



## OCTOBER 2016 CAMP

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Vol-11. No. 3

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# Hrepuitu

HMAR CHRISTIAN FELLOWSHIP DELHI  
(Regd No:S/ND/599/2015)

EDITORIAL - *IÊNGKHOM NEI SILOVIN, VANGNEI IN TIH?*

KAKROLA MOR (DELHI) HMUNA RAWNGBAWL DAN  
REPORT:

Pastor Siesang Joute

TAPTE BULA RONGBAWL

Jami Darngawn

PARMAWI LE RIM INHNIK KRISTIEN\*

CHUNGHNUNGTAK SIRKAWP\*

KUT LUM TAKA PÊK\*

MIT THIL PHALTAK\*

ENTIRNAN...ENTIRNA DING CHAUVIN.....\*

TIKTLAINA SIEMNA DING THILHAI\*

CHANCHIN THRA PUONGDAR<sup>[1]</sup>

Evan. Vanlaltlan Amaw

\* \*Selwyn Hughes a ziek “Everyday with Jesus” anthawka sermon inlet.

CHUONG THIL PO PO CHU A HREPUITU IN NIH. (LUKA 24:48)

## **Hrepuitu**

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*Hrepuitu a article insuo a umhai a hin, ngaidân suklanga um(hai) hi HCF Delhi ngaidan a(n)ni chuong kher nawh. Ziek tu tin mawphurna a ni lem. Pathien thu le artikul insuo nuom hai chun iengtiklai khawma editor hai kuoma thuziek hai chu pek thei zing a nih.* - Editor

### **Editorial:**

#### **IÊNGKHOM NEI SILOVIN, VANGNEI INTIH?**

Zantieng nisa thlak tawma hi editorial ka sut lai hin, office bang a chuntukver an thawk chun zantieng nisa var chun tukver thla (shadow) chu bang ah chun a hung kap chuoi el a. Hun iemani met hnung a chun, chuthla chu a hung danglam tah a. Chu takah chun, mihriem theina chun hun hi herkir thei ani nawzie thu hi a mingaituo suok tir a. Bible a hin hun hi sukchat (Joshua 10:13) annawleh herkir (2 Lalhai 20:9-11) ti lo chu hmu ding a um nawh a, chu khawm chu Pathien thil thaw a nih. Ei nitin hun hmang hin thlan tieng min hnaitir perieng ngaituo chun, tritna inam beiseina'n i lungril a lak lem a?

*Ringnawtu hai chu, hmatieng, hi khawvel suok san hnunga beiseina khawm nei lem lovin an hringnun hmang tamtak an um a. Eini chu hi ram a hin mi khuol el ei nih thu dam ngaituo chun, hi khawvel hi thlakhla ding a um naw zie le vantiang ngaina lungril ringna mi petu lunginsietna Thlarau Thienghlim leia chu beiseina ei neih hriet chieng na (ringna) ei neih hi ei va vangei biek ngei de. Awle tiemu, nang teh, I vangnei i ti ve am? Hi khawvel ah hming thratna, sum le pai, hauakna le nina ropui tak neih naw lang khawm, iengkim a iengkim Lal Isu neitu ni seng thei dingin tiemu popo Pathienin mi malsawm seng raw seh.*

inchuknaa hlawtingna dingin Isu hmingin mal ei sawm ding a nih. Ei pasalhaiin an sinthawnaa hlawting dingin Isu hmingin mal ei sawm ding a nih. Ei nuhmeihai khom insung an enkolna le nuhmei thra tak ni dingin Isu hmingin mal ei sawm ding a nih. Ei Bible-in nang malsawmna ni rawh a ti a nih. Chun ei ruol le pai ei sung le kuohai kuoma dam le ei kawl le kieng le khaw tin le rambung tinah 'Lalpa i ram hung tlung raw se' ti hi ei trongtraina ni raw se. Ei Lalpa Isu'n hieng ang hin trongtrai hlak dingin a mi hril a nh: Kan Pa, vana mi, i hming inza um sien la, i ram hung tlung raw se. I ditzawng vàna an thaw angin, hnuoiah thaw ve raw hai se. Mathai, 6:9-10.

**A pathumna, Pathien ram le felna zongtu an tam theina dinga trongtraia hni.** Isun a nauhai le a ringtuhai thaw dinga a dit chu, Pathien ram le felna hi hmu senghai sien a ti a nih. Khawvel thil nekin mania Pathien ram le felna thu hi ngai poimaw senghai sien a ti leiin, a ram le a felna chu zong hmasa zet lem ding le thil dang po po khom a pêk belsa ding thu Isu ngeiin a lo hril a nih (Mathai,6:33). Maniah Pathien ram a um ti min a hriet chieng phot chun thlarau bo hmang an voi naw thei nawh a, a thei tawk tawkin

Laipa ta dingin a'n pek hlak a, bohmang tam tak an bohmang song nawna dingin a trongtrai hlak a nih. "Mihriem Naupa hi bohmanghai zonga sandam dinga hung a ni hrim a nih" (Lk. 19:10).

Chuleiin ka unau dittak hai, hun thra le hun lawmum a um sung hin Isu Krista hre nawhai kuoma Isu Krista chanchin thra hril hi ei thaw ding makmaw a nih. Ei fena taphota hai, ei sinthawnaa hai, ei office a hai le, ei inchukna hmuna hai khom Isu Krista mi sandamna thu hril le puongdar dingin thei tawpin thrang lang ei tiu. Ei thil neihai leh inpumpek tlatin, trongtraina thaw nawkuol ei tiu. Chu chu Lalpa dit zawng a ni si a. Isun, "A mi tirtu ditzawng thaw le a sin hlen hi ka bu a nih (Jn. 4:34) tiin a mi hril a nih.

**Lalpa a thu malsawm raw se.**



[1] A sermon delivered by Evan. Vanlaltlan Amaw at Hmar Christian Fellowship, Delhi on April 24, 2016 (1545-1745 hrs).

Tirko Paula ngei khomin, Pathien lunginsietna thu puongdarna sin chu a hlen phot chun, a hringna chu thlakhlà tlakah a ruot nawh. Thilthawhai 20:24.

Lalpan a sandamna chanchin thra thutak hi a la hre lohai kuoma hriltu ding le puongdarta ding mi a zong zing a nih. Unau, nang in pei am ei Lalpa Isu Krista chanchin thra puongdar dingin? Chu ding chun ei Lalpan lunginsietna kot lien tak a mi hongpek a nih. Isai chun, "Tu am tir ka ta? Tu am ei ta dingin fèng a ta?" tiin LALPA rawl chu ka hriet a. Kei chun, "Hi taka hin kei ka um, mi tir ta la" ka ti a (Isai,6:8) tiin a ziek. Eini khomin chuong ang chun ei don ve naw di'm a nih?

#### Lo Neitupa Lalpa hni ro:

"Lo Neitupa Lalpa hni ro". lengtin am ei hni ding? **A pakhatnaah, Pathien kuoma trongtraia hni.** Thlarau bohmang tam takhai thlarau sandamna dinga trongtrai, Pathien tak hre nawhaiin Pathien tak an hriet theina dinga trongtrai, Isu chanchin thra la hre lo haiin Isu Krista chanchin thra an hriet theina dinga trongtrai, berampu le kohran thruouit, khawtlang thruouit, hnam thruouit, ram

thruoituhaiin Pathien dit dana ro an rel theina dinga trongtrai dingin a mi ti a nih. Ei Bible thu vekin, beiseina chun suklawm sien la cheu, sukdùdàna chu sel takin tuor unla, **ieng lai khomin trongtrai ro** (Rom 12:12) ti'n a mi hril a. Chanchin thra hrilna le puongdarna sin hi trongtraina thrang loin thil thei lo a ni a, trongtraina hi a poimaw bek bek el a nih. Trongtraina hin thil a thaw thei a, thil mak tam tak an tlung tir thei a, natna a sukdam thei a, mi thi a kei tho thei a, Pathien le inbiekpawna a ni leiin, a thilthawtheina khom a'n sang a nih. Khawvel hnena a ni bok. Tu insung khom ni sien trongtraina insung chu in inhoi a ni hlak. Trongtrai tamna kohran khom, kohran inhoi le kohran hring a ni hlak. Trongtai tamna khawtlang chu khawtlang inhoi, trongtai tamna rambung khom rambung haus a ni pei bok. Isun a zirtirhai khom trongtrai dan a'n chuktir rawn tak a nih. Chun trongtrai mi chu a biek khom an inhoi hlak a nih.

**A pahninaah, Pathien ram hung tlung dinga trongtraia hni.** Mania le mi tin chunga Pathien ram a tlung theina dingin trongtrai ei ta, ei nauhai le nuhmei hai le ei pasalhai khom Isu Krista hmingin malsawm ei ta, ei nauhai an

#### **KAKROLA MOR (DELHI) HMUNA RAWNGBAWL DAN REPORT:**

Pastor Siesang Joute

Pathien lunginsietna zar chauin mission field ramthim rongbawlna ei nei hi NASA takin Lalpan mal a mi sawm a, Shiv Vihar hmuna Chanchin Thra hril ei tran chu, eini nuom le tum reng ni loin, ringtharhaiin an phakna hmun peiah Chanchin Thra hril an sunzom peina zarin, Delhi le a se vel state dang danga hai chen Chanchin Thra hrilin mission field ei zauh pha a, mak ve tak a nih. Hi taka inthok hin Hmar Christian Fellowship Delhi hi ramthim rongbawlnaa hin ei thil tum le nuom el ni loin Pathien thil tum lema keihrroi ei nizie hmu theiin a um.

Kakrola Mor (Delhi) hmuna ei mission field khom hi, ringtharhai hmalaknaa inthoka intran a nih. Hi hmun hi Metro Blue Line route-a Dwarka Mor Station le Dwarka Station inkara um a na, Dwarka Metro Stationa inthoka minute 3 vel lam a nih. Hi mission field hi 5 November 2010 khan tuta rongbawlna field enkawltu, Evan (Mrs) Rehana hin a lo tran a nih.

**Evan (Mrs.) Rehan Khatun hi tu'm a na?** Ama Mrs. Rehan Khatun hi Tarbanggah (Bihar), Ali Hassan le Ashea Khatoon hai inkara pieng a nih. Ama hi an urenga a pathumna a nih a, unau piengpui pasal pahni le nuhmei pali a nei. A pasal hming chu Subhan Khan a na, nau pasal pahni le nau nuhmei pakhat an nei a. A nauhai a upatak, Mr Azarel Khan le a pahnina, Noor Jahan hai

hin Class XII an zo ve ve tah a, a naupang tak, Emmanuel Khan hin Class IX an chuk bok. Ama, Rehana hi Mosolman sungkuoa pieng le seilien a ni a, insung harsatna leiin lekha inchuk thei loin a um a, a sunghaiin naupangtein pasal an inneitir a'n leiin harsatna tamtak a tuok a, ei hriet angin Mawsolman sakuonaa hin nuhmeihai nghirhmun chu zuk suongtuo ringawt khoma iem mani chen chu zuk hriet thei a nih.

Harsatna leiin fak zongna inhawi lem beiseiin kum 1992 lai vel khan Delhi an hung lut ve a, a pasal hin mistiri (inbawl) sin thawin harsa takin an khawsa ve a nih. Shiv Vihara rongbawlna ei hang tran hlim khan Pathienin a mi pek tuta ei building hi ar vaina hmun (poultry farm) a nih. Building siemthrat sin ei thaw khan a pasal Mr. Subhan

Khan hi mistiri-in ei ruoi a, Rehana hin nau don pumin a pasal sinthaw a hung thrangpui hlak a. Naute nu ni sien khom a sinthaw hi a nguk thei em em a, thafan takin a thaw hlak bok. Ei siemthrat building-a chun tuta Bethany Convent School ei hung tran a, chu taka chun ni tin Rs. 25 vel hlwin contract-in chokidar sin a thaw tran a. Chuonglai chun zingkar class lak hma le school trinin staff hai po devotion neiin trongtraina nei a ni hlak a. Ama hi Mawsolman a'n bok leiin, a hran taka devotion-a thrang dingin phut an naw a. Amiruokchu staff haiin devotion an nei pha hin a sira intrungin, staff haiin Pathien thu sharing an neihai chu ngun takin a lo ngaithlak ve hlak a, chuonga inthok chun Pathien Thu Tak a hung hriet tah a. Pathien thu hrietsa nuomna amaaum Pathienni inkhawma khom chawl loin a hung thrang ta pei a.

Chuonga kum li vel sikula sin thaw malama Pathien thu a ngaithlak bakah Pathienni inkhawm a thrang hnung chun 1999-a Fellowship-in Baptismal Service ei nei ding trum chun Baptisma chang dingin a hming a hung pek ve a. Hming hung pe

hai po po mimal taka inhmupuiin an testimony hai ngun taka ngaithlakpek an nih a, chuonga inthok chun Baptisma chang thei dinga hriethai po chu Baptisma pek an ni hlak a nih. Hi trum hin Rehana khoma a testimony a hril ve a, testimony feltak a hril hnung chun mission staff rongbawltuhai chu inthrung khawmin Rehana chungthu ngaituo tlang a nih. Mawsolman a ni leiin fimkhurna dingin kum khat dang ama chu la enthlithlai thra ti a nih a, tuta trum chu Baptisma la chang naw hri sien ti a nih. Hi truma Rehana thu hril ka la hriet zing pakhat chu "Vanram kai chu in suk intak ngei" ti hi a nih. Kum 1999-a baptismal Service chang dinga hming pe fimkhur thua a la chang naw ni sien khom, lungawi loa nuor el loin ringum takin Pathienni inkhawm le a sin chu a sun zom zing a. Pathien hla a hriet sun sun hai chu saka hlim em em pumin tuk tin le sikul trin zatin sikulah hmun chu a phit hlak a. Chuonga Pathien le an inkar inlaichinna intranglien peiin 2001 khan Baptismal Service nei dinga program ei hang siem nawk chun, a hming a hung pek nawk a. Hi trum hin mimal taka Pathien a tonhriet (experience) dan a hril a, a testimony a hril laia ka la hriet zing pakhat chu: "Mihriemin suol ei thaw

po a sawp fai le ngaidam vong takzie thu hi khawvel mihiemin hre hai sien la a ti leiin, '**sik ding tam tak a um**' a ti a nih. Ama Isu Kristaa chauh naw chuh tu dang kuoma khom sandamna a um nawh; vàn khup hnuoia mihiem hming sak lai mi sandam thei hming dang hrim hrim a um nawh. Thilthawhai 4:12.

**Pathumnaah, Isu Krista chanchin thra zara nau ni ta si, ana chu nau an nina an hriet naw leia tam tak thi ding hai invoina lei a nih.** Isu Krista ring leia suol ngaidamna le chatuon hringna, chun Pathien nau ni theina a um ti hi, mi tinin hre hai sien a ti a nih. Isu Krista ring leia, hringna tak tak chatuona hringna nei thei a ni thu hi ei Lalpa Isu Kristan a ngai poimaw em em a, chulei chun **sik ding tam tak a um** a ti a nih. Tirko Paula khomin Chanchin Thra hi hril ta naw lang chu ka chung a va rik awm de aw! (1 Korinth 9:16) a ti hiel a nih.

### **Sinthawtu an tlawm si:**

Ieng sin thawtu am ning a ta an tlawm chu? **A pakhatnaah, a thu hrepuitu ringum ding an tlawm.** Khawvel ta dinga a tuorna le thina, a thonawkna thu, ama a tho nawk ang bawka tho nawk a, ama ringtu po po chu chatuona hring zing ding an ni thu, inkhel ruol lo

hrepuitu ding in a nih a ti chu. Hi Isu ngei hi Pathienin a keitho nawk tah a, ei rēngin chu thudik hrepuitu chu ei nih. Act, 2:32.

**A pahninaah, Isu Krista chanchin thra puongdartu an tlawm.** Ei Lalpa Isu ngai poimaw em em el chu a chanchin thra puongdar hi a nih. Chu chanchin thra chu mi tinin hre senghai sien, sak le thlang le sim le hmarah inthang suok sien, a chin a lienin hre hai sien, sandamin um vong hai sien ti hi a dit em em el a nih. Chulein ama ngeiin, hieng mi chīn té tēhai laia pakhat khom an bohmang chu in Pa vàna mi ditzawng a ni nawh tiin a hril (Mt. 18:14) bakah "Khawvel po poah fe unla, thilsiem po po kuomah Chanchin Tha hril ro" (Mk. 16:15) a zirtirhai thu pein a hril bok a nih.

**A pathumnah, Pathien lunginsietna thu puonggartu an tlawm.** Pathienin a mi lunginsietna leia Isu Krista ei ringnaa sandamna a mi thlungpeki mi tin hrieta puong dar vat vat ni sien a nuom a nih. Chu lunginsietna thu chuh puonggartu ni dingin, Lalpan nang le kei a mi dit a, chu lunginsietna chanchin thra thu chuh puongdar dingin Lalpa nang le kei ami ko zing a nih.

## CHANCHIN THRA PUONGDAR<sup>[1]</sup>

Evan. Vanlaltlan Amaw

Hun thra hun lawmum mi petu le voisuna hi lai hmuna ngir thei dinga mi ruottu ei hotuhai le ei Pathien kuomah ka lawm thu um raw se. Ahmasa takin ei rongbawlna Shiv Vihar chanchin tawite hang hril ka nuom a. Voituk khan nupui pakhat mitna leia thla ruk lai hmu fie thei lova um chu, damdawi thrang lovin Lalpa Isu Krista a ring leiin damna a chang a, chu le inruol chun a pasal khom inkhawma a hung thruoi nghal bok a nih. Chubakah ringtharhai hin Isu chanchin an inzapui nawh a, an fena taphot le an sin thawnaa hai an hril pei hlak a nih. A thren chu hmunphittu, a thren chu thleng sawptu an nih. Tu kum lem chu biek in bawl tumin trongtraina leh thrang nasa takin an lak mek bok a. Kum 2020 invoi hmain ringthar 10000 nei dingin an trongtrai zing bok a nih.

Ei thupui chanchin thra puongdar ti hih, a bat batin hril thiem nawng ka ta, ka hmu phak tawk hai le ka tonhriet phak chin bong rem rumin ka hung hril lem ding a nih. Mathai, 9:35-38 a chun Isu'n khaw lien le khaw têhai fangin, synagogue-a hai Pathien ram Chanchin Thra hrila inchüktirin, hri le natna chi hrang hrang invoihai a sukdam pei thu ei hmu a. Mipuihai chu vêngtu le santu nei lo beram ruol anga um an ni leiin a lunginsiet tawl êm êm a. A zirtirhai kuomah, "Bu sîk ding tam tak a um a, sinthawtu an tlawm si a. Chuleiin, a loa bu sîktu ding sinthawtu tir dingin lo Neitupa Lalpa hni ro" a tih a nih.

### Bu sîk ding tam tak a um:

Pakhatnaah, Bu a ti hih thlarau bohmang mi tam tak, thinain ni

**tina a liempui pei hai chu an nih.** Ei sak le thlang, ei kawl le kieng, ei ruol pawl ring nawtuhai, mithi an nih ti inhre lo, bohmangna lam hrawa intawl pei, ni tin bu anga rop a, thinan a thruoi hmang mek hai ang boka khawsa mipuihai chu Isun a hmu a, a lunginsiet a, an boral el ding chu a phal naw leiin, "Dâk suok unla, lohai thlir ro, buhai chu sîk el theiin a hmin tah hi" a ti a nih (Jn. 4: 35).

**Pahninaah, Lalpa Isu Krista sandamna chanchin thra la hre lo tam tak an um.** Mi tam takin Isu Krista hi khawvel sandamtu a nih ti an la hriet nawh. Chuleiin ei Lalpa Isun a sandamna thu hi mi tinin hre seng hai sien a nuom em em a nih. A thisenin khawvel suolna po

lai po poa a poi tak chu Pathien hmangaina ei hnawh hi a nih" ti a nih. Pathienin a suol a ngaidam ngeizie fel em emin a hril a, chun a mang chen khomin Isu a hmu hlak thu a hril bok. Hi trum hin chu rongbawltuhai inthok khomin ieng khom remchangnawna ding thu hril a um ta naw a, baptisma a chang ding chu lunginruol takin rem ti tlang a nih. Rev. Zira Biete (Sipai Pastora thrang, Delhia hung posting) kutah tuta ei inkhawmna Apostles' Methodist Church-ah Baptisma a chang ta a nih.

A hmaa rongbawltuhaiin an inlau ang hrimin Mawsolman ni bok, a pasal khom ringtu la ni loin Lalpa Isu Krista chu Lal le Sandamtuin a pom chau ni loa, Pa le Naupa le Thlarau Thienghlim hminga Baptisma a hang chang chu ring nekin mi hriet hlawin khuo le veng hai hriet a hung nih. Hienglai hun hin Mawsolman hai Mulah, an Mosque rawngbawltuhai khom ei inkhawmnah an hung ve zeu zeu hlak a, thawlawmhai hung thawin, an hung thei naw chang khomin Pathienni thawlawm bek hi an rawihai an hung inthak tir hlak. Ring nekin ei rongbawlnaa thil tlung le ei thilthawhai (activities) an hriet khop el a, an mi hnina zarin Baibul khom iem mani zat zet ei pek a, iem

an changpui pei ding chuh. Hienga an thuring lo intrawmpui tah hlak, Rehana-in Mawsolman sakhuo maksana Lal le Sandamtua Isu a zuk pom el chu an ngaidan an ta naw a, anni laia mi group insiemin keikir nawk tumin thrang an lak tran a. Ni tin a chengna inah panin Mawsolman thuring hmangin counseling an nei hlak. Voi khat chu an hung pan lai ka tuok fuk a, "leng leia Isu Krista chu i ring am a na?" tia an indon chun "Isu hin a mi hmangai a, ka ta dingin a thi a, ka ringna hi tu tadinga ring ka ni naw a, ka hringna dinga ka ring a nih. Ka pasal tading khom an naw a, kei a mimal ringna a nih" tiin a don a. lem mani chen an buoipui hnung chun, kar khat sunga thutlukna siemfel dingin thu an pek a. Chu hun sunga a kir naw chun "hre hmang" ding tiin an inthla a. Chu ni zet chun misawnarihai khom kan buoi ta ie. "Baptisma ei lo pek kher khera a nih" tiin Misawnari lai khom trul loa inselna a um pha ta hiel a. A tawpa chun thutlukna siem a na, kar khat a tling hma, Mawsolmanhai hung kir hma ngeia Rehana chu lo thup hmang dingin. Chu thutlukna chu Rehana kuomah hril a ni chun hieng hin a mi lo don a: "Isu Krista hi ka hringpui ding chau ni loin ka thipui

dinga ka ring a ni a, nangni lo buoi naw ro. Pathienin rem a ti naw chun ka chungah ieng khom tlung naw nih. Isu ka ringna leia thi chu ka ta dingin a hlu tak a nih. Isu ringna leiin thi naw lang khom ieng natnain amanih ka la thi tho ding a nih". A mi donna chu inzakum kan ti si, kan tri thawng bok, lawm bok siin intieng kan kir tawl el a nih.

Isu thipui ngamtak tak tak hai chun an dampuizie Rehana hringnuna inthokin hmu thei a nih. An hril ang ngei chun, kar khat hnunga chun an Mulah rawi chun an va'n hmupui nawk ngei a. Thi khom a poiti naw tlat lei le Pathien hun ruot an naw leiin ieng khom an law thei chuong naw a, 'Invetnu' tiin Mawsolmana hung thruokir nawk dingin a pasal chu an incha a, an maksan el a nih. A tir chun a pasal hin a vuok a vuok hlak a. Inkawma a fe hai hi a theida hlak a, sienkhom a ringna inphat chuong loa tuor hram hramin hun sawt rak lo hnunga chun a pasal khomin Isu chu Lal le Sandamtuah pomin Baptisma a chang ve ta a nih. Rehana hin Baptisma a chang hnung khomin ei sikulah sin a thaw zom pei a. Baibul bek hi ka tiem theina dingin mi trongtraipui ro a ti hlak a. Mak danglam takin Baibul chu a hung tiem thei tah a. A fe na naa hin

Pathien thu hi a hril hlak bok. Lekha inchuk lo le lekha thiem naw ni sien khom Pathien thu a hang hril hrim hrim hin a thuhrila mi hnethina (convincing/authority) nei deuin a hril a, hi hih a hringnuna Thlarau Thienghlim sinthaw hmuthei pakhat chu a nih. A hringnunah Thlarau Thienghlim sinthaw hung inlang pei chun sikul hmun phit fai nek chun Chanchin Thra hril dinga Lalpa kona a dong a, chu sin thaw dingin an pek ta lem a nih. Tu hin a piengpuhai a tamlem chu Mawsolman an la ni zing a, an urenga a upataknun hin Isu chu Lal le Sandamtu dingin a pom a, Baptisma a chang nuom an tah ti a trongbaua inthokin hriet a nih. A insunga khom misawnari sin a thawsa a nih.

**Kakrola Mor-a a rongbawlna intran dan:** Ahma chun Evan. Rehana hin Shiv Vihar le a sevel J J Colony-a hai Chanchin Thra a hril hlak a, a rongbawlna a thaw hlawk thei em em. Ruol siem a thiem a, mi anga thiem le var ni naw sien khom Pathienin a hmag a, amaa inthoka Isu chu Lal le Sandamtuah pom mi thrahnem tawk tak an um ta a nih. Ei hril ta angin Shiv Vihara inthok ringthar, Mr. Inder Dev hin Kakrola Mora

## TIKTLAINA SIEMNA DING THILHAI

"Bukna indiknaw chu LALPA ta dingin tirdakum a nih; inkhina indik ruok chu a lawmzawng a nih." (v.1)  
Tiem ding le ngaituo zawm dingin: Thuvarhai 11:1-10

leng tinam tiktlaina chu nei thei le siem thei dingin inbuotsai ei ta? A hmasataka dingin - i thil nei po po hi i ta chauh ni lovin Pathien ta a nih ti hi lungrilah sie a trl. Hi hin Pathien chu a umna ding tak le nang khom i umna ding taka umna hmun chu a nih. Tuhin, nang chun Ama thil neihai chu enkol dingin in ring a, nang a ditdan ang ni lovin Pathien ditdan ang lemin. Hi hi a nih, zalenna indik tak chuh. Thil iengkimah mawphurna pêka i umna chu - Pathien chungah a nih mawphurna i nei ta chuh. I khawvel hmangnaah thruouit che chu i nuom dandan, i ngaidan, i lungril inhawlk zawng lei le i dit dan dan hai ni tah lem lovin a' n tlantu le sandamtu che thruoina hnuoiah kalchawina chu a nih.

A pahnina dingin - i hringnun kha hei inenon la, ieng thil hai am a na i mamaw hai le ieng thil hai am a na i thil dithai chu thlier hran rawh. I thil mamawhai chu a poimaw a nih - Pathien chun chuong hai chu pe ding chein a'n tiem a nih. An leh, i thil dithai teh? E khai, chuong hai

chu thil dang an nih. Hi khawvela Pathienin nangmaa a thiltum a sukpuittingna ding chun, i thlarau, taksa le lungril hrisel tawkna dinga i mamawhai chu a hun tawk a nih. Mi tu khomin chuong hai chu ieng iem a na ti chu rel pêk thei nawng an che - thupêk chu pe thei hai sien la che khom a tawp taka chun nang chauhin Pathien kuomah amaw chu i phur ding a nih. I hringnuna thil po po chu pakhat tetein hei kei dok la, Pathien thruoina hni rawh. I sung le kuo hai chun i ngaituona nasa takin an lak ring a um, anachu iengthil khom nisien Pathien kuomah intlun vong ding a nih.

A pathumna dingin - i lungril sunga chun mihai chungah i tiktlai ding a nih ti chu sie top el rawh. Thilphalna leia lung inhwina hmu lei khom ni lovin annawleh tiktlaina leia lungril inhoina khom ni lovin, kong iemani bêkah mihaiin malsawmna an chang i nuom lei lemin i tiktlai ding a nih. Malsawmna dong beisei lein i tik a tlai ding a ni naw a, malsawmna ni dinga tiktlai lem ding i nih.

## TRONGTRAINA

Pa, Ka hringna bul chu nangmaah inphum a ni lei le chutaka inthok chun tiktlaina lungril siem thei dinga i mi sienaa hin ka lawm ngei ie. Tuta inthok chu keia tieng kut keina um thrak lova tiktlai thei dingin mi thrangpui rawh. Isu Krista hmingin ka ngen che, Amen.

## **ENTIRNAN...ENTIRNA DING CHAUVIN.....**

"I tuolbawm kuoma chun, 'Fe la hung nawk rawh zingah pêng ka tih,'  
ti naw rawh; nangin i nei lai a ni phot chun." (v.28)  
Tiem ding le ngaituo zawm dingin: Thuvarhai 3:19-35.

Baibula hin mi tiktla chun midang chungah a tiktla lein anniah khom tiktla a siem ti thudik hi hmu ding tam tak a um a. Anania, Saula suolna le lungsenna tuor thei ngirhmunah um pa khan, Saula dar chungah kut inghatin, tiktla takin, "Unaupa Saula" a hei ti khan, Saula lungril sung taka khan iemani thil chu a them a. Saula, mi piengthar pa lungril khan Kristien ropuitak inchangna ding lam chu kha taka inthok khan a hung intran a nih.

Entiran, entirna ding chauhin, bei panga le ngate pahni hung paitu naupangtepa khan hieng ang hin a lo ti nisien: "Hi bu hi ka ta a nih a, mi tu khom sem naw ningah". Kha naupangtepa khan khawvel po povah thilmak tak kha a hmu naw ding a na. Annawleh, entiran, Isu thruoiruoihai khan bei le ngate sukbunga umhai kha sie hranin, mipui hai chun poisa sum hmanga an inchawk thei ding chauhin zor

tah hai sien, iem ning a ta? Chuong ang chun lo thaw ni hai sien chu, tuhin an chanchin khom hriet ding a um ka ring nawh. Mi theinghil ning arn tih. Chun, Isun Jerusalem a lutna dingga a hmang sabengtung neitupa khan, "Hi sabengtung hi ka ta a ni a, mi dang tu kuomah khom pe nawng ka tih" lo ti tlat ta sien, iem chang a ta? A lo pêk phal naw lei khan thil thra takpa a thaw le thaw naw chu a dam sung a lungrilah NASA takin ngaituona insuol zing a tih. Nang le kei khom, tiktla hun ding remchang tam tak tuok ei tih. Chuong hun le hmuna hai chun ei lo tiktla naw pal a ni chun, ei hriet ta naw maw, ieng thil thil am, rongbawlna tieng le thil ropuitak tak hai ei lo chan khom a ni thei. Pathien chun eini tieng a tiktla kotkhar chu a hong a, eini khawm ei tiktla lungril kotkhar hi midang kuomah hong threl tum nawng ei tiu.

## **TRONGTRAINA**

Aw Pa, nangma tiktla po po chu kei hi a tawpna ni lovin a lungsuokna ni lem raw seh. Mihai hringnunah tiktla chun thil ropui tak tak hai a thaw ka hmu hin kei chu hlawsam pal ka tih tiin kan lau ngei. Mi thrangpui rawh, Pa dittak. Isu Krista hmingin ka ngen che, Amen.

um, a unauhai khomin Chanchin Thra hi hre ve hai sien tiin, Evan. Rehana hi a fiel a. Chu bakah Shiv Vihar kohran member, Mrs. Tara hai khom Kakrola Morah an lo um ta bok a. Anni chun an thei ang angin an ruolhai le an invenghai Chanchin Thra an hril hlak a. Chu hmalakna chu hung inthranglien peiin Evan. Rehana chun 5 November, 2010 khan Kakrola Mor laia Chanchin Thra hril dingin a lo lut tran ta a nih. A tirin inkhawmna ding pindan chite pakhat hluoin Shiv Vihara inthoka ringthar Kakrola hmuna insonhai leh chun a hang inkhawm phot a. An pindan/in hluoman khom hi Shiv Vihara kohranin a hang tum pek phot a nih. Chuonga hung intranin, tu hin ringthar Baptisma chang, mi 28 an um tah. Rehana hi Mawsolman lo ni hlak tah a'n lein Mawsolmanhai laia rongbawl dan ding Pathienin an hmutir khom ning a tih; tutu ringthar a lak hai lai khom hin Mawsolman sungkuo pakhat (membar 5) an rengin Baptisma chang an um. Khawvel inkhinaa varna le thiema nei naw sien khom Pathienin hmang dan a thiem a, a rongbawlna nasa taka mal sawmin kum tin hin Isu Krista Lal le Sandamta poma baptismal chang an la um zing a nih. April 3, 2016 khom khan hi lai mission field-a inthok hin mi sawm

le pahniin baptisma an chang. Kakrola Mor laia ei rongbawlnaa hin Pathien thilmak thaw hmu ding a um zing a, taksa damna chang dam, mak taka Pathien malsawmna chang dam testimony hi Pathienni zatin ngaithlak ding a um hlak. Pathienni le Ningani zan tieng dar 3-ah biekin inkhawm nei zie a ni bakah kohranhai lai sungkuo kan le trongtrai inkhawm nei a ni hlak.

Kakrola Mora rongbawlna hi HCFD Thralai Pawl hai rongbawlna kut hung rol bik deu anga ngai thei a nih. Asan chu Rehana hi Thralai Pawlin an chawm a na, chubakah an inkhawmna biekin hluoman chen khom an tum pek a nih. Mi threnkhat chun rongbawl ding chun misawnaria inpek hi an sang tak angin an ngai hlak. Amruokchu, Lalpa rongbawlnaa hin misawnaria fe le a chawmtu hai kona hi thuhmun a nih. Ei rongbawlna a hlawk ding chun a fesuok hai le a chawmtu/tirtu hai ei poimaw ve ve a nih. "Chuong chun unauhai, a kona le a thlangna cheu hi suklang dingin theitawpin thrang la zuol sauh ro; chuong anga thawtuhai chu ieng lai khomin tlu se naw ni hai" (2 Pet 1:10).

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## TAPTE BULA RONGBAWL

- Jami Darngawn

Chun ama chun, "I naupa, i naupasal neisun, i lunginsiettak Isak ngei kha thruoi la, Moria rama chun fe la, chutaka chun, tlang pakhat hril ka ti che a, pumrawhmang inhlannaah inhlhan rawh" a ta. Chun Abraham chu zingkar a thova, a sabengtung a siem a, a kuomah a siehlaw tlangval pahni a thruoi a, a naupa Isak le chun; chun pumrawhmang inthawina ding chu thing a put a, a thova, Pathienin a hrilna hmun tieng chun a fe ta a (Gen 22:2-3).

Awleh, ringnaa ei Pa Abraham hi a rongbawl dan hi 'tapte bula rawngbawl' chu a ninaw ngot el. Ama chu hla taka a va fe suok a, chu taka chun a hmangai em em a naupa maichama pumrawhmang dinga va pek dok top dinga kona a dong el kha chu a ropui taluoa hril ngaina khom a um naw el a nih. Tulai eini rawi khang khan kona rawl lo dong ta inla Pathien rawl a nih ei ti ngam chie dim ti dam ka ngaituo hlak a. Rapthlak tak a nih; mani nauhai thi dinga hang inhlana mol el kha chuh! Sienkhom Abraham chun Pathien rawl a nih ti chu a chieng em leiin a thaw el chu a na, amiruokchu

Pathienin a lungril a lo fie tumna kha a lo nih a, a hmangai em em a naupa kha a pek nawk a ni khah.

Chuongang bok chun eini Pathien nauhai khom hi Lalpa Pathien chun ei lungril hai a mi fie hlak a nih. Zani zana kan kohran Nuhmei Pawl haiin "Ramthar inzin" kan thawa kan thil neihai kan phal ang tawk tawk chawikhawmin kan zor a. Poisa kan hmuhai chu ramthar rawngbawlna ding a nih. Mipui laia zor mawphurna chu kei le mi pakhat dang an mi ruot a. Thuomhnaw pekkhawma um haia chun a petu hming ziekin a um pei a. Sienkhom, puonbi chi thra em em le aman khom to fut el ding pakhatah chun a tu hming ziekin a um nawh. Ka lungril chun 'Hi puon petunua hin chu thil iem a ni a um a nih' ka ti reng kha a

## MIT THIL PHALTAK

"Misiehai kuoma petu chun tlasam ngai naw nih" (v.27)

Tiem ding le ngaituo zawm dingin: Thuvarhai 28:18-28.

Tiktlai thupuia ei hmang hi la hei suizui met ei tih. Hi thupui hi Thuvarhaia chauh ni lovin Baibul pumpuiah a hrilna hmun dang tam tak a um a, chu laia a ropui taka ka ngai chu Isu Kristan Matthai 6:22-a a hril kha a nih. Mi pakhatin hi lai thu hi hieng hin a hrilfe a: "Tiktlai mit chun taksa bung pumpui chu a sukvar". Chu umzie chu tiktlai mita thil i en chun hringnun le thil dang i hmudan indang a ta, i nina po po chu varin suksip a tih. Isu Krista kha mi po po - mi rethei, mi hnuoohnung, mi suol, mi ditum lo hai chungah a tik a tlai a ni khah. Chuongchun a pumin vara sip a ni kha. Eini khom varna tuihnar, Isu Krista leh ei inzom chun tiktlaina lungril einiah a mi siem pêk hlak. Chuongchun, amaah tiktlai mit chun mi tin le thil iengkim chu ei en tran thei tah a nih.

Tiktlaina intokin inlachinna thra tin reng a hung ra suok hlak. Norway le Swedenah kan zin rawn tah khop el a. Hi rambung pahnih mihai hi unau ang elin inlaichinna an neiin ka hriet a, a san ding awm ka ngaituo hlak. Inzomna hrui intan thei loin hnam khatin a zom angin an um a. Asan ka hmudok chu: kum tam tak liem ta khan Norway chu Sweden thuneinaa intok zalenna a ngen a. Khang lai huna Swedena thuneitu sungkuo haiin an chawisang, Kristien nun dungzui chun an don let a. Indo buoi le innghirngona um der Iova Norway kuomah Swedenin zalenna tiktlai taka a lo pek khan voisun chen hin an inlaichinna chu machi angin a la saw al zing a nih. Mit tiktlai chun inlaichinna taksa pumpui chu varin a sungsip a nih. Hmangaina angin tiktlaina chu a hlawsam ngai nawh

## TRONGTRAINA

Lalpa Isu, i mit tiktlai tak chun keiah ka hmu thei lo thilhai chu i hmu a. Mi po po leh kan indawrna hi tiktlaina intran dingin voisun hin mi thrangpui rawh. I tiktlaina chun keimaah tiktlaina vek inpieng tir rawh. Isu Krista hmingin ka ngen che, Amen.

## KUT LUM TAKA PÊK

"Mi thra neitu chu a ham thrang a tih, mi rethei kuomah a bei chu a pêk si a." (v. 9)

Tiem ding le ngaituo zawm dingin: Thuvarhai 22:1-9.

Mi tiktai chun thil pêk ding a hau zing tina ning a ti? Ni chuong kher lo e. Hieng anga ngaidan nei chun ei hril tum thupui hi mawl takin a ngaituo ning a tih. Thuvarhaia intthoka Baibul chang lasuoka ei thuhril tum suk chiengna ding chun Baibula chang, hmun danga mi leh ei enkhi ngai a tih. Kristien threnkhat chu sum tam tak annawleh khawvel ro tam tak chungah ringzo an um nawh; a enkoldan an hriet ngai naw lein. Hi hih hriet a thra. Mi tiktai ni dingin hausak er uor a ngai chuong kher nawh. Pek nuomna lungril neitu ta ding chun mi rethei khoma lal angin thil a pêk thei. Juda thuvar chun "Hmel hlim sieua thil petu chu hmel ngui deuva petu nekin a pêk rawn lem" a tih. Baibulin a hril nuom tak chu tiktaina thlarau a ni a, chu chun thil beisei let lei ni loin

peksuoknaa hlimna a um lei khan tiktaina thlarau a nei lem a nih. Mi pakhat chun tiktai umzie chu "kut luma thilpêk" angin a lo hrilkhi a. Chu chu a thra ka tih. Tuin am kut dei deuva intthokin thilpêk dong nuom reng a ta?

I hriet tah angin thilphalna letting chu hmasielna a nih. Chun, thilphalna hi varna hmel pakhat a ni angin mani hmasielna khom hi invetna hmel pakhat a nih. Hotu pakhatin a zirtirhai kuomah "Hmasielnawna chu i ditthlangna lieu lieua i mamaw ngei ngei ding boa um amanah khawsak". "Inentirna pakhat mi pe thei in um am?" tia an don chun pasalte pakhatin a kut pharin "Aw, kei khom insil ka trl khoma a chang chun kan sil ngai kher nawh" tiin a don a. Ei nui a'n za el thei a, anachu inngaituong ei tiu, ei kiemnawna dinga thudik chu mumal lova siem eini lai hin mi ieng za'm um ei ta?

## TRONGTRAINA

Aw Lalpa, kut lum taka petu ni thei dingin mi thrangpui rawh. Keima thlarauah inhawknawna annawleh vr ang hiel a dei um chu intui tir vong la, chuong chun lungril lientak le thilphaltak mi ni dingin mi siem rawh. Thilpêk nuomna lungril nei dingin min chok tir rawh. Isu Krista hmingin ka hnih che. Amen.

na. Imphal khawpui sunga kan kohran nuhmei pawl thren khat hai chu Pathien zar chauhin suong an um em em a, awfisar khom an um tawl a. Puon petu hi awfisar laia pakhat tak ni naw ni'm tiin ka ring a, ropui khom ka tih.

Pathien thrangpuina zarin kan zor zo thei a, ka lawm hle. Trin tawma tuollai chun thingpui kan dawn tawl a. Chu taka ka thil hmu chu ropui ka ti ie! Nakie ta puon manto tak le nal em em ka ti kha nu pakhatin a lo bie a, a kawla nupui ruol chun "Pathien a ropui ie, Pathien a ropui ie" tia inchel kuolin an lo lam ka hmuh a. Asan kan don chun puon manto kha nu pakhat awfisarin a'n chawk a, mi inngaitlawm tak le (hmusit thu loah) thuomnaw thra an bel khom ka hmu ngai lo nu pakhat dang kuomah chun a thlawnin a pek a. Awfisarnu chu a thaw thra ka tia kan pak hle. Amiruokchu ka hang belchieng nawk chun puon manto em em hung thlawlmstu chu puon dongnu hi a lo ni zing an nawm! Lalpa ta dingin a pek a, ama vekin a dong nawk a nih. Hi thu hin ka lungril a tawk hle a nih (Ka va tluk tawl naw de aw, ka ruolhai chu).

Ani ngei el, Abraham ang em em chu a ni naw ngei a. Amiruokchu ama khoma a nei zo lo annaw leh a nei laia thra tak a hung pek top el kha Pathienin a lungril a lo fie kha ni ngei a tih. Lalpa'n a hriet chieng leiin awfisarnu lungrila sin a lo thaw a a thawtunu bok a'n pek kir tir a ni chuh. LALPA PATHIEN remruot thiem remruothai hi a va ropui ngei de aw! Ama chun hmu threl a nei ngai si nawh. Peka hne ban chi chu a lo ni naw ngei ie. Kei ve te khom hi aw, ka thei tawka ka lungril po po leh ka hun hlu tak hai, ka thlaisuong puma theitawp insuo buoi rak rak puma ka thu ziekhai hi LALPA'N rimituiin mi lo pom pek sien la, tu'm ani pakhat bekin lo trangkaipui sien, LALPA ropuzie le a thilthaw theizie ziek hi inlang pei sien ka va ti de aw! "TAPTE BULA RONGBAWL" hi ka thaw thei ve sun a nih ie.

Lalpa'n tiemtuhai lungrilah thu hrilzom pei raw sen ie. AMEN.

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## PARMAWI LE RIM INHNIK KRISTIEN

"Mi tiktla chu hausak nîng a ta, hadamna tui buoktu chu, ama ngei khom tui buokkhum nîng a tih." (v.25)

Tiem ding le ngaituo zawm dingin: Thuvarhai 11:25-31

Tuhin varna lungphun pathumnaa ka ngai - thilphalna chu hei en ei tih. Hi thupui hi Thuvarhaia khom hin ngaina êm êma hmang a nih. Voisuna ei chang hi, ei umna a'nthoka ei suok dok a, mi dang kuomah eiin pêk pha, eini ngei khom chu ei insukthar nawk hlak a ni thu a mi hril a nih. Welsh thuvar pakhat chun: "Thilpêknaah lawmna tak chu a petu ni hih a nih" tiin a lo hril a nih.

Hitaka hin thilpêkna leia thil dong kir lei seka, thilphalna inentirna tieng ei hril tum a ni nawk. Petuin thil a donglêt lei chauha thilpêk phalna nun chu thilphalna tak tak a ni ngai nawk. Thildong lêtna chu thilpêk phalna leia hung um chauh a nih. Voisuna ei chang inchuk ding hi mi tam tak, thil indik le indik naw tienga inchuk hlak hai chun a ninaw tieng nasa takin hi chang hi an keihêk le keisiet ka hriet ta hlak a nih. Hi chang (le Pathien thaung ang deu chang danghai khom) hin Kristien nina chu intichangkang takin mani hmasielna tieng a kawk a nih an tih a. An hril pei dan chun, Kristienhai hi mi kuomah thil an

pêk nasan chu, anni lungrilah inhoi tina an nei lei a nih ti damin an hril. An thutawpna chu hi hi a nih - Kristienna hi, tlang ronga inlang ni si lova, mani tieng chauha dinga mani hmasielna a nih tiin an hril an hril chu tie! Anni ngei, Kristien a thren thren hai chu hieng ang hin thilpêk chu an ngai a ni el thei a, sien khom chuong ang mi chu an tlawm le an inkhat vieu ka ring.

Hun liemtaa thuhril thiem pakhat, Charles Harthern-in a hril hi a mawi ka tih: "Mi thren hin chu puon hu angin an pêk hlak a – sawr an ni pha chau. A thren hai ruok chun Mosie lung ang elin an pêk hlak a - vuok an ni chauhin. Kristien tak tak chun par rim inhnik le mawi êm êm 'honeysuckle' ang hin an pêk dok hlak a nih - pêknaah chun an lawm leiin". Chu chu a nih thuruk chu - sungrilah lawm leia pêk dok chuh. Thilphalna lungril a'nthok chun thilphalna kut a hung chang hlak a nih. Lungril tieng thilphalna a um si naw chun i kutin ieng zat khom pe la thilphalna indik tak chu a tling zo naw a nih.

## TRONGTRAINA

Mi lunginsiet thei le van chungsang taka mi hmangaitu Pa, indikna le ringumna bakah thilphalna tienga khawm i malsawmna ka ngen a nih. Chun, hi malsawmna hmu ding chauhin ka hni naw a, malsawmna pe vetu ni thei dingin ka hni a nih. Isu Krista hmingin, Amen.

## CHUNGHNUNGTAK SIRKAWP

"Phaltaka petu pung deudeu si a um a, a pêk ding ang pe silova tlasam ngawi ngawi a um bok a." (v. 24)

Tiem ding le ngaituo zawm dingin: Thuvarhai 11:16-24.

Thuvarhaia thilphalna hrila umin a mi'n chuktir tum tak chu hmasielnain mihiem hlim ding a sukbuoi hlak a, chun hlimna lam chu tiktaina - ei thil thawthei zawnga, ro le suma le hunah tiktaina hai chuh.

Voisuna chang hi mi threnkhat chun lem harsa le hrietthiem intak an tih a. Asan chu hi khawvel sierkop dan a kal tlat leiin. leng tinam i pêk rawn po leh nei rawn thei i ta? Thil pangngai a ang naw chu tie maw? Sierkop tienga hming inthang le sierkop thiem êm êma hriet, Lord Bertrand Russell a thuhril hei ngaithla'ng ei tih. Ama chun "Sierkop le logik hai hi thudikna leh ieng khom inzomna an nei nawk" a lo ti dai a nih. *Crusade for World Revival* (CWR) ah an sum tieng enkoltu, David Rivett chun CWR a zom a'nthok khan Pathien sierkop hmang chu ama sierkop lo hriet hlak leh chun an ang naw vieu thu a hril a. Entirna'n, panga le pahnih

hi iengzam? Pasari? Aw, mihiem sierkop dan chun a'n dik, ana chu Pathien a ni nawk. Pathien sierkopa chun panga le pahnih chu sang nga a nih. leng tinam? En ta, bei panga le ngate pahnih - kha hmaa naupangtein a sunbu pai Pathien kuomah a pêk kha – kha kha lain Pathien chun mi sang nga fak khop dingin a'n chang tir a ni kah. Chu taka khom chun hi hi belsa rawh - mi po povin an fak khop hnung khom khan leidar sawm le pahnih fak bang a nawi an rut khawm a nih kha!

Hnim le hlobet hai hin hmun ruok chu an ngai thei naw ti ei hriet a; hi hi thlarau thila khom a'ndik a nih. Lungril inhongna le thilphalna hin einiah thil ruok a siem a, Pathien chun hung inluong tirin mihai kuomah petu ni thei ding le pe zom thei pei dingin a mi siem hlak a nih. Hi thil hi ka hril thiem nawk, anachu ka mitin ka hmu zing zing hlak a nih.

## TRONGTRAINA

Aw Lalpa, nang chun keia tieng ieng tik lai khomin thilphal tak le hmangai takin i mi pan hnai hlak a, kei khom voisun hin chuong anga thaw thei dingin mi thrangpui rawh. Ka thilphalna hi midang nun them thei dingin hmang rawh. Nangma hming zara chun. Amen.