Pastor Siesang Joute

**Address:**  
**Editor, Hrepuitu,**  
2/4. NMRH  
Block 2.  
Minto Road.  
New Delhi - 110002  
Mob: + 91-85888 - 06754

E mail: hrepuitu@yahoo.com

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*Hrepuitu a article insuo a umhai a hin, ngaidân suklanga um(hai) hi HCF Delhi ngaidan a(n)ni chuong kher nawh. Ziektu tin mawphurna a ni lem. Pathien thu le artikul insuo nuom hai chun iengtiklai khawma editor hai kuoma thuziek hai chu pek thei zing a nih.* - Editor

### **"A tlawn in"**

*Thlatin suok 'Hrepuitu' editorial ding hin iem zuk ziek ka tah aw, tia kan ngaituo vung vung lai chun, thok le khatah thla hmasa anthok khan a man cheng 20 ni hlak kha cheng 10 chauva zawr dingin committee members khawma rem an ti, a man suktlawm a nih thu hin a mi hung deng lol el a.*

*A man a tlawn hnunghin chu khawlum lai miin ei kawlah zakuo lum/leather jacket sa deu an mi hung zawr, inchawk tir phet tum ang dam hin ni naw awm tak ti dam ka ngaituo a.*

*Chutakah ka lungril a mi hung sun vang vang tu chu hi thu hi a nih. Pathien in a Naupa Isu Krista ei tadinga Kross ah harsatna popo a hung in tuor tir hi a man a tam taluo. Nang le kei, misuol em em, a mi hmangaina hi, a man a tam taluo. Khawvel sum le pai in a chawk zo nawh. Ei thung seng nawh a nih. Ei mihiem thratna khawma an chawk zo nawh.*

*Pathien mi hmangaina hi a man a tam taluo, anachu, chu hmangaina bok lei chun, a tlawn in, hringna, chatuong hringna a mi hei pek el hi chu, thu in a hril seng nawh. Lalpa, lawmthu kan hril che!! Amen.*

### **Ni 346. THU MI SUKDM HLAK**

*"Lei hrisel chu hringna thing a na, khêl thu ruok chun lungril koi darna a siem."(v.4)*

Tiem ding le ngaituo zawm dingin: Thuvarhai 15:1-15

Vawisun chu thu ngilneitheitak le thu thra hai chun sukdam thilhawthei anni zie tieng en ei tih. Sigmund Freud khan lungril tieng beidongna nei mihai chu thu iemani hai hmanga biek dan zirin an lungril natna hai chu a hung dam thei ti a hmuosuk khan, nasatakin a thil hmuosuk khan a sukphurin an ngaituona a lak êmêm a nih. A trening siem suok, a hming khawm, "the medical model" tia an buk chun, mihiemhai hi taksa hring el chau, biologi le kemical a siem, taksa el, chuonhau ah buoina um changa, harsatna le lungril buoina neih el hlak ang chauvin a ngai a nih.

Freud khan Thuvarhai bu hi tiemin, hun hei hmang met sienla chu, thu hin thil nasatakin an thaw thei chu mak ti rak nawng a tih, ring a um a nih. Sapram tieng, saikotherapist, lungril buoina tienga doktor hai chun a damdawi hmang tak chu, an damnawhai chu introng tir el a nih. Mihiem hin a lungril suonga buoina le harsatna chu a bau hmanga a phudawk hin, tui hung put dawk ang hin, an lungril buoina le chokbuoitu chu a chang chun a hung siemthra hlak a nih. USA a khun, phone line pakhat dangdai deu hlek el a um a, chu phone a chun i credit card nambar i pêk chun, a line khingtienga chun mi pakhat hin minute thum suong i kuomah thu thra deu deu le lungril sukhlim thei deudeu thu a hung hril hlak a nih. Hi phone sarvees hi a hlawk vieu a, an sumdawnga khom an thrang peiin ka hriet.

Hi phek ka buotsai lai hin, mi tu inam ka kawlah thu thra tak le mi sukdam ngoi ngoi thei thu mi hril uma ti ka ngaituo a. Ka ruol pakhat chun, ka nuhmei kan vui lai chun ka kuomah hungin, "Nitin, darkar tinin kan lungril ah ngaituo zing kan che" tiin a mi hung hril a. Kha ni thova, midang haian lungrila mi tuorpui ve tho haiin an mi hril, "huoi takin um rawh" tih leh khan chu an ang naw kher el. Zanith ei thu lo hril tahai chu ei thlak danglam thei ta nawh, anachu, vawisun le zinga ding chu ngaituo thei ei nih. Ni dang nghak naw rawh - vawisun hin tran el rawh. Thina chau nilovin, hringa khawm hi lei thilhawtheina ah um a ni hi, lawm a va um ngei deh.

### **TRONGTRAINA**

Pa, vawisun ngei hin ka lei hmangin hringna chu mihai kuomah hril thei dingin mi thrangpui rawh. Ka thil hriet hai hi hre thiem a, a hmangna ding taka hmang thiem thei dingin hun remchang mi siem pêk rawh. Ni dingah i mi dit chu nithei dingin ka ngehak-hla ngei. Isu Krista hmingin ka ngen che. Amen.

## Ni 345. MI TUM RU

"Thina le hringna hi lei thilthawtheinaa um an na" (v. 21)  
Tiem ding le ngaituo zawm dingin: Thuvarhai 18:1-24

I thu hmang hai chu min theinghil le bo el dingin ngai naw rawh. Hotu pakhatin kan classroom a mi popo hmaa thu a mi hril leiin lungril sukna êmêm in, a ser inthuktak a maksan a nih. Lungril natna chu tuhin chu bo tah in, ngaidamna chun a sukdam vawng tah a, anachu kha thil khan kum iemani chen chu ka lungrilah a mi kâng a nih. Counsellor hai chun naupang chu a chinlaia thu thralova biek a ni chun, a hung len hnung chen khoma chu thu lei chun a hringnun chu thratak annawleh setakin a khal pha thei a nih, an tih a nih.

Pastor pakhat chun mi pakhat, kum sawmli pahnih mi, sin thaw rak rak hlak - "thil hril met lei annawleh thil lungnilo deu hlek um pal a, lungsen a pukdok el inring mi" tiin a hril a nih. Hi mipa hi a chinlai, a pa chun, "leng tak tak khom ni suok naw top i tih" tiin a lo hal hlak a nih a. A pa chu a lungsen zatin, hiengang hin a naupa chu a hal hlak a nih. Kum sawmthum liem ta hnung khawma, hi mipa hin a lungrilah chu thil chu a la pai zing a, a pa kha an diknaw a nih ti inentir nuom leiin, nasatakin sin a thaw hlak a nih. Hihi a nih, saikologist haiin mi thil tumneih leia nasatak a bei hlak, mi tumru an ti chun a nih. Kha hmaa thu nataka hal lei khan an puitling hnungan nasatakin chu thu na chun anni chu a khal hlak a nih.

A khingtienga chun, mi pakhat nawk thung chun a pa chun ama chu nitin hin a kuo hlak a, a kuo malamin. "Bawi, ka tadingin i va hlu ngei. Hi khawvela hin tukhawmin hluo thei nawng an che" tiin a naupa chu a hril hlak a nih. Hi mipa hi a puitling hnungan nunchang thratak le thothag thra êmêm, thil thratieng ngaituo rop hlak mi chu a hun ni tung pei a nih. Thuvarhai hi andik a nih: thu thi hai chun thil a suksiet a, thu hring ruok chun a bawlthra in hratlema a pêk a nih.

## TRONGTRAINA

Pa, mi mizie siem lento nih a, a sukse tum nilo ding ka nih. Ka bauvah thu thralo tak tak le invet tlak taktak ka lo hmang hlak hai lei chun mi ngaidam rawh. Vawisun ah inthawk hin chu, ka thu hmang dinghai hi mi veng pêk la, i dit zawnga thu hai ka hmang lem theina dingin. Isu Krista hmingin ka hin che. Amen.

## Ni 334. SIEM PUITLING NA CHU

"tlasam chunga lunginsietna neitu ruok chun ama an za a nih" (v. 31)  
Tiem ding le ngaituo zawm dingin: Thuvarhai 14:27-35

Tiktlaina chu siemzo ani theina tieng la sunzawm pei ei tih. A palina a dingin - I hlaw zaah sawm (sawmapkhat) bék chu Pathien tadingin pe rawh. Sawmapakhat pêk hi mi tamtak hai chun dan anga ei ngai a, anachu sawmapakhat hi ei neih popo sawma pakuo hai chu Pathien ta a nih ti inentirna a nih. Hebrai mihai chun an lova tlaihna hmasatak hai chu Pathien kuomah inhlain, hmatienga an lova thlaihna ra dinghai khawm chu Pathien ta a nih inentirnan an inhlain hlak a nih. Mi threnkhathai lem chun sawmah pakhat neka tam khawm pe thei mei ei tih, anachu sawmah pakhat hi tranna dingin a thra a nih.

Pangana ah dingin - Pathien thruoina hnuoiah i nuomna chu in sie la, sung le kuo enkawlna le Pathien rawngbawlna inkar chu thratakin inbuk inangin sie thiem rawh. Pathienin a ram inthangliena dinga malsawmna a pêk che chu i sung le kuo, unauhaiin an sukral meimei phal naw rawh. Hitaka ding hin, Kristien mi var anthawkin thucha i trl el thei a nih.

## TRONGTRAINA

Pa, Simon Peter in a lawng chu Pathien Naupa thuhrlinaa dinga a pêk ang khan, kei khawma ka rohluhai, ka talent le ka hunhai khawm i pulpit anga hmang dingin kan hlan che a nih - vawisun le nitin a dingin. Isu Krista hmingin. Amen.

Parukna dingin - Tiktlaina dan hi sum le tai el ni lovin, mani talent le hun hmang danahai khawm hmang dinga siem a nih ti hi theinghil lo ding. Nitin el hin i talent le hunhai hmang dan ding a chun Pathien indawn hlak rawh. Johan Wesley thucha hi hilai hrilnawn a ngai a nih: "I thei popo chu siem rawh; I siethrat thei popo chu siethra rawh; I pêk thei popo chu pe rawh."

Pasarina a dingin - Ringumna sukdikna dingin, thil chite ah khawm tiktlaina hun remchang i hmu chun, chu taka chun tiktlai rawh. "...tlawmte chungah ring i um a, tamtak chungah inumtir ka tih che...." (Matthai 25:21).

Tiktlai ding chun hun thra annawleh ropui taka suklang tumin nghak ngai naw rawh. Thil chite khawm ni raw seh, chutaka chun tiktlaina suklang thei ngirhmun ah i ngir chun, chutaka chun tiktlai el rawh. Thil chi têtê thaw in thil lien deu tading chun inring zing pumin. Lenglei inam Bible hin tiktlaina hi nasataka a hril uor am a na? Mi tiktlaitheitak hai chu mi var indik tak hai chu an ni si annawm.

## KRISTIEN HLA BU

Rev. Roding L. Pulumte

Kristien Hla Bu hi Mission Compound (Old Churachand) a um laia a bul lo tantu le hma lo latu fam lo chang ta hai, hieng: Dr. H.S. Thanglung, Rev. H.L. Sêla, Rev. Rumpu, Rev. Saibânglo, Rev. Hrângkâplien, Rev. H.S. Thakung Chonzik, Rev. R. Siema, Upa H.L. Ngûra le mi dangdang a dam khom la um an tih; an hming ka ziek sênglohaii sawltak le thahnemngaitaka an lo buotsaina leiin Hmarhaiiin Pathien ei inpâk thei a, la damhai sienla lem chu chawimawina dong tlâk an va ni ngei, an chungah lawmna chungchuong kân hlân hmasa. Chun tuta solfa font indik le fel deuva mi siempêktu Pu L. Remkung Pakhuongte chunga khom lawmthu kân hlân.

Hmar trong hmang kohranhai hin biekin tin le hmun le ni poimawhai, siet ni le thrat ni a prawkram ei hmangna haiah Pathien ei inpâkna hi kamsêp inruol sieusieuva ei nei theina dingin tiin Hmar Students' Association Gen. Headquarters thruoituhai chun Hmar hnam sûnga Kohran tina thruoituhai an ko khawma, chu meeting chun **Kristien Hla Bu hi Hmar trong hmang kohran popovin lunginruoltakin hmang seng ni raw se -** ti chu anthu tlûkna a nih; var le feltakin hmathlîr seitak neiin thil thratak an ngaituo hi an chungah lawmthu ka hril. Hiengang thil thratak an

rot suok hi inza tak le lawmtakin zawm seng dingin ei in ngên a nih. Chutaka hma latu ding chun Hmar Christian Musical Society an indin a, Chairman (L) Rev. Dr. Lalthankum Sinate, Secretary Rev. C.C. Rema an ni a, Committee member chu kohran tina mi an thlangsuok a. Chun Kristien Hla Bu chu siem tûlhai siemthratu dingin Sub. Committee Chairman le Secretary le Kohran tina inthokin hlaa inhnik mi pahni seng, solfa thiem le Saptong hrie an ruot a. Chuleiin Rev. K.T. Amos (Khupthang), Rev. C.C. Rema le Rev. Roding L. Pulumte hai inrawinain PMS Bungalow,

## Ni 344. LUNGRIL AH SER SIE HLAK THU CHU

"Kawlhnâm sun anga tlaholtaka thuhril a um a, mi var lei ruok chun  
damna a siem" (v. 18)

Tiem ding le ngaituo zawm dingin: Thuvarhai 12:11-28

"Hmol le lunghai chun ka ru chu sukthliek hai sien khawm, hming inkona mei mei lei chun suknatin um nawng ka tih." Hihi an diknaw a nih. Hming inkonahai hin mi an sukna thei a nih el baka, lungril tienga khawm damsung dam thei talo ding khawpa lungril sukna thei an nih. Nuhmei pakhat chun a chinlaia a pa in a ko dan chu a lungril ah phuor ang ela inre in, a theinghil thei thak naw a nih: A pa chun, "Setan naunu" tiin a lo ko hlak a nih. A lungril dam thei rêng rêng lova um chu, counselling le harsataka an buoipui hnung chauvin, hi nuhmeinu lungril a khuopde tleta um anga hrietna laka zallenka chu a hmu thei chau a nih.

Kawng khat tieng ruok chun, thu thra ei hmang pha mihai tadinga malsawmna annawleh an lungril lo zoi tah le chau tah chu a keihar thei nawk hlak a nih. C.E. Mazartney chun vawikhat chu mi pakhat, pastor lo ni hlak chu tuipang bula thungna a inthung a hmu a. Hi putar hi upa tak el a nih ta a, chun taksa tieng taka khawm chau tah êmêm a nih. Chuong a ni lei chun, biekin kai khawm chu thei talo hiel khawpin, thuhril le pulpit rawngbawlna hai khawm thaw thei ta lovin a um a.

Macartney chun, "Ama tieng ka hei pan a, a vanglai hun hai chanchin hril kirin annawleh tuta a ngirhmun inhoiawna hai ami hril ka ring laiin, maktak elin, chuong nêk hman khawm chun, hieng hin a mi lo hril a. Tuel khan nuhmei pakhat leh an inbiek a, chu nu chun kha hmaa a thuhril leia, amanu chun Isu Krista kuomah a hringnun an hlan thei thu a lo hril thu chu. Kha ni a hi putar hmel hlim sieu le a hmaia var ka hmu kha ka thil theinghil theilo ding chu a nih" tiin a hril a nih.

## TRONGTRAINA

Aw Pa, mi pakhat ama lim darthlalang ah in ena, fe hmang a, a nakie pha iengam hmel am ana a put a hriet ta ngainaw ang chu nilo dingin mi thrangpui rawh. I thu darthlalang a chun kan en tah a, ka ni dingtak chu ka hmu tah. Tuhin, ka ni dingtak chu ni thei dingin mi thrangpui rawh. Isu Krista hmingin. Amen.

### Ni 343. THU BÜK RIKZIE

"Mifel bau chu hringna tuikhur a na, misuol bau ruok chu nunsietna in ân khum." (v.11)

Tiem ding le ngaituo zawm dingin: Thuvarhai 10:9-17

Tuhin varna lungphun pa nga na - thu hmangna kawnga fimkhurna chu hei en ei tiu. Mi tukhawm niraw se, thumal hmangna kawngah, thumal hmang hai a poimaw zie hre lo le thumal hmang dan zirin thil thra le thil thanaw anchang thei ti hrelo chu mi invêt a nih. Thuvarhai a hin hi thumal thilthawtheina hi uor taka ziek a nih: hihi hril hmai ruol lova a thupui pakhat a nih. Vawisun ei chang a khawm hin thuvar chu bau pakhat anthawka bau dangah inpêksawng a nih chun varna chu inpêksawng hlak a nih. Amiruokchu, thuvarthlaklo tak inpêksawng a ni chun, a lettingin varna nekin invetna a ra suok lem hlak anih.

Trongbau khatak chun lungrilah ser lientak a maksan thei hlak a nih. Puiting hnunga khawm, mi iemani zat hai chu an chînlaia trongbau thanaw taktak le khatak - "Lo piengnaw lo lo la ni ding!" ti trongbau dâm a biek anni leia lungirlna tamtak an um a nih. Pasal le nuhmei tamtak khawma, "Ka lo nei kher kher che chu ka van sir lom lom" ti an hriet dam hi chu kut thlaka inhnek nêk khawma a nalem a nih tiin an mi hril hlak a nih. Thu hin thil suksiet annawleh siemthratna, suknat annawleh sukdam, malsawm annawleh serna, lungril ah thlamuongna annawleh beidawngna dinga thilthawtheina chu a neih a nih.

Sak tienga ringna tamtak hai chun to trokna hi thudikna insangtak chu a nih tiin an ringdan a nih. Lao-tse, Chinese

filawsofer chun, "Bau anthawk suok thei, thu hai hi thu lai ropuitak a nih ngai nawh: thu ropuitak lem chu to trokna hi a nih" tiin a lo hril a nih. Kei chun hihi ka ring lem a nih, thudik insangtak chu inlâichinna ah a um a nih - trongbau nei Pathien leh eiin inlâichinna a chun. Pathien chun kumkhawtlounga to na chu hi thu hmang hin a suktan a nih kha: "Var chu um raw seh." Lao-tse khan chu thudik insangtak chu to trok trokna a ti kha Pathien trongbau kha a hriet naw lei a nih. Pathien chun thu in khawvel a siem a nih a. Eini khawma chuongang chun ei thaw ve a nih. Ei thu hmang hai hin khawvel feltaka remna ding annawleh buoina khawvel ah a siem thei a nih. Var rawh - i thu hmang hai laka fimkhur rawh.

### TRONGTRAINA

Pa, nang chun i trong bauvin khawvel i siem ti chu ka hmu a, kei khawm chuongang chun ka thaw ve thei a nih. Thuhai hi a hmang dan thiema ding varna mi pe la, chuong chun mihai keihnuoitu nilova kei tungtu, suksetu nilova siemthratu ka ni thei lem na dingin. Hihi Isu Krista hmingin ka hni che. Amen.

Sielmat-ah a thuhai siemthratna hmasatak sin thaw a ni a, chuonga fe pei chun Centenary Edition ei lo phâk ta a, lawm a um takzet. Centenary Edition lem hi chu Upa L. Kiemlo Pulamte Chairman, inrawina hnuoia buotsai a hung ni tah. A solfa le a thuhai hi sut/bel suol thei a ni lai zingin, tuta Centenary Edition lem hi chu a solfa khom a felfai a, India Hmarsak Kristienhai laia Hla Bu a chuh hril khop kaiin a la thra lorpân niin ka hriet. Kha hmaa ei Hla Bu-hai kha hunbîk neihai khom sie dân a lo mûmal naw a, tuhin chu Pa le Naupa, Krismas, Thonawkna, Thlarau Thienghlim le hunbîk neihai khom a bukbukin ei sie thlap ta a nih. Bible hi chun version dangdang a um a, hla ruok hi chu mipuiin biekin le hmun dangdang inkhawmnaah bauchâng inruol thap thapa ei sak hlak a ni leiin a thu in ang hi a trul hrim a nih; (eg. Mizoram Synod le Baptist Kohran chun Kristian Hla Bu Edition hmunkhat an hmang intrawmhi a thra khop el, hiengang hi thawdân ding hrim a nih). Ei ni khom hiengang lawma Kristien Hla Bu changkâng, thra le fel ei nei hi

Kohran popovin a hlutzie ngaituoin lunginruoltak le lawmtakin hmang thrangkai seng ei tiu.

Chun Kristien Hla Bu hi sut thar zâtin hril a hlaw hle hlak a, a ni ding hrimah la hei ngai phot ei ta; in bawl tu hmasa chun a ban khur ding chau inthüktakin a suot a, a bawl thra nawk pha chun detindo le thra a dit ta leiin a vêlin lungphûm inthûk takin a cho ta a, in thra le detindo a bawl hlak angin, a bul trannaa chun Sacred Songs and Solos (SSS) ei hriet dân hlui chun R. Sankey Bu ei ti hlak le Mizo Kristian Hla Bu-a inthok (a Mizo tronga mi ang rengin) Hmar tronga inletin, Saptronga mi zui si, zui si lo, dit dâna (a aidia laa) inlet le siemrem a tam niin ân lang a, hla inlettu tamtak chun a aidia fepuiin a zûlah an ziek ve hlak a ni awm. Chun ei hlaha hi Rivaival tlung changa hlapuia ei lo nei dâm, ei lo lâmpui dawrdawr, ei lo hrietbel taluo, bauchâng le kutben le insîm le meng le a hla inzawt huna khom bau leh lo inrem bekbuk an lo ni tawl ta a. Amiruokchu Saptong leh zuk enmil chun a Hmar trong le inmillo tamtak siem thrat trûl a um a, chuong siemthrathei chun a nih hril hlaw

deuhai chuh. Bielfanga kân zin hlak lai khan khuo tamtakah kohran mipui hla tienga tuina neihai chun Kristien Hla Bu sut thar zâta thleng a um hlak hi an hrietthiem naw zie an mi hril hlak leiin lawmum ka ti a, feltaka ka hrilfie hnung ruok chun an hrietthiem êmêm hlak. Chun hla inlet dânah Saptrong thiem sengseng khom Hmar tronga an inlet chun indik veve siin in ang lo deuva an inlet khom um thei ngai a nih. Chuong a ni lei chun a siemthratauhai khomin kohran mipui hmakhao ngaiin, inphalam tak le ngunthlûktakin, a hmaa lo sawlpuituhai khom inzâtakin, lo thei lo hai chau an siemthra a, siemthrat trûl tamtak khom siemthra ngam lovin an kut an keitîm lem a nih. A thra le indik beisei leia lo solpui molmoltuhai ei um hi lawm a um ie, Pathien inpâkna tiengah ei inhnik zie ân lang a. Hla hi ei hringnuna dingin a thrangkai êmêm a, lawm nihaia chun ei lawmna phûsuokna inlangna le kut le kehai chen khom mi sukchâng dotdottu, mipuiin lunginruoltak le hlimtaka Pathien ei pawlna le inpâkna an

ni a, lungngaina chirhak le chirdûm ei pal lai le trapna ruom ei hraw nihaiah a mi dontleitu an ni rop hlak leiin a poimaw hle. Music thiembai lem chun hla hi **thlarau trong a nih** an ti a, Hlaphuoktuah (poets) chu **thlarau doctor** an ni rop hlak, an tih. Awleh, hla tienga inhnik, Saptrong thiem bok hai lem chun, chiengtaka bi catchat chun, tuta ei hla hmang mèkhai hi hienganga inlet lem ding hi a ni vei leh- ti ding khom tamtak la um zing a ta, chuonghai khom chu ei hrietthiem ie. Chuleiin hla ei siemthrathai mipuiin ei lo hrietthiem pei hi a buotsaituhai lung lawmna a na, siemthrat trûl lohai chu hmangzui pei ei ta, a trûl bêkbêkhai ruok chu siemthrat a ni khomin mipuiin hrethiem ei ta, Pathien ei inpâk mupmup zing ding an nawm.

Hla siemthrathai a batbatin hang sui tum ei tih:

**No. 219 (SSS 489) thupui: Ka suol riktak phur le hnuoi nghawkum hi.** Hi hla hi rivaival ei tuok chângin ei hlimpui êmêm hlak a, a chîn a lienin ei kuchû/rêlbuk pakhat nîn ân lang a, a sak ân hoi, vêl tam ei sak khomin ei dittawk ngai naw kha tie,

## Ni 342. TAIMKNA CHU A TAWP AH HLAWKNA

"hlinghaiin a lo inthrangnel vong a, a phêkin hlo bukhaiin an khûm a...." (v. 31)

Tiem ding le ngaituo zawm dingin: Thuvarhai 24:23-34

Taimâkna thupui a hin nikhat la hei hmang ei tih. Iemani a taimâkna le thilthaw hrâm hrâmnâ hai hi? Pathienin sinthaw dinga a nuompui che thawna tienga pu hrâm hrâmnâ, chu sin chu harsatna, beidawngna le lunghnuolna tamtak kara khawm thawzo ani hmâpo chun thaw hrâm hrâm na chu a nih.

Taimâkna chun a tawpa chun hlâwkna a rasuok a nih. Vawikhât chu utrok pahni chu bawngnêtuia sip baket ah an thla tla a, nasatakin an intâl dawk tum a chu, an suok tum po leh, an in tawlh thlanawk pei hlak a. Pakhat chun, "Hi lai hmuna inthawk hin suok naw top ei tih", tiin, suok tum ta lovin a um a, a tawpa chun a thi tah a nih. Utrok dang kha chu chuong anga thaw lovin, suk tum tlatin a ke chu a perh ta char char a. A tawp a tawpa chun, a ke sirna hnuoia chun thil chang iemani chungah ngir angin an hriet a, a hei en anleh, a ke inper nasat lei khan bawngnêtha lo inkhal in, *butter* ah a lo inchang ta a nih. *Butter* chungah chun inchawm kaiin, chuongchun himna hmun tieng a chun an chawm suok thei ta a nih.

Mi pakhat chun taimâkna hi "tienlai trongbau" ti el angin a lo hril a. Tulai khawvel a dinghin a hmangna chu a tam taluo naw el thei, anachu Bible a ruok a hin chu a hmangna chu nasatakin hmu dingin a um a nih. Pathien tadinga sin ropui taktak lo thawhai chu mi taima le thaw hrâm hrâm hlak an lo ni hlak. Bible a taimâkna entirna thra pawltak chu

## TRONGTRAINA

Pa, hringnun hi a fe zawm pei na hmun laitak chun siemthar annawleh suktawp a ni thei a. Hi tienga hrietna varna mi mi pe la, chuongchun lekha thawna *stamp* angin, chu hmun ka tlung hmakhat chu, chu taka chun kawp char char thei dingin. Isu Krista hmingin ka hni che. Amen.

tirk Paula kha a nih. Hi a hnuoia chang a hin, chu taimâkna chu a hril lang chieng êmêm a nih: "Khing tieng khing tienga hnengdein kan um a, nisienlakhawm kan thuok a dong si nawh; lungzingin kan um a, nisienlakhawm kan bei a dong si nawh; suknomnatian kan um a, nisienlakhawm maksanin kan um si nawh; vuok thlukin kan um a; nisienlakhawm sukbohmangin kan um si nawh" (2 Korinth 4:8-9). Mi danghai chun an tawpsan tah hnung khawma, ama khan chu a thaw hrâm hrâm a nih.

Sir Winston Churchill a chanchin hi ngainuom um ka tih. A damsung kum tâwp tieng chun, châu le zawi tak pum khawm chun, universiti student hai chu hieng ang hin thucha a hril a nih: "Thil pakhat chau hril ding cheu ka neih: lengtiklai khawma i thil thaw chu tawpsan ngai naw rawh. Tawp san ngai thak naw rawh. Tawpsan ngai der thak nawh. Tawpsan ngai der ngai thak nawh." Mi popo chu an umhmunâ ngirin a thuhril chu kutbenin an lawm an inentir dur dur a nih.

### Ni 341. THLARAU NGAIDAN INDIKNAW PALI

"Mi thabo chun khaw dei lein lei inlet thrul a ta, busik pha chu kut dawng a ta, iengkhom nei naw nih" (v.4)

Tiem ding le ngaituo zawm dingin: Thuvarhai 20:1-13

Zani khan taimataka thaw hrâm hrâm chu, hi khawvela harsatna le buoina kara khawm a tawpa chun thil hlu êmêm - hrietfiena einiah a siem thu ei hmu a nih kha. Thlarau dan palihai i hriet ta hlak am? Hienghai hi evangelist hai chun nasatakin an hmang hlak a nih, anachu, vawisun chu, chuonghai chu nilovin, thlarau thilah ngaidan indiknaw palihai chu hei en lem ei tih. Kristien hringnun harsatka hin a tlangpuiin mihaein an thaw suol annawleh an hrietsuol vet thil pali a um a, chuong thilhai chu an indiknawh anih thu chu ei puong hmasa phawt naw chun, taimâkna chun iengkhawm umzie neih naw nih.

**Indiknawna No. 1:** "Kristien i hung nih in, harsata iengkhawm neih ta nawng i tih."

Hihi thu khêl a nih. Taktaka chu, harsatna hai chu an hung pung lem thei a nih. Anachu, hihi thutak a nih, Krista chu ei harsatna hai min trawmpui dingin lo um a ti a, chun hnena ah mi thruoi suok a tih.

**Indiknawna No. 2:** "I hringnun ah harsatna i nei a nih chun, i thlarau kawl chu a chau a nih."

Anni ngei, thlarau nei tlawm lei chun harsatna hai chu um thei a nih, ana chu harsatna popo hi thlarau chau lei anih vawng kher nawh. Thlaraumi tak tak ni siin, harsatna lentak tak an buonpui hlak ka hriet rawn taluo - Pathien suok - Joba kha hei ngaituo ta la.

**Indiknawna No. 3:** "Harsatna le buoina i tuokhai reng reng chu harsatna angah ngai ngai thrak naw rawh; chuonga i thaw chun, thilthanaw tieng ngaituona chun i hringnun chu lahmang pêk a tih che."

Awu um lo lo. I harsatna hai chu i hmaisan ngam naw chun, hrietnaw tehlem i thaw ning a tih, chuchu thutak ni lovin, a letling a nih.

**Indiknawna No. 4:** "Harsatna popo chu Bible chang iemani laitak besanin, sukbo thei vawng a nih."

Hitak akhawm hin, chuong chu a nih nawh. Pathien in ka chungah thil an tlungtir hai zawna donna hmulo ka neih nuol a nih, chun chung zawnahai donna chu hi khawvel ka maksan hnung chauvah ka hmu fie thei ding thil hai khawm an nih ti ka hriet. Hi khawvela hin chun zawna indon ding chun eiin thrang liet tâwl a chun, a donna hrethiem ding chun ei lan thrang len tâwk nawh. Taimâkna chun a mila nawr fe a trul a nih.

### TRONGTRAINA

Pa, ngaituona indiklo popo lakah fihlim thei dingin mi thrangpui ro. lengkim hrethiem dinga ko ka ninaw thu hi min hmuitir la, ringna ah ngir nghet dinga ko ka ni lem thu chu. Hi khawvel ah donna ka hmulo hunahai khawm, chuong huna chun hmatieng fe pei thei dingin i lunginsietna mi pe rawh. Isu Krista hmingin ka ngen che. Amen.

Pathien thlarau khomin a kohranhai a pawl hlimna hla a ni rop hlak.

### Chang 2na: tlar 2na le 3na:

Sâp hla: Before the whiteness of that throne appear?

Yet there are hands stretched out to draw me near.

Mizo hla: Chu lalhungpha vâr ropui hmaa chuan,

Nimahse, Isuan khawngaihin min ko.

Hmar hla: Chu lalhungpha vâr ropui hmaa chun,

Sienkhom kona kut ka kuom tieng a phar.

Hmar tronga inlettu hin Mizo hla ang khin an let deu nin an lang a, a hla inlet dungzui chun lalhungpha vâr ropui hmaa khom lunginsietna la umin kona kut a la phar niin ân lang bok, Thup. 20:11-15 ei en chun: Lalhungpha vâr ropui chu rorêlna nuhnungtak, lunginsietna um ta lo, ama hi chu ân khawm rawn deuva, thawlawm a pêk rawn deuva, lunginsietna mâk (grace mark) in vânram tieng in fetir el ei tiu, ti a kona kut pharna chi niin ân lang ta naw a, thiemthu hril theina

hrim um ta lo, hremhmun (meidîl) le vânram in rîna niin ân lang. Chuleiin Centenary Editiona chun hiengang hin a danglamna inlang hehu lovin siemthrat a nih.

**Chu lalhungpha vâr ropui ân lang hmân,**

**Sienkhom kona kut ka kuom tieng a phar.**

**Hrilfiena:** Kristien Hla Bu hmasahaia khan a thupui changtiengah: R. Sankey tia ziek a ni a (tulai chen khom hin chu Solfa bu chu R. Sankey ti khom ei la um hrim a), chu Solfa bu hming chu **Sacred Songs and Solos (SSS)** ti a na, a hla lakhawmtu (compiler) chu Ira D. Sankey (R. Sankey) a ni a, ama hi a Solfa bu hming ang deuvin ei ngai a hoi a, tuhin chu a Solfa bu hming indiktak laktawiin **SSS** (Sacred Songs and Solos) tin ei ziek ta a nih.

Hla siemthrat dangdang khom la hung ziek sunzom pei ka nuom. (*Hi article ziektu Rev. Roding L. Pulamte hi Hmar Christian Musical Society Vice-Chairman a nih.*)

### Ni 335. THABONA VA SUKBUOI

"Mi taima lungril ruok chu tlai hleng a tih." (v.4)

Tiem ding le ngaituo zawm dingin: Thuvarhai 13:1-10

Vawisun hin varna lungphun palina chu ei tlung tah a nih. Mi thaw hrâm hrâmhai chu mivar an nih, thil indik tieng hnot ngar ngara, chutaka lungril kawptlat a, tlawm insuo nuom ngai lo hai chu. Tulai ei khawvela ei poimaw êmêm thil pakhat chu ei hringnun ah taimâkna neih hi a nih - a bik takin thralai hai lai. Kristien hotu pakhat chun hieng ang hin a ziek a nih: "Thangthar hai lai taimâkna hi anni ah inchuktir thei thil ni lovin, enthon thlâk thil a nih. Tulai khawvel a hin, mi taima entonthlak le mi lungril sukphurthei an tam tanaw a nih." Taimâkna hi tienlai angin, inza a kai tanaw angin an lang hlak a nih.

Kei khawm ka piengthar hma chun, ka nunah taimâkna chu ka tlasam êmêm a nih, a san iengkhawm ani nawh. Thil reng rengah lungril ka pêk ngai naw lei a nih. Chuongchun ka tleirawl lain Krista chu ka nunah hung lutin, keimaha thabona hai chu sukbovin, ka hmaah thil umhai ah chun kei khawm lungril pêkna ka hung nei tah a. A rasuok chu iem a na? Ka piengthar hnung kum a khan, ka piengthar hmaa kum hnih, kum thum sunga ka thil thawhai nêk khan, kum khat sung khan thil ka thaw rawn hman lem a nih. Ka piengthar hnung, kum khat le ti vel a khan, ka pute pakhat chun ka pa kuomah, "A piengthar chi le chinaw chu ka hriet nawh, anachu a taimâkna anthawk chun Pathien chu a hmu a nih hi" a lo ti a nih.

Mani chanchin hei hril uor rak el hi mi ngaidam unla, anachu, Isu Krista ke bula inthawka taimâkna kha ninawsien chu, tuta *Nitin Isu leh* tih hi ka ziek zawm thei naw ding a nih. Hi taimâkna hi, kha Mipa, ama hringnun le nunchang zie khawm hi mizie ditumtak a puma kawltu - Isu Krista anthawka kan chuk a nih. Ama ngei kha a nih, taimâkna kha a tak ah hung inchang chu.

### TRONGTRAINA

Mi lunginsiet le mi hmangaitu Pa Pathien, hi varna hmel hi kei khawma ka nghakhla a nih, taimâkna hi. Keimah ah thabona le um mei meina, tha zoina le mani sin thaw ding laka helna hai, thil chite a lungawina popo le chapona hai popo hi mi at thla pêk rawh. Isu Krista hmingin ka ngen che. Amen.

Hrepuitu: May 2016

### Ni 340. IEM A TRANGKAI NA?

"Mi taima ngaituonahai chu hnieng inhnarna tieng a lut a, amiruokchu inhmaw thotthota thawtu chu tlasam a tih" (v.5)

Tiem ding le ngaituo zawm dingin: Thuvarhai 21:1-15

Vawisun eini le eini hihi indawn ei tiu: Taimâkna chu iem trangkaina a neih a? lenglei inam sin thawna ah thaw tral tral a trul a? Asan hril ka che. Thilthaw tral tral naah chun a nih mihiem selna chu siem suok le mawitaka a hung suokna chu. Nitin a thaw hrâm hrâmna nunah chun a nih eini ah Isu Krista angna ni theina hun remchang ruot pêka ei umna chu. Chutaka einia "theology inphantak le innotak ei kawl tlaktu dingin, hrawtak le lungril ah ringzona inthuomna leia, hi khawvel harsatna anthawka tlanhmang el lova, hmatong dan thiemna lem chu" Charles Swindoll in a lo hril ang khan.

Rom 5:3-4 ah tirko Paula'n a lo ti ang khan: "Chun chu cho chu nilovin ei inrimnaa khom lawmin um ei tiu; rimsikna chun selna a siem a, selna chun hrieffiena a siem a, hrieffiena chun beiseina a siem ei hriet si." Hi khawvela hringnun hi sin thaw ding pakhat ei neih chu a ni leiin, chu tuok ding chun hratna ei ngai a nih, inrangtaka a tlanhmangsanna tieng ni lem lovin. Ei kawl le kiengahai harsatna hung umin, ei ngirna hmun chu inhningin, ei Kristien ruolhai, ei kohran hotuhai hiel khawm nuhmei pasalna suol leiin lo tluhai sien khawm, ei khawvel inrel bawldan cheulgirtu thirchakkhai khawm chu bohmang sien, ei ngirna hmun mawng chu tlatla in, neksawrna nasatak chun sîr tieng tieng mi hnengde sien khawm, ei hringna hiel chan ang hiela inhrieta kara khawm, chutaka chun taimâkna le selna mi pêk thilhai chu ei ngai a nih - chuonghai chu, iengthil khawm hung tlungsien, chu lo hmasawn theina lungril, ngir nghet thei dinga tum runa, chun Isu Krista chu eini kuomah a um chau ni lovin, eini ah a um hrieta le, iengkimah hin a kut chu a um a nih hriet leia, chu taka hmatieng la sunzawm theina lungril chu.

Taimâkna thranglo chun, in sui thlu pal ei tih. Taimâkna lei chun, hringna humhimin hnenah chang ei tih. Hi khawvel a mivarhai chun hringnun khalna a hin taimâkna thrangnaw chun hmasawn thei a ni nawh ti an hriet tlat a nih. Eini, Krista hming lamtu le Ama chu einiah chenga neituhai chun hi thil hi hre chieng a, chuonghai nek hman khawma ei hriet zuol a trul lem nawh a?

### TRONGTRAINA

Aw Lalpa, mihiem siemna ding thil pakhat chu kei ka kuta um a nih. Chu ka thil kawl anthawk chun kei chun taimâkna chu ka hem dawk a ngai a nih. Chuongang thil thawnah chun, sin inrimna man nek dei khawmin a ra chu a hlu lem thu chu min theinghil tir lul naw rawh. Isu Krista hmingin ka hni che. Amen.

Hrepuitu: May 2016

### Ni 339. VAR VIEU SI - ANACHU AN VĒT SI!

"Chuonga varna tienga i na chu i daw a, hrietthiemna tienga i lungril chu i hmang chun..... LALPA tri hi a trulzie hung hre tāng i ta, Pathien hrietha chu hmuok tāng i tih." (v. 2,5)

Tiem ding le ngaituo zawm dingin: Thuvarhai 2:1-11

Victor Frankl a chanchin kha la hei dap kuol nawk met dingin mi la hei phal rawh. Khang ang khan, doktor hming inlar le inza mi nisien khawm, Frankl khan chunghnuntak thlirna tieng kha a pawm thei nawh a nih. Hi thu hi hei ngaithla ta la: "Hi khawvel a mi tamtakhi hi an nguinasan chu mihriem hring san hi an hriet naw lei a nih. Hi khawvel hin hlim taka inhoitina el ni lovin, thilthaw ding neih vawng ei nih ti hi ei hriet hmakhat chu, ei hringnun hin umzie neilo le hlim titakin hmang thei ngainawng ei tih" tiin a lo hril a nih. A hnaih vei leh, a va hlat lawm lawm! Thu var anga inlang si, invet thlak tah ni si. Frankl khan hringnun chun umzie a neinaw chun khawvel hi chu trawp le harsa a nih ti chu a hriet, anachu, chu khēlah Isu Krista ah chau chun hringnun umzie hmuhei a nih ti kha a hmu hmaih tlat a nih. Ama pa hi mi suklawm le mi suk lungngai mi a nih. "Hringnun hi sin thawding pakhat a nih" a ti khan mi a suklawm a, anachu chu sinthaw nadinga thrangpuitu dingin Isu Krista a lâklu threl lei khan mi beidawng um chu a nih.

Aw, anni ngei, hringnun hi sin thawding pakhat a nih, intak tak le a chang lem chun tuorzo lo hiel anga inlang hlak a nih. Chuleitak chun annawm, Lalpa chu ei hringnun lailung taka ei mamaw nasan chu - chuongpha chun chunghnuntak sinthaw ding chu chunghnuntak thrangpuina leh ei thaw ding a nih. Thuvarhai ziektpa le Victor Frankl hin, ei nuna hin taimataka eiin pêk pha pha, a hlawk hlak a nih an ti a, anachu chu nêk hman khawma thil dang a la umsa a nih. lenglei inam Pathien khan Thuvarhai ziektpa kuomah varna chu taksa neih, mihriem anga ziek dinga a ti ning a ta? Asan chu (ei hmu tah ang khan), varna indiktak chu thu ah chau hmu thei ni lovin, taksa a khawm hmu thei anih leiin, chu thudik chu ei hmu thiem theina dingin a mi lo inring lawk tir a nih. Chu mipa chu Krista chu anih.

### TRONGTRAINA

Aw Pa, hi khawvel ah mivarhai hin an invetna an suklang chang hi lungngai thlak tak a nih. An hnai vei ta leh - a hun poimaw lai tak an inkei kir nawk hlak a. Ka lawm ie, Lalpa, Isu Krista zar chau chun, chu

### Ni 336. MI NAWR NAWK HLAK THLI CHU

"Kut zoizuta sin thaw chu a hung pase a, kut taima ruok chun ama chu a sukhausa." (v.4)

Tiem ding le ngaituo zawm dingin: Thuvarhai 10:1-8

Nikhat chu Isu thruoiruoihai khan Isu kuomah: "...nakie el khan Juda hai khan lungin an deng tum che a, chuongsa khawm chun chu taka chun i fe kirnawk tum maw?" an tih a. Isu chun a don a: "Sunah darkar sawm le pahni a um nawm a nih?" (Johan 11:8-9). Isu khan Juda hai kha iem anthaw annawleh an thawnaw ding thu anih nawh, a tina a nih. Nikhat sung hin darkar sawmpahnh a um a - chuchu a thil thaw tumna dingin a huntawk a nih - chuleichun ama chu fe in a thaw ding chu ava thaw puilting a ngai a nih. Hieng chang thu a hai hin sungril tienga nawrna nasatak chu hmu theiin a va um ngei de. Hi khawvela a hung nasan tieng chu pan dingin, Ama sunga khan hmatieng nawrtu nasatak, a hmaa daltu le dangtu hung umhai sien khawm, Ama chun a thil thaw tum chu a tawp chenin a fepui ding a nih ti a suklang a nih.

Isu Krista hre lo khawma, mi taimatak mi ni chu thil thei a nih, anachu Ama hretu hai chun thilthawtheina an neisa a nih - An sungril ah nawrtu leia an hmaa sin thawding umhai chu sukuilting ngeina dingin. Zanita ka hril tah ang khan, Krista kha ka nunah a hung lut khan, ka thabona hai popo chu a sukbo vawng anih. Mi pakhat chun hieng ang hin a lo hril a nih: "Isu Krista chu ka hringnuna a hung lut khan, ka sie le thra hrietha tadinga sie le thra hrietha a hung ni a nih." Nupui pakhat chun, "Hi hringnu khalna a hin Krista chun thlithar a mi hung pêk a nih."

Nang khawm, hi lekhabu i tiem lai zing hin, tulai iemani sin thra i thawna ah, thawzawm thei lo ang ngirhmun a ngir dam i ni pal am? Thabona, thazoina, peinawna le um mei meina lungril leiin i thlarau nun chu a lak hmang tum mek am? I kut chu hung phar la, Isu Krista kutah i kut chu sie rawh. Ama anthawka hratna lakna laka i hlawsam thu chu inpuong rawh. Chuongchun, a hmingin suok la, i sin thawdinga chun hei in pe nawk rawh.

### TRONGTRAINA

Lunginsietthei le mi hmangaitu Pa Pathien, "Mi popo tadinga lunginsietna" ka dawng leiin ka lawm ie, chu khēlah, Isu Krista ka Lalpa zarah, lunginsiet nawkzuolna ka hmu lei hin ka lawm nawk zuol a nih. Chun, lunginsietna thilpêk ropuitak chu i Hming chawimawina ding lei ropuina dinga hmang thei dingin mi thangpui rawh. Isu Krista hmingin ka hni che. Amen.

### Ni 337. DANGLAMNA CHU HRE RAWH

"Taimâkna popo leh i lungril chu kol la, amaa ithok chun hringna rasuokhai chu an um si a." (v. 23)

Tiem ding le ngaituo zawm dingin: Thuvarhai 4:10-27

Vawisun hin taimâkna le thil thawluina danglamma hriflie dingin hei châwl met ei tiu. Mi tamtak chu hieng thil pahnih hai hi an hriet hran nawleia thlarau ram taka sietna tuok an um a nih. Student pakhat chu thaw hramhramna le lulul taka thilthawna danglamma indon a nih a: "Pakhat chu lungrila tumlatna hrattaka neih a anih a, chun pakhat chu hrattaka nuomlon a anih" tiin a hril a nih. Taimâkna chu thaw hrâm hrâmna a nih a; thil thawluina chu lungril mani nuom zawng thlakdanglam nuom thrak lova pu nget ngetna chu a nih.

Ringtu pakhat, a rawngbawlna a khawm hmasawnna le beisei ding tamtak um, anachu hieng thil pahnih hai danglamma hrietchieng naw leia, tulai, lungngai taka damlai hun hmang ka hriet a nih. Pathien remruot ngeia a hriet sin thaw tranin a um a, thilhai chu a hung indiknaw tran chun, Pathien kuomah in enin, siemfel ding annawleh thaw threl annawleh thawthrat a trul le trul lo khawm ngaituo chuong lovin, a hmasataka a thil thaw thaw chur churin a um a, a tawpa a tawp a chun a hlawsam der a nih. Mi threnkhat ama

hmangaitu le mi tran biek khawm nei lohai chun, a thil thaw chu andiknaw pal ning a tih, Pathien ti zawng anni dal am, tiin, suktawp el ding dam chun an hril a. Nisienlakhawm, hi mipa hin a thil thaw dan kha mi taima thaw dan nilovin, lulul taka thil thawlui a nih ti hrietna var a neinaw a nih. Tuhin, iengtiklai khawma beidawng hmel putin a nun a hmang el an tah.

Kalvari ah Isu Krista a hung khan, "Nangin thil thawding i mi pék kha ka thaw zova, khawvela hin ka chawimawi ta che" (Johan 17: 4) ah ziek a nih. Hi chang sungah "Nang" ti thumal hi en rawh. Isu Krista khan thil a thaw kha khangang khan annawleh hiengang hin thaw lem sien ti pawl, hi taka hin fe sien annawleh saw taka sawn fe lem sien, ti pawl an tam a chu, Ama chun A Pa in thaw dinka a dit chau chu a thaw a nih. Pathien nuomzawng ah chun "Aw" tih in, taimatakin a tawp chenin a thaw a nih. Pathien ti zawng nilo hai thil lakah "Aw" tih a, chuong tienga nasataka thaw hlak mi hi thil thawluina a nih. Hieng thil pahnih danglamma hi ei hriet hran thang a tih.

### TRONGTRAINA

Pa, hieng thil pahnihai hi chieng taka hriet hran a trul ti ka hriet a nih. Taimâkna le thawluina danglam zie hi thlirhran thiem dingin mi thangpui la, chuongchun hi khawvela ka hun ka hmang zo pha, kei khawma, "Thaw dinka i mi tihai chu ka thaw zo tah" chu ka ti ve thei na dingin. Amen.

### Ni 338. HIMNA THURUK

"Mi taima kut chun rorêlña chu kol a ta, mi thabo ruok chun sin in thawluitirna hnuoia sie ning a tih." (v. 24)

Tiem ding le ngaituo zawm dingin: Thuvarhai 12:11-28.

Hi khawvel a hin mi threnkhat hai chu, Kristien ninaw hai sienlakhawm, hnuoi le vanhai hi varna ah siem an nih ti an hriet a, chun hi khawvel ah hlawtaka cheng ding ei nih chun, chu varna chu zawng suoka inthranglientir ding chu ei nih, ti khawm an hriet a nih. Lungril ngaituona indik pangngaitak le lungril hrietna ainhawk khawmin, hieng mihai hin hi khawvela hin taimâkna thranglo chun, hringnun khal hi mihiem cho phawktu ni lem lovin, mi kharkhum thei puok ah an chang thei a nih tih chu an ngaidan a nih.

Chuongang mi pakhat hming chu Victor Frankl a nih. Frankl hi Juda sakhuo zuitu a nih a, Khawvel Indopui II le Germany a intang in le nunrawng taka sipai haiin Judamihai meia an rawna hmunhai khawm lo hmu tah a nih. A dik dika chu, hi pa hi a himna san chu khang hun laia German sipai hotuhai, Nazi SS officers hai doktor ah ruot a ni lei anih. Intang inah a um suong popo chu, Frankl hin, iengleitakin amanh, mi threnkhat hai chu harsatna tamtak le damsukna umnawna

hmun a khawm an hringna an humhim hrâm hrâm theia, chun, a khing tienga chun, mi threnkhat hai chun hring nuomna khawm neilovin, an thi nasa êmêm nasan chu ti ngaituona hlak a.

Hi taka a thil hmusuok chu hihi a nih. Mi threnkhat hai kha an hringnun chun umzie nei tanawh anga an hriet hlak leiin, an thi zung zung a nih. Anachu, an sunghai annawleh an ruol le pai hai la hmu nawk beisei lei dam, annawleh hringna ding san le thiltum nei hai ruok kha chu, damdawk intak êmêm na hmun a khawm khan, an hringnun chu an humhim thei hlak a nih.

Frankl khan chun lungril ngaituona hmangin, Judah midang pakhatin inlarna ah a hmu chu a hmu a lo hmu ve a nih - "Thaw hrâm hrâmna zing ding chun, beiseina chu miin a mamaw a nih." Chu Juda mi dang pakhat chu tirko Paula kha a nih a, Frankl nekin thil kha a hril sâng lem met, hienga a hril khan: "chuthuruk chu Krista nangnia um beisei ropuina chu a nih" (Kolossa 1:27). Krista ei kuomah um chu thil pakhat a nih a; Krista einiah um - chuchu chu, thil dang dei a nih.

### TRONGTRAINA

Aw Pa, iengtin lawmin am keima sungah Krista um leia ka hlimna lei hin lawmthu hril huntawk thiem ka ta? Ama chu ka sungah a um leia beiseina hin ka nunah piktag le inthimtak hunlai khawma umzie a mi siem pék hi. Ka lawm ie. Pa, Kumkhawtluongin ka lawm ie. Amen.