

# Hmar Christian Fellowship, Delhi

Thupui: Khawvel po poah fe unla thil siemhai po po kuomah Chanchintha hi hril ro. Marka 16:15

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**Hrepuitu : May 2011**

Vol-6. No.5

May 2011



# Hrepuitu

HMAR CHRISTIAN FELLOWSHIP DELHI CHANCHINBU

## Nuhmei uire

## Krista hringnun intawmpui dinga thil hlut inthlakthleng

Chuong thil po po chu a hrepuitu in nih. (Luka 24:48)

**Hrepuitu : May 2011**

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Hmar Christian Fellowship Delhi  
Chanchinbu Thlakip Suok  
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**Suttu:**

Upa Lalsiemlien Pulamte  
(Hmar Christian Fellowship  
Delhi aiin)

Hi chanchinbu-a hin Hmar Christian Fellowship Delhi le a rongbawlna chanchin a chuong a. A sunga thuhai hi Pathien rongbawlna hmangruoa hmang nuom ta dingin hmangsawng le läksawng thei a nih a. Thawsuol le sukdiknaw pal thua ruok chu ahmangtu'n maw phur a tih. Ngaidan suklanga um(hai) hi HCF Delhi ngaidan a(n) ni chuong kher nawh.

- Editor

**Editorial.....****Thlarau bu Pathien thu chu**

Pathienin inthanglien dingin a mi phút a. Chu ding chun thlarau bu, Pathien thu hi ei fak a tul a nih. Pathien a um ti hrietna ringot hi a hun tawk nawh. A thua inthokin a mizie le ama ditzawng khom ei hrietsuok thei bok a nih. A ditzawng poimaw êm êm chu Krista ringa sandam ei ni hi a nih. Chu bakah ringtu ei hung ni hnungin ei kalchawina ding – thienghlim le soisel boa ei um dân ding, iengkimah lawmthu ei hril rop thei dân ding, thil tha ei thaw theina ding le a dang dang mi kawkhmutu chu Pathien thu hi a nih.

Baibul hi ei hringnun ei khal dân ding le ei vongthat dân ding inziekna (manual) a nih. A thu chu ei kea dingin khawnvar a nih a, chun ei lampuia dingin var a nih. Râl ei dona ding le râla inthok ei invenghimma dinga ei ralthuom poimaw êm êm a nih. Krista mizie (ei mizie ding leh) min hriettirtu khom a nih. Pathien thu thanglo chun inthang kin ei ta phingtâmin ei vuoi tawt el ding a nih.

Pathien thu hriet ding chun a thu hi a'n khât tawkin le ngun tako tiem ding a nih. Tulai lem chu Baibul varson dang dang le Pathien thu inziekna lekhabu tiem ding a tam taluo tah. Tiem ding a um naw ti le ka tiem thei nawh tiin suonlam ding ei nei dêr nawh. Pathien thuhai ei lungrilah ei vong ding a nih. "Thina hlim ruom hraw lang khom, thil tha lo hrim ti naw ning, nang ka kuomah i um a" tia ka lo baihât kha operation room-a an mi tollut tawm khan ka sor khop el an naw! Lalpa chun "Hi Dan Bu hi tiem zing hlak la, . . . . a sün a zânin dawnkhawl hlak rawh" tiin Joshua a lo infui a. Pathien thu ei tiem a, ei baihât a, ei dawnkhawl nasan chu a thu ei zawma a ditzawng anga ei khawsak theina ding le Pathienin a tiem anga malsawmna ei dong theina ding a lo nih.

Upa Lalsiemlien Pulamte

Hrepuitu : May 2011

**Vêngbuk Bible Study Program (June 2011)**

**A Tarik le Ni**  
**Lesson 8: Johan 4:1-42**

	<b>Vengbuk</b>	<b>Thuouit</b>
07.06.11 (Thawlenni)	West Delhi	Pastor Lalsiesang
08.06.11 (Nilaini)	DU North	
09.06.11 (Ningani)	Munirka	Upa Lalsiemlien Pulamte
10.06.11 (Zirtawpni)	RK Puram	Pu Laltlana Chhangte
10.06.11 (Zirtawpni)	Vasant Vihar	Pastor Lalsiesang
10.06.11 (Zirtawpni)	Mehrauli	Upa Lalsiemlien Pulamte
11.06.11 (Inrinni)	Mahipalpur	Pastor Lalsiesang
11.06.11 (Inrinni)	South Extn	Pu Timothy Shakum

**Lesson 9: Johan 4:43-5:18**

	<b>West Delhi</b>	<b>Pastor Lalsiesang</b>
21.06.11 (Thawlenni)	DU North	
22.06.11 (Nilaini)	Munirka	Pastor Lalsiesang
23.06.11 (Ningani)	RK Puram	Pastor Lalsiesang
24.06.11 (Zirtawpni)	Vasant Vihar	Pu Laltlana Chhangte
24.06.11 (Zirtawpni)	Mehrauli	Pu Timothy Shakum
24.06.11 (Zirtawpni)	Mahipalpur	Pu Timothy Shakum
25.06.11 (Inrinni)	South Extn	Upa Lalsiemlien Pulamte

**Inhriettirna le ngenna**

*Mi tuel khom sermon, Pathien thu tieng artikul, testimony le thuthar/hlathar donghai in hi Chanchinbu insuo ding in hung pékthei zing. Chun, hi Chanchinbu ei kohran chanchin le rongbawlna ei insuo hai hi mimal le vengbuk inkhawm tongraina subject a hmang nghal dingin ei infiel bok a nih. Chu khélah, Pathien rama thahnemngai a, ei Chanchinbu page sponsor nuom dâm ei um chun phék khat peiah Rs 100-a sponsor thei zing a ni bok.*

- **Editor**

Hrepuitu : May 2011

nekin Pathien ditzawng hai einiah hmun ei inchangtir lem ding a nih. Chu ding chun thuawina le inphahnuoina neia Pathien a ropui taka sie a tul a nih. Isu Krista'n thi dinga a'n pekzona nun khom ei intawmpui ding a nih.

#### Thukhârna:

Inthanglien ding chun inhlakthlengna lampui hraw ngei ngei a ngai. Chu inhlakthlengna chu lungril ramah intan photin a tak ramah hmu theiin a hung

um hlak a nih. Eini, tuta ringtuhai khom a hma chun ei thil hluthai kha khawvel thil le belchieng dawllo ni hlak sien khom tu ruok hin chu Krista zâra vanmiah tiem eini tâk leiin Krista hriet dâm, a thonawkna thilthawtheina chang dâm, a tuorna ang tuor ve dâm le a thina intawmpui dâm hi ei thil hlut sun dinghai an lo ni tah. Hieng hai hi Krista a famkim anga ei hung famkim pei thei dinga ei kalbi dinghai chu an nih. Chuong ang taka ei um theina dingin Lalpa'n a thu malsawm raw se. Amen.

## TUOLSUNG CHANCHIN

◆ **Baptisma rongbawlna:** May 15, 2011 khan ei ramthim field, Mainpuri le Shikohabad-a ringthar mi 12 haiin baptisma an chang a. Pastor Lalsiesang-in hi baptisma ser-le-sâng rongbawlna hi Apostles Methodist Church, Sector 4, RK Puram, New Delhi-ah a hmang. Pathienin ei tirkohai rongbawlna le ei tongtaina le Pathien ta, sawm-a-pakhat ei pêk hai vânram hluotu ding supungna'n a mi hmangpêk leiin ei lawm takzetiin a mi suk thafân bok a nih. Pathienin ropuina chang sien la, eini a kohran hai thahnemngaina'n min thuom pei raw se. Baptisma changhai ringtu puitling an hung ni pei theina dinga ei tongtai pek theina dingin an hming hei tarlang ei tih. Mainpuri-a inthokin Mrs Sarjoy, Mr Narejit Das, Mrs Rajdeti, Mrs Yashagan, Mrs Soni, Mrs Suman le Mr Chotelal, chun Shikohabad-a inthokin Ms Kavita, Ms Neha, Mrs Meena, Mr Jitender le Mr Sanju an nih.

◆ **Biek-in bawl HCF Delhi hnuoiah:** Delhi Hmar Centre Committee-in tuta project a nei lai zing hi biek-in ding a ni si leiin Hmar Christian Fellowship, Delhi kutah um ta sien HCFCD-in hma hung la lem ta raw seh tia thurawn a hung siem chu HCFCD, Executive Committee chun rem a tih. 28 May 2011-a HCFCD Executive Committee inthung huna hi thutlukna hi siem a ni a, June thla sung ngeia hi project enkoltu ding Committee thar siem dinga rôl a ni bok.

◆ **Rongbawltu promotion hmu:** Pastor Lalsiesang le Evan Vanlaltlan Amos hai an sinah inkaisangtir (promotion) an nih. Pastor Lalsiesang hi Senior Pastor mawphurna/sin la tâng a ta, chun Evan. Vanlaltlan Amos hin Senior Evangelist sin chel a tih. Ei lawmpui takzetiin a, hi hin Pathien ramah thahnemngaina le chona thar pe ngei sien ei nuompui.

## Sermon.....

### Nuhmei Uire

-Pastor Lalditsak Inbuon

*"Kei khomin thiem naw ka'n changtir naw che.  
Fe la, suol nawk ta ngai naw rawh" (Johan 8:11b)*

**T**hla thum lai a liem ta a, hmun iemani zâtah ka hril ta a, sienkhom hi thu hi voisunni chen hin ka lungrilah a la bo thei naw zing leiin Pathienin ziek suok ngei nisien a ti khom ni dingin ka ring ta leiin ka hung ziek suok a nih. Lekha ziek hi ka thiem naw chauh ni loin ka thabo leiin ka pâmthul rawn ta a. Tu tum khom hin ziek suok chuong loa lungrila vong el chu ka tisa nuom dân a na, sienkhom ziek suok ngei nuomna lungril pakhat ka nei tlat leiin ka hung ziek suok a nih. Tiemtuhai lungril taka lo tiem seng dingin ka ngen cheu.

Judahai ruoithe tumtieck ding, a nipui ni tak khan, prokrâma thang khom ni lo, Isu a ngir a, inring takin a khék a, "Tu khom dangchar chu ka kuomah hung sien, dawn raw se. Pathien lekha thuin a hril angin, tu khom kei mi ring chu a sunga inthokin hringna tui hung luong suok a tih" a ta. Sabat nia mi a sukdam lei le hi thu hi a hril leiin mipui lai inthena nasa tak a suok ta a. Thenkhatin 'Hi pa hi zawlnei a ni ngei hi" an ta. Thenkhatin, "Hi pa hi Krista chu a nih" an ti bok a. Thenkhatin, "Hi pa hi hlemtu a nih" an ti bok a. Mana sukholum nuom khom an tam. Ngaidan inthe nuoiin mi tin mani inah an inlawi ta seng a (Jn 7:53). Zân a hung ni ta bok leiin mani in sengah an tin tawl a, Isu chanchin an hril tawl seng ring a um. Isu ruok chu Olive tlangah a fe a (Jn 8:1). Mipui le an hotuhai lungril a hmu khan a lungril khom a na hle ring a um a, Olive tlangah khan zân khawvarin a tongtai ni ring a um. A zîng vartienin (inhma takin) Isu chu tempulah a lut nawk a, chu tako mi um po po chun an hung bawr a, a'n thung a, anni chu a zirtir a. Isu khan ieng thu am a hril tawl ding aw? Farisaihai

zirtirna ang chu a ni hmel naw khop el a. A dangdai rieu a, a hring tlat a, an lungril a tawk hle ning a tih to thapin, mak ti tak pumin an ngai thap ring a um.

Chuonga Isu thu hril an ngai thap lai chun, tuol tienga inthokin mipui inri deu nuk nuk ri a hung um ta a. Dân zirtirtuhai le Farisaihai chun nuhmei pakhat hi an hung kei lut a, a laiah an hung inngirtir a. Isu kuoma chun, "Zirtirtu, hi nu hi a uiret lai tak man a ni a. Mosie mi pêk Dân ang chun hieng ang nuhmei hi lunga deng hlum ding a na, nangin iengtin am i ngai a? an ta. Mipui chu Isu ngaidan nghakin an to thup el ni ta ding a na. Isu an en thup el ni ding a na. Isu'n iengtin am hung don a ti aw? ti lungrila ngaituoin an nghak thup el chu ning a tih. Sienkhom ieng dang neka ngaituo um le lungsietum chu kha nuhmei, a uiret lai taka an mannu kha ni ngei a tih. A lungril sawl dan ding le a beidong dan ding chu hrilin a phâk nawh. Isu hlak chu hril ding hre lo ni awm takin a kun a, a kutpârin hnuoiah thil a ziek a. Hnuoia a thil ziek hi iem ning a ti aw? ti khawvar vang chenin

ka ngaituo ta a. A tawpa chun Pathien kuomah, "Lalpa, Isu'n hnuoia a ziek hi Baibulin a mi hrilpek ta bok si naw a, sienkhom ieng thil tak am a na a ziek hi, a tul dêr naw nisien a thaw ka ring bok si naw a, lungiensiet takin mi hrilifie rawh" tiin ka tongtai a. Sienkhom khuovar deu thawa ka ngaituo hnung khom chun iengkhom hrilfiena ka dong chuong nawh. A tawpah, Billy Graham thuhril, "Where the Bible is silent we should also be silent" (Baibul a to tawk tawkna hmuna chun eini khom ei to ve ding a nih) a ti thu ka hung hriet suok a. Chu phingleh ka tongtai nawk a, "Lalpa, Baibul ziek bâk bâk ngaituoin ka buoi a nih, mi ngaidam la, hi ka lungrila thil um hi mi lah mang pek el rawh" tiin ka tongtai a, ka insan tah a.

Zingkâr inhma takin ka har nawk a, ka lungrilah Isu'n hnuoia a ziek kha iem ning a ti aw? ti bok a hung um nawk nghal a. Ka hmai ka va phi fai a, tongtaina pindan chite ka nei a, chu taka chun ka va tongtai a, "Lalpa, hi thil hi Baibula inziek khom ni lo zân khawvarin ka ngaituo a, ka lungrila thilum hi mi lah mang pek el rawh, tiin ka ngên che a, sienkhom ka hung har nawk charin hi thil bok hi ka lungrilah a hung um nawk nghal a, mi hril nuom i nei chun lunginsiet takin mi hung hril rawh" tiin ka tongtai nawk a. Ka tongtai lai zing chun Pathienin ka lungrilah thu tam tak a mi hung hril tah a. Isu'n ama kutpâr ngeia hnuoia a ziek kha Mosie'n Dân Sawm a pêk ang kha ni lo, dân thar, lunginsietna dân, ieng ang suola lo tlusie tahai khom lunga deng hlum el ding ni ta lo, Krista lei chauha a dama suok dok theina dân a ziek niin ka hmu tah a. Suol thawtuhai lunga deng hlumna dân ni ta lo, Krista lei chauha a ngaidamna dân a ziek zat zat niin ka hmu

ta a. Hi ngaidamna dân thar Krista zâr chauha a hung um lei hin kei khom rongbawltu ka lo ni zingzie ka hung hmu suok ta tuk tuk el a. Ka bauin 'Halleluia' ka ti suok hmain ka lungril chun voi tam tak a lo ti hman dêr tah.

Hril ding hre lo ni awm taka hnuoia thil a kutpârin a ziek kha an hmu khan an hnaw sek seka, 'Hril vat vat rawh' ti pawl khom um mei an tih. 'Hril ding a hriet ta naw a nih' tia ngai pawl khom um ngei an tih. Nuhmei khan iem ngaituo tâng a ti aw? A lu arbawm ruol ruolin hrie'ng a ta, fit thum chung tieng chu a en ngam mang ring a um nawh. Isu khom khan a tan ngam ring kher naw nih. Nau nei tah dâm a lo ni chun, a nau dâm voi khat bék la hang kuo ngawi ngawi dâm nuom mei a tih. Chu bak chu a lungrilah thil dang um ta kher naw nih. Sienkhom Isu chu a hung dâk a, an kuomah, "Nangni lai suol nei lo in um chun dêng hmasa raw se" a ta. A kun a, hnuoi a ziek nawk a. Isu thuhril an hriet chun, a upa taka inthoka tanin pakhat khatin an inrel hmang a, a tawpah Isu le nuhmei ngir chauh chu an um tah a. Nuhmei kha a'n thuok huoi huoi ring a um. Isu chu a hang dâk a, "Nuhmei, khawlai am an um zo ta a? Thiemnaw inchangtir che tu khom an um naw a ni maw?" a ta. Ama chun, "Pu, an um nawh" a ta. "Pu, nanga lei chauhin tu khomin thiemnaw an min changtir nawh" a ti ang a nih. "Lunga deng hlum tlâk chauh ka ni a chu an mi fe san vong tah" tiin a lungril chun ti mei a tih. Amriuokchu Isu a la ngir zing a, ama'n iem a hril ding aw? ti ngaituona chu nei mei a tih.

Isu chun, "Kei khomin thiem naw ka'n changtir naw che. Fe la, suol nawk ta ngai naw rawh" a ta. Baibulin ziek zom

suknomnatna hmuna um ringtu hai hringnun hi a tak bik rieu amanih ti thei in a um a nih.

Ikoniam le Antiokei a'n zinnaa khom khan Tirko Paula chun rinum tam tak tuorin Pathien ram an lut ding a ni hrim a nih ti thu hrilin zirtirhai lungril suknghetin an ringna chu chel tlat dingin a'n fui a (TT 14:22). Tirko Paula hin Krista lein damnawna, phingtamna, tlâksamna, vuokna, lungin intângna, khawsawtna le taksa le lungrila tuorna tinreng a lo tuor a. Krista ro hluopuitu hai hin a tuorna khom ei intawmpui ding a nih. An hoi chin chau le Pathien malsawmna dong chen chaua Kristien ni hin Krista hrietnaah ei famkim thei nawh. Mihai malsawmna dong va chén phâk chen hin anni leh ei inlaichinna a suk puitling naw a, chu nekin an lungngaina le an rinumna ei va hrietpui le ei va'n tawmpui hin inlaichinna inthûk tak a siem lem a nih. Chuongang chun Krista tuorna ei intawmpui hin ama leh ei inlaichinna inthûk tak a mi siem pêk a nih. Ama leia ei tuor hin Krista'n ei ta dinga rinum a tuorna le a tuor laia a lungril ding awm ei va hrietthiem pui thei bok a nih. Krista le inzomna tha tak nei ding chun a tuorna intawmpui ve a tul a nih. Mani tonhriet ngeiah Krista tuornaah ama leh inpumkhatpui ding ei nih.

Ringtu tam tak ruok chu Krista leia tuorna haiin a suk beidong hlak a, a suk chau pha a, a suk lungsena, a suk buoi pha a, chun midang intum kawtlok ding an zong hlak. Tirko Paula ruok chun a tuor lai Pathien kuomah lawmthu a hril thei a nih. Peter chun "Krista tuorna intawmpuitu in ni leiin lawm lem unla, ropui taka a hung inlang pha chun lawm le hlimin in la sip ding a nih" (I Pet 4:13) tiin a lo hril. Krista ta dinga ei tuorhai hi nakie phaa ei lawmna ding an leiin tuta

ei inrumna ri hai hi nakie phaa ei lawmna hlaa inchang ding vong an lo nih. Krista ta dinga ei tuor rawn po leh lawmman ei inkhawl rawn pei tina a nih.

#### (iv) A thina intawmpui:

Tirko Paula hin Krista hriet el chauh khom ni loin a thina intawmpui dâm a thil hlut a hung nih a. Hi hin Krista anga krawsa hemde ding a tina a ni nawh. Rom 6:5-a chun "A thinaah eini khom ama leh inzoma ei thi chun ama a tho nawk ang bokin ama leh inzomin eini khom keithoin um ve ngei ei tih" tiin a hril. Kristain khom thina fe thlenga hringna tharah a leng angin eini, a thinaa thi ve hai khom ama leh hringna tharah ei leng ve a nih.

Isu Krista'n kalvari krawsa thina a hmasuon theina chu a tirtu thu a awi lei a nih. Ama thuin a hringnun a khal nawh. Krawsa a tuor ding rapthlak hle sien khom "Pa, rem i ti chun hi no hi mi la sonpek rawh, sienkhom keima thu ni loin nangma thu ni lem raw se" (Lk 22:42) tiin a Pa kuomah a tongtai a ni kha. Samari nu kuomah "A mi tirtu ditzawng thaw le a sin hlen hi ka bu a nih" (Jn 4:34) tia a hril khom khan ama thu thua khawsa thei a ni nawzie thu le a tirtu ditzawngin amaah ro a relzie thu a hrilna a nih. Chun, Isu Krista thina hin a'n ngaitlawmna an entir bok a. Ama chu niphung hrimah Pathien ni sien khom, Pathien tluka um chum tum tlat dingah a ngai naw a, iengmalo anga insiein, sieh law angin a'n siem a, mihirema hung piengin mihirem angin a hung um a, a'n ngaitlawm a, thi chena thu zawmin, kraws-ah a hung thi a (Fil 2:6-8). Krista lungril ang put ro tiin a min fui a nih. Isu Krista thina ei intawmpui chun mani nuomzawng le thiltum hai

dit zawng ni sien chu ama chanchin le a nuna inthok inchük ding umhai inchük ei ta a hnungzuit/zirtirhai angin ei nun hmang tāng ei tih. Chu nek hmanin Isu mizie le nungchang hi khawvel nun ei khal tumnaah hnoksak uma ei ngai lem chāng a um. Isu Krista nun hin khawvel kalhmang le tisa nunphung a mi hnepek thei a nih.

### (ii) A thonawkna thilthawtheina chang:

Israel hnamin Pathien thilthawtheina an ringhla pha pha leh Aiguptaa inthok a sansuok dān hai kha zawlneihaiin an hril pek hlak a. Pathienin Israel hnam a tungdingna le an rama a thuokirna hai kha Pathien thilthawtheina inentirnain an lo hmang hlak. Tulai eini huna ruok hin chu Isu Krista thonawkna kha Pathien thilthawtheina vortawp suklangna a nih. Ei bawsietra le ei suol leia thi ei ni lai Pathien chun Krista leh a mi keitho a, van hmunahai khin ama leh a mi'n thungtir a (Ef 2:1-6). Isu thonawkna khan eini suola thi tah hai mi sukhringin suol bawia inthok a mi sansuok a nih. Suol leia ei chunga chatuon thina le hremna tlung ding haia inthok mi sansuokin Kristaa chun mi tlakthlengin chatuona dingin a mi siemtar tah. Krista thonawkna thilthawtheina leia suolin thina an tluna inthoka a mi sansuok ang bokin ni tina suol thilthaw hai ei hne thei a, chuongchun Krista angna tieng panin ni tin ei hung inhlakthleng pei a nih. Chubakah, tongtainaah thilthawtheina, Pathien thu hrilnaah thilthawtheina, mihai hmangaina kongah thilthawtheina, mani inthununna kongah thilthawtheina, a rongbawlnaah thilthawtheina hai a mi pek belsa a nih.

Isu Krista tuorna le a thonawkna hai kha an inzom tlat a. A tuor zo hnungan

hnena a chang chauh a nih. Eini ringtuhi ruok chu ei hamtha êm êm. Ama hming leia ei tuor theina dingin a thilthawtheina a mi pek hmasa a. Pathien thilthawtheina chang hma chun tuor chu ei ta dinga thil harsa ning a tih. Peter khom Thlarau Thienglim inthuom hma khan chu nuhmeite hmaa khom a zamsie a ni kha. Krista thilthawtheina ei chang hnung chun a tuorna ang tuora a thina intawmpui chu ei ta ding chun thil harsa a hung ni ta naw ding a nih. Isu Krista'n a thilthawtheina zārin thina a hne a, ropui takin a tho nawk a nih. Chu thilthawtheina chun Setan mi hung thaw ding, ieng anga hrat khom ni sien a hne thei. Chu thilthawtheina chang hai chun ringnain hnena hlado an insam thei a lo ni zing a nih. Ralhuom tha thaa inthuom sipaihai, an hmatawng ding ei Zuk hrietpek thei el ang hin eini ringtuhi khom Pathien thilthawtheinaa inthuoma ei um hin ringtu nun hi ral dona hmun le a rinum ding a ni ti hriet el thei a nih. Chu thu chu hei hrilzom pei ei tih.

### (iii) A tuorna ang tuor ve:

Isu Krista ngei khomin "Miin mi zui a nuom chun ni tin a kraws putin mi zui raw se" a lo tih a. Krista ring el chauh khom ni loa a ta dinga tuor dinga rongbawlna sin inhlana ei ni thu khom Ef 1:29-ah ei hmu. Krista tuorna le thina (le a thonawkna) hin ei sandamna lampui a mi siempak a. Chuonggang bokin tuorna hi Chanchin Tha sukdana dinga hmangruo poimaw tak a ni hlak. Tirko Thilthawhai lekhabua kohran hmasa tak hai suknomnat lei khan Chanchin Tha a hung indar pei kha a lo nih. Chun, tuorna hin tuorselna a siem bok a. Meien rangkachak an sukthieng ang bokin tuorna hin Kristienhai hringnun a mi sukthieng pēk. China le Kristienhai

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ta naw sien khom kha nu kha lawm taluo leiin tap naw thei naw nih. A tongbauin Isu kha a ina bu fa dingin fiel ngam naw sienkhom a lungrilin a fiel ring a um. Isu ngaidamna rawl a hang hriet khan a suolzie le lunga deng hlum tlâk chauh a nizie hai a'n hriet suok tuk tuk ring a um a. Hring tlâk ta lo Isu zâr chauha hring a nizie khom hre suok naw thei naw nih. Isu ngaidamna lei khan hringnun thar hraw lo thei loah inngai bok a tih.

Ka ngaituo zom pei lai chun Isu hi roreltu nuhnung tak a la ni dingzie ka hmu bok a. Amiruokchu lunginsietna huna Isu le rorelna hmol a chawi phaa Isu mizie a danglam nasat dingzie dâm ka lungrilah a hung inlang tuk tuk a. Tuta lunginsietna huna Isu Krista hi rorelna hmol a chawi pha a danglam tâk dingzie chu mak ei ti seng ding a nih. Belsa le peihawn um thei ta lo ding, indik takin ro a rêt ta ding a na. Chu pha chun, "Mi po poin thiem an inchangtir chea chu kei chun thiem ka'n changtir thei naw che" a ti hai dâm an hung um ta ding a na. "Mi po poin thilarau mi an ti che a chu kei chun ka ti naw che" a ti dâm um an tih. "In kohranhaiin fel an ti che a chu kei chun ka ti naw che" a ti dâm an um ta ding a na. "Suok tha le ringum, i thaw tha ie, i pu

lawmnaah lut rawh" a ti dâm um an ta. "Mihaiin hre rak nawhai sienla che khom kei chun ka hriet che an nawm, chatuonin ka kuoma thlamuong takin um ta rawh" a ti dâm um an ta. "Tuhai am in nih a, ka hriet ngai naw cheu" a ti dâm um an tih. Mosie dân ang tak khan ro a la rêt ding a na, tu khom a pumpel thei ding an um nawh. Misuolhai indon dinga hung pa kha mi felhai lawr khawm dingin a hung lem ta ding a nih. Lunginsietna huna Isu intuokpuia a ngaidamna changnawhai ta ding chun rorelna nuhnung taka ngir chu huphur a um ngei el. Nuhmei a uiret lai taka an man, muolpho êm êm kha a muolpho derlohai khan an hung inhnar ta êm êm lem ding a na. Mani felnai puona ei inkhumnahai hi hilip thlakpêkin ei la um seng ding a na. Belsa thei um ta lo, peihawn thei um ta lo, thup thei um ta lo, indik takin Isu'n ro a la rêt ngei ding a nih. Lunginsietna hun, tuta ei hmang mék hi a va hlu lawm lawm de aw! Hi hunah hin chu mihiemin muolpho déra an ngaihai, thi tlâka an ngaihai khom Isu kebulah an hung phot chun an dam suok lem hlak a nih. Lunginsietna huna hin Isu pan seng ei tiu khai. **"Kei khomin thiem naw kan changtir naw che. Fe la, suol thaw nawk ta ngai naw rawh"** a lo ti ding a ni si a.

◆ **UBS-ah BD inchük dinga suok:** Pastor Lalditsak Inbuon le Tv. Zarzolien Infimate hai chun Union Biblical Seminary, Pune-ah Bachelor of Divinity (BD) kum 4 sung inchük dingin Delhi an lo suoksan tah. An inchük sung hin HCF Delhi-in a chawm ding a nih. Pathien thu bâkah taksa insawizoina konga khom thil thar tam tak an hung inchük suok theina ding le Pastor Lalditsak-in Delhia a maksan a sunghai, Pi Chonghoi le Mosie ta dingin lo tongtai pek hlak ei tiu. A lo phone nuom dam ei um chun an phone number chu Pastor Lalditsak @ 7304256443 le Tv. Zarzolien Infimate @ 7304256448 a nih.

## **Sermon.....**

### **Krista hringnun intawmpui dinga thil hlut intlhakthleng**

*Upa Lalsiemlien Pulumte*

".... ka Lalpa Isu Krista hrietna le bukki chun iengkim hi hnephnawlah ka ngai a" (Fil 3:8)

nthalien le danglam ding chun lungril a'n thlakthleng a tul hmasa phot a. Hmasawnna dinga ei thil thaw hai hi a hmasa'n lungrilah a pieng suok phot hlak. Chuleiin puitling dinga ei hmalakna hai hi lungril ramah duong phot a tul a, chu chun a hmatiema hma laks ding a nih.

#### **Puitling dinga ko:**

Hebrai ziekta chun Hebrai kohran hai kuomah "A hun ngaituo chun zirtirtu ni ta hiel awm in nia chu, Pathien thu a bul réta inthoka inchüktrir in ngai nawk tah a, buchangrum nekin nenetui in mamaw a ni hi" (Heb 5:12) tiin a lo hril a. Kum 100 Gospelin a mi chêncil hnung hin eini khom hi hih ei ngirhmum lo ni pal el rawi a tih ti inlau a um khop el.

Miin lekha a'n chük amanih inkhél dinga an sawizoi chun tuta hma neka thiem lem le insâng lem tuma a thaw a ni hlak. Tirko Paula khoma kohran sunga mawphurna amanih anniah thilpék chi hrang hrang a pék hai khan Krista kohran a sukpuiting a, Krista a famkim anga an hung famkim ve theina dinga an thuom a nizie thu Efesi kohran kuomah a lo hril a (Efe 4:11-13). Chuleiin Krista a famkim anga ei famkim ve hi ei puitling tumna san chu a nih.

Puitling nun hi thawk le khata hung um thut el thei a ni naw a, kalbi pakhata inthoka a dangah inson tunga inthang liem peia puitling ding ei nih. Tulaia Kristien tam tak chun zân khat thil thua puitling amanih thlarau mi ni an tum hlak. Ringna lamluonga hin pén khat pei indik taka pén peia kal chawi ding ei nih. Lal Davida hringnuna inthok inchük ding poimaw tak a um a. Tleirawl a ni laia beram a vengna

hmuna sakeibaknei le savom kutbawra Pathienin a sansuokna testimawni kha chawiin Goliatha kha a'n bei pui a, hnena a chang a nih. A pa beramhai sansuoktu kha Filistinhaia inthok Israelhai sansuoktu a hung ni pei a, chu zovah Israel lal ropui le hrilhaw tak a hung ni ta pei a nih. Hi ngirhmuna inthut a ni theina dingin mawphurna, a chîna inthok a liena inson kai peiin a hlen pei a nih. Israel lal dingin Pathienin thawk le khatin Davida kha a ruot nawh.

Puitlingna nun hi um tok toka sir thei an nawh. Olympic games-a chawimawina filor (gold medalist) dong hai hin um tok tok amanih thaw mei mein lawmman an dong ngai nawh. Timothe kuoma khom "Pathien mi ni dingin insawizoi rawh" tiin Tirko Paula chun a lo infui a (I Tim 4:7). A hril pei dâm chun "Taksa sawizoi hi iemani chenah a tangkai ngei a, sienkhom Pathien ngaisak mi ni hi iengkimah a hlu lem a, hi dam sung nun le la hung um dinga thil tangkai a nih" a tih. Mani inthununna le insawizoina chun selna khom a siems a, chu chu puitling nuna dinga thil poimaw pakhat a ni ve a nih.

#### **Thil hlut intlhakthleng ding:**

Ei thil hlut hai ei thlakthlenga Krista'n chu hmu chu a mi hluo pek phot naw

chun puitling dâm ding a um nawh. Tirko Paula hringnuna inthok inchük ding poimaw tak um hi hei ngaituo tlâng ei tiu. Tirko Paula hi thlaraua puitling nun khalta le ei enton tlâk a tling takzet a nih. Ama ngei khoma "Keiin Krista ka enton ang hin nangni khoma mi enton ve ro" (I Kor 11:1) tiin a lo hril a. Tirko Paula'n Krista a nei hnunga a thil ngaisang zawng a'n thlakthleng thu ei hril ding a nih.

Tirko Paula'n taksa thila a lo suong hlak hai kha Krista a nei hnung chun hnephnawlah a ngaizie thu Fil 3:4-8-ah a'n ziek a. Tirko Paula chu ni riet nia sertan, Benjamin chia mi, Hebrai nu le pa kâra inthoka pieng, dâm zawn tieng chu Farisai, thahnemngaina tieng hlak kohranhai suknomnatu, Dânin a phút ang felna tienga khom soisel bo a nih. Sienkhom Tirko Paula chun Lalpa Isu Krista hrietna le bükki chun iengkim hi hnephnawlah a ngai a. Hi hin Krista hausakzie dâm, Krista nei a hlutzie dâm, lawm a umzie dâm, a lungmuong thlakzie dâm le a him thlakzie dâm a mi hril pék a nih. Krista ei ring leia Pathien hmaa thiem ei chang a'n leiin Krista hrietna chu ei ta dingin a hlu tak ding reng a nih. Tirko Paula chun "Krista chu ka nei theina ding le ama leh pum khat kan ni theina dingin, ama leiin iengkim ka chân tah" a tih. 'lengkim' nekin Krista a thlang lem a, a ta ding chun iengkim nekin Krista a hlu tak a nih. Voirsun hin eini teh, chatuon hringna mi petu le a ro hluopuituah mi siemu, Isu Krista nekin chatuon hlun lo ding thil dang ei la ngainain ei la thlang lem rop ding am a nih?

Krista a nei hnung chun Tirko Paula'n thil a hmu dâm le a thlir dâm a thlakthleng a. Krista'n a mi nei hnungin thil hmu dâm thar le thlir dâm thar a mi pek ngei hlak

ding a nih. Thilsiem thar ei hung ni tâk leiin ei nuom zawng hai, ei fak/dawn nuom zawng hai, ei hmu nuom zawng hai, ei fe nuomna zawng hai, poisa sum ei hmu dâm hai, khawvel thil ei thlir dâm hai, sin ei thaw dâm hai, Isu Krista ei ngai dâm hai, ei thil hlut zawng hai le poimaw ei ti zawng hai ei thlakthleng a tul a nih. Einiah intlhakthlengna a um naw chun Krista ei hrietna'n a mi la tawkchang hne naw ni mei a tih.

#### **Thil hlut thar dinghai chu:**

(i) **Krista hriet:** Tirko Paula thil hlutsun chu Krista hriet dâm, a thonawkna thilthawtheina chang dâm, a tuorna ang tuor ve dâm le a thina intawmpui dâm a nih (Fil 3:10). Intlan ei ni theina dinga Krista hriet le ama ang ei ni theina dinga ama hriet a um thei bok a. Hi taka Krista hriet a ti hi mani tonhriet ngeia Krista hriet, mani nuna Krista nun intawmpua ama hriet a hrilna a nih. Sandamna ding chauha Krista hriet hin ringtu puitling nunah a thuoi ngai nawh. Krista le inlaichinna tha lem le inthük lem a hnot leiin Tirko Paula'n Krista thonawkna thilthawtheina chang le a tuorna ang tuor ve le a thina intawmpui a thlakhla a nih. Voirsun ringtu tam tak hai chun sandama an um theina tawk chauin Krista an hriet a, puitlingna dingin hriet belsa an tum/nuom ngai nawh.

Krista mi hmangaina ei hriet rawn po leh a mizie hriet, a ditzawng hriet, einiah a mi beiseina le a thienghlimna hriet hai hi ei thlakhla êm êm ding a nih. Mi ei ngaisang zawng le ei 'role model' nuom hai chu an chanchin hriet belsa ei nuom hlak a, chu taka inthokin anni anga um nuomna le tumna a hung pieng hlak. Thudik tak hril chun, Isu Krista nun hi ei ngaisang zawng, ei thlakhla zawng le ei