

Inrinni, tûk khat chu kan umna in tuolah Pu Daineikung Pudaite leh Fiat Car thar hlek hlok kan hmang lai chu duot takin tuiin kan sawpfai a, zakuo, kekor le kut bal nengnunga kan um lai chun pa hmêl fel vêk vawk hi scootera hung tlânin gate tina chun a ngîr a, gate hming le nambar chu a tiem pei a. Daineikung Pudaite chun 'Zu ngaiven ta, ei thrangpui theina a um el rawm' a ti a. A san chu telephone la nei ve lo The Greatest is Love dit tamtak le Dr. Rochunga Pudaite hmu nuom a, hung phone le hung lênglut an tam a. Ama khom chu E-24 house no. hung zong pei hi a lo na, ka hung thruoi ta a. Pu Daineikung Pudaite chun a Good Morning zo chun, 'Chibai che ka nuoma chu ka kut hi chirhak a kai a a bal êm a, ka chibai thei naw che a nih, mi ngaidam rawh' a ti a. Chu Hindu pachal hmêl fel vêkvawk chun Daineikung chu a en a, innêm rieiin: 'Kristienhai hi in kut bal sienla khom in lungril a thienghlim an nawm,' a zuk ti el chu meng inrumna chi an naw a, lungsen a um naw khop el, ngaituona a sukintui. Kristienhai a lo ngaisângna trongkam suok mawi tak chu lungrila phu in ti lo tak le inzak deu rumrum le nakawr sa deu phatphat in kan chibai ta a. Hmêl intûrna chi an nawh. Ngaituona ruok chun mani nun liem ta le la hung um ding sei tak a dawn. Kha mi fel tak trongkam suok khan lungril a ver a, lungril sângah nawt rê chi niin ân lang naw a, voisûn chen hin kha trongkam suok kha ka lungrilah ân ri lawllawl hlak. Khawvêla sorkar College le University haia inchûk suok el chi chu a ni naw top. Khawlaia inthoka a hung inchûk amani ding maw?

Khai leh, Kristien lungril a ti chu: depdepdêna, deuhleuna, hleuhluouna, kawikhîrkhêrna, intibîrbêrna, inkhîkinkhalna, hlêmna, thîkna suol, in ngaisângna um lo, lungril fai le thienghlim, tak changna lungril, mani sina ringum, Krista hmangaina lungril indik tak nei hai hi an ni el naw manih 'Kristien kut bal khoma lungril thienghlim chuh.' Taksa silfên, thuom le pâf fel fai thra vengvong ni lovin. Filipi 2:5 Krista lungril hi ei en chun ei dam ka ring a, chutaka damtuhai lungrila chun mihai an dam ve dim. Kamla Nehru Geology Park, Indore-a Uipui pakhat chun Sakeite thla khat mi, sakhite pahni le bawngte pahni a nenetuiin thratakin a chawm a, fai takin a en kol a, a ângsûnga chun an dam tlâng a nih. Chuongangin ei nihliep hnuoia hin mihai dam raw hai se. Soisêl bo hlol lem chu um thei an nawh. Sâm ziektun kutfai le lungril thienghlim a ti hi ngaituo zom a tha awm de.

Issue nawk a: "Thre thumna"



Hrepuitu

HMAR CHRISTIAN FELLOWSHIP DELHI

(Regd No:S/ND/599/2015)

KUM ZA THENA CHU*

HRINGNUN TAWP NEILO*

PATHIEN CHENCHILNA*

AWKNA NILO_ TEMPUL*

TAKSA LE THLARAU-PUMKHAT*

MANI INTHAT HMANGRUO TRIUM TAK*

HI TAKSA – VIOLIN THRATAKA HERMIL*

THLANG THEI RO*

NGAITUONA TINRENG SUOKAH SIEM PEI*

IEM A NA LUNGSENN/BEIDONGNA*

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TULAI HNAI HILAI SANDAM EI UM AM?*

KRISTIEN I NI MAW? Rev. Roding L. Pulamte

**Selwyn Hughes a ziek "Everyday with Jesus" ("Nitin Isu leh") anthawka sermon inlet.*

Hrepuitu

Hmar Christian Fellowship Delhi
Chanchinbu Thlakip Suok
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Hrepuitu a article insuo hai a hin, ngaidân suklanga um(hai) hi HCF Delhi ngaidan a(n)ni chuong kher nawh. Ziektu tin mawphurna a ni lem. Pathien thu le artikul insuo nuom hai chun iengtiklai khawma editor hai email(hrepuitu@yahoo.com) kuoma thuziek hai chu pek thei zing a nih.- Editor

Editorial:-

Mihriem hin ei hmatieng ei hriet naw zie hi a thar in tuta kar ka hriet suok thar a. Hi hi annawleh so so thawng katih ei hang ti de a, Pathien in rem a ti naw chun ei thil tum hai khawm a tlawn thei hlak a nih. Office sports kan neih leiin kar hni vel chu thil dang ngaituo thei rak lovin kan buoi in inhoi kan ti ve emem a. In tieng thil thaw ding hai khawm *weekend* ah thaw de ning tih in ka um a. Zirtawpni zingkar ka hei tho chu office kai thei ngirhmun in ka um ta nawh a. Sunnithlak a zalin, brufen le damdawi hai mani incho fawmin ka um a. Thra el naw nim ka tih kha, a kar nawk Nilaini chen khawm taksa inhoi le hrilthlang khawsik in ka um tah lem a. Sorkar doctor pa chun viral fever ti in a mi ziek a, in ah ka zal trok trok tah el a. Ka *plan* popo (kar thar a thaw dinga ka sie hai) chu iengkhawm hmasawnpui thei a um ta nawh. Ka zawlpa *Whatsapp* a *DP* ah a thu ziek kha ka lungril ah a hung inlang vangvang el tah a. Pathienin a rem a tih chun, chu chu, hi hi, thawng ei tih, so so'n feng ei tih, ei ti hlak ding a nih tiin a ziek a. A van dik ngei de. Eini khawm a chang chun ei buoi taluo pha, trawngbau ei ti naw khawma, lungril ah bek "Pathien in a rem a ti chun" ti dam ei lo ti theinghil thei hlak a nih. Hi khawvela ei um sung hin, damnawna hai hung tam pei a ta, a tawp a, thina chen ei la tuok seng ding a nih. Hi khawvel chau hi ngaituo ding ei ni nawh a, 'chungtieng khawvel' hi ngaituo rawn lem ding ei nih. Natna, damnawnahai, beidongna le harsatna hai hin chungtieng ei beiseina suk thar in a um hlak.

KRISTIEN I NI MAW?

Rev. Roding L. Pulamte

Thre hnina:

1972 Allahabd Bible Seminary graduation day hmân Dr. Rochunga Pudaite, President BFW in Delhi-khawpui sângah Bible (The Greatest is love) ei sem ding a na, Piano inchûk malam ngâh dingin fe la, Daineikung Pudaite office sin lo thrangpui rawh' tiin lekha a hung thon a. Graduation Day zo a zân a zân chun Delhi ka pan ngâh ta a. New Delhi Rlway station ka tlung chun, E-24, Green Park a PMS Office panin Auto ka lâk a, Green Park ka tlung chun Rs 3/- ka pêk.

Delhi khawpuia telephone neituhai hming le address kan lâk khawm haia chun address belin The Greatest is Love (New Testament) chu thondok chumchum a ni a. An donna lekha hai chu tiem an hoi, thâ a fan. Busîk vânglaia bu pâp thâ ei hei phâka ât vatvat ei inhawk ang deuvîn lekhatonhai chu hong kêr ngâh hlain kan inchu a ni deu tak. Lawmthu hrilna lekhaton thlum deudeu hlak a tam, hringnun lam harsa kat traktraka hman haiin nun tluong lampui hrawa hmangaina thar thlum beisei leia tiem kêr ngâkhla bo lo, a hnai vai deu hai chu trongbauva lawmthu hrila hung lênglut vaipachal bo lo. Kristienhai Bible a ni ti hrea lungsen er tienga, lungsen hrîkthlâkna lekhaton, kêr (bitter) taktak hril lova hman. Kristien sakhuo dodâlna tienga inrum deudeu hai chun an pen hmur tâtmawlnân an mi hung hman ve. Hieng hun lai hin letter bomb a tam leiin Post Office-a sinhawtu hai khomin an stamp puok leia thi News Paper-a an ziek kan tiem châng chun lekhaton bawm danglam bîk le Bible nasataka an hung soplet zuk hong ding chun lungril a zâm chang a um. Bible sem hi 1972 chawhnu tienga tran a ni a. Ni khat chu ringhla um deu el lekhaton danglam tak Postman-in a hung chawi a. Chu dâkbawm chunga ticket inbela chun post stamp fel kieuva sut chu Kanpur 1964 ti a nih. Chu dâkbawm chu zuk them chun puominai triktrek, letter bomb ni dinga ringhla um tak a na. Chu dâkbawm chu baketah tui sungin dârkâr khat vêl lunga indelde tirin kan inchie a. Letter bomb khom nisien a kêp chu tuiin chiezop hne tâng a tih tiin kan hong ta a, letter bomb a lo ni ngei a, thina chu kan pumpel phot kha a nih.

TULAI HNAI HILAI SANDAM EI UM AM?

“Nangni popo ka trongtai pêkna taphot cheuva chun hlimtakin ka hril hlak a nih; Ni hmasa taka inthok khan tu chen hin Chanchin Thra puongdarnaah in thrang ve zing leiin.” (v.4-5)

Tiem ding le ngaituo zawm dingin: Filipi 1:1-11

Pathienin a thu mi pawlna hai mi dang hai kuomah hrilsawng a poimaw zie la hei ngaituo zawm dingin eiin fiel a nih. Kristien na hi tluok a thil ngaituo el a ni nawh a, *contagious* (inkai songna) lem a nih. Chuleiin, hi inkaisongna hi a bo pal chun, mihriem ngaituona khawm kha a bo thei a nih.

America pastor pakhat, ka ruol hlui hin, “Kristien na hi thil man a nih, chuleiin mihaiin eini anthawka an kai song naw chun, eini sungah hin ei pai hrat rak nawh ning a tih.” Voikhat chu England an zinin Westminster Abbey ah a va fe a. A ngha kuol vung vung a, rawl inring deuvn “Hilai hin tulai hnai mi sandamin an um a?, a ta. Kei chun, ka chieng naw ngei ka zuk tih chun, “Kohran chu evangelistic naw chun, evangelical ani nawh.” A hril indik a nih – anachu khalai hmun a inthok khan inrang takin ka suok pui tho a nih.

C S Lewis chun, “lengkhom hi ei ta a ni tak tak nawh,” midang hai leh eiin

sem dar hma po chun” a lo ti a nih. Isu Krista ei hrietna chu midang haiin an min tawmpui charin a nih, ei ringna chu a nek khawmin eini ta dingin a hung hlutna chu. Bible hrilpeina a chun, “Nangni hai fellowship leiin ka Pathien lawmthu ka hril hlak – in tlawmngaina takah in mi thlop puina le thawlawm hai lei in partnership thra chu inhrietin anthaw hin hmatieng in hril sawng peina zarin.

Pathien Lalram ah ringnan a ke pen inthokin, anni chun Chanchin Thra chu suk hmasawn dingin sin nasatakin an thawk leiin. Chu chu thil an inchuk fawm khawm nilo, lungril tienga hrietna lei lem a nih. Naupangte a hung pieng hlim a hung trap suok hi pangngai ang tak chu a nih. Midanghai leh Krista intrawmpui hi ei lak le maksan thei khawm annoh. Ei lak naw chun, eiin hman el thei thil a nih. Ringna ninatak chu suklangna ah inngat a nih.

TRONGTAINA

Aw Pa, Fillipi kohran ah ringthar hai anga, Nangma hmel an hmu chara, midang hai leh intrawm pui nuomna lungril nei dingin mi thrangpui ro. Hihi Isu Krista Hming Hlutak le Thilthawtheitak hmingin ka ngen che. Amen.

KUM ZA THENA CHU

“Chun an chungah a chuong seng a, an rengin Thlarau Thienghlimin an sip ta vong a, Thlarauvin an trawngtir ang peiin tawng dang damin an lo trawng a a.” (v.4)

Tiem ding le ngaituo zawm dingin: Tirko Thilthawhai 2:1-21

Zani khan Thlarau Thienghlim thilthaw leiin thuoirui hmasa hai kha mi dawi le lungzing zing zing hlak an thawkin mi huosen le ringna tienga sukchang ruollo ah a siem thu kha ei hmu a. Thuthlung Thar bu suong a hin rin (line) kei ding ang lo ni ta la, khing tieng a chun Thlarau tienga trawlina nasatak hmung i ta, chun khingtieng a ruok chu Thlarau tienga tharna nasa tak hmu thung i I tih. Hi ‘line’ hin Chungtieng pindan (Upper room) a fe thleng a, kha pindan ngeia mi tlawmte in an hotu pa an ringna leia an lo nghakna a khan a hril lang ngeia suk puitling a a hu um na chu: “**An rengin Thlarau Thienghlimin an sip ta vong a.**”. Kha sungsipna kha a nih mihriem na a sie thra le thlarau a inthrangliena inkar a thre hmak na chu. Hunbi thar ruot a um na hmun chu hihi a nih - Thlarau Thienghlim hun chu.

Hi inthrena rin (line) khingtieng a hin, Pentecost hma khan chu,

thruoiruoi hai khawm kha an thil thaw a hai khan a chang changin an ringum hlak a. A chang chun thlarau suol hai kha an hnotsuok thei lei dam khan an lawm a, a chang leh “iengdinga keinin kan hnotdawk thei naw am ana?” ti damin an indon a nih. A chang chun Isu Krista kha thi chen zui dam an ngam em em a, a chang leh Lalram ah tum hmasa tak lem an tih ti damin an insel nawk el hlak a nih. Simon Peter khan Thiempu siehlaw nakawr khawm zuk sat thla el ngam a ni lai in a hnung a chun umpuinu pakhat hmaa dawizep el nawk khawm a nih. Pentecost a hung tlung phing chun leh. Chungtienga sukhata nasatak a hung tlung a. Mi thar, sin thar thaw mi an hung ni tah a, a hmaa a chang po a Lalram sin thaw mi el ni lovin, ngeth taka ngir in ringna a mi huosen an hung ni a nih. Nang teh, hi rin (line) inkar khaw tienga ngir am ning ita? Pentecost hma a Kristien hai ang, a chang changa ringna kawnga thok hlak, am Pentecost hnunga Kristien - huosen le ringna tienga sukchang ruollo?

TRONGTAINA

Aw Pathien, hun tamtak chu lam lien a langsar taka um lova kawtkar hnungah inbe hmanga ka um hlak mi mi ngaidam ro. Pentecost hnunga Kristien min ni tir ro. Isu Krista hmingin. Amen.

“Tukhom a mi ring chu Pathien lekha hril angin tui hring vadunghai a sunga inthokin hung luong suok a tih, a ta.” (v.38)

Tiem ding le ngaituo zawm dingin: Johan 7:25-39

Voisuna ei chang anthawk khawm hin Isu Krista zuitu hai chu anni anthawkin hringna tui hung luong suok ding an nih ti chu chientakin ei hmu a nih. Bible hrilfie na thren chun hieng ang hin hi chang hi an inlet a nih: “Tukhom Kei mi ring chu....a suongtieng a inthawkin kang lovin hringna tuikhur a inthawkin tui hung luong suok a tih. Anachu hilai hin Thlarau hrilna a nih a, chu umzie chu Ama ringtu hai chun nakie an hmu ding tieng hrilna a nih.”

Anleh ei hringnun hi chuong ang chu a ni? Ni tin hin eini an thawkin tui thar a luong suok ? A lunog suok naw chun, ienglei am ning a ta?A donna chu awlsam deu el a nih – luong lutna a um phot naw chun luong suok ding um ngai naw nih. Thlarau hringna fe dan chu hihi a nih – laklut le pek daw sawng. Ei pek daw neka tam ei lak lut chun, hung lut sa thei nawng a ta; lak lut neka pek dawka a tam chun, pek dawka chu tawp a tih. Hi kawtkhar hi

suong tieng a inhawng pha a laklut hlak a nih a, chun pek dawka dinga tuoltieng a inhawng a ni thung.

Thlarau a hringnun thu ei hril pha hin tui zem tawp chin neih leh tekhn ding ei ni nawh. Hringnun hi tui luong, tawp neilo leh inzawm ang a nih a. Ei hip annawleh ei laklutrawn po leh, ei neirawn sa peina a nih. Lakrawn taluo leia suk chimralna laka trit ding iengkhawm a um nawh. Eini tieng ei kut inchel a ngai nawh. Ei pekrawn po leh, ei neirawn sa a ni pei. Tulai eini tamtak ei buoina chu luongsenglona a hringnun hman ei tlasam a nih. Tulai nang le kei hrilfie ding ni inla chu, “hringnun tawp chin neih” tiin in hril mei ei tih. Isu Krista thutiem a ruok chun, Thlarau Thienghlim a hung pha chun, hringnun chu tawp chin neilo a nih. “Pathien lekha hril angin tui hring vadunghai a sunga inthokin hung luong suok a tih”. Vadung te nilo, tui thling khawm a tlang a luong nilo, tui hawk luong khawm chau nilo - vadung pui a tih a nih.

TRONGTAINA

Aw Lalpa, hringun tawp chin neih anthawk hin hringnun tawp neilo tieng mi thrrooi ro. Nangma a hringna tui tawp neilo leh inzawm thei dingin mi thrangpui ro. Vadung tui luong suok thei ka ni hma chu ka suonga hin hung luong lut la, chuongchun luong phul hliem el hlak vadung ni lo dingin. Isu Krista hmingin ka hni che. Amen.

“Chuongchun Krista palai kan na, Pathienin keini hmangin a ngen cheu a nih, Pathien leh hung inrem ro, tin, Krista aiin kan ngên cheu a nih.”(v.20)

Tiem ding le ngaituo zawm dingin: 2 Korinth 5:11-21

Zani khan Kristien hringnun a thil poimaw pahnih - thil hrietna le chu hrietna chu suklagna kha ei ena. Hieng thil pahnih hi a poimaw emem a nih. Thil hriet suklagna a tawn chun, thil hrietna khom chu a tawn hlak a nih. Tuhin thil hriet suklagna hi la hei tinzawn (focus) bik ei tih. Kristien nun a thil hrietna chu mani a pai tlat a, midang kang le them theilo hringnun ei hman a ni chun, Thlarau a trawlina chu lo thei lovah ei chang ding a nih.

Tleirawl pahnih, ringthar hai chun evangelism thupui sermon an ngai thlak a. A hnung met a chun, an pastor pa kuomah chun: “Krista leh kan inpawlina hi mi tukawl a khom kan la hril ve nawh a, iengtinam mihai kuomah hril song thei kan ta?” tiin an indon a.

Pastor pa chun, tuol suokin, mi kotkhar thren thren chu va kik in,

Krista leh an inpawl dan chu an hril thei thu a hril a. A zan nawk a chun, tri le inthin pumin, zanah Pathien thu hril dinga an suok na a chun, in hmasatak kot chu an hei kik chor el a. Chu in chu ukil/lawyer hming inlar in a lo nih a. Chu an hriet chun, an zam deu a, trawngkam bong deu deu chun, “Kan biekin hung zawm dingin ka hung fiel cheu” an ti el tah a. Ukilpa chun: “Mi tamtakin a kum takin an kohran zom dingin an mi fiel hlaka - chu neka thra lem thil hril ding in neinaw mawh?” a lo tih a. Anni chun: “Annawleh, Isu Krista kuomah I hringnun inhlana ta la?” an tih a. Ukilpa chun a inah a fiel lut a, chuongchun darkar khat vel chau chun Isu Krista kuomah a hringna chu an hlan tah a nih.” Chuongchun: “Tuhin iem a nawk?” tiin an don a. “In fena ah ka fe ve nuom a nih” a tih a. Zantieng a hung ni hma chun, ukil pa khom chun ama anga ringtu thar a hringun inthlak thleng a hmu ve a nih.

TRONGTAINA

Aw Pa, Ka Kristien hringnun a hin, khawlai khawm nisien, mi tuel khawm, nangma thu hlutak i hril nuom hai chu, kei hin: “Hilai ka um annawm, Lalpa, kei mi tir roh” ti theina hmun a chun mi thruoi lut ro. Amen.

“Chun anni chun,.....ei lungril a har huoi hrim an nawm a ni kha?chun anni khomin....an hung hrietziehi chu an hril ve a.” (v. 32, 35)

Tiem ding le ngaituo zawm dingin: Luka 24:13-35

Tuhin Thlarau Thienghlim pawlna a thar zing a neina dinga thil dang ei thawding hei en ei tih - midanghai kuomah Pathienin a min trawmpui hi ei in trawmpui ve dingin hun ruot ro. Kristien hringna hi Pathien le ei inkar a ruk takah society chau am a nih? Thil iemani mi pakhat leh chau kan intrawm? Ni love. Thlarau hringnun dan a chun thil suklang le hril le suklang lo chu hun sawtnawte ah a thi hlak.

Bible hrilfie thiem ropui, Campbell Morgan chun hieng hin a tih anawm: “Rawngbawltu ministry hi a thrat dan kong hnih a um: a pakhat chu Pathien hrietna thra pek a nih a, chun a pahnihna chu Pathien-a suklang dan thratak pek hi.” Pathien a hrietna a thi tah chun, chu laimu thina leia a kangsa ding chu a sin a nih. Vadung hnar neih lo ang, annawleh thil umze bova um ang a nih.” Chuleichun anih, Paula’n Timothy kuomah, “Nangma le i thuring zirtirnaa chun fimkhur rawh.

Chuong thilhai chu thawin um zing rawh, chuonganga i thaw chun nangma le i thu ngaituhai chu i sandam ding a nih” 1 Timothy 4:16. Paulan khan Efesi kohran upa hai khawm hieng ang deu infuina a pek a nih. “Pathien kohranhai, ama thisena an chawkh hai chu, chawm dingin, nangni le inrawihai popo chung a chun fimkhur ro, Thlarau Thienghlimin an chung a hotuin a siem cheu hi” (Thilthawhai 20:28).

Anachu, Pathien thuhrlitu’n a Pathien hrietna a bo thei chun, Pathien a suklang khawm chu chuongang char chun bo thei a tih. Thuhrlitu hnawchep annawleh khuopde leia a hril ding ang khom hril theilo a, khap um chu, ama chu vadung khuopde ang char a nih. Pathien anthawka a thu hmu hai chu hril dawkhaw chun a puok dar el ding a nih. Thuhrlitu ang bok hin ringtu tin hi chuong ang chu eini seng. Tonhriet (experience) - thil hrietna – thil hrietna lak trulna le suklangna (expression) – luong dawkhaw na chu. Kristien tir suok phutu an nih.

TRONGTAINA

Pa, hieng thil pahnih – ‘expeience’ le ‘expression’ hi keima ah a chau chun, thlarau a thathona le hratna chu trasam ka tih. Lungphu hriseltak min neitir ro. Voisun le nitinin. Amen.

“.....Nangnin ama chu in hriet, in kuomah a um zing si a, nangnia chun a um ding a nih.”(v.17)

Tiem ding le ngaituo zawm dingin: Johan 14: 15-27

Thok le khatin Thlarau Thienghlim hin a hung hlak a ei hringnun a hin - chun um zawm pei. Nuhmei le pasal inneina hmang hin ka hril tum tak chu hrilfie thei awm tak dingin ka ring. Inneina hi voikhat innei tah chu innei nawk a ngainaw ang hin, inneina hi thok le khat a thil hung um thut anih a, a zawn zawnin ei innei ngai nawh. Asanchu inneina suonga ruok chu siemfel (*adjustments*) neu neu thaw ding a tamin, ei inneina kha ei tlangval nunghak hringnun a dinga *adjustment* a ni laizingin, inneina sungah hin *adjustment* ding tamtak a um a nih. Inneina chu voi le khatah inneina ani lai zingin, innei zing a thra deuvah inneina a um ding chun thil tamtak a trul anih, a khingtieng khingtiengah *adjustments* siem a ngai hlak a, ei hringnun a hmun tamtak in surrender a ngai hlak a nih. Mihriem anno khoma Pathien le mihriem inkar khom - “surrender” hi thu hmasatak a nih. Chu hnungah chun hieng “lawmtaka intuklutna/inpekna” le

“hlimtakah dawnletna” tihai a hung lut thei a nih. Mi pakhatin a lo ti angin, “In tuklut dingin kan tuklut, dawnletna a chun ka zawm.”

Pathien hmaa intuklut pha chun lungrilah Pathien thupek hai popo zawm dinga lungril insiem/inthlakna a um ding a nih. Chuleichun, hilaia thupek zawm ding pakhat chu hihi a nih. lengtiklai khawma Thlarau Thienghlim a sungsi pa um dingin. DLMoody chun “Ephesi 5:18 hi a nunpui el ding nilovin, zawm dinga thupek a nih. Nitinin Thlarau Thienghlim tuok dinga eiin hawng naw chun, a tawpa chun in nina tak chu Kristien thu awilo el ei nih.

A tawpna ding thu pakhat, Pathien kuomah a Thlarau Thienghlim a sungsi pa dinga i ngen pha leh, voikhat Thlarau Thienghlim pawl tharna beisei lei” annawleh “Thlarau a channa hmun a um na anthawkh kei suokna beisei lei” chau dingin i hni ninaw raw seh. Ama chu in suongah a hung lut nuom-chenchil ding che in.

TRONGTAINA

Aw Pa, Thlarau Thienghlim hi min thlonpui tu nilovin, a mi hung kantu chauvahn ka lo ngai hlak lein mi ngaidam rawh. Hi thil hi thlak danglam ka nuom a nih. Thlarau Thienghlim hung lut la, cheng ding le mi thruoi dingin. Isu Krista hmingin ka ngen che. Amen

“..Ka ta dingin taksa i m i buotsai pêk lem a.”(v.5)
Tiem ding le ngaituo zawm dingin: Hebrai 10:1-10

Thlarau Thienghlim thar nei zing a umna tieng la hei ngaituo zawm pei ei tih a, chun tuta thaw dinga ka phut che hi mak iti el thei- i taksa hriselna thratakin siem rawh. Kristienna a hin taksa le Thlarau inkara inthrena neka nasa lem thil a um naw a nih. Hieng thil pahnih hai hi Kristien hung um hlim khan chu thil pakhat an nih. Thuoiruoi hai khan, kohran hmasahai kha taksa a enkawl ding khan an i thlang chu Stephan a ni kha, mi ‘ringna le Thlarau Thienghlim a sip (Thilthawhai 6:5)’. Ringna le Thlarau Thienghlim khan taksa ah an trulna suk khawp ding khan an hmang a nih, asanchu Kristien hmasa hai khan, Thlarau a poimaw ang char khan, taksa kha an ngai poimaw ve a nih. Poimaw chung chuong chu nisi lo, anachu poimaw em em siin.

Tulai Kristien kohran a hai hin, ei inthuo i dan en chun, taksa hi nasatakah ringhla na ei neih hlak a nih. Ka tleirawl lai in “in taksa tirdakumtak” ti (Filipi 3:21) thupui hmangin sermon turu deu kha kha ngaithlak a. Kha thuhripa khan ei taksa chu ei thlarau a khangpui ropuitak angin a a hril a nih. A hril pei na a chun, ei taksa hi ngaisak lova, nakie thonawkna ni a taksa thar ei neih ding leiin, a um umin lo um sien, ngaiven lo dingin ti kha a thu fepui dan kha a nih. Hieng thuhrituhai hin KJV a ‘taksa tirdakum’ a ti umzie tak chu “taska mi suk muolphothei hlak” a ti na a nih a, chuleiin hnam le theida en in ei taksa hi ei ding a ti na ani nawh. Ei Kristien kohran thren thren lai hieng anga ei taksa chu thil thralo, thlarau dotu anga ngaina hi bansan ei tiu khai. Ei mihriem taksa hi a mi awktu ni lovin, Thlarau Thienghlim a tempul anga hmu ding le ngaiding lem a nih.

TRONGTAINA

Malsawm um kan Lal Isu Krista, nangin I taksa I hmu dan ang khan keini khom kan taksa enthiem dan hi min thrangpui ro - thil hnawling ni lovin, thil hmang tangkai thil a nih thu hi. Taksa le thlarau ah, hriselna kawng hai chu min hmutir dingin, I hming dtiumtak aiin ka hni che. Amen.

“Chun Pathien thlamuongna chun inlungrih rorêl raw s,lawmna châng hre bok ro lunginsietna tam nawkzuol pêk hlak.” (v. 15)
Tiem ding le ngaituo zawm dingin: Kolossa 3:12-25

Beidongna hnadan ding tieng hi nikhat sung la hei hmang ei tih.

A **palina ah**, thil thranaw le harsatna i tuok hai popo a inthawk a thil thra hung suok ding chu en tlat ro. Hi thu hi ka unau Kristien chanpui hai lungril ah namnghet sung ka va hei nghak hla ngei.

Tulai chu, ka mizie re re ang elin, thil thranaw ah hin thil thra hmu ka tum tlat hlak a nih - anachu hieng reng ku hi ka lo ni hlak le. A hma khan chu, ka chung a thil thranaw a tlung chun, “Aw khai, a hung bei nawk tah hi. Thil iengkim thra rongin an um lai tak. Ienglei inam kei ka chungah hieng thil hai hi a hung tlung hlak a?” tiin. Anachu, iengkima a thra tieng enthiemna *principle* ka lo inchuk tah a, titak zetin hihi ka hringnun le ka ministry a khawm a sukdang lam a nih.

Hi takah hin, harsatna hai leiin kun a ngui el lovin, chu takah inthok a thil thra hung suok ding leia Pathien kuomah lawmthu hrilna nun inchukna lem chu a nih. Hi thil thra tieng beiseina mit hi, lawmthu hriltheina chun i lungril chu Pathien thilthawtheina chu dawng thei dingin siem a tih che.

Ama chun lungril lawm thiem ta ding chun iengkim a thaw thei a, anachu phunnawi le mani inlunginsiet leiin lungngaihai tading chun iengrak khawm a thaw thei nawh. Lunginsietna ah kharkhum a nih.

A **pangana le a tawptak na chu**, harsatna leia beidong ngoi ngoi mi tu amanih chu zawng suok la, chuongchun ama chu hnena chang dingin thrangpui ro. Mi pakhat lo hril angin, “Harsatna a chun lawmna ta dingin lungril hai a lo suklien a nih.” Lawmna ta dingin!! Ni eh - trangkai le thil thar thaw theina leia lawmna chu ti. Pathien hin chan beidon deuna hai dam hi nanga ra neina ding damin a hmang hlak a nih. Kha hmuna i thil inchuk hai mi i hril pha pha, kha thil hai khan nangah zung inthuk lem kei an tih. Thil hril dok zona chun mi lungril i them inthuk po hlak a nih. I beidongna hai chu i hmang thiem chun, pung an tih. Hi thuruk hi inchuk la, iengtiklai khawma thlarau ah insang zing i tih - iengkhom hung tlung sien.

TRONGTAINA

Aw Lalpa, mi phunnawi mi ni lova, nangma inza takah be tu lem ni dingin mi thrangpui ro. Thil iengkim a hin lawmna lungril neih thei dingin mi thrangpui ro. Hihi Isu Krista hming mawi le hlu hmingin ka hni che. Amen.

BEIDONGNA TINRENG LAWMA NA HLA

“Nisienlakhawm lunginsietna tam nawkzuol pèk hla.” (v.6)

Tiem ding le ngaituo zawm dingin: James 4:1-10

Beidongna hneban dan la zuk hril zompei ei tih. **A pathumna**, Pathien in hratna i trul chun fe ding che in ring la, i hringnun lailung santak a anching thei peina dingin.

“Hratna ah inthuum ding che in Pathien beisei ro”. Hihi a nih thuruk chu - Kristien hringnun a hin, ei thil beisei ngei hai chu ei hmu hla. Nupui pakhat khom a Bible chang a “tukhom ringna neih a, tlanghai chu inson ro” tia sermon a ngai thlak zo chun a ringna chu a in bula thlang a chun a zal tomin hei thaw sin a tum a, chuongchun “Nang thlang, inson ro” tiin a hei khek khum a. Zingkar a hei tho chun, a hei dak an leh, tlang chu a lan son nawh ti a hei hmu chun, “Ka ring ang reng” a tih an tih chu. Beidong thlak tak chu a nih. **Kristien nun a**

hin, ei beisei angin thil ei hmu hla.

Hi thu chang bang po hi hang en sin hman ta lan “iengkim hung tlung sien suk danglam na...” Isu Krista in a nih hihi a thaw. Luka chun, “.....Pa, rem i tih chun, hi no hi ka kuomah inthokin la hmang rawh; nisienlakhawm keia thu ni lovin, nangma thu ni lem raw se.....” (Luka 22: 41-43). Hi takah hin ei Lalpa donna kha no chu lahmang ding nilovin, no kha kha no thlum a siemna dinga hratna, chutakah anthawk Sandamna no, mihriem dang char em em hei don thei dinga hratna lem a nih a hni kha, no dawn lo ding ni lem lovin. Nang khawm, i harsatna kar a khan, insuo dingin phe naw ro; i nguina tinreng hai chu rimawi ah an inchang the in a lam dingin hratna hni lem hla ro.

TRONGTAINA

Pa, hi thu hi min theinghil lutir nawh - ka ngirhmun hi thlak danglam theinaw lang khawm, ka sungril lungril chu ka thlak danglam thei. Harsatna anthawk insamhim theinaw lang khawm, harsatna sung a chun sanhim in ka um thei ti thu hi hmu thei dingin mi thrangpui ro. Ka va lawm ngei. Amen.

TAKSA LE THLARAU-PUMKHAT

“...chun in taksa chu ei Lalpa Isu Krista a hung pha chun, soisêlbova a puma humhimin um raw se.”(v.23)

Tiem ding le ngaituo zawm dingin: 1 Thess 5:12-24

Zani khan kum tamtak suonga taksa le thlarau inkar a inthrena kha hrietthiemnawna leia a lo um chu ei hmu a. Chun hieng anga taksa le thlarau thre hrana hi tulai kohran thren thren a khom hmu dingin a um a nih. Isu Krista ruok kha chu ei taksa hi ngaisak lo ding ni lovin, hman ding lemin a hmu a nih, “Inthawina le thilhlân i dit naw a, Ka ta dingin taksa i mi buotsâi pek lem a” Hebrai 10:5. A taksa le thlarau kha an inmil a nih. A taksa kha ngaiven tho siin, duot taluo si lovin a um ni kha, Pathien thu le Pathien hmang dinga hmangruo ah an hlan angin. Chun Pathien tading khan an suk hrat a nih. Isu Krista kha a damnaw ti thu reng hriet le hril ding a um nawh. A sawl chu sawl ngei - anachu a damnaw ngai thak nawh. Tulai chu taksa le thlarau hi pumkhat an nih ti hi pawm an tah, chuleiin, thlarau hriselnaw chun taksa hriselnaw a siem hla.

Thlarau hrisel chun taksa hrisel a siem a, anachu a thawk dan chu a letlinga nih - taksa hrisel chun sungril le lungril hriselna a siem lem a nih. Eini Kristien hai hin thlarau hringna tieng ei ngaituo taluo hla a, chun taksa le hi khawvel thil hai, mihriem taksa, chemistry, khuo, tui, boruok thrana, fak le dawn hai chu ngaipoimaw lovin.

Taksa le thlarau hai inzawm dan ei hriet chieng naw leiin, hieng thil pahnih hai hi ei kei thre ta hla a nih. Inneina huongsuonga nupa inkar ang elin taksa le thlarau hai pahnih inkar hi angkhat a nih. “Pathienin a zawm tah chu, mihriemin thre naw raw se” (Matthai 19:6). Piano hmetthiem chun a piano tharak naw khawm nisien, rimawi insuo thei a tih, anachu music nalna popo chu a piano a thra naw leiin suk suok theinaw nih. Thlarau tienga tharna ei neih ding chun taksa hi ngaisak naw thei naw a nih.

TRONGTAINA

Aw Pa, ka taksa hi ka theida annawleh mi suk lungsen ding a ni naw ti hi hrethei dingin mi thrangpui ro, inhlânlem ding a ni thu hi. Hi thu a hin inbuk tratata hriet thiemna mi pe a, i tadinga, Thlarau suol le taksa a thrapatak kan hlan theina ding cheiin. Amen.

MANI INTHAT HMANGRUO TIUM TAK

“Chuleiin in fâk khomin, in dawn khomin, in thaw taphot chu Pathien ropuina ding chovin thw ro.”(v.31)

Tiem ding le ngaituo zawm dingin: 1 Korinth 10:23-33

Taksa tienga ngaituonawna hin thlarau trawlina nasatak an tlun thei a nih. A umzie chu, ei hringnun a hin mani inthununna iemani bek ei laklut a ngai a nih. Anachu ienganga inthunun am neih ei ta?

A hmasatakin, iengthil am i fak le i fak kawng thu a hin. Ei bufak hi maichâm ah sacrament inhlan angin, nun hratlem le thralem na maichâm ah inhlan ding ei nih.

Doctor hai chun bu fak rawn taluo annawleh fak tlawm taluo hi thluo hratna a suk siet an tih. Ei phing suonga um hin ei lu suonga thil um a hril hriet hlak a nih. Bible chun “Pathien ram chu fak le dawn anni si nawh” (Rom 14:17) ti ei hmu angin. Anachu ei fak el dawn hai hin Pathien Lalram tadinga ei hratna an siem, ti ei selna anni chuong nawh.

Seneca chun uor deu hlekin hieng ang hin a tih annawm: “Mihriem hi a

thi nawh. Ama le ama an that lem a nih.” Chemsitry professor Dr R.L. Green, fak le dawn tieng a mithiem filawr chun “Mihriem hi mani inthat na dinga a hriemhrei hmang trium tak hai chu chem, fork le haiho hai hi an nih” tiin. Nang khom mani le mani inthat hi i theida el thei, theida ding i ni reng bok a, anachu fak le dawn indiknaw leiin, i thi na tieng nang le nang inkhal khawm ani el thei a nih aw.

Vitamin a tlawm tawp a i mamaw chu i fak ding a nih a. Vitamin hi hratna le hriselna tadinga thil trul a nih; Pathienin ei ta ding a thil tlawm pek a nih. Chunghnungtak damdawi zawrtu pa hin taksa hi maktak a thawk dinga a i design a nih a, chuleichun fak ding a mi ti hai ei fak thra naw chun, ei hrat ding angin ei hrat thei ngai nawh a nih. Chun, taksa ei suk chau chun, thlarau khawm ei sukchau a nih.

TRONGTAINA

Aw Pa, taksa hriselna hin thlarau hriselna a siem thra ti thu hi hrethei dingin mi thrangpui ro. Hi taksa i mi pek hi inza thiem a, khawvel le van chung sanga hriselna dan thu hi pek hai chu inza min thiem tir ro. Isu Krista hmingin ka ngen che. Amen.

LYRE PINE THINGKUNG

“Ama chun mi suolhai le mi thrahai chungah chun a nisa ân suoktir a, mifel le mi felnawhai chungah khom ruo ân sûtir hlak a nih.” (v.45)

Tiem ding le ngaituo zawm dingin: Matt 5:38-48

Zani khan i hringnun ah beidongna hne dan lampui hril dingin kan tiem che a. Hi lampui hi radiant Kristien nupui pakhat in a min chuktir a nih a, ringhlana i neih pal dam a lo nih chun, hi nupui nu hi vunsâ, mipui ngaisak lo le iengthil po khawm poisa ngailo mi a ni nawh a, mi zaidam le lungril innotak, a thil tuok tinreng chu testimony ah inchangtir thei a mi a ni lem.

Hihi a nih, ama nu hin beidongna hnena lampui a mi hril chu. A **hmasatak** a dingin, Kristien hai hi harsatna tuok lo ding bik a inngai an ni nawh ti hriet hmasak a thra. Ringnawtuhai in ngaidan thralo le lungril ditthlang thralo leiin an mani ngei harsatna an inltlun hlak hai chu ringtu chun pumpel thei ngei a nih.

Hi ti lo chu, ringtu hai hi ringnawtuhai ang charin, accident tuoksiet, damnawna, le thina chenin ei tuok ve thei vong a nih. Kum iemani hma met khan, ringnawtu India mi, nga mantu hai chuongna vuongna pakhat

chu Alps lai an accident a, mi iemani liem met hnung chun, hi hmuna bok hin ringtu mi 58 conference hmang zo hai chu an vuongna khawm hilai hin a thla ve a nih.

A **pahnihna** ah, i lungril a khan hihi tu nghet ro. Thil iengthil khawm ei tong na a hin, ringtu hai donna chu iengkim a thra le thralo ah khawm a um ti thu hi - indik, indiklo, inhoi, natna, hrilsiet, hril thratna a hai khawm. Lyre pine hi thingkung pakhat a nih a, far thing pakhat, chikhat, a sip zum chu lyre (perkhong chikhat) anga zik pahnih le pahnih neka tam neih a nih a, a sip a hin, sip ler pakhat chau nilovin, sip ler tamtak um a nih. Hieng anga an umna san an hril dan chun, trek le thlipui hai in a zik ler an suksiet ngun leiin, hi thingkung hin a sip ler tamtak a neih pha a nih an tih. Hieng ang char hin eini khawm, ei ni tieng ei nuom chun, harsatna a hung tlung pha leh, nun trawlina ei ti hai chu rimawi ah inchang thei na, a mal chuava um thing ler kha rimawi tumtu “lyre thingkung” ah inchang thei na chu.

TRONGTAINA

Pa, ka thlarau a hin hi thu hi inthuk takin min hriettir ro. Mani khat chauva a ler a umna chu lyre thingkung anga ler tamtak ah inchangna. Voisun hin Nang leh chun iengkim hi hnethei a nih ti thu hi, lungsenna khom. Amen.

IEM A NA LUNGSENN/BEIDONGNA

“Suong ding ka ni raurau chun, ka hrât nawna tieng thilhai hi a nih ka suong lem ding.” (v.30)

Tiem ding le ngaituo zawm dingin: 2 Korinth 11:16-30

Zani khan Thlarau Thienghlim trawl na san lientak chu lunghnuoln/beidongna a nih ei tih a. Anleh iem ning a ta beidongna hi? Thumal hrilfiena chun “lungril buoina, lunghnuolna, lungsenna.” Thlarau Thienghlim thar zing neina dingin iemani kawng thawdan ding a um a? Hieng popo hnena ding hin?

College ka kai zo, rawngbawlna ministry ka lut khan, harsatna tamtakin a mi thlak buoi a, chuongchun lungnatna le beidongna ding tamtak ka hmu a nhi. A thu chu, Thlarau a hrattak le chungnung takah um dan hai chu ka hriet vonga – suol maksan la, nitin trawngtai le Bible tiem hai, iengkim a Pathien chawimawi ding thu dam, ei chung a thil iengkhawm hung tlung sin, Ama thlirna tukver anthawka ennahai le a dang dang. Anachu Theology college a ka thil inchuk hai chu nitin hringnun a ding hin a thok naw a nih. Tu hnunga,

ka hrnignun hman liemtah ka hei thlir kir hin, Kristien nun hman dan thuruok hai popo deu tho chu kan chukin ka hriet, anachu lungsenna (frustration) hne na chau naw chu. Pathien kuomah nitin el hin ka khek dok na chu hieng an hi a nih. “Aw Lalpa lungsenna/lunghnuol lo dan min chuktir ro.” Hi thuruk hi Kristien nupui pakhatin a min chuktir a nih. Ama nu te hi a hringnun ah mi dang nek khawma lungsenna/lunghnuolna dingin a thlak buok a nih. Nikhat chu kan dong nghe nghe a, “Mi popo hin an target bik che khawm hi a hoi e, hieng popo kar a hin iengtinam thlarauvah hring le tha tho takin i um zing thei a?” tih in. Ama nu chun “Ka nitin hman hi a hlim a, min an mi kap chang khawmin. An mi kap na lai lai kha ka dam nghal pei a nih. Kei chun, “Chuong anga don theina thuruok chu min chuktir ro.” A min chuktir a, voisun a inthok hin chu thuruk chu intrawm pui ka che.

TRONGTAINA

Pa, thuruk tamtak i min chuktir tah a - hihi khawm hi min chuktir ro. Iengkhawm hung tlung sien, a thra tienga lak thei dan min hmutir ro. Thlarau koi el lova, thlarau inkuol (bend) thei mi pe rawh. Isu Krista hmingin. Amen.

HI TAKSA – VIOLIN THRATAKA HERMIL

“Chun a thova, a fâkin a dawn; chuongchun chu bu lei chun Pathien tâng Horeb chenin, ni sawmli le zân sawmli a fe a.” (v.8)

Tiem ding le ngaituo zawm dingin: 1 Lalhai 19:1-8

Zani khan ei thil fak el dawn le ei fak rawn le fak tlawm thiem dungzuiin ei umdan a suk danglam ti thu ei hmu a. Ei taksa bung a hai vitamin ei trasam chun, taksa tieng nguina an siem ang char hin, thlarau dangchar chun lungril nguina a pek hlak a nih. Chuleichun, indiktak le hriselna ding a fak le dawn thua hin inthunun hlak ro.

A dawt nawk a chun, a awmtawk a taksa insoizoi dingin in thunun ro. Pathien hin ei taksa hi chang dingin a siem a nih ang reengin, an chang naw chun an zoi tiel tiel hlak. Iem chuong chun hung ning a ta? Taksa zoi deu chun thlarau a suk zoi hlak a nih. A nawn a nawn in, counselling ka neihna a hai chun, ka kuomah lungril ngui leia mi hung pan hai chu, thil dang dang ka hril lai zingin, taksa insoizoi dingin ka ti hlak. Ka ti lei seka, doctor annawleh medical check up nei phot lova, sports annawleh jogging dam nasataka thaw tum el khom a thra

nawh. Zing tieng a *morning walk regular* taka fe ringot khawm hi thlarau hlawkna hmuthei a ni hlak.

Hilai hin infuina thu cha tlawm a zawng pek thra ka tih a, a san chu tulai khawvel a hin “exercise invetchil” hai khawm hi thil um thei an tah leiin. Ei taksa khawm thunun nasat taluo khawm thil umthei a nih. Taksa hrisel awmtak a exercise lak a thra a, anachu khang tieng in uor nawk taluo chun til dang poimaw thawna dingin i taksa in hratna nei tlawm pha thei bok a nih leiin, iengkim hi inbuktawk takah sie ding a nih. Bu khawm thauna khop a fak nilovin, fit tawk ding chauva fak ding. Chun zan in khawm, zing kar tho pei lo khawpa zal sawt lovin, suk har tawk ding chauva zal hun hman dam. Ei taksa hi perkhuong hlim hermil thratak anga sie ding ei nih, chuongchun Pathien hla mawi chu ei nina iengkim an thawkin hung suok thei a tih.

TRONGTAINA

Ka lungril le taksa neitu Aw Pathien, Nangma intlanna le thruoia hnuaia ka lungril le taksa chu i thunun na hnuaia ka hung pan che. Ka lungril hriselna hi ka taksa kuomah, chuong ang chun ka taksa hriselna hi ka lungril kuomah inhlai ka nuom. Amen.

THLANG THEI RO

“Nangni khât chovin fienriel hmunah hung unla, chawl hri ro.” a ta” (v.31)

Tiem ding le ngaituo zawm dingin: Marka 6:30-44

Ni iemani zat anthawk khan ei taksa ei ngaisak naw chun ei thlarau nun khawm a tawl thei thu ei hrlitah a, asanchu, ei taksa suonga thilhai hin ei lungril le thlarau hai nasatakin a ‘affect’ a nih. ‘Control’ chu ‘control’ em naw sin khawm.

Ei hringnun a taksa enkawl na ei hrlitah a pathumna chu hihi a nih - i hun awl le i zalen hun chu vong thra roh. ‘Recreation’ (hun awl a ei thil thaw) ei tia thren hai hin chu min an suksuol lem hlak a nih. Lungril le thlarau a khawm am isukzoi hlak a nih. TV prokram thren thren hai khawm hi an mi cho le mi dawmkang hai an um lain, a thren hai hi chu en zo hnunga suongtieng an mi suksiet vong ang damin ka um hlak a nih. Khang prokram hai chun ei hringnun **duto** deuva ei choi ngoi ngoi nahai dam an suksiet in ka hriet hlak, thlarau ra mawitak hai khawm sir siet ang elin, chuongchun zor hnopin ei hung suok hlak a nih.

Keikhom ka recreations nahai hi thlang biek deu neihin ka thaw

thran tah a nih. Film le TV prokram a thren hai, en khawma, lungril el thlarau suk chautuhai hi enlo a tih a - **if you value the higher values**. Chungtieng thil hai chu thilpoimaw lema i ngai chun. Incheinna pindan ah vawk pui inluttir ang a nih.

Ei hun awl neih hai ah ei thil thaw dang hai khawm chuongang thovah fimkhur takah thaw ding a nih. Mitem thren hai chu enzo hnungin lungril ale thlarau suk sawl deu le chau nokin an mi siem thei a nih. Khawvel hringun hrefie thiem dingin lekhabu popo tiem vawng a trul nawh. Hilai tk hi a nih Kristien, a bik, thralai hai thrangpui an ngaina chu. Chirdum ah chierdik le balh hre dingin a tala intal a trul kher am a nih? Doctor in natna thar deu hrethiem dingin a taksa sungah natna hriok hai a kap lut kher a trul am a nih? Recreation (hun awl a ei thil thaw) hi thlarau a suk hringna sukharna dinga thil pomaw em em a ni lai zingin, an insukhlamna hai hin a mi sukhlim tak tak am ti ei hriet chieng a poimaw a nih.

TRONGTAINA

Pa, hrisel le tha tho inmil mawitak neih dinga i mi siem a nih a. Thlarau le taksa a ka hrat tak theina dingin til thaw trul popohai chu hriethiemna mi pe ro. lengthil a khawm i Hminga ka chaiwmawi nuom a, ka sukhlimna hmuna khawm. Amen.

NGAITUONA TINRENG SUOKAH SIEM PEI

“Ngaituona tinrêng Krista thuawina salah kan thruoi a,” (v.5)

Tiem ding le ngaituo zawm dingin: 2 Korinth 10:1-14

Thlarau Thienghlim thar zing dinga thil thaw ding hai tiengah la hei hang en pei ei tiu. Lam pakhat chau hih a nih - “beidongnaa” (frustration) lakah um dan inchuk ro.

A nawn a nawnin, mi tamtak chun ka kuomah, “Iem kan diknawna ning a tih o?” Thlarau takah ka thla hnuoiin kan hriet, suol hlak ka thaw si nawh a. Inglei inam ning a ta, ka Kristien nun hi a tharnaw emem na san hi?? tia indawn in. Hieng anga mi tamtakin thlarau rama trawl anga an inhriet hlak hi ‘frustration’ lakah an in veng zo naw lei a nih.

Kristien ka hmu lai popovah “VARZING THEI” tak kha chu West Wales a um, thlai chi zawr hlak, Mordecai Price kha la ning a tih. Ama pa hi a ke polio leiin, a ke hmang thei ta lo a nih a, kut a *control* vong trul car a khal hlak a, fak zawngin thlai chi hai chu lo neihai kawla a zor hlak a nih. A chang chun a motor a inthoka hei suok a, lo neitu hai kawtkhâr chen tlung ding chun darkar khat dam a lon a trul hlak a nih - anachu a thaw fan fan hlak a nih.

Nikhat chu a kuomah hieng angin kan don a, “I taksa harsatna lei hin i lungasen ngai naw mawh? lengtinam khang khan i thaw trok trok thei a, nang ang mi tamtak chu an ngirhmun chu um to trok le sin thawta lova an um el awm vei leh” tih in. Tuhin chu hi mipa hi Lalpa kuomah a lo chawl tah a, anachu a mi donna kha kum sawmthum hnunga khawm ka lungril a hin ala cham zing a nih. “Ngaituona tinrêng hi Krista suoka siem dingin ka lak hlak - polio damnawna ngaituona khawm hi” tiin. Ama khan a lungril a lungsenna kha ra thra insuo dan a lo inchuok tah a nih.

Nang le kei khawm, hmelsietna chu hmelthratna, suol chu thratna ah inching tir dang ei thiem pha leh, lungsenna/lungngaina chun iengtiklai khawma eini mi khup de thei ta nawng a tih. Hringna thuruok chu ‘hmannga’ (using) thuruok hi a nih. Chu chu inchuk la, chuongchun iengtiklai khawma lungsen ngai tanaw ti nih.

TRONGTAINA

Aw Pa, hmelsietna chu hmelthratna, suol chu thratna a inchangtir dan min chuktir ro. Ngaituona tinrêng le iengkim el hi Krista suok a siem dan min chuktir dingin i Hming Dittumtak hmingin ka hni che. Amen.