

**1. Suol le kâr suk hla rawh:** Covid-19 hri ei kai nawna dingin mi leh kâr (social distancing) siem ro an mi tih. Suola inthoka hla taka um le kâr neia um ding ei nih. Josefa khom suol thaw dinga thlemtu, a pi bul hnaia a um nuom nawh. Sâm 1:1-a chun “Mi suolhai remruot zui ngai lo, mi suolhai lampui hraw ngai lo ..... mi hamtha a va ni ngèi de” ti thu ei hmuh. Joba khoma “Mi rilohai remruotna lakah kei chu ka’n thier fihlim dai a nih” a tih. Hi Baibul thuhai ka tiem phâ hin kan naupang hun laia ka nuin ruola inthok suol thaw inchûk a ol leiin kan ruol pawl ding a mi phal naw hai dàm ka hriet suok hlak.

**2. Suol tlànsan rawh:** Suol tlànsan hi ei him thei dan ding tak a nih. Josefa khom a korfuol a piin a man khan a'n tal suok a, a suok ta dai a nih. Evi khom kha rûl le sie-le-tha hrietna thingra umna hmun kha tlànsan sien chu a him ring a um a. Baibul khoma tleirawl chakna suol nghatsan ding (2 Tim 2:22), inngaina suol bânsan ding (1 Kor 6:18) le milim biek nghatsan ding (1 Kor 10:14) thu a mi hril a. 1 Tim 6:11-a chun, “Sienkhom nang, Pathien mi, chuonghai (inhnarna hai, innghirnghona hai, inhrilsietna hai le inringhlelna hai, inhalna hai, tangka sum ngainatna, etc.) tlànsan rawh” tiin a mi'n fui a.

**3. Suol do lêt rawh:** Fak sukthat le taksa insawizoi hin ei taksa natna hrik a do lêt theina kha a sukhrat a. Chuong ang tho chu thlaraauva khom a nih. Pathien thu hi a hring a, thil a thaw thei leiin chu chun ei insukmuk a tul a nih. Ringna thienghlim taka inrem nghet ding dàm, Kristaa zung keia insuknghet tung pei ding dâm le inthlamuong tuoa insukhrat tuo dingin a mi'n fui bok a nih. Isu'n Setan a hnenathuruk khom kha Pathien thu vek hmanga suol a do lêt lei a nih. Inkhèl hrim hrim hi ‘a bèia bèi kalhmang’ (attacking mode) naw chun hnena an chang ngai nawh. Chun, râl hmuna khom hin invèng hrata thaw nekin a do hrat hratin hnena an chang hlak bok. Chuleiin, Ef. 6:14-18-a Pathien ralthuom a hrilhai kha attacking mode-a hmang ding deu vong an nih.

Suol hne peia ei um a, thlarau nun hrisel le thienghlim taka ei vong theina dingin Lalpan a thu malsawm raw se.

New Delhi, 7 July, 2020.



# HREPUITU

## Editorial

### HCFD MISSION FIELD REPORT

(Trawngtaina dinghai)

Pastor Lalsiesang Zote

### COVID-19 LE KRISTIEN SAKHUO SERIES IV, V

Upa (Dr.) Lalsiemlien Pulamte

### THU CHUN HRINGNA A MI PEK SI A (SAM 119:50)

Pathien Thu hi i hlawkpui ve am?

Pastor Ramhmunsanga Sanate

### THLARAU HRISELNA DINGA SUOLA INTOKA (SOCIAL DISTANCING)

Upa (Dr.) Lalsiemlien Pulamte

**Hrepuitu**

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**Hrepuitu a article insuo hai, ngaidân suklanga um(hai) hi HCF Delhi ngaidan a(n)ni chuong kher nawh. Ziektu tin mawphurna a ni lem. Pathien thu le artikul insuo nuom hai chun iengtiklai khawma editor hai email ah thuziek hai chu pek thei zing a ni - Editor**

**Editorial:**

Tulai ei khawvel hmang mēk hi zingah ieng thil am hung tlung a ta, annawleh Covid-19 damna-wna hi invoi nawng ka tih tukhom ti thei ei um ka ring nawh. Naupang deu khawmin an invoi, hrisel deu hai khomin an invoi, mi upa deu hai khomin an invoi, chuonglai zing chun Covid-19 invoi, hung damsuok nawk an um zing bawk. Ei hmatieng ei thil hai hi einin, ‘control’ ei neih naw emem a nih.

Hi khawvel hmun tin hi natna hin a fansuok mek lai hin, iengtinam, eini Isu Krista zuitu le ringtu hai hi ringnawtuhai angin tri dor dor a hun hmang ding ei ni?

Voisun article pakhat ka tiem na a chun, “**Preparing to Die is the Best Way to Live**” ti English a ziek ka tiem fuk a. Hmar tawng chun “Thi dinga inring zing hi hringnun hmang dan thratak a nih” tiin mawl deuvin zuk inlet inla.

Anni ngei, Krista ringtu hai chu ei hmathra emem a nih. Thina hi ei tuok ngei ngei ding chu a nih a, nisienlakhawm thina hi ei hringna thar kot hawngtu ani leiin, Isu Krista zara thina khela chatuon hringna rochan ei neih leiin, nitin ei khawvel hmang mek a hin, thi thei zing ei ni leia inring zinga ei nitin hmun hmang chu ei ta dinga hringnun hmang dan thratak a nih ding a nih. Chu chu Isu Krista khawma a mi chuktir a nih. Fillipi 1:21 “Ka ta ding chun hring hi Krista a ni a, thi khom hlawnka a nih” (**For to me to live is Christ, and to die is gain**), a lo ti angin, eini khawm ei hringnun ei hmang pei na a hin, nitin hi Krista tadinga hmangtu ei ni seng thei na dingin, Pathienin mal mi sawm pek raw seh.

pul sìp zumah a'n ngirtir a, “Pathien Naupa i ni takzet chun inchawm thla rawh. I vantirkohai chu thu pein, an kutin dom an ti che a, lungah i ke sui naw ti nih” tiin a thlem a. Isu chun a kuomah, “Lalpa i Pathien fie naw rawh’ ti khom ziek a nih” a ta. Deut 6:16-a mi a suklang a nih. Hripui inlêng laia invêng him dâng ding an hrilhai thaw tum si lova ‘Pathienin mi vêng him naw ni'm’ tia insuk thlarau mi vieu hin Pathien fie tumna a tling lem ring a um.

A tum thumnaa chun Diebol chun Isu chu tlâng insâng takah thuooin, khawvel lalram po po le a ropuina a'n entir a, “Bokkhupin mi chawibiek la, hieng po po hi pe vong ka ti che” a ta. Isu'n a kuomah, “Setan, fe hmang dai rawh! ‘Lalpa i Pathien chawibiek la, ama rong chauh bawl rawh’ ti ziek a nih” tiin Deut 6:13-a mi hmangin a don a. Chuong chun Diebol chun a maksan a. Khawvel hausakna, ropuina le thuneina hai hi Setan mi thlemla hmangruo poimaw tak an ni hlak hrim a nih. Rûlin Evi a hlemla khom kha ‘Pathien anga var theina’ ti a ni kha.

**Inchûk tlâkhai:** (i) Setanin Isu kha 100% mihriem a ni ti a hriet chieng leii a phingtam lai takin lung beia inchangtir dingin a thlem a. Chuong ang deu chun Setanin ei chiehnipna takah a mi thlem hlak a nih. Nuhmei-pasal thila inhuot hai chu uire dingin thlem hlak a ta, sum ngaina mi chu hlepru dingin thlem bok a tih.

(ii) Isu Krista ngirhmun hi Diebolin a hriet chieng a. A hne naw ding hresien khom Diebolin Isu kha thlemla insâng tak, Pathien thu hmangin a la thlem ta tho tho a ni kha. Eini hai khom thlarauva ei ngirhmun ang peiin (ei piengthar hlim le thlarauva ei hung puitling hun) Setan mi thlemla hmangruohai hi inang kher naw nih. Mihriem ei la ni sùng chu hratnawna le chiehnipna nei ngèi ding ei ni a, sienkhom ei hmelmapa hlak hi a taima ngang el si a. Sakeibaknei angin sè ding zongin a mi vê zing a nih. Ama lakah hnena ei chang a, ei him theina ding chun Pathien thu ei hriet rawn el bâkah zawm nuomna lungril khom ei nei sa a tul takzet a nih. Pathien thu vek hmangin Diebol hi hne thei chauh a nih.

**Thukhaikhawmna:**

Ei thu khaikhawmna dingin Baibul characterhaia inthoka ei inchûk, suol donaa thang ei lak dâng ding pathumhai chu hienghai hi an nih:

hongtu dingin Pathienin Josefa kha an hmaah a lo tir hmasa a nih.

**Inchûk tlâkhai:** (i) Josefa chu a pu nuhmeiin suol thaw dingin thlem sien khom a pu ringzona a hlaw kha a'n phatsan tum naw a. Chun, "leng tinam hieng ang thil rilo hi thawin Pathien lakah suol ka thaw ding a na?" tiin a hnawl a nih. A pu a'n za el khêlah Pathien a tî a ni ti a suklang a. Pathien nauhai ta ding chun thil rilo thaw hi Pathien chunga suol thaw a tling phâk a nih.

(ii) An bulah mi tû khom um naw hai sien khom Josefain a zalpui nuom nawk. Hmutu Pathien a um zing ti a hriet tlat a. Potifar nuhmei kha ieng angin inhong sien khom Josefa chu a nuom nawk. Mi thenkhat chun "suol a hrat êm a, ka do zo naw a, ka tlu el a nih" ti rawi naw mani! Josefa ruok chun suol a do tlat a nih.

(iii) Suol mi thlemla hmun kha maksanin ina ithok a tlân suok a. Suol bul hnaia um lova tlânsan hi damna a nih.

(iv) Josefa zâr khan Potifar a insûngin malsawmna a dong ti khom Josefa khan hrieng a tih. Thiltha mi ei thaw pekna zârin anni chunga intîthêi tumna dâm, lo hlawpui tumna dâm le remchâng lo lak tumna dâm a um nuom hlak a. Josefa ruok chu Potifar le a nuhmei chunga chuong ang chu thaw a tum nawk.

#### V. Mihriem Naupa, Isu Krista:

Isu Krista hi Mihriem Naupa tia ko a nih. Chu chun 100% mihriem a ni ti a sukchieng a. Chuleiin, eini ang thova tam le dangchar, lum le dei, a thlum a al hre mi a nih. Isun baptisma a chang zo khan Diebol thlem dingin Thlarauvin thlalêrah a thuoi a. Ni sawmli le zan sawmli bu a nghei hnung chun a phing a hung tam ta a, Setanin tum thum lai a thlem a.

Setanin "Pathien Naupa i ni takzet chun hieng lunhai hi beia inchang dingin thu pe rawh" a ta, Isu ruok chun "Mihriem hi bei chauh ringin a hring naw a, Pathien bauva ithoka suok thu tinreng ringin a hring ding a nih' ti ziek a nih" tiin a don a. Hi hih Deut. 8:3-a mi a hrilsawng a nih. Mi thlemla dingin ei taksa inhoitir tumna le thil a hriet theina (senses) hmangin Setanin remchâng a lak hlak.

A voi hninaa chun Diebol chun Isu chu khaw thienghlimah a thuoi a, tem-

**Hmar Christian Fellowship Delhi.**

**Mission Field,**

**Trawngtraina dinghai.**

Pastor Lalsiesang Zote

Harsatna a mi chimna kara, Pathien rama ei rawngbawlna Lalpan mal a mi sawma, Hri leiin nuom angin zalen takin chanchinthra hril thei naw in la khom, lock down ei neia ithok khan Zoom hmangin ei mission field (Delhi le U.P) hai infim khomin Wednesday zan zat, Saturday zan zat le Sunday zat worship service nei a nia, hi bak a hin tuk tin Zoom hmangin zing inkhom le trawngtrai inkhom nei a ni zie. Kawngkhat taka harsatna a mi chima Lock down sung hin kohranhai hi Pathien thua nasatakin mal-sawmna an dawng hmu thei a nih. Hi Zoom hmanga Ministry hi member po po thrang thei nawhai sienkhom member a tam lem an thrang thei a lawm a um khopel. Harsatna kar a ei thei ang anga chanchinthra hril a umhai chu Lalpan mal a sawma, Pathien thu ngaitu ding Lalpan mi a mi pek peia lawm a um hle.

Chun Lock down mi tamtak harsatna an tuok lai zingin ei kohran member-hai fak le dawn thu nisien hri-selnaa harsa tuok bek an um nawa, Pathien zar ei zo hle leiin lawmthu hril ei tiu, U.P tieng a harsa deu thrangpui ngai sungkuo pakhat an uma hrieng an ni leiin Shivvihar kohranin an thei ang angin ei zuk thrangpui theia lawm a um hle, chun ringthar kohran member thrangpui ngaihai thrangpuina ding tiin member threnkhatin an thei ang angin sum le pai an hung thaw tawl bawk lawm a um khopel, chu baka DHWA khomin kohran sunga family threnkhat thrangpui ngaia a hriethai an hung thrangpui bok lawm an umin thla an sung muong hle.

Lawmthu ei hril ruol ruola trawngtrainaa ei lo hriet dinghai:

01. A hmaa ei trawngtraipui ta, an kawppuihai ringtu ni tahai, thei tawp suoin trawngtraipui zing ei tiu, Lock down leiin a thren village a an fea, hun thra Lalpan a mi peka ei inhmupui vat theina dingin trawngtrai zawm zing ei tiu.

Ei lo theinghil pal ta chun, an kawppuihai ringtu ni ta, ei trawngtraipui

dinghai chu a hnuoia hai hi an nih.

**Trawngtraipui dinghai.**

		An kawppui ringtu ni tahai.
01.	Mr. Parshuram	h/o Mrs. Nirmala Devi
02.	Mr. Ramnyak	h/o Mrs. Poonam.
03.	Mr. Ajay	h/o Mrs. Sangeeta.
04.	Mr. Rambabu	h/o Mrs. (L) Shanti
05.	Mr. Beemal	h/o Mrs. Nirmala.
06.	Mr. Jetendra	h/o Mrs. Neeva.
07.	Mr. Prempal	h/o Mrs. Rajkumari.
08.	Mr. Girjesh Gautam	h/o Mrs. Sonia Kumari.
09.	Mr. Santosh Gautam	h/o Mrs. Rajkumari
10.	Mr. Pravin	h/o Mrs. Khushboo..
11.	Mr. Bhaya Ram	h/o Mrs. Lalti Devi
12.	Mr. Ashok	h/o Mrs. Nangeeta
13.	Mrs. Beenita	w/o Mr. Sumit
14.	Mrs. Sunita	w/o Mr. Pradeep Kumar.
15.	Mrs. Sunita	w/o Mr. Subash.

Note: A hmaa ei hung hril ta angin Serial no: 3 Ajay hi a hung inkhom tran taa, Lock down sung khom inhmupui a nia, a hringnun an thlak danglam pei, lawmthu hril zingin trawngtrai pui zing ei tiu.

Chun, Serial no: 10 Mr, Parvin hi Jaila kum hni le a chenve vel an tang hnungan ei trawngtraipuina zarin Tarik ni 23 June khan a hung suok thei taa, ama hi a jail intang dan hi Tourist car khal a na, a cara khala Zu (wine) an dap dok leia, case neia jail intang a na, a nu le a nuhmei hi a jail intang kara ringtua hung lut an na, inkhom za thin a jail suokna dingin trawngtrai subject a an puong zie hlak, A hung suok ni khoma unaupa Vanlalthlanin a van hmupuia tu hin Pathien thu hohlimpui a ni zing, a nu le a nuhmei hin thrahnem an ngai hlea. Jail a inthoka a hung suok khom hi Pathien kuom ei trawngtraina lei lieu lieu a ni zie a nuhmei le a nu hin a tih.

Serial no:15, Mrs. Sunita w/o Subash khom hi Baptistma service nei hmasataka Baptista lak a nuom thu a hril tah.

02. Hienghai baka, tutu regular taka family ei inkhompuihai, trawngtrai naa ei hriet dinghai.

ka ti che a, i hmua ngèi sûn pachangah i nuhmei chu zalpui a tih. Nang chun a rûkin i thaw a, kei ruok chun Israel hai po po mithmua ngèi sûn varah ka thaw ding a nih” Davida kuomah a tlung a. A sukputlingna chu “Israelhai po po mithmua chun a pa hmeihai chu Absalomin a zalpui ta a” (2 Sam. 16:22) tia khan ei hmu.

**Inchûk tlâkhai:** (i) Sin thaw zoa chawl hadam hi Pathien thu khom a nih. Amiruokchu sin thaw laia chawl amanîh hadam hi Setanin remchang a lak nuom vieu. Taksa le lungril awl taluoa hin suolin bû a khuor nuom bok a. Ei hmelma Diebol taimakzie chu mi fak ding zongin an vèl ruoi zing a nih. Chuleiin, taksa ta dinga sinhaw ding siem le lungil khom Pathien thuhai ngaituonaa suksip tum ding a nih.  
(ii) Suol thawna dinga a kalbihai hi an tluong nuom phien el a. Chuleiin, an inkeibat tuona (chain) hi suktan a tul a nih. A nawka kalbi ding kha siem/daw lo dinga thang lak a tul.

**IV. Isu Krista hlimthla, Josefa:**

Josefa chu Aigupta ramah an thuoi thlak a, Faraw hnuoia vêngtu sipai pawl kapten Potifar chun a lo inchawk a (Gen 39). A pu mitmei a tlung a, a insûng enkoltu tak a hung ni a, a nei po po chu a kutah a sie vong a. Josefa zârin in tieng le ram tienga Potifar thil nei po po chu malsawmin a um a. Josefa chu pa duongkai tha tak le hmel tha tak el a nih. Sawt naw te hnun-gah a pu nuhmei chun a ngaizawng a, “Mi zalpui rawh” tiin a thlem a. A zalpui nuom naw chauh khom ni lovin a pi bul hnaia um khom a nuom nawh. Ni khat chu in sûngah sin thaw dingin a lut a, in sûnga chun siehlaw tu khom an um naw a. A pi chun a korfuolah a lo man a, “Mi zalpui rawh” a ta, sienkhom a'n tal suok a, a suok ta dai a. Indik lo taka intumin a um leiin tâng inah khumin a um a, sienkhom a tawpah Pathienin a sansuok a, Faraw dottu, lal ina hotu takah sie a ni thu Baibulah ei hmu a.

**A rasuokhai:** (i) Josefa indikna le Pathien a titna hin a mimal ta dingin malsawmna tam tak a hmu phà a. Hun iemani chen chu a dawnglem le chansie chang angin um sien khom a tawpah ngirhmun insâng tak, Faraw dottu, lal ina hotu takah Pathien hlangkaiin a um a. Farawin a khuo le tuihai chu a thu ang peia um dingin thuneina a pek a nih.

(ii) Israel hnam hung inder tân tâ ding khoma Josefa hi malsawmna a nih. Tâm huna Jakob le a thlähai hringna sandam ding le ram thatna hmun, Aiguptaa Israel kha hnam tling thei hiela an hung pung theina dinga kot lo

Zan tieng ni nema hin Davida chu a lal in chunga chun an vak vel a, in chunga inthok chun nuhmei pakhat insil lai a hmu a, hmel tha a ti hle a. Davidan Betseba a uiretpui dinga, a kalbi sirhai chu (i) a hmu a, (ii) tu am a nih ti zong suok dingin mi a tir a, (iii) an hung thuoi a, a lo zalpui a ti ei hmuh. Davida hin Betseba insil lai a hmu hi a mitin a en naran el an ta naw a, Isun Mt. 5:28-a “Inngaipui châkna mita nuhmei meltu chu a lungrilah a uire dêr tah” a ti kha Davida lungrilah a lo tlung dêr tah a nih. Chu chena chun tawp el sien a zie zie la um ding a na, sienkhom, tu am a nih ti zong suok dingin mi a tir a. A lungrilah suol um kha a taka suk puitling tumin thang a la lak sa deu deu a nih. Betseba kha Israel sipai raldo laia thang, Hit mi Uria nuhmei a ni ti an hung ripawt lem khan chu Davidan a zuom deu deu ni awm a nih. Hma tienga thil a thaw dan dinghai khom Davidan a phierruk fel vong khom a ang a, a va'n ko tir a, an hung thuoi a, a lo zalpui a. Suol thawna dinga thil phierruk theina khom hi Setanin a mi pek ve thei ring a um ie.

**A kakhawk:** (i) Davida le Betseba hai chu an uiret lai hmutu le hrepuitumihriem um naw hai sien khom Pathienin a hmu a, Pathienin a zawlnei Nathan tirin Davida chu a suolzie inhriettirin zil a nih. Uria kha Davidan a suol thupna dinga râl hmatawngah inumtirin râl kutah a thi a. Davida kuta thi ni naw sien khom thil phierruk, Davida kha tuolthattuah intum thei a nih. 2 Sam. 12:9-a khan Nathanin Davida kuomah, “Hit mi Uria chu kawlhnamin i sukhlem a, a nuhmei i nei pek. Amon mihai kawlhnamin i that a nih” tiin a hril. Lev. 20:10 le Ex. 21:12-a danhai dungzui chun Davida chu a uiret le tuolthat leiin sukhlem tlak a nih. Sienkhom a suol simin, “LALPA lakah thil suol ka thaw a nih” (2 Sam. 12:13; Sâm 51) a ti leiin a hringna hlapak mei mei chauh a nih. A hnungen Pathien leh an inlaichinna siem thar pek nawk ni sien khom a suol thaw ra kakhawk chun a zui ta pei a, ama nuna le a lalramah lungngainan a'n zam khum a nih.

(ii) Betseba leh an nau chu naute a ni laiin a thi pek a, Iusunin hun an hmang tan a.

(iii) Nathanin Pathiena inthoka a thu dong, “I mi ngainep a, Uria nuhmei chu i nuhmei dinga i lakpek leiin tuta inthok hin i inah kawlhnamin inlêng tâng a tih” (12:10) tia a hrillawk kha rapthlak takin Amnon le Absalom hai thinaa khan sukuuitling a nih. Absalom thupek angin a siehlawhai chun Amnon chu uoiin inruia a hlim lai tak an vuok hlum a. Chun, Absalom khom Joab ralthuom chawitu mi sawmin an sun hlum a nih.

(iv) Nathan fethlenga LALPA thu, “I mithmua ngèi i nuhmeihai chu lakpek

Maya Garden Haryana border a inthokin: Mrs.Sunita (Subash a nuhmei, sl no 15 khi a nih) Manisha le Kiran hai hi an nih, Isu Krista Lal le sandamtua an hung pawm vatna dingin trawngtraipui ei tiu.

03. Mohan Garden a Pathienthu ei hril hai: Shoba Devi, Pratibha, Sharita, Momta, le Shakti hai hi an nih, an ni hi family thra tak an ni, an renga Isu Krista Lal le Sandamtua an pawm ngeina dingin trawngtraipui ei tiu.

04. Shivihar kohran thralai Nk. Rakhi hi a nun a pasal ding ngaituo dingin a mi tia, ringtu pasal thra tak Lalpa kuoma lo ngen pek ei tiu, Ama Nk Rakhi hi worship thruoitua ei hmang a na, An family hi a pa ti lo po ringtu an nit aa, unau pasal pakhat a neia, a unaupa chu Key-board hmet a ei hmang hi an nih, A nu le a upan ringtu ngei pasala nei ding an ti a nih. A pa chu trawngtraipui dinga serial no: 7 Mr. Prempal h/o Mrs. Raj Kumari hi a nih.

05. Ei Fellowship in ei enkawl Bethany School khawm trawngtrainan lo hrieng ei tiu. Ei hriet seng ta angin Coronavirus leiin school kai thei an naw chau ni loin exam tak ngiel khom nei thei an nawa, chu chau chu ni loin new admission khom thaw hman lo ei na, nasatakin harsatna ei tuok a nih, chun school dang angin ei naupang enkawlhai hi insung harsa te te an ni tawl leiin school danghai anga online class neipui thei an ni bawk, Chuleiin, School hi hawng a ni vatna ding le naupang tamtak Lalpa kuoma hning ei tiu.

U.P Mission Field a inthok:

06. Unaupa Subash Ajamgarh District a inthoka report ei dong danin, Lock down leiin nuom angin tulai chu rawngbawlna a fe hrat thei nawh, Pathien zarin kohran hai an dama, lawm thu hril pui ei tiu, chun ama Subash khom a sin a thaw tran thei nawk taa, chu kar laka a thei ang angin kohranhai a sir tawl hlak. Ama Subash hi taksa le thlaraua an thrang peina dingin trawngtraipui ei tiu, chun khi lai hmuna rawngbawltu ding an tlawmpui thei ding thra tak Lalpa kuoma hning ei tiu.

Unaupa Evan Pramod Kumar: a inthoka report ei dong danin, Lock down leia harsatna kara mi tamtak Pathien thu ngainuom an uma, Covid19 hi kawng khata chanchinthra hrilnaa malsawmna a ni thu a hung report, June ni 21 Sunday a inthok khan Biek in inkhom an tran nawk thei taa, lawmthu hril pui ei tiu. Ni dang naw ang takin ringtharhai inkhom an

phura, sienkhom social distance nuom leiin memberhai selected deua inkhom hi neipui an nih.

Trawngtrainaa hriet dinghai:

07. Lock down sung hin mobile phone hmangin mi thar mi iem mani zat contact an ni tawla, chu lai chun a bik Shikhohabad Kohran in Out reach naa an nei Badhan village sikhohabad a inthoka 25 Km vela hla, mission field a an nei, July ni 4 Satuday khan Sikhohabad kohran motor hire in hi village hi va visit a nih, Pathien zarin response a thra hle. Ringtua hung lut nuom iem mani zat zet an um, trawngtrainan hre zui ei tiu.

08. Tu chena, hun remchang hmasataka Baptisma la ding hming hung pe ta hai ei lo trawngtraipui dinghai:

1. Mr. Vimal Kumar.
  2. Mrs. Rajanshree
  3. Mr. Vikash Kumar.
  4. Mrs. Rupa.
  5. Mr. Jayveer.
  6. Ms. Jyoti.
  7. Mr. Sanggam
  8. Mr. Krishna
  9. Ms Madhuri
  10. Sonam
  11. Mr. Deepak
  12. Mrs. Satyavati
  13. Ms Pinky
  14. Mr Jeetish Kumar
  15. Mrs. Sukh Devi.
09. Pathien zarin Fellowship memberhai le mission field a ringthar kohranhai Lalpan a mi veng tawla lawmthu hril ei tiu.
10. Coronavirus leiin mi tamtak sin thawna intrum lo le sin nei ta lo an umhai chuonghai chu sin thra tak tak Lalpa kuoma hning ei tiu.
11. Missionaryhai le School staffhai trawngtraipui bok ei tiu, Pathien hmangaina le thilthawtheina inthuoma thilthawthei taka chanchinthra an hril zing theina dingin, le hriselna thratak Pathien kuoma hnipui bok ei tiu.

Lalrama inthrahnemngaipui: Pastor Lalsiesang Zote.

HCFD Mission Field

pei a.

**Inchûk tlâkhai:** (i) Abramin Lota kuomah a dit lemma hmun thlang dinga a hril khan Lota chun a taksa inhoitirna le khawsak theina ding ngaituo le thlakhlain ram thatna le hnawngna hmun, Jordan phaizawl a thlang a, a tawpah mi rilohai umna Sodomah a'n sonlut a. Mihriem hin taksa khawsakna ding bakah thlarau nun chawmna ding khom ei ngaituosa a țulzie a mi'n chûktir. Lekha ei inchûk a khawsak tung peina (career) ding ei siem amanah sin thaw ding ei zongna konga khom hin khawsak theina ringot hin ei nun a suk hlawtingtir naw a, thlarau damna ding khom hi a lo poimaw èm êm a nih.

(ii) Lota kha a papui Abram zâr chauva khawsa thei a ni ti kha a hriet tho ring a um a. Sienkhom, dit thlang hmasa theina pek a ni khan Abram chan ding ngaituo dêr lovin duam, hmasiel le huomhau takin a ditna hmun tak kha a zuk thlang top el a nih. A khawsak theina dinga a ngai thlang sien khom a tawpah kut bêngthekin Sodoma inthok a hung suok tho a nih. Pathien țhang lova haus a le khawsak thei hin thlarau nun ram hi thlalêrah a'n chang tir a, taksa le thlarau neia siem mihriem ta dingin hlawtingna tluontling a tlung phâk nawh.

### III. Pathien lungril ang put mi, Davida:

Uiretna suola Lal Davida a tlûkna hi 2 Samuel bung 11-ah ei hmu a. Hi hun hi țhal lai, indoa lalhai an suok hlak hun tiin a'n ziek a. A hun hi boruok a'n nem hun le busîk zo, khorsaw ding hnienghnar hun lai ni dingin ring a um. Davidan Israel sipaihai po po chu Joab rawiin a tir a, Amon thlahai an va sukbohmang a, Davida ruok chu Jerusalemah a um a. Thumal 'ruok chu' ti hin umzie a neiin ka hriet a. Dân narânin indonaah lalin a sipaihai hmâ a lakpui hlak a. Israel laltak ni siin Davida chu a sipaihai lai, raldona hmuna um lovin Jerusalemah a um a. Davidan Uriah a ina fea a nuhmei kuomah va chawl hadam dinga a tir khan Uriah chun "Indo laiin kei ieng tinam inah inlawiin, faa dawnin, ka nuhmei kuomah ka zal bik ding maw? I hringna le i thlarau hringna sâlin ka hril, chu chu thaw naw top ka tih" tiin a don a. Israel sipai meu khoma indo laia ina hadam taka va chawl chu a'n thiem naw a, a sipai chanpuihai lakah a ringumna insuoin thaw chiah a ngai naw bok a, thaw țhak lo dingin a'n sâl bok a nih. Chulein, lal meu, indo hun laia Jerusalem lal inah a lo chawl hi inthiem naw hle thei a nih.

**A kakhawk:** Evi le a pasal Adam hai suol thaw kakhawk hi a nasa hle, mihriem po po suola tlûkna, Eden natna a pieng phâ a nih. Chu natna damdawi inumtir theina sun chu Pathien Naupa, Isu Krista chu vâna inthoka ko thlak a, misuol buruhai hremna Kalvari krawsah a hung thi a phût tlat a nih.

**Inchûk tlâkhai:** (i) Pathien thupek hi belsa ngai naw la, sukðáu bok naw rawh.

(ii) Suol hnai naw la, a bulah chêng ngai naw rawh.

(iii) Suol hi inkai a olsam a, suola inthok inthier fihlim vat ding ei nih.

## II. Lam chenve chèna Abraham zuitu, Lota:

Pathien kona anga Abram (a hnunga Abraham tia ko) chu Kanaan ram hluo tuma a'n zinkuolnaa chun a sangpa naupa, Lota chun a zui pei a (Gen. 13). Bethelah an chêng lai chun Abram le Lota chun ran an hau ve ve tah leiin ran tlatna ding ramin a dai ta naw a, an ranpuhai an hung inhal tan a. Chuleiin, an pafa chun inthe an rot tah a. Abramin Lota kuomah, "Nang voi tieng i fe leh kei chang tieng fêng ka ta, ..." tiin a ditna tieng a'n thlangtir hmasa a. Lota khom chun a papui zâra haus a ni ti inhrea lawmna châng le inphalamna châng hre thak lovin a hang thlir vêl a, Jordan phaizawl chu LALPA huon ang le Aigupta ram ang ela ram hnawng tha a nih ti a hriet a. Chuongchun, Lota chun Jordan phaizawl chu a thlang ta a. Jordan phaizawl khuoa hai chun a chêng a, inson peiin Sodom khaw bulah umhmun a khuor a. Sodom khaw mihai chu mi rilo, LALPA ngaia mi suol buru tak an nih. A tawpah Sodomah an tawl lut ti ei hmuh. LAPAN Sodom a suksiet ding thu le tlân suok dinga Lota'n a makpa huolhai a hril khan an nusan el a nih. Chun, Sodom a suoksan ding khoma a la muongchang èm leiin vantirkohai chun Lota le a sûnghai kuthai chelin khaw puo tieng chun an kei suok a.

**A kakhawk:** (i) Lota nuhmeiin Sodom a ngai/thlakhla luotin a nghakir a, chi lungah an chang a.

(ii) Lota le a nau nuhmeihai chun a insanhimna, Zoar maksanin tlângah an kai a, chu taka chun pukah an um a. Sodom kha maksan ta hai sienkhom a suolna chun a hung zui pei ni naw ni'm, Lota naunu pahni hai chun an pa lakah nau an pai ve ve tah a, chuonghai chu Moab le Amon hnam thlatubul an nih. Hi hnam pahni hai hi Israel hai kumkhuo hmelman a hung ni tung

## COVID-19 LE KRISTIEN SAKHOU SERIES SERIES IV: "COVID-19 HRÌ INLÊNG LAIA 'HOSANA - MI SANDAM RAWH' TIA KHÈK"

Upa (Dr.) Lalsiemlien Pulamte

Kum dang chu Palm Sunday ni hin lampui hrawin Naupang Department hai "Hosana" tiin ei lo khèkpui vè hlak a. Kum 2020-a ruok hin chu COVID-19 hrilêng lockdown leiin chuong ang chun ei thaw thei naw ding a na, sienkhom ei umna hmun sengah,

"Hosana! Lalpa hminga hung chu, A hamtha;  
Ram hung tlung ding, Ei Pa Davida ram chu, a hamtha;  
Chunghnung taka khin Hosana",  
tiin Isu Krista hun laia Jerusalem lut ding mèk, mipuihai chu lungrilah siein hei khèkpui ve hrim hrim ei tiu.

Khi taka ei thu khèkpui khi Marka 11:9-10 ah a'n ziek a. Hi taka Isu'n Jerusalem a lût hma, kum 500 vêl liem taha zawlnei Zekaria lo hrillawk (Zek 9:9) Isu Kristain a sukpuitingna a nih. Zekaria chun Jerusalema chênghai chu nasa taka hlima khêk rak dingin a'n fui a. Asan chu an Lal, mi fel le Sandantu chu an kuom tieng a hung lei a nih. Setan chânga awk tahai, mânia insansuok thei ta lohai, mânî khâta Pathien panna châng khom hre ta lohai, Thlarau Thienghlim inhriettir loa suol ei nizie khom hre thei ta lohai chu mi sandam dingin ei Lalpa ei kuom tieng a hung a nih. Mânî harsatna thu intlun ding le chu taka inthoka mi sansuok dingin lal le rore-Itu hai miin a pan hlak a. Ei Lalpa Isu ruok chun ei mamaw a hriet a, ei ngirhmun a mi lunginsiet a, mi sansuok dingin ei kuom tieng a mi hung pan lem a nih. A va thlamuong thlâkin a va lawmum de aw!

Isu Krista hi lal dangdâi tak chu a ni ngèi el! Lal ropui, mi po po sandantu, lal po po thawthei lo ding thawtu ni siin a'n ngaitlawm èm êm sì. Zekaria-in, "Sienkhom inngaitlawm takin sabengtung chungah a chuong" tia a hril hin Isu mi sandam theina dingin inngaitlawmna hi a hmangruo poimaw tak el a nih ti a suklang a. Tirlo Paula'n, "Ama chu niphung hrimah Pathien ni sien khom, Pathien tluka um chu tum tlat dingah a ngai naw a, iengma-lo anga insiein, siehlaw angin a'n siem a, mihiema hung piengin mihiem angin a hung um a, a'n ngaitlawm a, thi chena thu zawmin, krawsah a hung thi a" (Fil 2:6-8) tiin a lo hril a. A Pain thil thaw ding (ei sandamna) mission a pèk chu thuawi tak le inngaitlawm takin a hlen a nih.

Lal ni siin sakora hung lovin sabengtung chunga chuongin a hung a. Lalhai chun sakor hi indonaah an hmang a, sebengtung ruok chu inremna huna an hmang ve thung. Debora le a rawihaiin an râlhai hnea ralmuongna an ramah a hung tlung khan sabengtung vâr chunga chuonghai chu hnèna hla sakpui dingin an fiel a (Ror 5:10). Isu Krista kha Lal ni sien khom, râl do dingin a hung nawh. Pathien leh ei inremna ding zonga hung a nih. Hnuoi le vân inrem ta lo ei inrem theina dingin Isu Krista chu ei saui tanah thangin a hringna chen khom a'n hlân a nih. Luka chun ". . . a zuitu mipui tam tak chun Pathien an inpâk a, 'Lalpa hminga lal hung chu a hamtha, Vanah inremna thu inlêng sien' (Lk 19:38) an ta" tiin a ziek bok a. Pathien le mihiem kâra inremna chu ran le parva thisen hmanga siem el thei a'n ta nawh. A lampui umsun, Judahai Fekan Kut nia kalvari krawsa inhlan dingin Pathien beramte (Isu Krista) chu sabengtung chunga chuongin Jérusalemah a lut tah a nih. Eini misuolhai damna ding a ni phot chun ei Lal hin a hringna khom a pèk phal a nih. A va ropui lawm lawm de! Chatuonin a hming inpâkin um raw seh.

Josefa le Mari hai kha Lal Davida thlaa mi an ni leiin taksa ram taka thlîr khoma Isu kha lal thlaa mi a ni a, Davida lalthungpha hluo thei a nih. Judahai kha an chunga Rom sorkar rorêlna le khuokhirna ning intel an na. Chun, Isu Krista'n thilmak a thawhai an hrietna le zawlneihaiin Mesia thu an lo hrillawkna po po an inngaituo chun Isu Krista'n Rom sorkar chu tuk-dola an thuneinaa inthok a sansuok ding a nih ti beiseina insâng tak neiin, "Ram hung tlung ding, Ei Pa Davida ram chu, a hamtha",

tiin an khêk dur dur a. Sienkhom, ni tlawmte hnungah an beisei anga thil a tlung naw phingin anni vèkin, "Hemde rawh" tiin ha rawt le an lungrila tongsie inphur pumin an khêk a. Eini hai khom hin Kristaa taksa thil ei beiseihai ei hmu naw pha hin Isu hemde dingin rawl ei insuo el hlak am le? Hotu lâkna dinka interview-a hung Kristien candidatehai kuomah, "I ta dinga Isu Krista'n thil a thawpêk che ropui tak iem a na?" tia kan don châng hin, a tam lemhai chun taksa thil an inzawt kuol teu hlak. An taksa le an thlarau Isu Krista'n a sandam thu hrilna châng an hriet ta ngai nawh. Isu Kristaa ei beiseihai hi taksa khawsakna thil chauh, thil kum hlun lo ding a tam hlak ngèi maw? Kristaah thlarau thil beiseitu tam inla chu eini lai thlarau mi tam rawi naw mani'm. Tulai chu prosperity gospel (Kristien-hai chu taksa malsawmna le thil tha tieng chauh nei dinga) inchûktirna a tam taluo tah. Ei taksa mamawhaiin ei chatuon mamaw an hlie tlat hlak hi a poi èm êm a nih.

## "THLARAU HRISELNA DINGA SUOLA INTHOKA (SOCIAL DISTANCING)"

Upa (Dr.) Lalsiemlien Pulamte

Tulaia natna tibai um tak, Covid-19 hri kai nawna dinga mithiemhaiin social distancing thaw ro (practice) tia an thurawn hi ei thlarau nuna khom hei laklut a remchang khop elin ka hriet a. Suolin Pathien le kâr a mi siempak bakah taksa le thlarau thina hiel khom a'n tlun thei leiin ti a um ve èm êm a nih. Thlarauva ei hriselna ding chun suola inthok 'social distancing' ei thaw a tulzie thu le Baibula mi inlâr thenkhat haiin suol an hne/ hne naw chanchina inthok inchûk ding hei keisuok tum ei tih.

### I. Mihriemhai thlatubul, Evi:

Adam le Evi chu Eden huona inhoi ti deuva an khawsak lai chun suolin thang a hung lak tan a. Rûl chun nuhmei kuomah, "Pathienin, 'Huona thing rahai hi in fak a thieng nawh' a ti chie maw?" tiin hlemna sin chu a hung tan a. Evi chun 'Sie le tha hrietna thei ra ruok hi chu i fak ding a ni nawh, i fak chun thi ngei ngei i tih' ti Gen. 2:16-17-a Pathien thupeka khan 'tawk khom in tawk ding a ni bok nawh' ti a belsa el tah a. Fak leia thi chu a la awm a, sienkhom tawk leia thi ruok hi chu thil awi um lo tling thei a nih. Chu tak chuh rûlin remchangah a lak ni naw ni'm, "Thi teu hlak inti'm ie!" tiin Evi lungrilah Pathien thupek ringhlana a'n to tir a. Pathien thupek hi belsa le suk dáu chi a ni naw ngèi el.

Gen. 3:6-a chun "Nuhmei chun thing ra chu thei tuihnai, inhnik tak, var theina dinga fak chakum hlie hlie a hmu leiin a then a lo a, a fak a, a kuoma um a pasal khom chu a pek a, a fak ve a' tiin a'n ziek a. 'A hmu leiin' ti le 'a lo a' tia a'n ziekhai hin nuhmei umna ding awm hriet theiin a um a, sie le tha hrietna thing hi a hmu phâk chauh ni lovin a lo phâkah um a nih ti a chieng. Chun, amaa suol a thok dàn hi ei sui chun thingra hin a mit a lak vieu a (thei tuihnai), màni chakna insukhop theina (inhnik tak) le thuneina amanah ropuina pe thei (Pathien anga var theina) dingin a hmu tlat a nih. Mita ei hmu le naa ei hriet hai hin suolah an mi thuoi nuom hlak. Chun, suol hi inkai a lo olsam khop el. Evi khomin 'a kuoma um a pasal khom a pek a, a fak ve a' ti ei hmu. Tulaia ei khawsakna khom hin nupaa zu dawn dingin thang lak nasat bèk a ngai nawh. Ruol le pai hai suol thawah insie kieng nekin thawpui hi a lo olsam lem. Ei office sin thawpuihai fakrukna tuipuiah inhliewupui dingin thang lak rak a ngai nawh, asan chu 'a system-in a phursuok rèng a nih' tiin an suonlam hlak.

sèng huoma inchawa fàk/inkâp nuom seng nîng ei tih. Vojisun hin Coronaviru hrî nêka tibrium, Eden natna inthoka Isu Krista mi sandamna thu ringnawna suolah i la um zing am? Chu ringnawna chun thiemnaw an chàng tir zing tah che a nih.

Hripui inlèng kâra khom hin Lalpa Pathien zangaina zârin i hringna hlà le sukseiin a la um a. A thlawnnin hun in liem tir ta naw rawh. Pathien mi lunginsietna zâra a thlawna ei hmu, Isu Krista thisena chauh sandamna a um hi ringin, voisun ngèi hin Lalpa tieng pan dingin tiemtuhai ka fiel cheu. Fekan Kùt umzie inthûktak hrea Good Friday lawmna thuruk chang seng dingin Lalpa'n malsawm cheu raw seh.

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**Mi thleng danglamtu Pathien thu  
I THU CHUN HRINGNA A MI PEK SI A' SAM 119:50  
Pathien Thu hi i hlawkpui ve am?**

Pastor Ramhmuanga Sanate

Tulai chu Pathien Thu ei nei hi ei vangnei bikzie ka hmu thar deu deu niu ka hriet. Indikzo vawng naw inla khawm ei theitawpa Pathien thu ei lo zawm vena hin malsawmna tamtak amin dawng tirda hai hmu ding a tam hle in ka hriet.

Hrietlo lampui ei hraw sengna a hin, 'I thu chu ka kenhai tadingin khawnvar a ni a...' a ti hai dam hi an dik em em a ni. Zanni lai khan kan ruolpa pakhatin an nupa kar a buoithu le tawngtainaa san dingin a mi hung ngen a. Inthe el thei ngirhmunan um thu dam a hung hril a. Chuchun ram tin amin ngaituo tir a. Mizie in ang lo, dit in ang bawk lo, lungril put hmang inang bawk lo nuhmei le pasal in rem taka um zing chu thil harsa khawm ning a tih. Eini tienga chun nuhmei hai chu Pathien Thu an thawk an pasal hai hnuoia intuluk ding an nina an pawm thiem pei a. Chuonganga thuouit ding Pathien thu nei ve or pawm ve lo tading chun, nupa khawm indona field a um zing ang el an ni ding a ni a. Kawng tin renga mi thuouit ding le zui ding Pathien thu ei nei hi chu ei vangnei tak zet a nih.

Lekha ziekta pakhat chun, 'Invet thlak vieuin inlang sienkhawm Pathien Thuin thaw dinga a ti chu, thaw el rawh. Chuchu i tadinga thiltha tak anih', a ti a. An dik hle in ka hriet.

*Contd on page 9.*

Tienlaia lalram ropui tak tak, hieng Babulon, Medo Persia, Griek, Rome le British hai hi chanchin hlui ziekna (history) nawa chuh hmu ding an um ta nawh. Isu Kristaa lalram indina um hi hnuoi lalram ang an naw a, chatuon chena dai ding a nih. Isu ngèiin Pilat kuomah "Ka ram chu hi khawvela mi hi a ni nawh" tiin a don khah. Kristaa chun Pathienin lalram se thei ta lo ding chu a'n din a, chu ram chu hnam danghai hnuoiah sie ni ngai naw nih. Lalram danghai po po chu tukdolin suktawp vong a ta, kumkhuoin ngîr zing a tih (Dan 2:44). Chu lalrama chun inremna, ngil-neina, thatna, felna, inpâkna, hlimna le thil tha dang po po chatuonin um tâng a ta. Tâm hai, lungngaina hai, natna hai, tapna hai, suol le thil tha lo hrim hrim hai ruok chu hmu ding um naw nih. Chu lalrama chêng dingin Isu Krista'n lampui a buotsai pèk ta che. Chu khuo-le-tui nina neihai chu an hamtha bék bék a nih.

Tulai, hripui inlèng leia ei hringna der thawng èm êm huna hin Lal Isu mi fielna ngaisaka a chatuon lalrama a khouo-le-tui ni dingin "Hosana, Lalpa mi sandam rawh" tiin a kuom tieng nghain khêk ei tiu. Mipui hal khom poisa lova beisei taka "Davida Naupa, mi lunginsiet rawh" tia mittel del pahni khêk haiin Isu sukdamna an chang ang khan nang khoma Lalpa Isu i bêl chun a sukdam thei zing che a nih. Chuong chun, 'Hosana' tia sandam dinga ngênnna chu hnena le inpâkna hla, 'Hosana-in' zui tàng a tih. Hun khir ei tong zing laia Isu Kristaah thlarau beiseina neia sandam inhrietchiengna mi tuel khomin a lo chang hlauh chun lockdown-in a khuokhirhai laia mi hamtha tak nîng a tih. Chu ding chun Lalpa'n malsawm cheu raw seh.

New Delhi, 5 April, 2020.

**Contd from page 12.**

Pathien thu ei zawm zatin Pathien thu chun ei nun a mi thleng danglam pek hlak a ni a. Nunsie em em hlak hai khawm zainemna a milo pek hlak. Ka nun liem ta hai ka thlir kirin Pathien Thu ka zui lei le ka chel lei a Pathien umpuina ka dawng hai hi ropui ka ti hlak.

Zui ding le chel ding Pathien Thu Pathien in a mi pek neka ropui le hlu thildang iengkhawm a um nawh.

## COVID-19 le Kristien Sakhuo Series

### Series V: "Aigupta Lockdown laia Israel hai Damna - Beramte Thisen"

Upa (Dr.) Lalsiemlien Pulamte

Pathien hnam thlang Israel hai chu Aigupta ramah sal an intâng a. An rinum ti inrûm ri chu Pathienin a lo hriet a, anni sansuok dingin Mosie a tir a. Sienkhom, Faraw chun lulul insuoin a'n suok tir phal nawh. Chuongc-hun, Pathienin Israel hai sansuokna dingin Aiguptaah hripui sawm lai a'n lêng tir a. Chuhai chu thisen hripui, utok intâm, hrik intâm, tho intâm, ran pul hri inlêng, khuoihlipui, riela hremna, khau intâm, thim inzir le nau lutîr thina hai an nih. Thimpuiin a tuom lai lem khan chu tu khom an inhmuthhei naw a, màni umna hmuna inthokin ni thum sûng chu an invak suok thei bok nawh. An thu le hla ni lo, Faraw thupêk lei khom ni bok lovin ni thum sûng an in-lockdown el kha a lo ni a. Nau lutîr thina kha Aigupta hai chunga Pathien hremna vor tawp, a nuhnung tak le thina chen intlun thei a nih. Kha huna lem khan chu, "Tu khom in ina inthokin zingkâr chen suok dèr naw ro" (Exo. 12:22b) tiin Israel hai chunga meu khom lockdown thu Mosie-in a puong a ni khah.

Mosie'n Israel hai thu a pèk, 'Tu khom in ina inthokin zingkâr chen suok dèr naw ro' ti le 'In kot bieng chung le sîr ve veah Fekân beramte thisen tât ro' ti an zawmzie thu chu Exo. 12:28-ah "LALPAN Mosie le Aron kuoma thu a pèk ang char chun Israelhai chun an thaw a" ei hmu. Israel hai chun an in sengah umin beramte thisen an kotah tâtin Lalpa sansuokna chu an nghak el a nih. LALPA thu ang ngéiin a thu zawm Israel hai chun sandamna an chang a. Israel hai ngirhmun hi tulaia ei lockdown khawvel le khom hin inangna rieu a neiin a'n lang. Lockdown huna Covid-19 hria inthoka ei damna chu thuawina an naw? Hria inthok ei insanhimna dingin ei ram þuoituhai thuawina an in-lockdown a, daktorhaiin ei himna ding guidelines an siemhai thuawi takin ei zawm a ni hih. Chuonga ei thaw lei le Pathien zârin hria inthoka himin ei hringna keisei pêk ei nih. Hnuoia khom hin ram þuoituhai thuawi hi Pathienin mal a sawm hlak a nih.

Ei khawvel histawri-ah la hei chêng zom met ei tih. Kum sang hni liem tah sûng khan khawvelah hripui sawm le pakhat vêl a'n lêng tah a. Hripui inlêng hi a'n zing deu deu a, kum 170 chauh liem tah sûng ringot hin khawvelin hripui pariet lai a lo tuok tah. Aigupta rama nau lutîr thina kha

Pathienin Israelhai Aiguptaa inthok a sansuok tawma hripui nuhnung-tak a'n tlung tir a ni angin tuta tuma COVID-19 khom hi Isu Krista'n a mi thienghlimhai a lawr hmaa hripui nuhnungtak a ni thei el awm de ti ngaituona a mi pèk a. Khawvela hripui tlung inzingzie dâm, tuta COVID-19 hri inkâi ol dan dâm, inenkolna ding damdawi an la hmu suok naw thu dâm le khawmuolpui (continent) po po a dàp suok thu dâm enin hun tawp ei hnai tâkzie ring hla a um nawh.

Aigupta chunga Pathien hremna hripui nuhnung tak kha Israel hnam ni sien, Aigupta hnam ni sien, a tu tu chungah tlung thei ding ngirhmuna um chu a hoi khop el. Asan chu Israel hai damna dingin an in suok san lo ding le an kothiah beramte thisen tât dingin Mosie le Aron fethlengin Pathienin thu a pêk tlat a. Israel insûng khom lo ni sien, hi thupêk an zawm naw chun an him bìk chuong naw ding a nih. Hi taka hin thlarau thinain mi po po a fang suok a (thina vantirkoin Aigupta ram po po a fang suok kha hre zing ei tiu), Pathiena inthoka thu chauh naw chun a mi sanhim thei nawzie thu hriet theiin a um. Israel haiin Fekan Kùt an hmang a beramte thisen an kot bieng le sir ve veah an tât khan thinaa inthokin sandamin an um a ni khah. Kha khan ei ta dingin inentirna poimaw tak a nei a. I Kor 5:7-a "... Krista, ei Fekan kùtna ding Beramte chu inhlarin a um ta si a" a ti hin Fekan Kùt tak tak chu Good Friday nia ei suol intlanna dinga Kalvari kawsa Isu Krista thina kha a lo nih. Pathien thu ang takin Isu Krista thisena naw chuh suola inthoka intlanna le sandamna a um þak nawh. Beramte thisenin nau lutîr thinaa inthok a sansuok khêlah Aigupta saltangnaa inthoka suokin ram tiem, Kanan ram hluo dinga an pan theina lampui a lo ni tah. Chuong ang bokin Krista thisen hi Setan bawia inthok a mi'n tlan-suokna le vanram lampui a mi hong pekna a nih.

Hripui le taksa thinaa inthok Pathien mi venghimna chu a hlu taluo. Sien khom unau, taksa damna chauh i dit tawk el ding maw? Mihriem hi taksa le thlarau neia Pathienin a mi siem ei nih. Ei thi hnung hin ei thlarau hi khaw lai hmunah (vanram amanh hrem hmun) fe sien khom chatuon dai, chatuon thil le chatuon chena um zing ta ding a ni tlat si a. Khuolzintu chun a'n zin sûnga ding chauh thuomhnaw le thil a ngaituo a, a khawsa hlak. Chuongang bokin eini khom, chatuon mia Pathienin a mi'n dinhai hin chatuon thil ngaituoin, thlirin, beisei ei tiuva, chun hnot bok ei tiu.

Tulaia COVID-19 hri leia inkhuokhirna, titna le thinaa inthok ei zalêñ theina ding a ni phot chun a damdawi (vaccine) lo um sien chu, poisa tam tak