

dâwn ding pe rawh, chuongchun a lu chungah mei ling i sie khâwl ní'ng a tih..." tî ziek ei hmu a. A ni ngei, hmêlma chungah t̃hat insuo hi an lu chungah mei ling sie khâwl na a nih. Ei chungah t̃ha lohai dâm hi thung lêt el lovin, t̃hat ei insuo hrâm hrâm a, a tâwpa chu insîr hun an la hung nei a, mi ngainat hun an la nei ngei ngei hlak. Ei Pathien thûin suol chu suola thung lo ding le t̃hatnaa ngam lem dinga a mi hril kha zâwm harsa hle sien khawm, a r̃a a kha ngai naw a, a thlum a nih. Ei chungah thil suol thawhai chungah phuba ei lâk a ni chun r̃a t̃ha insuo ngai naw nih. Phuba lâkna chun phuba dang bawk a hring bel hlak. Ei va hnêbânhai khan mi hung khing lêt thei ta naw hai sien khawm, thil danga inthawk dâmin kawng dang dangah phuba ei chungah tlâk hun a la nei tho hlak.

Hmêlma hne thei dân t̃ha tak chu, nat le sat annâwleh harsatna an tuok huna khan t̃hangpuitu an hung mamaw a, chû huna chun va diriêm lo el lovin, an harsatna va sawmdâwlin, t̃hangpuitu kut pawimawah ei va'n changpêk ta lem hlau a, chuongchun ei chungah an lo t̃hat nawnahai po po kha hung inhre suokin, inzakna le inhawitit nawnain an hung hmang pha a, ei laka an lo khawsak dânhai po po khan thiem naw a'n changtir a, na takin a vuok lêt ta hlak a nih. Hi hi khawm hi ni ngei a tih, ei Bible-in manî hmêlma chungah thil t̃ha thaw chu an lu chungah mei ling sie khâwl ei nih tî a mi hrilpêk kha.

Nat le sat tuokin harsatna namên lovin a mi thlâkbuok hunah, mî chungah t̃hat ei lo insuo ngai naw hai dâm kha ei hung insîr a, ei lo ngaina rak lohai le hmêlma ena ei lo en hlak hai le ei lo khing em em hlak hai dâm khan mi sawmdâwlin an mi hei bâwisâwm zet chu a lo rinum nuom khawp el a nih. Chu chu a nih phuba lâk dân t̃ha chu. Mî chungah ei thil t̃ha thaw khan ei chungah an lo t̃hat nawnahai po po kha muolpho takin a pho langpêk a, thung lêt na um ta lo, phuba tlâwmthlâk tak el hne ruol lo chu an chungah a tla ta hlak a nih.

Chuleichun, hmêlma hne dân chu tharum insuo kha a ni naw a, t̃hat insuo hi a lo ni lem. Tharuma phuba lâkna chun tharum bawk a hring suok a, t̃hatna hmanga phuba lâkna chun thil t̃ha bawk a'n suo hlak a nih. "Sakawlin sakawl bawk a hring" tî angin, tharum chun lungsenna le sietna chau a hring suok a, ngaidamna le t̃hatna ruok chun thil t̃ha bawk a hring suok hlak si a.

Lalpa'n a thû mal mi sâwmpêk raw se.



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I HMÊLMA HMANGAI RAWH

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ENGLISH SECTION

LITTLE BAMBOO SHOOTS' GROWTH

Hrepuitu

Hmar Christian Fellowship
Delhi
Chanchinbu Thlakip Suok

(Regd No:S/ND/599/2015)

Vol. 15 No. 1
January 2020

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***Hrepuitu a article insuo
hai, ngaidân suklanga
um(hai) hi HCF Delhi
ngaidan a(n)ni chuong
kher nawh. Ziektu tin
mawphurna a ni lem.
Pathien thu le artikul
insuo nuom hai chun
iengtiklai khawma editor
hai email ah thuziek hai
chu pek thei zing a ni -
Editor***

Editorial : -

Tulai chanchin ei hriet hai hi a mi ðhawng thut thut a, zani lai khan Delhi a khawm University lai inkapna chanchin kha ei hriet seng ring a um, coronavirus khawm mitin in ei hriet bok a, chun basketball thiem le mi inlar Kobe Bryant helicopter in accident a tuok leia ama ðhangsa in, a suongah chuong mi 9 zetin an hringna an chan thut thu hai dam. Hieng chanchin hai hi **sudden news** ei ti dim, thil tlung thut, ei ngaituo phak lo thil le chanchin ei hriet hai hi hung um thut thut an ni leiin, mi tamtak an thlabar in buoina nasatak an tuok mek a nih. Tukum a Johan Thupuon-suo ei inchuk lai mek a hin ei hmu angin, nakie Isu Krista chu sum lai khin a hung thut ding a nih tiin an ziek a. A **sudden** ding dan chu mi khap khar nek khawma sawt lo ti a nih. Chuleiin, eini Krista zuitu hai hi inring zinga um a va ðul de aw. Ei khingpui pa hin suol hmang hin ei hma le hnung tieng min huolin, mi bei hlak sien khawm, Pathien tieng pan tal tal a, chun-gtieng lungril pek tlat a, iengtiklai khawma Isu Krista tieng ei beisia famkim mi siempektu dit zawng a nun khal a, Ama tieng ei en tlat theina dingin ei khawvel hmang mek a **sudden news** mak tak tak hai hin mi siemthar mawl raw seh.

I HMÊLMA HMANGAI RAWH

John L Pulamte

Ei Pathien thu lai po poa zâwm harsa tak chu manî hmêlma hmangai hi a nih hei ti inla hril suol tampui naw'm ei nih. Hmêlma chu hril lo, ruol ða tak ngiel inhmangai hman harsa ei ti lai a, ei Pathien thu hi chu zâwm a awlsam naw thei ngei el. A zâwm intakna tak hlak hi a Pathien thu nîna a lo ni pei bawk sî.

Ei Pathien thû hi a zâwm awlsam sien la hlak chu suol hi a zalên talaw ding a ni sî. Zalên taluot hi mihriemin ei sietpui tak khawm a ni a, chû lei khawm chu ni ngei a tih, ei zalên thei nawna dingin harsatna hruolhrui hmanga khuop dein ei um rawp hlak khawm hi. Chuong harsatnahai chu mihriemin ei ðatna dinga mi khuokhirtu a nih ti hre lovin, vângduoi thilah ei bel rawp hlak.

Chu tieng chu lo hun phawt el sien, ei thupui tieng kîr nâwk ei tih. Ei Pathien thuin ei hmêlmahai hmangai dinga a mi ti chu hmêlma ðium, mi that tumtu-hai kher kher hi an' naw a. Ei tâ dinga mi ðangkâi lo le phur rik mi siempêk-tuhai dâm, ei mi ngainat rak lohai dâm, mi hril setuhai dâm, mi khingtuhai dâm hi an nih ei hmêlmahai chu. Chuonghai chu va hmangai bêk bêk dinga infûi luina a um nawh, amiruokchu ei chung a an suol anga va thungrul lo kha hmangaina chi khat an lakah ei suklangna a ni pei el. Mi khingtuhai khing lêt lo dâm hi hmangaina inlangtir dân chi khat a lo nih.

Manî hmêlmahai chungah thil ða va thaw hêu huou naw inla khawm, an tâ dinga ei ðawngtâipêk dâm hi hmangaina hmêl danglam suklangna a nih. Mihriem ve chawk ta chu, kei ngei khawm hi ka mihriem chanpuihai taphawt chu ka ngaina vawng sêng bîk naw a, mi khingtu khawm ka nei ve tho hlak. Amiruokchu khing lêt el lovin, an tâ dingin ka ðawngtâi hlak a nih. Ka chung a an lungril put le an chir mi the khum hai dâm kha insîrna an nei theina ding le an insiem ðat theina ding dâmin ka ðawngtâi hlak. Chu chu a nih ei Pathien thûin manî hmêlmahai chung a hmangaina suklang dinga a mi ti chu.

Ei Bible-ah "I hmêlma a phîng a ðâm chun fâk ding pe la, a dang a châr chun

If we always escape these adversities and want to live in the comfortable circumstance, if we don't experience these adversities and unhappy situations, we will be defeated by the troubles and failures in our life. And at last we will accomplish nothing just like the bamboo shoots in the house. Only if we submit, accept and experience these sufferings and trials, and face every trouble bravely, can our will be much stronger and can we adapt to all kinds of circumstances better. They're also arranged meticulously by God to edify us and make us cling tenaciously to life. It's just like the Holy Bible says: "The prosperity of fools shall destroy them" (Proverbs 1:32). However, theoretically many people know that only if we go through these sufferings will our lives be wonderful. But in the real life, no one experiences sufferings willingly, and no one will take the initiative to request God to arrange sufferings for himself. Facing sufferings and trials, we always have many misgivings and worries. In fact, we have so much concerns, which is just because we don't understand God's good intention about permitting these sufferings to happen to us.

God's words say, "God works in every single person, and no matter what His method is, what form His work takes, or what kind of tone His words have, He only has one end goal: saving you. Saving you means transforming you, so how could you not suffer a bit? You're going to have to suffer. This suffering can involve many things. God raises up the people, matters, and things around you to expose you, to allow you to know yourself, or else He directly deals with you, prunes you, and exposes you. Just like someone on an operating table—you have to undergo some pain for a good outcome. If every time God prunes and deals with you and every time He raises up people, matters, and things, it stirs up your feelings and gives you a boost, then experiencing it this way is correct, and you will have stature and will enter into the reality of the truth" ("To Attain the Truth, You Must Learn From the People, Matters, and Things Around You").

Practically, the sufferings and trials are God's love for us and moreover, these are God's true salvation for us. What God has done is to change us and purify us and the final goal is to save us. Now my understanding is shallow, but in the following life journey, I'm unwilling to worry about God's trials, and willingly put aside all my misgivings to experience God's work and to know God's wondrous deeds.

<https://www.cagnz.org/hardships-are-gods-love.html>

STEP KHAT BÊKIN

John L Pulamte

Hriet lo kârin kum 2019 ei lo suo dêr el ta a. Christmas le kum thar lâwm boruok khawmin rê tieng a pan mêk a. Nu le pâhai tâ dinga lungngaina hapta a'n tan nâwk ding an' tah. Nâupang thuomhnaw man ding buoina boruok kha a'n kieng zo tik leh, sikul admission fee, lekhabu le uniform man ding buoina boruok dangin a hung tuom tan nâwk mêk a.

Nu le pâhaiin thî le thâu inpawla an nâuhai lekha inchûkna dinga an thang lâknahai le an inrimpuinahai hi mi thenkhat tâ ding chun thil thlawn el hung inchang nâwk a t'a, thenkhat ta ding ruok chun hlawtlingna le malsâwmna ropui takah a hung inchang ve thung ding a nih.

Tû kum hi mi thenkhat tâ ding chun vângnei kum a nî lai zingin, thenkhat tâ ding nâwk thung chun vângduoi kum ni bawk a tih. Thenkhat chu an in sâng number an pung kum ni'ng a t'a, thenkhat chu an kiem kum ni ngei bawk a tih. Thenkhat tâ dinga kawppui nei kum a nî lai zingin, thenkhat tâ ding chun nupa kâr le nâu le te kâr thina'n a the kum ni bawk a tih. Damnaw tam tak chu an natna'n a'n kiengsan kum a nî lai zingin, mi dam pângngai tam tak nâwk thung chu natna'n a bâwm kum ni bawk a tih.

Aw leh, chu tieng chu lo dittâwk phawt el ta inla, kum thar ei chuongkai ta sî hin chu a kum chau hi inthartir naw'm ei nîu a, einî khawm insiem thar tum seng ei tîu. Kum hman a'n thlâk thleng thei chun ieng leiin am einî khawm inthlâk thleng thei naw bîk ei t'a? Zaa zâ inthlâk danglam thei naw inla khawm, a zâtve bêk hi chu insiem thar tum ei tîu.

Nikuma nî tin lekha ziel bâwm hni hâwp hlawk hai khan, tû kuma inthawk chu ei bân fâi vawng thei naw a ni khawmin bâwm khatin thum hnuoi ei tîu. Zu dâwn mî khawmin nikum laia zîng le zâna a zu dâwn kha tû kuma inthawk chu a nghei fithla dêr thei naw a ni khawmin, a zîng zu dâwn bêk nghei tum ta sien, zântieng chau dâwn ta raw se. Chu chun zîng zu dâwnhai nêkin hrisêlin dam sâwt pha lem ngei bawk a tih. Chun a kum nâwka chu nghei khawm hung awlsam pha bawk a tih. Nî tina zû bottle

hni dâwn hlak hai chun tû kuma inthawk chu bottle khatin suktlâwm raw se, chu chun dam sâwt na a pâi si a.

Inchûklaihai khawmin nikuma an lekha tiem nêka sâwt le nasa lemin a tlâwm takah dârkâr khat bêkin sukpung sien la, chu chun result nikum nêkin a hmû that pha lem ding a nih. Mi bâu tam chun a tawngbâu suktlâwm sien la, chu chun a hmâ nêkin ruoltha hung hau lem a t'a, hmêlma nei tlâwm pha sawt bawk a tih. Mi tawngbâu khâ chun a tawngbâu suktlum sien la, a hmâ nêkin an nupa kâr khawm hung tha lem ngei bawk a tih. Sin thawtu chun a hmâ nêka dârkâr tam lemin thaw sien la, chu chun a hmâ nêkin hung hnienghnârin hung intodel pha lem bawk a tih.

Thil tûl loa ei pawisa hmangnahai hi a hmâ nêkin suktlâwm lem inla, a lâk lûtna tieng sukpung kher naw inla khawm, inhma nêkin intodel pha lem tho ei tih. Nî tina zân sâwt tak tak khawlaia hmang loa lêng invâk chavai hai khawmin a hmâ nêka inlâwi hmain ni khat dan pei bêkin an khawlai lêng suktlâwm pha hai sien, an in sùng boruok khawmin thatpui pha'ng a t'a, annî ngei khawmin a thatzie hung man pha bawk an t'a, insîr naw ni hai a, insiemthatnain zui lem a tih. Kâr khata vawi khat chau inkhâwmtu chun tû kuma inthawk chu kâr khatah vawi hnî bêt inkhâwm ta sien, a hmâ nêkin thlarâu tieng khawm hlâwkpuia pha ngei a tih.

Chuong ang chun a hmâ nêkin tû kum chu step khat bêkin a tha tieng hei inthlâk thleng thei inla chu, ei khawvêl hi a hmâ nêkin chêngna tlâkah inchang ngei a t'a, ei khawtlâng le ei in sùng ngei khawm hî hmâ nêkin inhawi lem ngei bawk a tih. Tlâwm te te khawm tam taka la'n chang thei a nî ang bawkin step khat chau chaua dam te tea intâwl khawm ni sien, um hmun insawn na ná nà chun tum ram tlung hun a la um châwk hlak.

STEP KHAT BÊKA EI INTHLÂK THLENG THEI SENG NGEINA DINGIN
LALPA'N A THU MÂWL TEA EI SUKLANGHAI CHU TÛL LE THA A TÎ
ANG TAKIN MAL MI SÂWMPÊK RAW SE.

LITTLE BAMBOO SHOOTS' GROWTH—SUFFERINGS ARE GOD'S LOVE

By Xiaomo

Spring was coming. The thunder was rolling and the rain was falling. In the bamboo forest, a cluster of bamboo shoots put out their little heads quietly and tried hard to suck the sweet dew of spring; others lived in a waste earthen house which is opposite to the bamboo forest. They greeted each other and always imagined their future together.

After a few days, the little bamboo shoots grew a bit higher. With the rise in temperature, the bamboo shoots outside yelled continuously, "Too hot! Too hot! We can't endure it!" Then a fierce storm came. It made them stand unsteadily. The storm beat their delicate bodies. They couldn't resist shouting: "Ouch! Very painful!" The bamboo shoots in the house heard their voice, saying with a sneer: "Why do you have to suffer like this? Living at ease like us is so much better and more comfortable! We don't need to be battered by the wind and rain or scorched by the sun." The bamboo shoots outside answered: "God created us and put us here, which is the need of our lives. Although we're battered by the wind and rain, and have suffered a lot of trials, such environments make us grow strong." The bamboo shoots inside laughed in disapproval. After more than a month, the bamboo shoots outside grew higher gradually. They looked green and strong, full of vigor. They rooted deeply and firmly and became much stronger. In the distance, there has been a bamboo forest! But the bamboo shoots in the house were still small, and moreover, they were wizened, yellow, and almost withered.

Only if the bamboo shoots go through the wind and the rain can they be much higher and stronger. Similarly, to gain success, we also need to experience some sufferings and trials.

Everyone will meet all kinds of troubles in their life. Some people encounter difficulties at work; some on the way to achieve dreams; some in marriage, etc. Anyway, in order to grow up, we must go through all kinds of ordeals, failures and troubles. Only those who are indomitable and brave in the adversity can enjoy the happiness of the success.

CORONAVIRUS LE LUNGRIL THAR

Johnny Tusing, UBS, Pune

Tulaia chanchin inlârtak le hril hlawtak chu Coronavirus hi a nih. Officials a ei hriet dan chun mi 136 zet in an hringna anchân taa, mi 6000 chuongin ankai taa hril a nih. WHO khawmin Global High Risk tiin a hril hiel. India ram hieng, W. Bengal, Delhi-NCR, Punjab, Haryana, Kerala le Rajasthan a hai khawm mi 100 chuong zet under observation a sie an nih. Vawizana NDTV in report a pékna-a chun Mumbai ah mi 6, Pune ah mi 2 observation a sie niin a hril (anni hai hi high suspicious an nih). Ei hrietnaw kar ei kaw l le kieng a chenghai khawm anlo invawi el thei antah!!!

Ei khawvel pal mék hi chu siet tieng a pan mek zing antah. Natna hriet ngailo mak tak tak a hung suok peia, ei hringna chungah hin thuneina ei nei naw. Hrisel le dam tha a eiin ngailai zingin hieng natna hin a mi man thei zing a nih. Coronavirus kher lo khawmin, ei hringna hi tukhawmin chelsawng chuongnaw mei nih. Khawvela ei châm sùng ngei hin ei chat-uon hun ding ei sukfel a tul sia, ngaitha-tu le ngaisaknaw-tu chu a chan a sie hlé ding a nih.

Ringtu kalchawina kawnga khawm hin in enfel, intuoi thar, siemtharna le lungril thara ei Pathien ei zui hi a pawimaw takzet el. Ringtu inti sia ra insuo ding le nuna hmu ding a um tanaw hin chu mani umna hmun andik tanaw tina a nia, ie-mani chen ramtawla ei lo châm sawt ta lei a ni leiin “Insawn a hun tah” ti na a nih.

Par ding le ra ngei dinga thupek ei nih.

Lungril Thar leh Krista hnung hi zui mawl ei tieu.

PATHIENA INNGHAT NGAM

John L Pulamte

A thupuia ei hei hmang hi tû kum sùnga ka nun mi t̃thuoitu dinga ka thupui pakhat a nih.

Pathiena ringna hi ka nei chu ei ti deu seng a, amiruokchu Amaa inngat ngam tak tak ruok chu ei tam naw hle thung. Ringna chu thilthawin a zui ding a nih ti angin, ringna chu inngat ngamnain a zui ve ding a nih. Pathiena ei ringna hi ei hâdampui thei tak tak si naw chun Amaah ei inngat ngam tak tak nawh t̃na a nih.

Entirna dingin; n̄pui pahni hin n̄u an nei a, an n̄uhai chu an hung lien a, sikul k̄iin lekha an in-ch̄uk a. An in-exam ding hun k̄at v̄el chau a b̄akin, a ruolin an damnaw ta rak a. Pathien kuomah an n̄uhai pahni chu an in-exam hm̄a ngeia sukdam dingin an t̃awngt̃ai a. Pakhat chun a lungril s̄awl luotin a inpui thei ngai naw a, a pakhat lem-nu chun a t̃awngt̃aina chu a muongpui em em a, z̄ana khawm īmu inhn̄ik takin in bur bur a, a n̄u damnaw sien khawm Pathienin a sukdam ding a nih ti a ring chau khawm ni lovin, A kutah a'n ngat ngam a, chuongchun a phur rik chu z̄ang em emin a phur el a nih.

A chung a n̄pui pahni hai sawh Pathien beiseiin an t̃awngt̃ai ve ve a, amiruokchu pakhatin a t̃awngt̃aina chu muongpuiin a phur rik a suksz̄ang pha a, pakhat lem-nu ruok chu a t̃awngt̃aina chun a thla a sukmuong ph̄a chuong naw a, a phur rik a suksz̄ang ph̄a chuong bawk nawh. Ieng lei am ni'ng a t'a? ei ti chun Pathienah a phur rik a'n ngat ngam tak tak naw lei a nih.

Sam zieka khan hieng ang hin ei hmu a,
I lampui chu Lalpa chungah inngat la,
Ama chu ring la,
Ama'n thaw vawng a tih, t̃in.

A nih, Pathiena ei ringna hi ei inngat ngam tak tak chun ei thil hn̄i hai a mi thawp̄ek hm̄a khawmin ei phur a lo z̄ang hmasa hlak a nih. T̄ul loa lungril lo insuks̄awl s̄awl el hai d̄am hi a hl̄awk nawh. Pathienin t̄u hr̄i hin

ei tawngtaina zuk dawn el naw sien khawm, a mi la dawn ngei ding a nih
tī ringa ei inngat ngamna poa khawm khan muongpuina khawp le phur
rik zâng phâna khawm a um ta hrim hrim a nih.

Pathiena inngat ngamna chu a hun tlung hma khawma thlamuongna le
hâdamna khawp a tling a, lungngai huna khawm lâwmna a mi'n neitir thei
a, nat le sat huna khawm tuor nêp theina a mi pêk.

Harsatna mihriem sut kieng ruol lo dâm mi tam tak chun nei ei tih,
amiruokchu chû ei harsatna chu Pathien kuomah intlun a, ringa Amaah ei
inngat ngam tak tak a ni chun thei naw ding hi ieng khawm a um nawh.
Pastor Thangngûr khawm kha a chanchin ama ngeiin a hril annâwm, va-
dung tui lienin a dang a, a hei tawngtaia a hei meng chun râl khing tieng a
lo kê dai el. Chuong ang chun Pathien hi ei ring ngam phawt chun, tâng
hiel khawm suksawn thei a nih tī ei Bible-a khawm ei hmu kha. Pastor
Thangngûr ang khan pên khat khawm pên lo khawmin muol zapui khawm
vuong hlên dai thei a lo nih Lalpa hrâtna ringin.

Mitdel khawmin a ringna mitin zînga ding khawm a lo hmu lâwk thei a,
nasêt khawmin Pathien râwl inring takin a hriet thei a, kebâi/ke bawng
khawmin a nuomna ram ram chu fang hrûtin, kâwlkawdawng chena
khawm ringna thla zârin a lêng thei.

Lalpaa inngattu chu ,
Zion tâng sukhnîng ruol lo,
Kum khaw dai ang chu an nih.

Jerusalem khawpui chu,
Tlângin a'n huol vêl angin,
Lalpa chun a mîhai chu,
Tuta le chatuon chenin,
A'n huol vêl zing hlak a nih.

LALPA'N A THU MAL MI SÂWMPÊK RAW SE.

thlarau inhmang hai zawngsuokna sin min thawtir el loin, Swansea a um
Kohran hai inthuruol a pawimawzie leh Thlarau bo hai tlankhawmna ding
Kohran lo buotsei a tulzie Pathienin SHINE Steering team hai an hmutir
a.

Chu dungzui chun tuhin Swansea Khawpui sunga Kohran lientak tak hai
insuikhawm mek a ni a. Tuhin Kohran 7 hai chu intelkhawmin, thlakha-
tah vawikhat tawngtai khomna nei hlak a nih. Hungtlung ding Jan 27 hin
Waterfront Church Swansea ah Tawngtai khawmna hun kan hmang nawk
ding a nih. Hi Kohran intel khawmin Swansea khawpui a tawngtai pek zing
lei hin Swansea khawpui hi hnehin a la um ding a nih. Wales Revival khom
hi Swansea khawpui a inthok hin hung intran tung pei kan beisei a nih.

6. Franklin Graham – Ringtu tuel khawm hin Wales hi ei invawi seng ring
a um.

Franklin Graham, Billy Graham a naupa hai in Wales ah rawngbawlina an
hung nei ding a nih a. A Ministry of Billy Graham hai chun February thla
suong po hin vawi 11 lai zet rawngbawlina an nei ding a nih.

He ministry hin Cardiff, Bristol, Newport, Swansea Biekin dang dangah
rawngbawlina an nei ding a nih. Hi an rawngbawlina hin a tumtak chu Thla-
rau inhmang hai zawng suok a ni a. An rawngbawlina a hlawtling theina
dingin tawngtaipui ei tiu.

7. John Anthony – A tawp tak a chun PFWM General Secretary Mr John
Anthony hi tawngtaipui ei tiu.

Hun iemani chen anthawk khan taksa bawrsawmna neu neu neiin a um a.
British sawkarin a mi phut angin ama leh hin karkhata vawikhat bek meet-
ing nei ding kan nih a. Thlakhat vel meeting kan nei thei ta naw hnungin
zani khan kan inah a mi hung sir thei hram a. A hmel en khawmin a hrisel-
na a thranaw a ni tih a lang thei a. Ama hi hmatieng pei a ding khom,
PFWM rawngbawlina pei dinga ei la mamawh em em a nih a, a bik takin
visa chungchangah hai dam.

Damna leh hriselna thra a neih thei na dingin member tinin tawngtaipui
ei tiu.

Skewen in tin ah Bible tract semsuok vawng kan tum a, tuhin a chanve vel kan semsuok tah. Chun, Bible tract hi Swansea khawpui leh Neath Market ah hai dam kan sem bawh hlak. Hieng Bible tract lo tiemtu haiin Pathien an hmuhtheina dingin tawngtaipui pui ei tiu.

Bible tract sut man hi copies 1000 ah £65 a ni a. Chanchinthra thedarna kawnga hin thrang ve nuom ei um chun, kawt an hawng zing a nih.

3. Lighthouse Church – Kan umna bul el, Clydach vengah hin Lighthouse Church a um a, anni khom hi an chau tah hle a nih.

An Pastor pa hming chu Chris Pavett a ni a, kum 55 bawr vel awm mi a nih. An Kohran ngirhmun a en in a bei a dawng em em a. An Kohran an tlaksiet el nawna dingin tawngtaipui ding le an ni chu thrangpui dingin fiela a siem a. Thrangpuina a mamaw a nih ti a inhmuhsuokna hi a ropui ka ti a. Pathien khawmin a kotuhai chu nghatsan ngainawh a nih kha.

Keini suongkuo khawm kan thei ang ang, hi Lighthouse hi thrangpuia tawngtaipui dingin kan in pek ve a ni. Members hai tawngtaipui dingin ka hung fiela sa bawh cheu a nih.

4. Lifepoint Church – Hi Kohran hi Swansea leh a sehvel a ding chun Kohran hmasawn hrat tak pawl a ni awm ie. Kum bul anthok khan Neath ah Lifepoint Church indin a ni a, a hawngna ni ah hin kan suongkuo khom kan va thrang ve thei a kan lawm takzet a nih. An inkhawm a hringin, an thu hril haiin kan thlarau a chawm hle a nih.

An hotu Cedric leh hin kan in hmehriet a, Wales a PFWM rawngbawlna leh hmalakna hai kan hril a, ropui a ti khawp el annaw. Anni hai leh inkhawm ve reng reng dingin ami fiela nawn bawh a nih. Ama leh hin 1st February hin meeting kan nei ding a nih. Sap ruolthra taktak Pathienin a mi pek hi a makin a ropui ka ti hle a nih.

5. Swansea Churches Prayer Meet – SHINE SWANSEA CRUSADE eo tih el hlak kha ei la hmelhriet seng ka beisei.

PFWM member han ei tawngtaipui hlak a nih kha. Shine Swansea thiltum tak chu Thlarau inhman hai zawngsuok a ni a. Nisienlakhawm, Pathienin

I HRINGNUN HLUTNA CHU NANGIN

Ramneisang Faiheng

Pathiena inthawka thilthlawnpak ka dawng laia pakhat, mi hai neka thilpek vouchuom ka dawng bik lei ni chuong lo, zieksuok thei dinga ka nuna harsatna, beidawngna a haia inthawka kan chuk suok ve, ziek suok dinga zanmu wawi tam intuo theilo, ka taksa in malsawmna taksa inlang mawi theiloa in umtir hlak leia; thu ka i ziek ve sun sun hai a inthawh hin, mi hai inchik thlak ni awmtakin ka hming hi a hung um ve trit tret lei hin, mi thenkhata inthawh in keia beiseina neia, an beiseina hai an hung intlun ve chang hi a um chawh hlak. Chuong thilhai lei chun hi thu hi, a mamaw dang ei lo um pal chun tiin hung thairang nawk ei tih.

Mani hringnu hlutna hre thei talo, hmu thei taloa, nun harsatna, beidawngna in a thlak buok hi ei um nuk tah. A awm hrim anih, khawvela hin Mihriem ziehran hran, a rawng dang dang inkat nukin ei um ta rum el sia. Tulai hin thangthar hai lai hin nun beidawngna hin bu a khuor nasa deu am ani aw ti dingin, ei thawdawl tawl ta lei hin thik buoinawna dinga ei buoi ta ni in an lang! Ani ngei a pawu chuong nawh, nun beidawngna hi Hringmi hringnuna ding chun Inchuktirtu thatak ani meu sia, Ei nuna hai hin a tlung inzing po le lawm lem thei dinga huoisenna ei nei hi a pawimaw takzet ta ni in an lang. A ieng po khawm nisien, mani hringnun hi a hlutna hrethei lo dinga beidawngna in ami thlak buok chang khawmin “Takchapa!” tia, tlawm tum lona lungril hi ei put phawt phawt hi a pawimaw takzet anih. Ngaituona felfai tak nei tam, neinaw tam, huoisenna le theina einia a um hi chu inhmai lo hram hi tum hri phawt ei tiu. A ieng ieng ei hril sei hmain, naupang pakhat chanchin lak zuk tiem zawk ei tih. Ei hriltum le thuziek thiltum tak ei man chieng nawk zuolna dingin.

Naupang pakhat hi um a. Nikhat chu a pa kuoma chun, a hringnun hi a hlutna iengam ania a, ti hi an dawn ta hlau ela. A pa ruok chun, a naupa zawnga chu dawn ta nekin, Lung pakhat a peka, chu chu bazar hmuna va zawr dingin a hril ta lem hlau ela. Chulaichun, mi tukhawmin, aman an indawn che khawmin, iengkawm hrilnaw rawh. I kutpar pahni chau sukhieng rawh, ati pek el ta a, chuphing le naupang chun a pa in a hril ang nei chun a va thawta a, Bazar hmuna lungchu an thungpui lai chun; Nupui

pakhat chun naupang kuoma chun Lung chu iengzat man am atiem ti'n a hung indawn el ta a, naupang chun a pa in an fui angtak chun a kutpar pahni chu in entirin, nupuinu chu cheng sawmhni in inchawk a nuoma, a huonga si dingin a hung dawt el ta a, chuphing chun, naupang chu, a pa kuom tieng kiran a chanchin chu a hril ta a.

Chuphing le, a pa chun naupang kuoma chun lung chu chawi nawka, thilhlhlu sikhawmna hmuna fepui nawk dingin a hril nawka, naupang chu a pa chun a hmasa ang bawk chun infuina a siem nawka, thilhlhlu sikhawmna hmuna chun fepuiin, thilhlhlu sikhawmna enkawltu kuoma chun an entira, chu phing le naupang kuoma chun cheng 2000 a inchawk a nuomthu a hril ta a, naupang chu mak ti em emin, a pa chun chanchin hril dingin a kir nawk el ta a, A pa kuoma thilum dan chu a hril zo phing chun: A pa chun, hmun pakhat a la fepui nawk dingin a hril nawka, chu chu lunghlhlu lakkhawmna hmun anih. Naupang chu a hma angbawka infui ninawkin a fe pui nawk ta a; chutaka chun dawr neitu kuoma chun a thil chawi chu an tlun ta a, chuonga dawr neitu in lungchu a en fel zo chun, naupang kuoma chun lungchu man iengzat am a ti thu indawnin, naupang chun a hmasa a a thaw ang bawkin a kutpar pahni chu inhmudir in, rawl ri hrim an suo nawh. Chu phing le dawr neitu chun cheng nuoi sawmhni le inthleng a nuomthu a hril pek el ta a, naupang chu mak titaluo chun a pa kuoma a kirpuinawka, a pa chu ha hipin chanchin a hril ta, chuonga a hril phing chun a pa chun hienghin dawnna a pek ta a... "I hmu ta am, I hringnun hlutzie chu? I hung suokna hmun, I hung peingsuok pui, I taksa piengdan, iengang insunga pieng am tihai hin thu phur loin, I nuomna hmun, nanging tha iti na hmun, I thlang lem hmun haiin thu a phur lem ani ti hi." tiin dawnna a pek ta a.

Khi a chung a ei hmu ang khin, hringnun harsat, beidawngum ei chung a tlung hai hi mi thil suksuol lei nilem loin; eini ditthlangna ngei a tlung ani ti hi ei hriet chieng hi a pawimaw takzet anih. Mi chanchin tha lo ngainuom lo tuhai chun mi hi demna ding hrim hrenaw nihai a, mi hi an thatna zawng chau zawng chun, an thatna hmun chau hril ding hriet ani hlak. Mi suolna zawngnawtu hai chun mi suolna hril ding an hriet ngai nawh. I hringnun chu Cheng -20 man tawk chau lung angin i lo ngai el thei; I se vela cheng hringmi haiin I hlutna kha cheng 20 man tawk chau anga

WALES RAWNGBAWLNA REPORT

Rev. J. Ramhmunsanga Sanate. PFWM, Wales

PFWM members haiin iengtiklai khawma tawngtainaah In mi theinghil ngai naw leiin a hmasatakin lawmthu in chung a um raw seh. Kan tawn-gaina hai Pathienin a mi don a, Wales ah Pathien sinthaw hmu ding a um zinga kan lawm em em a nih. Wales tadinga ei tawngtaina hai a tlawnin a um nawh a nih tih ei hriet theina dingin report tlawmte ka hung tarlang ding a nih.

1. Thuhiril rawngbawlina nei dinga fieln— PFWM rawngbawlina peng pakhat chu Kohran chautah hai thrangpuina leh thei ang anga sawmdawlina sin neih hi a nih a. Hieng Kohran hai hin Pastor leh Upa, Kohran danga mihai an Biekin ah thuhirilna hun nei dingin an fiel hlak a nih. An mi fielhail chu lawmman dingin £25 an pek hlak a. Kohran tamtak chun hi £25 pek suok khom hi harsa an tih. Kei khom thuhirilna hmang dingin an mi fiel ve hlak a nih.

Thu ka hrilna Kohran haiin, lawmman an mi pek tumin, Wales tadinga tawngtai ding le Kohran hai thrangpui dinga hung kan nih a, hieng thilpek hi la thei nawng kan tih, tiin ka don a. PFWM in kan thrangpui ve theisun cheu a nih, ka hei tih in an lawm thiem ve thei emem a nih.

Inkhawm kai hi mi 15 nekin kan tam chun kan thrahnem hle ah kan ngai a, Pathien kuomah lawmthu kan hril hlak. Ni kum tieng khan kei khom thuhirilna wawi 10 lai vel chu ka nei a, tu kum hin wawi 25 bawrvet thu hrilna ding Kohran ka nei tah.

Hieng Kohran la um sun hai hi tar um khawm an ni deuh tak a, threnkhat chu an lungril a kawin an sensitive em em a nih. Chulei chun, hienghai fakthei le hlawkpui ding Pathien thu ka hriltheina dingin in mi hung tawngtaipui zawm zing ding ni raw seh.

2. Bible Tract sem sin – Bible tract sem hi mi tamtak chun a hlawk nawh a nih, an ti hlak a. Anachu, Pathienin sem dinga a mi ti ani leiin, vawisun ni chen hin Bible tract kan la sem ve zing a nih.

THLARAU IN SAWIZAWI

Pi Remsiem

Thlarau a insawizawi ti hi tulai ka lungril ah hmun a hl原因 tlat lei kala hung ziek nawk hrâm ding a nih. Tulai Mihriem hai hih ei taksa hih a huntaw k a ei sawizawi naw chun, ei hung thau a, natna chi hran hran a hung pung el anih.

Kei khom nikum 2019 sùng thla ruk zên zawn exercise/insawizawi theilo in ka um a, ka hung ril deu deu a, kum tawp a lem chuh 10kgs hiel a rit in amihung belsa el ta a. Kava nuom naw de aw! Natna chi hranhran an siemsa thei bok.

Taksa sawizawi nading le hrisel nading, in fit nading in Gym a um a, mi tamtak anfe huoi huoi. An nal pha bok. An hrisel pha bok. In sawizawi lo hai chuh ei sie tiel tiel ding ani hih.

Chuongangbok chun, Pathien thlarau a khom hin, in sawizawi a lova òl de aw! Ei in sawizawi naw chun, ei hul deu deu a, lungsen nading ei hau bok. Pathien a khom hlim na lawm na khom ei nei thar thei noh. Sermon òha khom ei dong noh. Christien nun beidong ei hmang ani ri ngot.

Thlarau a ei in sawizawi nading ruok chuh, Pathien tading a hun pek, òngtài, Bible tiem, ali nih. Ei hun hih eilo pek naw taluo a, ei òngtài tlawm bok hl原因 leiin, thlarau ah ei hrat naw a, ei hlim thei nawh a, christien piengsuol ei lo ni hl原因.

ÒNGTÀI na voikhat ei hang nei a eiin hnik raknaw leia pei talo khom tamtak um mei ei tih, sienkhom, kha kha tawp el lo a, thaw non òal òal angai anih. Ei lungril a Bible chang a hung in lang chun, tho dok a latiem kha a va poimaw de aw.

Keikhom, zan khat chuh ka hei zâl po leh Pathien thu ahung pei, kala tho, kala zong , kala tiem pei, zankhuovâr in, zing 7am chen kan òhung anih. Kha kha, Pathien thlarau a kan sawizawi na alo nih.

Lalpan, tiemtuhai malsawm rawseh.

a hmutu hai khawm an ni el thei, Amiruokchu, mitin hin mani a lunghlu cheng nuoi sawmhni man hung ang hl原因 na hi ei nei seng. Chuongang hmu pek nuomtu hai che kuoma cheng dingin ditthlangna inei a, i òhatna chau le i hl原因 na chau hmupek nuomtu then-le-ruol hai chau bula um thei dinga ditthlang theina insangtak pek I nigh ti kha hriet a tul hle.

Mihriem hai hi ei hringnun chung a hin mi pahni chauin thu neina an neia, chuonghai pahni chu, chung a Pathien le nang ini. Chung a Pathienin ieng-kima thuneina a nei lai zingin, I hringnun chung a ditthlang theina chanvo a pek che a, chu chu Ama dit dan le A ditnaw zawnga i hringnun khal theina ani. Mihriem hi mani hringnun chita ditthlang theina chanvo ei nei seng a, chuleiin ei ditthlangna ang peiin ei hringnun hi an her vel hl原因 anih. Hringnun beidawngum tak tuoktu chun thil chu beidawngum zawngin a thlir hl原因 lei ani a, hringnun hlimum neitu chu lawmum zawngin thil a thlir hl原因 lei anih. Mani ditdanin i mitthli i sukthlaka, I ditdan vekin innui hl原因 anih. I hringnun hl原因 zie hretum a thang i lak a, i lungril i seng chun I hringnun hl原因 bu tamtaka siem khawp ziekdaw k ding hre thei I tih. I hringnun chung a khan tu thukhawm a um naw a, nang i thu chau anih. Amiruokchu i hringnun i ditdan taka i herkuol na khan a tawpa, I thlangna hmuna chun inthut ngei a che. Tu suksuolna lei khawmin harsatna i tuok naw a, tu thiemnaw lei khawmin thlasamin i um baw k nawh. Hausak i nuom chun hausakna ding lampui hraw la, hl原因 tling i nuom chun hl原因 tling theina lampui tumruna le mani inring zo na nei la, hmingthat i nuom chun hmingthat theina thiltha thaw la, taksa mawi i nuom chun taksa mawina ding ngaituo rawh. I lungril kha thil hiptheina nei anih. Thirhipna in thir a hip hl原因 angin, I lungrilin i ngaituo ang pei kha i chung a tlung hl原因 atih.

Hringnun hmusit um tak inei chun, hringnun inzaum nei itumnaw lei anih. Hringnun mawi tak inei naw chun A mawi theina lampui i hrawnaw a, hringnun hl原因 tling tak I nei nawna chu, hl原因 tlingna ding hringnun lampui tumru na le mani inringzona I nei naw lei anih. Mihai inhnarna ngawta i sip chun, mi hai inhnar hringnun nei i tum naw lei anih.

I hringnun siemtu chu nang I nih, nang chau!

"Sakei huoiin pasalṭha a ko suok" an lo tî ang deuin, harsatnain hmangaitu a ko suok. Ei chan ṭhat lai chu hmangaitu der le a tak hi thlier hrang thei tak tak an ni ngai naw a, chan siet huna hin a tak tak pa a hung inlang ruol ruolin a derhai ruok chu nisa suok hnunga arasi angin an rêm ta diek el hlak.

Harsatna hi lo um naw sien la chu, sîn var laia thla le arasihai hmêl hmû thei an ni naw ang hin hmangaitu hmêl khawm hmû thei ni naw ni a, a lem le a tak chu thlier hrang thei lo khawpin inpawl ei t'a, mitdel angin hmu thei si lovin them ruok chu them thei sîn a mi chuk na theitu ding rûl ṭium le hling tûr nei dâm chu mai fu rawp hlak ei tih. Amiruokchu harsatna ei tuok zing khawmin mi tam tak chu ei mit a la'n del rawp el. Zân thla var hnuaia thla êng hmu thei lo chu mitdel bâk an ni ngai naw ang hin harsatna hmuna hmangaitu hmêl hmu fu thei lotu chu thlarau mitdel a nih.

Nâutesen khawmin a nu hmêl a hriet hlak. Chuong ang bawk chun Pathien nâuhai chun Pathien hmêl an hriet hlak. Harsatna ei tuok hun hi zân hun a ni a, zân thim hnuaia chun thla le arasihai an inlang hlak a, chuleiin harsatna thimpui a zuol po leh Lal hmêl a'n lang fie zuol deu deu hlak. Khawp ding chun tâm tuor hmasak zet a ṭûl hlak ang hin, ṭhangpuitu kut a hung inlang theina ding chun ṭhangpui ngai khawpa harsatna tuor phawt a lo ṭûl hmasa hlak.

Isu ṭhuoihruoihaiin thlipui le tuipui fâwn ṭium an hmasawn zet hnung khan Isu'n a hal repêk chau a nih tî ei hriet. Mosie le a rawihai kha thlalêr rama Faraw sipaihai hnawt thlûr nasa taka an tuok zet hnungin ṭhangpuitu kut a hung inlang chau a ni kha. Phîngtâm le dangchâr hun sâwt tak an tuor hnungin an bu ding Vân manna le tui dâwn ding pêkin an um chau bawk a nih. Josefa'n Aigupta rama ngîrhmun insâng tak a chel theina ding khan a phut chun a unâuhai meu sukrimsik tuorin, khura thlâk chen dâm chu a tuor a; Potifer nuhmei hiel khawm suollui tuma intumin a um a ni kha. Khâng thilhai po po kha mihriem ngaia chu vângduoi thila ngai lo ni sien khawm, Pathien remruot a lo ni dai el si.

Josefa khan harsatna tam tak a tuor lai khan Pathien hmêl a nih tî rêng lo hre naw sien la chu a pumpel dân lampui ngaituo'ng a t'a, a ngîrhmun ang kha ni phâk teu naw nih. Harsatnahai hi ei tuok huna khawm a pumpel dân lampui dap el lovin, huosen tak le tuorsel taka hmasawn lem ding hi ei nih. Chuong zâwnga ṭawngṭai hlak ding khawm hi ei ni hrim a nih. Tuor hma hmaa tuor inlâu leia a pumpelna ding ngawt ngaituoa Pathien ei ko ngîl pei a ni chun ko pawp ni ngai naw nih. Natna tuor phawt ei t'a, chu chun sukdamin ei um ding a nih. Thî hmaa thlâna tho ngîl ei tum chun ni thei naw nih. Lazar khawm a la'n thi hmintir zet a, a sîngchai mitthli tam tak a la'n thlâktir ṭeu a, chû zoa a kei tho chau a ni kha. Naaman khawm a la'n phâtir zet a, chû zoah a sukdam chau a ni kha. Khâng harsatnahai kha a tlung naw chun Pathien hmêl ei hmu thei naw ding a ni si.

Pathien hin harsatna tuok lo dingin mi vêng naw ni a, harsatna hmuna inthawka mi ṭhuoi suok ding ruok chun a'n pei zing a nih. A hnam thlang Israel-hai meu khawm kha Faraw sukrimsik a'n tuortir zet a, chû rimsikna hmun ngeia chun a hmêl a suklangpêk chau a ni kha. Mihriem beiseina a tâwp huna khawm Amaah beiseina hring thi thei ngai lo a'n phûm ruok tlat a nih tî suklangna dingin, Abraham a nuhmei Sari kum 90 râl a kai hiel hnung khawmin nâu a la'n pâtir a ni kha. Sari chun Pathien thu tiem kha ringhlelin a suoknu chu a pasal (Abraham) inpâwltirin nâu a lo inpâtir hman hiel a nih. Pathien a chung a lungawi naw hle a, ama nâuhai thla le a suoknu thlahai chu hmêlmaah A siem a, chû thlahai chu vawisûn nî chen hin ui le kêl ang an la ni zing. Middle East tienga pângngal ram a sîn a zâna tâwp loa indo chur chur zing el ta hai sawn a sukchieng hle âwm.

Pathien kut ngîh pei loa manî ṭhat tî dân chauva nun khaltuhai chu, a bulin inhawiti ieng ang hai sien khawm, a tâwpna chu sietna rûnpui a ni hlak. Car man to chu a chuong inhawi hle sien khawm, accident a tuok huna chu sietna chau a hring suok hlak si a.

A tâwpna taka dingin; rimsikna hi tuor ei tîu va, Pathien kut ngîh ei tîu va, ring ngam bawk ei tîu. A tâwpna ṭhangpuitu kut a la hung inlang ngei ding a nih. Pathien chu ring a um si a.

Lalpa'n a thu mal mi sâwmpêk raw se.